

Adrian Arguelles, 39, Rapid City, S.D., three offenses of driving after revocation, \$285 each, no insurance – owner, \$200; Douglas Loren Booth, 41, Thief River Falls, no seat belt worn, \$110; Brady Christopher Feller, 20, Thief River Falls, vehicle window tint violation, \$135; Alexis Marie Jensen, 28, Erskine, driving after suspension, \$285; Jeffrey Wayne Jourdain, 47, Redby, 65/55, \$125; Heidi Jo Kainz, 50, Goodridge, 65/55, \$125; Bryan Scott Klopp, 27, Alvarado, no seat belt worn, \$110; Nina Lynn Martin, 40, Grand Forks, N.D., no driver's license, \$185; Wayne Alan Turbes, 42, Lambertson, failure to deliver title to buyer, \$285, failure to mail/deliver certificate of title within time frame specified, \$200; Felicity Love Villanueva, 19, Warren, 70/60, \$125, no driver's license after 60 days of residency, \$100.

Readers should also realize that under the American system of jurisprudence, those charged with crimes are innocent until proven guilty of those crimes in a court of law.

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Three sentenced for separate felonies

A Thief River Falls man was sentenced Monday, April 1 in Pennington County District Court for a felony charge of conspiracy to commit a third degree controlled substance crime – sale. **Isaac Victor Kalinoski, 29**, was also sentenced for a gross misdemeanor charge of third degree driving while impaired.

A felony charge of fifth degree controlled substance crime – possession, a felony charge of fleeing a peace officer in a motor vehicle, a misdemeanor charge of fleeing more than a vehicle and a misdemeanor charge of careless driving were dismissed.

For the third degree charge, Kalinoski was granted a 10-year stay of imposition. As a condition of that sentence, he was ordered to serve supervised probation for 10 years. He was ordered to complete chemical and diagnostic assessments. He was ordered to attend support groups as directed by probation. Kalinoski was ordered to take his medications in their prescribed dosage and frequency, and notify his agent of all of his prescriptions/changes within 72 hours. He was ordered to provide a list of his prescribed medications to his probation officer. Kalinoski was ordered to cooperate with probation and complete all programming as recommended, including cognitive behavioral programming. He was ordered to not use or possess firearms, ammunition or explosives. Kalinoski was ordered to provide a DNA sample. He was also ordered to pay \$210 in fees and fines, and \$1,408.75 in restitution.

For the DWI charge, Kalinoski was ordered to serve one year in jail with 335 days stayed for six years. He was given credit for 23 days served. Kalinoski was ordered to serve supervised probation



Isaac Victor Kalinoski

for six years. He was also ordered to pay \$300 in fees and fines. His other conditions mirror the conditions for count 1.

The charges stemmed from a drug investigation involving Kalinoski, according to the complaint. A confidential informant arranged to purchase two eight-balls of suspected meth for \$500 from Kalinoski in the parking lot of Broadway Station in St. Hilaire. On June 11, officers surrounded Kalinoski's vehicle after he drove into the parking lot.

However, Kalinoski avoided their attempts at stopping his vehicle and drove recklessly in St. Hilaire. While pursuing Kalinoski on 110th Street, law enforcement saw him throw plastic baggies out of his window. Another task force officer collected the top of a torn zip-top bag off of the road.

Kalinoski continued to flee at dangerous speeds, avoiding other officers' vehicles as they attempted to deploy stop sticks. He eventually proceeded to Highway 59, where he cut off another vehicle. Officers discontinued the pursuit after Kalinoski failed to stop for a red stoplight in the city of Thief River Falls.

A short time later, police learned a driver had parked a car in the parking lot of River Falls Estates. The driver then ran. An officer soon heard from another witness that a person was running behind some houses in the area of Spruce Avenue and Greenwood Street. While setting up a perimeter, a sheriff's deputy saw Kalinoski in a wooded area. He was found lying down and trying to hide underneath a shed at that location. The complaint indicated that he was basically carried out of the wooded area since he had a difficult time walking.

After being arrested, he was spitting up blood and told law enforcement that he needed to vomit. Kalinoski was taken to Sanford Medical Center for an evaluation. A warrant was later executed for blood or urine samples.

Earlier, the police investigator had retraced the pursuit route and found a torn plastic baggie on a roadway near the pursuit

route.

A second search warrant was granted for Kalinoski's car the following day. Inside, law enforcement found meth in two locations, five hypodermic needles, marijuana pipes, drug paraphernalia and fireworks. The meth weighed 0.74 grams.

Levi Garret Holden, 28, Bemidji, was sentenced for a felony charge of electronic solicitation of a child to engage in sexual conduct. A misdemeanor charge of dangerous weapons was dismissed.

For the electronic solicitation charge, Holden was granted a three-year stay of imposition. As a condition of that sentence, he was ordered to serve supervised probation for three years.



Levi Garret Holden

Holden was ordered to register as a predatory offender. He was ordered to cooperate with the recommendations in his psychosexual evaluation. Holden was ordered to comply with the transfer of his probation to his home residence. He was ordered to have no contact with people under the age of 18 unless approved by his agent, and any supervised contact needs to be approved by his agent. Holden was ordered to not possess or use any pornographic or sexually-explicit material. He was ordered to not use or have access to the internet unless approved by his agent. Holden was ordered to complete a chemical assessment. Holden was ordered to not use or possess firearms, ammunition or explosives. He was ordered to provide a DNA sample. Holden was also ordered to pay \$210 in fees and fines.

The charges stemmed from an April 12, 2018, message to a Facebook account controlled by a Pennington County sheriff's deputy, who was posing as a 15-year-old girl. Holden asked the "girl's" age. The deputy responded 15. After saying that he thought the "girl"

was older, Holden continued to electronically communicate with the "girl." He asked if she had ever been with a guy sexually in the past. He also asked if he could engage in sexual conduct with her.

Communication continued through the next day, and Holden agreed to meet the "girl" on the east side of the dam. He was arrested after driving there.

After being transported to the Law Enforcement Center, Holden said it was a misunderstanding and he could prove it. However, he declined to clarify the situation when given the chance. Prior to being booked, Holden handed the deputy some brass knuckles that were in his pants pocket.

Samantha Erin Hutchinson, 26, Thief River Falls, was sentenced for a felony charge of fifth degree controlled substance crime. A felony charge of a meth-related crime involving children and vulnerable adults was dismissed.



Samantha Erin Hutchinson

For the former offense, Hutchinson was granted a two-year stay of imposition. As a condition of that sentence, she was ordered to serve supervised probation for two years.

Hutchinson was ordered to complete a chemical assessment within 30 days and a diagnostic assessment within 45 days. She was ordered to take her medications in their prescribed dosage and frequency, and notify her agent of all of her prescriptions/changes within 72 hours. She was ordered to provide a list of her prescribed medications to her probation officer. Hutchinson was ordered to cooperate with probation and complete all programming as recommended, including cognitive behavioral programming. She was ordered to not enter Seven Clans Casino, Hotel and Water Park. Hutchinson was ordered to

actively seek and maintain gainful employment or the school equivalent. She was ordered to not use or possess firearms, ammunition or explosives. Hutchinson was ordered to provide a DNA sample. She was also ordered to pay \$210 in fees and fines.

The charges stemmed from a request for assistance March 5, 2018, according to the amended complaint. A Red Lake Police Department investigator asked a Pine to Prairie Drug Task Force officer to assist in a narcotics investigation at the casino. The task force officer learned that Hutchinson and Wade Christopher Laplante were banned from the casino for narcotics possession in the past. They were there, and the security supervisor wanted them removed from the building. Law enforcement also had a tip that the two of them possessed narcotics in the room.

Hutchinson, Laplante and Matthew George Lalonde were found lying in the same bed. They had to be awakened and they appeared to be under the influence of a controlled substance. They were confused and unable to answer simple questions.

Hutchinson said a suitcase containing two hypodermic needles and a hypodermic needle bag belonged to her. One needle contained 0.7 grams of meth.

Laplante possessed a hypodermic needle. He said a glass marijuana pipe with three rubber hoses belonged to him. One of the hoses contained meth residue.

Lalonde possessed meth paraphernalia, according to the complaint against him. A glass pipe containing meth and a meth bong were found in a dresser drawer. Numerous other drug paraphernalia was found. It was unclear from the amended complaint which paraphernalia Lalonde possessed.

Law enforcement also learned that Lalonde had a warrant out for his arrest. They needed to physically restrain him since he began resisting arrest.

Lalonde has since been sentenced, and a charge leveled against Laplante has since been dismissed.

Keeping safe from distracted drivers

Distracted drivers believe the myth they can multitask behind the wheel. Those killed by distracted drivers — a college student, a pregnant mother, a cross country runner — dispel that myth.

Distracted driving-related crashes claim an average of 45 lives each year, causing a lifetime of grief and pain for the families left behind and an untold story of what could have been.

To increase awareness

and change dangerous behaviors, more than 300 Minnesota law enforcement agencies began a three-week extra distracted driving enforcement campaign Monday, April 8. The distracted driving campaign,

which runs through Tuesday, April 30, is coordinated by the Minnesota Department of Public Safety Office of Traffic Safety.

"Imagine how you would react if an officer knocked

on your door and told you a loved one died in a car crash," said Mike Hanson, Office of Traffic Safety director. "Too many Minnesotans don't have to imagine because it's their sobering reality."

Two men sentenced for roles in drug crime

Two local men were sentenced Monday, April 1 in Pennington County District Court for their roles in a drug sale thwarted by the Pine to Prairie Drug Task Force.

Gregory Michael Hudson, 20, St. Hilaire, was sentenced for a felony charge of third degree controlled substance crime – sale of a narcotic. Vladimere James Olson, 19, Badger, was sentenced for a felony charge of third degree controlled substance crime. A felony charge of conspiracy to commit a second degree controlled substance crime was dismissed against Olson.

For his offense, Hudson was sentenced to 46 months in prison. That sentence is to be served concurrently with another case. He was also ordered to supply a DNA sample. Hudson was ordered to not use or possess firearms, ammunition or explosives. He was also ordered to pay \$135 in fees and fines, and \$497.47 in restitution.

For his charge, Olson was granted a 10-year stay of imposition. As a condition of that sentence, he was ordered to serve 60 days in jail with credit for one day served. Olson may serve his time in another county as long as it is served there at no expense to Pennington County. Work release and Sentence to Serve privileges were granted.

Olson was also ordered to have no contact with people with illegal drugs. He was

ordered to complete a chemical assessment within 45 days of his release from jail. Olson was ordered to take his medications in their prescribed dosage and frequency. He was ordered to provide a list of his prescribed medications to his probation officer. He was ordered to notify his doctor of his conviction. Olson was ordered to provide a DNA sample. He was ordered to not use or possess firearms, ammunition or explosives. Olson was also ordered to pay \$210 in fees and fines, and \$300 to the Thief River Falls K-9 Fund.

The charges stemmed from a May 9 report to dispatch, according to the complaint. Someone reported that Hudson had asked the person to buy 3.5 grams of cocaine from Hudson for \$250. He wanted to meet the person at Falls Liquor about three hours later. The person agreed with no intentions of meeting Hudson there and reported the incident to police. The individual said Hudson was with Olson, whom authorities knew had a history of drug use.



Gregory Michael Hudson



Vladimere James Olson

Olson later arrived in the parking lot and walked up to the vehicle after the PTPDTF sergeant tapped his vehicle's brakes at about 10:30 p.m. The vehicle was the only vehicle in the parking lot at the time. He looked inside and found the sergeant, who was wearing a police jacket and badge. Olson initially said he had walked up to the vehicle to see who was driving the vehicle. Before being arrested, he placed his hands down his pants, initially saying he was trying to delete text messages.

After denying that he possessed drugs, Olson said

he had placed cocaine in his pants. Before law enforcement secured a search warrant, Olson removed the cocaine from his rectum. The cocaine weighed about 4.6 grams.

Olson initially said he was the only person involved, but a passerby told law enforcement that Olson had gotten out of a vehicle around the corner. Officers were unable to locate the vehicle.

Olson later said that Hudson had dropped him off, but he didn't know where Hudson had gone afterwards. Olson said Hudson had been selling drugs and cocaine all day. He indicated that Hudson had asked him to sell cocaine. Olson said he was supposed to sell the cocaine to a girl for \$250.

At the time that Hudson's complaint was written, a warrant was requested since his whereabouts were unknown. At

THIEF RIVER FALLS
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Michael Brown, MD is now seeing patients at Altru Clinic in Thief River Falls. Dr. Brown specializes in obstetrics and gynecology.

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When submitting an announcement, please be advised of our policy regarding weddings and engagements:

- Engagement announcements should be submitted at least 30 days prior to the wedding date.
- Wedding write-ups will be published as follows:
 - If the wedding took place within six weeks from date of receipt at The Times office, a detailed write-up will be published from information provided, along with a picture, if submitted.
 - If the wedding took place from six to 12 weeks before submission to The Times, we will run a brief social announcement or a picture with a short caption stating names of the bride and groom, names and addresses of parents, date and place of wedding and where the couple is residing.
 - If the wedding took place from three to six months before submission to The Times, we will run a brief story or short caption under a picture announcing when the wedding took place.
 - There will be **no** publication of weddings after six months have elapsed.
- Every effort will be made to publish the wedding write-up within two issues of receipt. Forms are available at The Times office to help in organizing information regarding weddings and engagements.

St. John school to host spring musical April 11

St. John Lutheran School will present its spring musical on Thursday, April 11, at 6 p.m. The musical is entitled "I Live Because He Lives."

The audience will experience the events of Holy Week and the joy of the Resurrection through the words and songs of the students. The school is located at 15671 158th St. N.E. Everyone is welcome. Refreshments will follow the program.

Highlanding 4-H Club hosts "Silly Supper"

Members of the Highlanding 4-H Club hosted a Silly Supper Sunday, March 31, at Nazareth Church north of Trail. Thirty-five people enjoyed this event from the Goodridge, Trail, Gully and Oklee areas. It was a fun menu of surprise because participants may not have known exactly what they were ordering. For instance, "Lady and the Tramp" was spaghetti.

Prizes were given to those who wore silly attire - clothes on backwards and inside out and lavish patterns of all kinds! Some of the prizes given at this event were donated to 4-H from Tractor Supply.

This was the first Silly Supper to promote 4-H, and there are plans to have more.

Submitted by
Highlanding 4-H Club

Goodridge High School announces honor roll

Goodridge High School has released its third quarter honor roll for the 2018-19 school year. Seventeen students were named to the A honor roll.

- A**
- Seventh grade:** Lily Beavis, Emilea Johnson, Carter Lee Johnsrud and Carson Rubischko
- Eighth grade:** Chantel Grindeland, Payton Homme and Jordon Johnson
- Ninth grade:** Nicholas Groven and Hannah Wilebski
- Tenth grade:** Shantel Horachek and Madison Paulson
- Eleventh grade:** Blake Jensen, Kayla Kiesow and Amy Wiskow
- Twelfth grade:** Libby Johnson, Madilyn Race and Cynthia Sampson

- B**
- Seventh grade:** Tiana Banasau, Spencer Coan, Donald Johnsrud, Hunter Kiesow, Caden Marquis and Kehan Nelson
- Eighth grade:** Paige Burns, Matthew Busse, Kylie Delage, Jennaah Henrickson, Caitlyn Jacobson, Noelle Merrill, Elliot Philipp, Jorja Salo and Alliya Smith
- Ninth grade:** Katelyn Colden, Jolson Sargent and Skya Wilson
- Tenth grade:** Vivian Coan, Kansas Jensen and Trinity Walseth
- Eleventh grade:** Morgan Burns, Katerina Groven, Maloni Henrickson, Jordan Horachek, Jordynn Johnsrud, Chantal Nerhus and Blake Passa
- Twelfth grade:** Nicole Arveson, Mercedes Coan and Kaleb Sjulestad



Lincoln High School senior Elise Kalsnes advances to the Minnesota State High School League State Class AA Speech Tournament set for Saturday, April 13 in Wayzata. She is unbeaten in Section and Subsection competition. (Submitted)



The Thief River Falls Chamber of Commerce held a ribbon-cutting ceremony Monday, April 8 for Kick'n Entertainment and Fashion Paradise, which have moved to the former site of Belly's in Thief River Falls. Pictured are (from left) Chamber Administrative Assistant Sam Huot, Chamber Executive Director Ashley Nerhus, Chamber Ambassador Angie Westling, Samantha Lindgren with Fashion Paradise, Kenny Lubarski with Kick'n Entertainment, Chamber Ambassador Tiffany Sterry, Chamber Board member Mark Schmitke and Chamber Board Past

Chairperson John Syvertson. Kick'n Entertainment provides DJ services, karaoke parties and event production services. More information can be found at kick- nentertainment.com. Fashion Paradise provides a full line of women's formal wear. Fashion Paradise's hours are Monday through Wednesday from 11 a.m. to 6 p.m., Thursday from 11 a.m. to 8 p.m., Friday from 11 a.m. to 6 p.m., and Saturday from 10 a.m. to 4 p.m. It is also open Sunday through the prom season from 10 a.m. to 5 p.m. Other times are available by appointment.

Community Fund seeks applicants

The Thief River Falls Area Community Fund is seeking grant applications.

The TRFACF provides grants to nonprofit or public entities within the Thief River Falls School District area. Grants are awarded for projects, programs or activities that improve the quality of life enjoyed by Thief River Falls area residents and visitors.

Grants will be considered in the areas of: Leisure and Recreation, Aesthetic Development, Arts, Culture and Education, Youth Activities and Senior

Enrichment. TRFACF is looking for projects that are inclusive to all types of diversity and that serve a number of participants or organizations in the Thief River Falls area.

The deadline for submission is Wednesday, May 1. TRFACF is a fund of the Northwest Minnesota Foundation. Applications are available by calling 218-759-2057 or by logging onto www.nwmf.org - click "Find a Fund," and search for Thief River Falls Area Community Fund. Completed applications

must be mailed to Thief River Falls Area Community Fund, PO Box 43, Thief River Falls, MN 56701.

For questions about the application, call Ole Tweet at 681-3616.

Grants are made possible through donations from Thief River Falls residents, businesses and friends who desire to give back to the community. To learn more about the funds and how to contribute, visit www.nwmf.org.

Area road closures announced

The Minnesota Department of Transportation and the Minnesota State Patrol has enacted road closures on Highway 220 and Highway 317 north of Oslo due to water over the road.

The highways will remain closed until further notice and traffic should seek alternate routes.

Highways that remain closed:

- Business Highway 2 Sorlie Bridge - East Grand Forks
- Highway 220 between

Marshall County Road 4 and County Road 5

- Highway 317 between Highway 220 and North Dakota border

Highways that remain open, but currently have water over the road:

- Highway 92 near mile post 71, located north of Zerkel

Highways that previously had water over the road, but the water level has receded:

- Highway 9 north of Ada
- Highway 9 south of Crookston

When a road is closed, it is illegal to travel in that area. Motorists can be fined up to \$1,000 and/or sentenced to 90 days in jail. In addition, if travelers need to be rescued from a closed road, other expenses and penalties will apply.

Check www.511mn.org before traveling for information on road conditions, closures and detour routes. For additional updates, 'like' MnDOT at www.facebook.com/mndot and follow @mndotnews on Twitter.

Kalsnes advances to state in speech

Lincoln High School senior Elise Kalsnes will advance to state competition after taking first in subsection competition and at the Section 8AA Speech Tournament Thursday, April 4 in Willmar.

Kalsnes, who won gold in Great Speeches, will be ranked among the top speakers in the state when competition gets underway Saturday, April 14 at the Minnesota State High School League State Class AA Tournament in Wayzata.

This will be the speech standout's fourth trip to the State Tournament. Kalsnes

advanced after also taking gold at the North Subsection 8AA Speech Tournament earlier this month in Fergus Falls.

Also advancing from Subsections to Sections are Caitlin Johnson in Discussion, Olivia Wojahn in Creative Expression, Lia Hanson in Speech to Inform, Madelynn Dakken in Prose, the Duo Team of Amelie McCloud and Drew Casavan, and Gweneth Ellingson in Great Speeches.

In Section competition April 4, Johnson, McCloud and Casavan also cut to

finals and ended their season in standings. Johnson placed as a first alternate to State in discussion, and McCloud and Casavan placed as a second alternate to State in Duo.

With only the postseason remaining, Coaches Rachael Evenson and Katie Engevik said they are looking forward to State Competition and to showcasing the full team later this month as they wrap up the year with their Annual Speech Recital and Awards Night.



Eight Thief River Falls speakers advanced to the Minnesota State High School League Section 8AA Speech Tournament on Thursday, April 4 in Willmar. They included (front row) Lia Hanson, Amelie McCloud,

Madelynn Dakken, Gweneth Ellingson; (back row) Drew Casavan, Caitlin Johnson, Elise Kalsnes and Olivia Wojahn. (Submitted)

Northwest Minnesotans see economic improvement in latest Blandin Foundation survey

The number of residents in northwest Minnesota who feel their community provides an adequate number of jobs that pay a household-supporting wage is up significantly since 2016, according to the Rural Pulse survey of more than 1,560 Minnesotans just released by the Blandin Foundation.

Northwest residents' perceptions of community performance in the areas of infrastructure, internet access, and providing public transportation for all, including the disabled, have all improved since 2016 study findings. However, areas that decreased in satisfaction since the last Rural Pulse survey were environmental stewardship and lifelong learning opportunities.

Across the state, opinions and perceptions are varied. Jobs that pay a living wage, access to affordable healthcare and childcare, and concerns about opioids and drug abuse are shared across Minnesota's communities — complex issues very much alive today at local, state and national levels. The strength and relative priority of these concerns depends, though, upon geography, income, gender, age, etc.

Rural Pulse, which has tracked such perspectives since 1998, specifically looks at what local issues residents say are most important, and how their communities and the state are performing in addressing them. For example, in recent years, the study identified persistent economic frustration among Minnesota's rural residents that had been underestimated and underreported as metro areas experienced booming post-recession growth.

According to the 2019 survey taken in in January and February this year, a third of both urban (31 percent) and rural (38 percent) residents at large polled continue to say metropolitan needs are more important to elected officials than those of rural communities.

Notably, rural women (41 percent) and rural community leaders who are graduates of Blandin's leadership training programs (64 percent), believe this to be true.

Economic Recovery
Among the wealth of data generated by Rural Pulse, themes continue to arise related to the economy. While one in three Minnesotans statewide report that the economy has improved over the past year, many may not be personally feeling it yet. Only 28 percent of rural and 33 percent of urban Minnesotans report their household income increased over the past year.

In rating community and state performance, 36 percent of rural Minnesotans disagree that there is an adequate number of living-wage jobs in their community, compared to 30 percent of urban residents. Twenty-seven percent don't believe their community maintains and grows job opportunities adequately, compared to only 18 percent of urban residents. Sixty-three percent of rural Minnesotans and 75 percent of urban residents feel their communities are doing a sufficient job with economic development.

Therefore, it is not surprising that nearly one in four rural residents identify job opportunities or economic development as the most critical issues in their communities. In northwest Minnesota, however, the most critical issue named is opioids and drug abuse, followed by jobs and economic development.

"Blandin Foundation invests in the Rural Pulse about every three years to provide a snapshot of how Minnesota is doing on issues that go straight to community health," said Dr. Kathleen Annette, president and chief executive officer. "Communities and peoples across the state have much in common, and we also need to know where there are differences, what's below the surface, who might feel left behind and where there is optimism — especially as it relates to

the economy. We look forward to the conversations and insights this check-up generates."

Optimism Remains
Across the state, nearly eight in 10 (78 percent) of those living in rural Minnesota say that they are optimistic about the future of their community, up four percentage points since 2016. They also feel they are able to make a positive community impact (84 percent) and that their community works together to effectively address local issues (82 percent).

Forty-two percent of respondents in northwest Minnesota, however, do not believe the needs of rural communities are important to policymakers as those of the metro area — a significant increase since 2016. Opioids and drug abuse is perceived as the most critical issue to address in the region, whereas in rural Minnesota overall, jobs and economic development are cited as the most pressing concerns.

Diversity, Equity and Inclusion

New to Rural Pulse this year are questions related to gaps in diversity and inclusion. For example, 46 percent of rural residents say they have close friends of a different race or culture, compared to 70 percent of urban residents. Responses to another new question about those they have seen experience bias, discrimination or harassment in their community yielded common answers among urban and rural — most often mentioned were people with drug abuse and mental health issues, transgender persons and recent immigrants. Urban residents also included African Americans among their top responses.

Minnesotans — both urban and rural, and across all demographics — give themselves high marks when standing up to hate or discrimination if they see it occur; some 80 percent agree that people in their community can. Preliminary results of a Blandin Foundation-spon-

sored cultural and racial study, to be released May 1, suggest that non-Caucasians are less likely to agree that people are able to speak up about hatred and discrimination at the local level.

Rural Migration
More Minnesotans living in urban areas have considered moving to rural Minnesota, 2019 findings indicate, while rural Minnesotans are staying put. Only 14 percent of rural Minnesotans have considered moving to a larger metropolitan area in the past two years, down six percentage points from 2016. Citing quality of life as the main motivating factor, 27 percent of those in urban areas say they have considered moving to a less-populated, rural area in the past two years, up from 21 percent in 2016.

The Emerging Change Agents

Unrelated to geography, two groups whose opinions grew in strength are women and younger residents. Rural women are less likely to feel the economy has improved and are far more concerned that there are inadequate job opportunities and childcare. Feeling stronger about the importance of many aspects of local life, residents ages 18 to 34 who have not yet served are much more likely to be interested in leadership opportunities.

About This Study
Strategic research firm Russell Herder surveyed and analyzed a total of 1,068 rural Minnesotans for the 2019 Rural Pulse. Findings were compared to a parallel survey of urban residents. For purposes of this study, urban is defined as the Twin Cities seven-county metropolitan area, plus Duluth, Mankato, Moorhead, Rochester and St. Cloud.

The Northwest region is defined as the following counties: Beltrami, Clearwater, Hubbard, Kittson, Lake of the Woods, Mahnomen, Marshall, Norman, Pennington, Polk, Red Lake and Roseau.

Northland staff honored for their excellence

Northland is proud to announce that four staff members have been selected for the 2019 National Institute for Staff and Organizational Development Excellence Award (NISOD).

- Don Fisher - Computer and Network Technology instructor
- Stephanie LeDuc - Marketing instructor
- Elizabeth McMahon - Health and Human Services online instructor
- Dorinda Sorvig - Director of Practical Nursing and nursing instructor

NISOD's Excellence Awards recognize men and women each year who have demonstrated an outstanding commitment and contribution to their students and colleagues.

Northland Computer and Network Technology

instructor Don Fisher said, "I am extremely honored to have been recognized by my peers for the NISOD Excellence Award. My present career as an instructor at Northland has been in itself rewarding to me personally in so many ways and to now be recognized by my peers for my efforts has made my efforts unbelievably fulfilling. I am proud of my contributions and efforts to aid in the success of this institution, its faculty, staff and all of our students. This effort would not have been possible without the guidance and assistance of all my peers and I thank everyone for this recognition."

"It is such a great honor to be selected as a recipient of the NISOD award," said Northland Marketing instructor Stephanie LeDuc. "It is humbling to be

recognized by my peers for contributions made to Northland Community and Technical College. I am very thankful for all the support I have received from mentors, administration, faculty, staff, and students. I would not have been able to accomplish my goals without their ongoing support. I am looking forward to representing Northland with pride at the annual conference."

"It is a privilege and an honor to have been selected for the NISOD Excellence Award by my peers. I am fortunate to work with so many talented colleagues who are dedicated to student success and student learning. It's who they are and what they do daily that inspires me and this recognition from them is truly appreciated," said Elizabeth McMahon, Northland

Health and Human Services Online instructor.

Northland Director of Practical Nursing and Nursing instructor Dorinda Sorvig said, "It's an honor to be chosen for the NISOD award. I'm humbled and proud to represent Northland in celebrating excellence in teaching, learning, and leadership at the community and technical colleges. Thank you!"

Northland recipients will be honored at the Excellence Awards Dinner and Celebration held in conjunction with the annual NISOD International Conference on Teaching and Leadership Excellence, May 25-28, in Austin, Texas.

"For many of the award recipients, being recognized, thanked, and honored in this manner is the first time they've ever received such profound acknowledgment and appreciation for the work they do," said NISOD Executive Director Dr. Edward J. Leach, "Needless to say, the dinner and celebration is a very moving occasion and a highlight of the conference every year."

"The students at Northland will not be surprised that these exemplary faculty and staff are being recognized by NISOD Excellence Award. They have personally experienced their dedication to student learning and student success, hallmarks of what we do on a daily basis here at Northland," said Northland president Dr. Dennis Bona.

About NISOD
For community and technical colleges that want to make the most of their professional development dollars, NISOD provides budget-friendly, high-quality, and faculty-focused programs and resources. For nearly 40 years, NISOD's customer-focused approach has helped align its wide array of benefits with the needs of its members. For more information about NISOD, visit www.nisod.org.



Hope for Hygiene

Thank you to all the local businesses, individuals, donors, volunteers and patrons that sponsored and or attended this event and made it a success. Thank you Rusty Nail for hosting this event.

Pack the Pews

Thank you to all the churches and their congregation members that made Pack the Pews grow and helped the food shelf.



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PUBLIC NOTICE

The Pennington County Commission will conduct a Public Hearing on April 23, 2019 at 4:00 PM in the County Board Room located at the Justice Center on the Five (5) year Road & Bridge Plan. The Preliminary Plan was prepared by the Pennington County Highway Department. The plan indicates proposed construction of facilities, primarily roads and bridges through the years 2019-2023. It is proposed that the plan be finalized soon after the public hearing.

ALL Pennington County Citizens are urged to attend and relate their comments and/or concerns to the Commissioners at that time.

For further information concerning the hearing, please contact the Pennington County Highway Department at 218-683-7017.

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The Red, White and Blue Quilters gave quilts to (front row) Ward Simms, Eugene Hanson and Arnold Wiskow during the American Legion 100th birthday supper Saturday, March 30 at American Legion Post 117 in Thief River Falls. Also pictured are (back row) Darrel Redepenning, Minnesota department commander; Esther Johnson, Red, White and Blue Quilters member and American Legion Auxiliary Unit 117 treasurer; the recipients' wives; Lynn Carr, Red White and Blue Quilters

member, Legion Auxiliary 9th District president and Auxiliary Unit 117 secretary; and Arlo Rude, American Legion Post 117 commander and 9th District commander. The Red, White and Blue Quilters make red, white and blue quilts to give to local veterans to thank them for their service to the country. The Red, White and Blue Quilters rely on donations to off-set the cost of the quilts. Each quilt costs approximately \$150 to make. (Submitted)

Times for Toddlers ...

How to redirect a child to an acceptable activity

Redirection means substituting an acceptable activity for a less acceptable one. It is a useful tool for anyone who lives or works with young children. For example, if a child is jumping on the couch, explain that “Couches are for sitting, not jumping. You may jump in the basement or outside.” One simple approach usually works better than nagging, scolding or punishing a child. It is especially helpful with babies or toddlers who are too young to understand why they cannot play with or do certain things.

So the next time you want to stop what a child is doing without calling attention to the behavior or punishing the child, try directing the child's interest to a new activity.

(Contributed by the Early Childhood Family

Education Department of School District 564.)

SOMETHING TO TALK ABOUT

Be specific and clear as you set limits with your child. For instance, “Tables are for eating not for standing on. You may stand on the stool.”

(Contributed by the Early Childhood Family Education Department of School District 564.)

ACTIVITIES

Bunny Bread

To use refrigerator biscuits to make one bunny, cut one unbaked biscuit in half. Use one whole biscuit for the body, molding a tail off to one side. Use one of the halves for the head. Cut the other half in half again and arrange on the head for ears. Pinch all body parts together. Serve with jelly eyes and nose.

SCAVENGER HUNT

For next week's Activities feature, you will need a paper plate, different colored paper, string and a scissors.

(Contributed by Discovery Place Early Learning Center.)

JOKE OF THE WEEK

Q: How do you catch the Easter bunny?

A: Hide behind a tree and make a noise like a carrot?

BOOK OF THE WEEK

There are thousands of books written for young children every year and many are available for you to borrow from a public library or can be purchased from a bookstore or online. Here are a classic children's book or two that your family might enjoy:

Kraus, Robert. **How Spider Saved Easter.** Spider finds himself caught up in Ladybug's holiday

plans--whether he likes it or not.

Church, Caroline Jayne. **Here Comes Easter** (a board book). There are colored Easter eggs hidden all over the house. Help this little girl find them all. Caroline Jayne Church's sweet line and color are perfect for Easter. Glitter, flocking, and fancy touch-and-feels on every spread will keep toddlers enthralled.

VIDEO VARIETY

In addition to the books that are available for your family, there are also many movies and documentaries that may make you laugh

and inspire you, as well. Here is one classic choice:

Easter bunny adventure. Hitch a ride with the Easter Bunny as he goes on an unforgettable adventure. It's the biggest Easter egg hunt ever and Benny the Easter Bunny can't do it alone. He teams up with Wilma the chicken as they hop in a giant hot air balloon and journey to Fairy Tale Valley in search of the most amazing Easter egg ever: an Easter egg that can grant any wish one desires.

WONDERS OF THE WEB

The Internet has long been available to supple-

ment your parenting knowledge and skills. This is one web location that your family might enjoy:

Here are some cool Easter “one-liner” jokes to share! <http://jokes4us.com/holidayjokes/easterjokes/easteronelinersjokes.html>

Remember that you can also visit the website of your local public library to find out more about local library services. Libraries in much of northwest Minnesota are listed on the Northwest Regional Library website: <http://www.nwrlib.org/>

On the Other Hand ...

My journey to finding my passion



by
**Katelyn
Sorter**

On the Other Hand is written by students attending Lincoln High School in Thief River Falls.

As I think back to the beginning of my senior year, I remember the constant stress of not knowing what I was going to do after high school, other than I wanted to go to college. All of my friends knew exactly what they were going to do, down to the exact college they

were going to attend.

I was absolutely baffled by this. I would spend so much of my time dreading thinking about my future because it seemed like nothing really interested me enough to spend the rest of my life doing it. I have read and heard so many stories about people not enjoying what they do for a living. I do not want that for myself. I used to aspire to find a job that I would wake up and enjoy going to every day.

Now I'm down to eight short weeks left of school, and I couldn't be more ecstatic about graduating. I have spent most of my senior year interning at Challenger Elementary School. Initially, I thought I would not like this at all but, to my surprise, I found

a passion in being there every day.

The first week, I was a little nervous because this was so new and foreign to me. Finally, all of my waiting and stressing paid off, for I found something that held my interest and I could see a future in.

The second I stepped into the classroom, I loved the atmosphere, and it immediately felt like a place I could spend a lot of time. The kids were a really big eye opener, and I am learning so much from them. All of the students are learning, yet they need to be taught in different ways.

As a future teacher, I know this will be challenging, but, in the end, very rewarding.



Public Health Points ...

April is National Child Abuse Prevention Month

Inter-County Nursing Service in Thief River Falls reminds residents that April is National Child Abuse Prevention Month.

Research has shown that the following protective factors have been linked to lower incidences of child abuse and neglect.

Research shows that babies who receive affection and nurturing from their parents have the best chance of developing into children, teens, and adults who are happy, healthy, and possess individual-level protective factors, such as relational, self-regulation, and problem-solving skills.

Words to live by: Strong families show how much they love each other.

Knowledge of Parenting and Child Development

Parents who understand the usual course of child development are more likely to be able to provide their children with respectful communication, consistent rules and expectations, developmentally appropriate limits, and opportunities that promote independent.

ence. Words to live by: Being a great parent is part natural and part learned.

Parental Resilience

Parents who can cope with the stresses of everyday life, as well as an occasional crisis, have resilience—the flexibility and inner strength to bounce back when things are not going well. Parents with resilience also know how to seek help in times of trouble.

Words to live by: Flexibility and inner strength keep families strong in times of stress.

Social Connections

Parents with a network of emotionally supportive friends, family, and neighbors often find that it is easier to care for their children and themselves.

Words to live by: Connecting with friends builds a strong support system.

Concrete Supports for Families

Families whose basic needs (for food, clothing, housing, and transportation) are met have more

time and energy to devote to their children's safety and well-being. Families whose economic opportunities are more limited may need assistance connecting to social service supports, such as housing, alcohol and drug treatment, domestic violence counseling, or public benefits.

Words to live by: Strong families ask for help when they need it.

Social and Emotional Competence of Children

Parents and caregivers grow more responsive to children's needs—and less likely to feel stressed or frustrated—as children learn to tell parents what they need and how parental actions make them feel, rather than “acting out” difficult feelings.

Words to live by: Children get along better with others when they have words to express how they feel.

Source: www.childwelfare.gov/topics/preventing/preventionmonth/resources/resource-guide/

Prowler Pride ...

Prowler Preschool helping better prepare students for kindergarten

by Meg Kolden
Director
Community Ed.
S.D. 564

Prowler Preschool is an early learning program for children ages 3 and 4 to help better prepare students for kindergarten. Our classes are designed to give students an opportunity to develop literacy, math, science, art and social skills all while having fun. We strive to build a love of learning in our students that will provide a solid foundation for future school success.

Applications are now being accepted for the 2019-20 school year. We will be offering an all-day option for 4-year-old students. This option will be on Tuesdays and Thursdays from 8:05 a.m. to 2:50 p.m. Students will become confident being in a school setting for a full day before

entering kindergarten. There will be time for a wider variety of learning experiences. Class size will be limited to 20 for this all-day class option. A needs-based selection criteria will be used if there is a large number of applicants.

We will also offer the option of three half days for 4-year-olds and two half days for 3-year-olds both with a morning and afternoon option. We encourage families to apply early to better your chances of getting your first request for classes. For more information on Prowler Preschool or for an application, contact Lisa Simenson at 681-8670.

Minnesota requires all children to go through a health and developmental screening before entering public school, preferably around the age of 3 1/2 to 4. The Early Childhood Screening is a simple check

of your child's total growth ... physical, mental, and emotional. The screening takes approximately one hour. We will have dates available in August for those that still need to be screened.

Community Education tries its best to offer something for everyone. With this being said, we are always looking for people who would like to share their skill or talent with the community by teaching a Community Education class. We would also love to hear your ideas for upcoming classes. Stop in and visit us or give us a call at 218-681-8711 extension 5243 or 5244. The Summer Activity Guide will come out in The Watch on April 19. Check out our website for a list of all of the available activities or to register at www.trf-communityed.com.

Positive Thoughts ...

The sinking of the Titanic on radio



by
**Dan
Bartsch**

Well, a lot of folks have seen me play many characters on the Northland Community and Technical College theater stage: Murray the cop in "The Odd Couple," lovable Ellard Sims in "The Foreigner," British actor Fredrick Fellows in "Noises Off," half the population of Tuna, Texas, in "Greater Tuna," and many other characters. But I just completed by biggest character performance so far.

The Thief River Falls Area Community Theater has just completed a radio play called "Voices from the Titanic" by Pat Cook where yours truly plays Captain Edward Smith, the captain of the Titanic. Now, I can

hear some of you from the peanut gallery, yes that is the reason I walk and take the bus because my license is under suspension, but no. This play gives a re-enactment of that April night of the people who survived and died that night. Other voices in this play include: Diane Kruse, Logan and Amelia Ballard, Laura Brickson, Rob Conwell, Steve Moeller, Scott Pream, Shane Mulrey and Kate Mulrey, Scott Fricke, Mark Johnson, Michele Christensen, Pat Dunning, Aly Karow, Alice Conwell, and Becca Ballard. There will three airings of the radio play on Pioneer 90.1 FM. They will begin Sunday, April 14, at 2 p.m., and again Friday, April 19, at 6 p.m.; and Wednesday, April 24, at 9 p.m. The April 14th performance is also the 106th anniversary of the Titanic sinking.

Now, there are some folks who might not be able

Theology in the Trenches ...

A joystick is the only power she has



by
**Kathleen
Kjolhaug**

Her life had value; anyone looking on would agree. Though in a wheelchair, she was only limited by her own mind. Like many a teen, the hot pink Nike swoosh which was in contrast to the bright blue material on which she lay said it all. The shoes resonated happy and were angled just right so she might admire them at a glance.

The platform upon which she depended was love. She received it well, but then again, she didn't have much choice. Along life's way, someone had made a choice to bring her fragile life into this world. The only steering power she now had was that of a joystick, which drove the vehicle in which

she sat.

Toward the end of the service, the pastor made his way down the aisle and stopped beside her. She would be served ... before any other ... she would receive. As he administered communion, he served by bending low and no words were needed for that sermon.

Gurgles were heard as she responded in kind and the one kneeling beside her wiped away every tear or drool, whichever came first ... or last for that matter.

We know well how the gospel is to be lived out here on earth. So she has a right to life, and the tender love extended to her from fellow sojourners is well documented. Without Love, we are just clanging bells (1 Cor. 13:1).

Her caregiver quietly sat next to her, attentive. For when we are weak, he is strong (2 Cor. 12:10). That's how it works. We are dependent upon him for everything though he works

through the hands and feet of others. (1 Cor. 12:27). Hands and feet around her chose to compose rather than dispose of human life proliferating the value of it. She, in return, graciously received the love of which she ate and drank.

Not only was his body offered to her, but the cup from which she drank. As the chair in which she was propped supported her ability to choose this day whom she would serve (Joshua 24:15), she sacredly partook because after all, it was he who first chose her (John 15:16). Fill up he did, so she would be able to do likewise.

Like angels, those who surrounded her stood guard. Or, was it she who watched over them? I know not.

I only know that I am grateful. I am grateful for the power that he is I Am...and thankful that I am not. To God be the glory ... forever and ever. Amen.

E-cigarettes don't eliminate health risks

Inter-County Nursing Service in Thief River Falls reminds residents that E-cigarettes have been linked to heart attacks, coronary artery disease and depression. Researchers say switching to e-cigarettes doesn't eliminate health risks

Concerns about the

addictive nature of e-cigarettes, now used by an estimated 1 out of 20 Americans, may only be part of the evolving public health story surrounding their use, according to new data. New research shows that adults who report puffing e-cigarettes, or vaping, are significantly more likely

to have a heart attack, coronary artery disease and depression compared with those who don't use them or any tobacco products.

Source: www.sciencedaily.com/releases/2019/03/190307103111.htm.

Terry J. Blount, 76

Mound - Terry Jacob Blount, age 76, formerly of Thief River Falls, passed away on March 9, 2019.

Terry was born on February 15, 1943 in Minneapolis. He was raised in Fergus Falls and later moved to Green Bay, WI, where he earned his high school diploma. He attended St. Olaf College for two years before transferring to the University of Minnesota, where he earned a BS degree in Economics and his Master's degree in human resources.



Terry married Gretchen Alrick in 1965. Together they moved to Detroit, MI, where Terry started his career with the Ford Motor Co. During that time, they were blessed with two children, Kirsten and Adam. After a decade with Ford, Terry took on a role at Rockwell International in Centralia, IL and later in Rochester, MI.

In 1981, Terry returned to Minnesota for a position at Washington Scientific Industries. In 1996, he took on a new challenge at Arctic Cat in Thief River Falls. He retired in 2011 to the beautiful shores of Lake Minnetonka.

Terry was known for his warmth, generosity and love of life! He held God and family at the center of his heart, and he found great joy from the time spent with his wife, children and grandchildren. He was dedicated to his career and spent his leisure time pursuing his many interests. He was an avid golfer, fisherman, hiker, woodworker, and he always prioritized entertaining and traveling with friends and family. He loved pizza, red wine and napping in the sunshine.

Throughout Terry's life and into his retirement he remained a faithful servant to his church and his community, serving many positions and never saying "no" when asked to serve God.

After retirement, Terry devoted much of his time to volunteering for WeCAN in Mound and the Braille Ministry in his church. He sang in the MnCAN (Minnesota Connect Aphasia Now) choir and was an inspiration to other stroke survivors.

Terry is survived by his wife of 54 years, Gretchen, daughter Kristen (Mark) Kierski, son Adam (Courtney), grandchildren, Luke Bezek, Sonja and Cooper Blount.

Terry is proceeded in death by his parents, Lloyd and Edith Blount and his sister, Sandy. Memorials are preferred to Redeemer Christian Academy.

A00003B2019AP10

Robert S. Lorenson, 83

Thief River Falls - Robert Lorenson passed away Tuesday, April 2, at his home, at the age of 83 years, 7 months and 14 days.



He attended school and grew to manhood in the Grass Lake community and graduated from Middle River High School in 1954. He was baptized and confirmed in the Lutheran faith.

Bob contracted polio in 1946 and, after being hospitalized in the Twin Cities, returned to Middle River and later farmed with his family in the Thief Lake community for many years. He served on the Thief Lake Town Board for many years.

On Dec. 9, 1972, Robert married Marilyn Qualey at First Lutheran Church in Middle River and the two made their home on their farm in Thief Lake Township. Bob was an accomplished woodworker and enjoyed making and playing the board game "Aggravation". He also enjoyed hunting, fishing and

especially working at Honker Flats Greenhouse.

Bob and Marilyn moved to Thief River Falls in 2011. Marilyn passed away on October 14, 2014, and Bob continued on at his home in Thief River Falls.

Bob is survived by children: Michael (Rose) Lorenson of Karlstad; Valerie Shambeau of Newfolden; Tracy (Gaylan) Melvie of Spearfish, SD; Jennifer (special friend Keith Johnson) Lundeen of Thief River Falls; and Jamie (Deana) Lorenson of International Falls; 10 grandchildren: Daniel Rokke, Nick and Mark Lorenson; Jacob Larson; Vanessa Prose; Kaeley, Brody and Ashley Merrill, and Gust and Madilyn Lorenson; 10 great-grandchildren: Emerald, Zantasia and Steven Pittman; Tucker and Tatum Larson; Noah, Lauren and Holly Prose; Kasen Muzzy and Kolter Hemmestvedt; two brothers: Raymond (Charlotte) of Grand Rapids, and Arnold (Peggy) of Crosby; and several nieces, nephews and other relatives.

Bob was preceded in death by his wife, his parents, one son: Vincent, one granddaughter: Brandi, two brothers: Edward Jr. and Donald, and three sisters: Grace, Thelma and Loretta in infancy.

A00003B2019AP10

Ronald D. Haugen, 82

Goodridge - Ronald Haugen, 82, Goodridge, passed away on Thursday, April 4, 2019 at Sanford Hospital, Thief River Falls.



Funeral services for Ron was held on Tuesday, April 9 at Faith Lutheran Church in Goodridge, with Reverend Kristin Ostercamp officiating. Burial will be held at the Goodridge Cemetery in Goodridge.

Ronald Dean Haugen was born May 13, 1936 in Thief Lake, the son of Clifford and Myrtle (Johnson) Haugen. However, per Ron and the family bible he was born on May 13, 1935. He was baptized and confirmed at Thief Lake Lutheran Church. He attended school in Middle River, graduating in 1953. He started working construction for the state of Minnesota and worked for various companies through the years running heavy equipment, running a dragline, and as a crane operator. Ron was a spray pilot and enjoyed flying. He also flew for the Civil Air Patrol.

Ronald married Ordella Lorraine Dahle on April 9, 1955 at Trinity Lutheran Church in Thief River Falls. Ronald and Ordella had six children together: Rhonda, Randy, Ryan, Rory, Rodney, and Rynae.

After their marriage Ron and Ordella lived in various places around Minnesota before settling on Ordella's home place in Goodridge in 1968, where Ron and Ordella farmed for over 30 years. He farmed and milked cows as well as sold Cargill seed.

Ron played saxophone, accordion and piano and was gifted with playing by ear. He played in various bands most of his life. He enjoyed fishing, gardening and was very meticulous with his yard. He loved hosting fish fries at the lake. Being early was a must for him and he did not tolerate anyone being late. He loved deer hunting and the first Friday night before deer opener he always hosted a family gathering.

Dahlens named Outstanding Farm Leaders in Pennington Co.

The Red River Valley Development Association (RRVDA) named David and Gayle Dahlen and Kelly and Brenda Dahlen of Goodridge the "Outstanding Farm Leaders" for Pennington County.

The Dahlens joined couples from 14 counties across northwest Minnesota who were celebrated at the 81st Annual Red River Valley Development Association Banquet at the University of Minnesota Crookston on Saturday, March 30.

Couples were selected based on their impact on the farming industry, their service to their communities, and how they lived and worked to enhance the quality of life in northwest Minnesota.

The RRVDA is funded through annual allocations from the county boards of commissioners in northwest Minnesota. Glenice Johnson from Thief River Falls represents Pennington County on the RRVDA Board of Directors.

Sheldon W. Qualey, 78

Middle River - Sheldon Wayne Qualey, passed away on Wednesday morning, March 27, 2019, at his home in Middle River at the age of 78 years, 10 months and 2 days.



Memorial services were held on Saturday, April 6 at First Lutheran Church in Middle River. Interment was at First Lutheran Cemetery in Middle River.

Sheldon "Shadow" Qualey the son of the late Gust and Esther (Wasley) Qualey, was born on May 25, 1940 in Middle River. He attended school and grew to manhood there and was baptized and confirmed in the Lutheran faith.

Shadow graduated from Middle River High School in 1958 and went to Bemidji State University. On June 15, 1963, Sheldon married Judith Nelson at Lake Chrystal, and to this marriage three children were born: Jan, Eric and Jodi. He worked for Hoover Construction and G.E. on the Iron Range. On Oct. 18, 1986, he was united in marriage to Diane Estness in Middle River and they made their home here, where they had the Road House Restaurant.

Shadow was employed at Polaris in Roseau until retirement. Music was a big part of his life. He played

guitar and sang in the band "Shadow" and the Moonlighters". He loved to hunt, camp and fish and would bring anyone out fishing. During football season he could be found in his recliner rooting for his team, the Green Bay Packers.

Sheldon is survived by his wife, Diane; children: Jan (Lynn) Stenvik, Eric, Jodi (Jalmer) Bernu, Cindy Davis, Marty Peterson, Connie Hipple, and Chris Peterson; grandchildren: Christopher (Jodi) Johnson, Joseph (Ally) Thompson, Kayla (Andrew) Landin, Lisa (Austin) Qualey, Sheldon (Krista) Qualey, Tasha (Jeff) Benton, Clint (Brianna) Berry, Matthew (Caitlin) Bernu, Anthony (Julie) Davis, Andrew Davis, Michael Peterson, Kristen Peterson, Brett Hipple, Jessica (Dave) LaRocque, Tom (Whitney) Stenvik, and Lindsey (Chris) Hennek; 30 great-grandchildren, one sister, Janet (Mark) Kujava and several nieces, nephews and other relatives.

Sheldon was preceded in death by his parents, one brother Richard, in infancy; four sisters: Marilyn, Kathryn, Gayle and Linda; and nephews: Vincent Shambeau and Ben Demaskie.

Arrangements with Collins Funeral Homes of Middle River, Karlstad and Greenbush. An online guest book is available at collins-funerals.com

A00003B2019AP10

John A. Magnuson, 97

Santa Rosa, CA - John A. Magnuson, age 97, formerly of Thief River Falls, passed away on Monday, April 1st in Santa Rosa, CA. John is survived by his

wife, Nell, and a son John Jr. of Santa Rosa and one brother, Emil of Andover.

Memorial services planned for early summer in Santa Rosa.

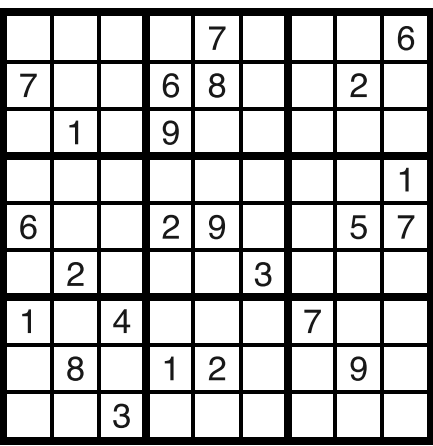
Arlet Olson, 94

Karlstad - Arlet Olson, 94, of Karlstad, and formerly of Lake Bronson, passed away Saturday afternoon, April 6 at the Karlstad Senior Living Center in Karlstad.

Funeral services will be held at 10 a.m. Thursday, April 11 at the Community Covenant Church in Lake Bronson. Visitation will be

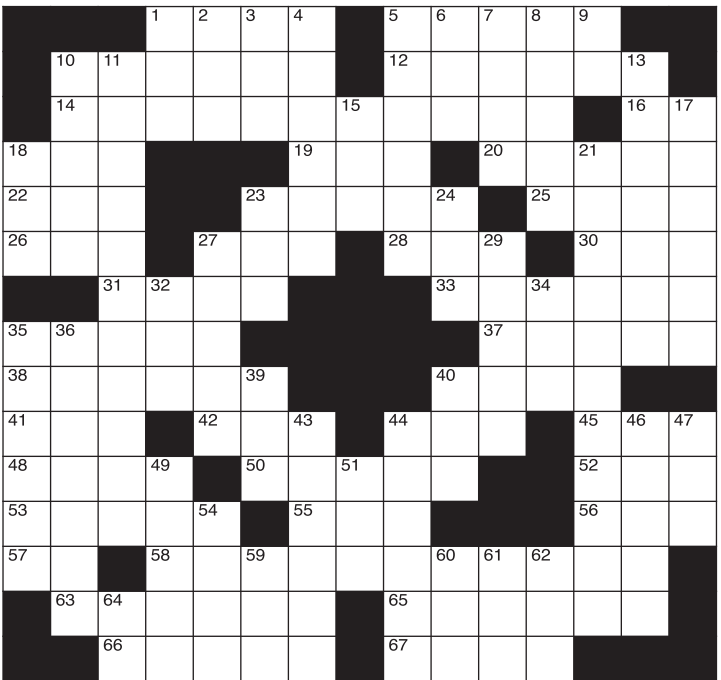
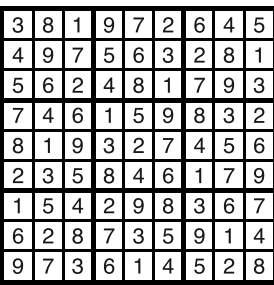
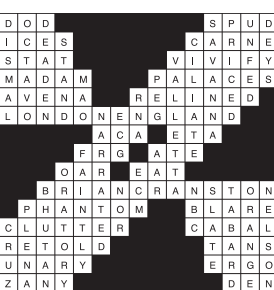
after 6 p.m. on Wednesday with a 7 p.m. prayer service at Collins Funeral Chapel in Karlstad and at the church one prior to services on Thursday morning. Burial will be in Riverside Cemetery in Lake Bronson.

Collins Funeral Home of Karlstad has charge of the arrangements.



Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

Answers to last week's puzzles



CLUES ACROSS

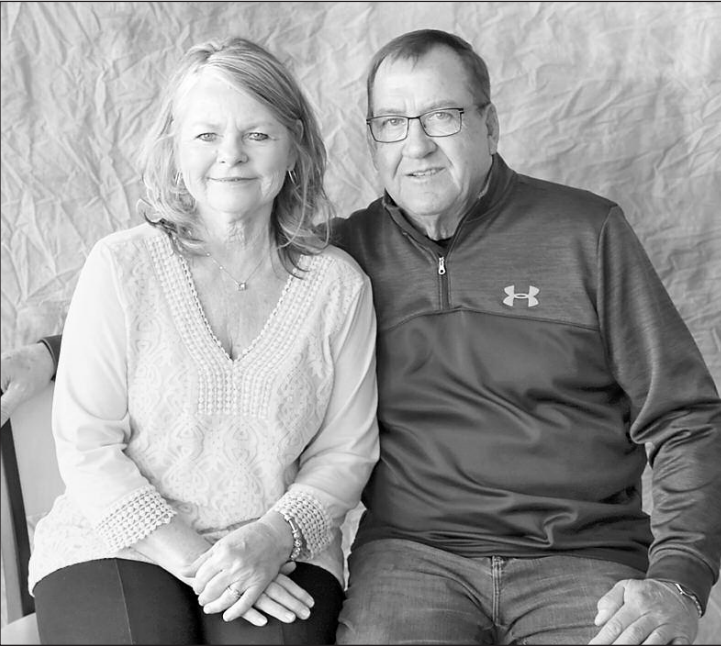
- 1. Often romantic composition
- 5. Lunar term
- 10. California mountain
- 12. Spiral staircase pillars
- 14. "Heat" director
- 16. Tellurium
- 18. Gateway (Arabic)
- 19. No (Scottish)
- 20. Greek propheteess
- 22. A team's best pitcher
- 23. Bard's way of saying "have"
- 25. Indigenous group of the Philippines
- 26. Danish krone
- 27. Type of squad
- 28. Possesses
- 30. Part of the face
- 31. Very small amount of time (abbr.)
- 33. Churches have lots of them
- 35. Modern day "letter"
- 37. Della __, singer
- 38. Informed upon
- 40. Type of house
- 41. Folk singer DiFranco
- 42. A baglike structure in a plant or animal
- 44. Car mechanics group
- 45. Belonging to us
- 48. Pack neatly
- 50. Forming the bottom layer
- 52. How fast you're going
- 53. Sea eagles
- 55. Cool!
- 56. Military mailbox
- 57. Type of lawyer
- 58. Type of monk
- 63. Respect due to an ancestor
- 65. Took to the sea
- 66. Members of a Semitic people
- 67. A way to march

CLUES DOWN

- 1. Political action committee
- 2. __kosh, near Lake Winnebago
- 3. When you hope to get there
- 4. Woman who followed Bacchus
- 5. Cause to become entangled
- 6. Green veggie
- 7. Stiff bristles
- 8. Pass in Alps
- 9. Atomic #81
- 10. A sharp blow
- 11. Bears engage in it
- 13. Prevents progress
- 15. Young boy
- 17. A way to go on
- 18. Not good
- 21. A ballet enthusiast
- 23. Ad __
- 24. Bar bill
- 27. A genus of badgers
- 29. "No __!"
- 32. Get off your feet
- 34. Franklin was one
- 35. Removed
- 36. Used to catch poachers
- 39. Hit lightly
- 40. Crony
- 43. Stroke
- 44. One who obtains pleasure by inflicting pain on others
- 46. __ the ante
- 47. Greek letter
- 49. "Wings" actor Steven
- 51. Unhappy
- 54. Hair-like structure
- 59. Pick up
- 60. Type of transportation
- 61. Worn with a suit
- 62. Something similar to another already referred to
- 64. Farm state



Kelly and Brenda Dahlen of Goodridge were named the Red River Valley Development Association (RRVDA) "Outstanding Farm Leaders" for Pennington County. Also named "Outstanding Farm Leaders" were David and Gayle Dahlen of Goodridge. The Dahlens joined couples from 14 counties across northwest Minnesota who were celebrated at the 81st Annual Red River Valley Development Association Banquet at the University of Minnesota Crookston Saturday, March 30. (Submitted)



David and Gayle Dahlen of Goodridge were named the Red River Valley Development Association (RRVDA) "Outstanding Farm Leaders" for Pennington County. Also named "Outstanding Farm Leaders" were Kelly and Brenda Dahlen of Goodridge. The Dahlens joined couples from 14 counties across northwest Minnesota who were celebrated at the 81st Annual Red River Valley Development Association Banquet at the University of Minnesota Crookston Saturday, March 30. (Submitted)

West side flooding



Overland flooding began exceeding the capacity of ditches on the west side of Thief River Falls and along Highway 59 Monday. Access to Hubert's Outdoor Power Equipment was blocked and the flood waters were encroaching on Petro Pumper and other businesses. If all permits are in place, the Westside Flood Damage Reduction Project, which has been in the planning stages for the last two years, will begin in the fall of 2019. It is expected to protect the area from a 100-year flood.

Huck chiller on borrowed time/Continued

(Continued from Page 1) noted it seemed promising. He added that he had also applied for a \$127,000 grant through the Minnesota Department of Transportation Local Partnership for the downtown lighting portion of the project.

The council approved a lease agreement and tenant provisions with Clayton Thompson and Verna Thompson. Council member Curt Howe

abstained from voting since he is related to the Thompsons.

The city has rented from the Thompsons since it sold the Municipal Service Center building and property to Digi-Key. The city continues to store Electric Department equipment at the Thompsons' property along 140th Avenue Northeast. The city will rent the entire premises through June 30 and only the yard area thereafter for

\$500 per month to March 31, 2020.

Electric Superintendent Dale Narlock expected that some of the equipment would be moved out of the building prior to the end of June. It will then be stored in the department's new building south of Westside Motors or sold in an auction.

The remainder of the equipment will be moved to the site of the former water treatment ponds near the

intersection of Pennington Avenue and Nora Street. Narlock expected the remainder of the equipment may possibly move there in December or January. The ground needs to be leveled more at that location. It also needs gravel and fencing.

The next council meeting is scheduled Tuesday, April 16 at 5:30 p.m. at City Hall.

Meeting held on roundabouts/Continued

(Continued from Page 1) on that section of Third Street. About 2,000 to 3,000 motorists travel northbound and southbound on Brooks and Barzen avenues near Third Street.

Roundabouts aren't the only improvements planned on Third Street. MnDOT also plans to construct a 10-foot-wide trail on the north side of Third Street in that area.

MnDOT has already met with many adjacent property owners about right-of-way acquisition. McKinnon expected those negotiations would continue throughout 2019.

McKinnon added that MnDOT is looking at ways to ensure Northwestern Homes can transport manufactured homes into and out of its location along Third Street. He said MnDOT has already learned about that

prospect as part of the design process for Pennington County's roundabout. That roundabout is set to be constructed this summer north of Sanford Health.

Cheryl Snetting, representing Northwestern Homes, said her business and Jamar Mobile Home Parks are concerned about 193 tenants being able to move their manufactured homes as well.

MnDOT is working with several partners as part of this reconstruction project. "It is a cooperative project," said McKinnon. "We're working with the city of Thief River Falls and Pennington County."

The Red Lake Watershed District is also working on a separate, related project to improve drainage in the area to coincide with this project.



The Minnesota Department of Transportation held an open house Thursday, April 4 to inform the public about its plans to reconstruct Highways 1 and 59 in Thief River Falls.

Flooding concerns



Everyone is keeping a wary eye on river levels. As is typical, an ice dam along with an excessive amount of water is backing up at the bridge just north of St. Hilaire. Some overland flooding is beginning to show up, but as of Monday morning, there were no road closures in Pennington County. Please check the Pennington County Sheriff's Department Facebook page for updates on flooding.



In spite of warmer temperatures, considerable ice remains in place on the Red Lake river south of Thief River Falls and just north of St. Hilaire.

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12 NOON

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1 P.M.

Presented by Garden Valley Internet

FISHING LAKE OF THE WOODS

2 P.M.

Presented by Curt Quesnell from NCOR Fishing & Guide Service

TAKING CONTROL OF YOUR LIFE

3 P.M.

Presented by Tara Wiskow from Tata's Gym

QUESTIONS ABOUT CBD AND HEMP?

4 P.M.

Presented by Turning Point Nutrition

SUNDAY

HOW TOXIC IS YOUR MOUTH?

11 A.M.

Presented by Turning Point Nutrition

ALL YOU NEED TO KNOW ABOUT SQUASH

12 NOON

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FISHING LAKE OF THE WOODS

1 P.M.

Presented by Scott & Allan Edman from Edman's Angling Adventures

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2 P.M.

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- Election Of Two Directors
- Annual Financial Report
- Noon Lunch

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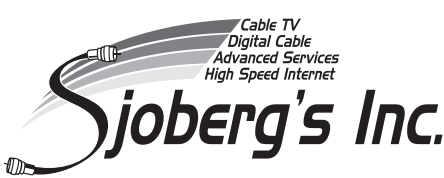
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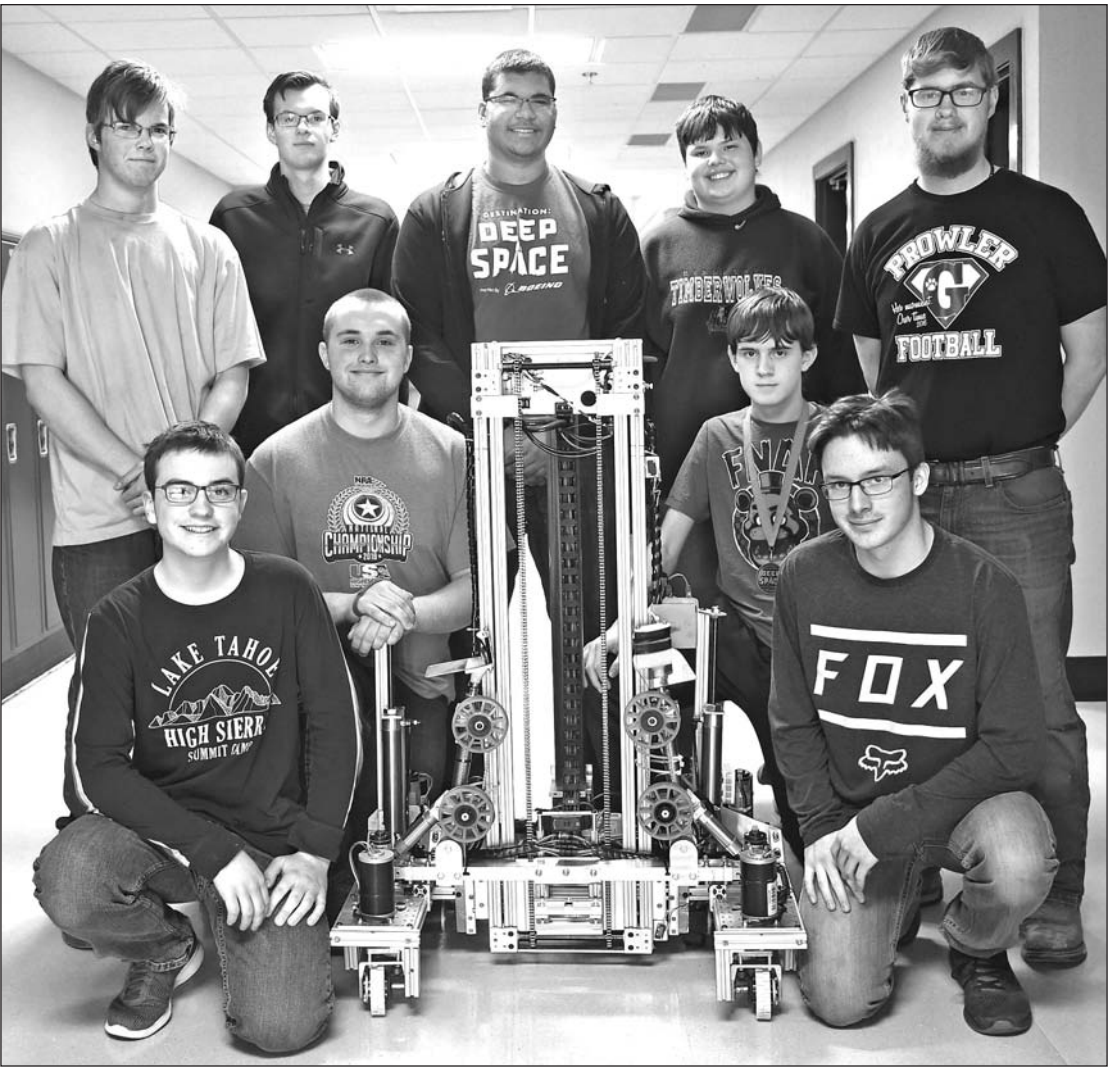
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Wednesday, April 17: No service

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Wednesday, April 17: Fargo/Moorhead



The ProDigi FIRST Robotics Team is going to the FIRST Championship in Detroit, Mich. The team packed up their robot last week for the trip. The team won't be able to work on their robot until then. A total of 12 students are going to the Championship. Not all were present to pack up the robot. Students present included: (front row, from left) Aiden Warne and Logan Dahle; (row two) Cooper Olsonawski; (row three) Ethan Weixel, Matthew Jessen, Antonio Steele, Lee Ouradnik and Sebastian Mott.

ProDigi Team to Nationals/Continued

(Continued from Page 1) qualified. Like they said at the beginning of this story, the students from Lincoln High School couldn't believe it. They had earned a wild card slot to the FIRST Championship in Detroit, Mich. (There are two national events - one in Detroit and one in Houston, Texas.) The team from Lincoln High School will be going to Detroit April 24 - 27. Olsonawski said the team is just starting its fundraising efforts. She said they need to raise \$15,000 to go to the event. They've started a Go Fund Me page, and will be seeking donations. When they do go, Olsonawski said the 12 students from Lincoln High School will be traveling by bus. She said all northern Minnesota teams - Warroad, Badger, Greenbush/Middle River, Northwood and Thief River Falls worked together to reduce costs. The students are really excited about the opportunity to participate in the event. Like they said, "it's crazy." The FIRST Robotics Competition (FRC) is an international high school robotics competition. Each year, teams of high school students, coaches, and mentors work during a six-week period to build game-playing robots that weigh up to 125 pounds. This year's challenge is called "Destination: Deep Space." In this game, the objective is to collect as many cargo pods as possible and load them and prepare their spaceship before the next sandstorm.

Benefit account set up for Ellingson's son

A benefit account has been set up at Border State Bank for 2-year-old Kenneth John Strand III, son of the late Alex Ellingson and Kenneth John Strand Jr. Alex was murdered Wednesday, March 27, and Kenneth Jr. died four months before Kenneth III was born. Benefit funds will be used to cover expenses related his wellbeing as he lives with his maternal grandmother. Donations can be made in his name at any Border State Bank. A GoFundMe account has also been set up.

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Norskies eliminated following game five loss



Thief River Falls forward Blake Nelson fights for position against Kyle Uzelman during game four last week. After falling in overtime in game one, Red Lake won the next four games of the series to eliminate Thief River Falls.

From SIJHL

Bryce Young had a pair of second period goals while Zach Willms handled all 25 shots he faced to post a shutout to help lead the Red Lake Miners to a 5-0 victory over the Thief River Falls Norskies Friday night in Game 5 of their Superior International Junior Hockey League semifinal at Cochenour Arena.

With the outcome, Red Lake takes the best-of-seven series 4-1 and now advance to meet the Thunder Bay North Stars in the Bill Salonen Cup SIJHL championship series, which will get underway next week.

It was the Miners who opened the scoring 8:13 into the match-up as Stratton Pickett cut in on the left side and roofed one short side on Thief River Falls starter Bailey Schmitz.

Red Lake then added another in the late stages of the first frame as Connor Jacobs fired a hard pass from behind the net to Keegan Tiringier in the slot who let a shot go that Schmitz only got a piece off before the puck drifted into the back of the net at 19:17.

The Miners then broke it

open in the middle stanza as they tacked on a trio of tallies in the session to go up by five after 40 minutes.

SIJHL MVP Bryce Young started the outburst by darting in between a pair of Norskies defender before wiring one home at 2:59.

They then added another four minutes later with captain Michael Di Lullo chipping one in from close range before Young capped off the period with a tap in following a cross-crease feed from Ethan Stuckless, who had two assists in the triumph.

Willms did the rest to register his initial league post-season shutout while Schmitz faced 31 attempts in the season-ending setback for the Norskies.

Scoring				
	1	2	3	T
Thief River Falls.....	0	0	0	0
Red Lake	2	3	0	5
First period - 1, Red Lake, Pickett 2 (Venne, Gula), 8:13. 2, Red Lake, Tiringier 5 (Jacobs, Uzelman), 19:43. Penalties-Schuldt TRF (interference), 1:40; Bergland TRF (slashing), 7:23; Jacobs RLM (cross checking), 7:23; Ross TRF (holding), 9:02; Bohnet RLM (holding), 13:17; Severson TRF (tripping), 16:04; Gula RLM (interference), 17:05.				
Second period - 3, Red Lake Young 2 (Stuckless), 2:59. 4, Red				
[Continued on page 2]				

Bushy, Skime and Rupprecht earn all-conference awards

Thief River Falls wrapped up the 2018-19 boys hockey season with the team banquet Thursday, April 4.

Thief River Falls went 15-9-3 playing a challenging schedule that included regular season games against perennially strong teams in both Class A and AA.

The 2018-19 Prowlers were led by elite defense and goalie play that allowed opposing teams to score just 1.52 goals per game, with the team's goaltenders combining for a save percentage of .937.

Junior goaltender Noah Rupprecht started 22 of the 25 regular season games, collecting 508 saves on 541 shots on goal for a save percentage of .939.

Early in the season, Rupprecht was pushed by sopho-

more Josh Berzinski who made three starts filling in for an injured Rupprecht. In those starts, Berzinski saved 68 of 73 shots he faced for an impressive .932 save percentage.

Thief River Falls was ranked in the top 10 in the Let's Play Hockey Coaches Poll all season, with a high of fourth. The Prowlers were unbeaten amongst section opponents for most of the season and a return trip to state seemed inevitable. Unfortunately, a lack of timely offense would haunt the Prowlers down the stretch and into the playoffs.

Thief River Falls dropped both regular season games to eventual section champion East Grand Forks and entered the post season as the number two seed in Section

8A.

The Prowlers survived their first post-season game, knocking off Kittson Central 2-1 in overtime. Thief River Falls beat Warroad in both regular season meetings, but the Prowlers fell 2-1 in overtime to the Warriors in the Section 8A semifinal round.

Thief River Falls scored one or fewer goals in seven of its nine losses. The Prowlers only losses when scoring two or more goals were a 3-2 overtime loss to eventual state champion St. Cloud Cathedral, and a 4-3 overtime regular season loss vs. East Grand Forks.

Overall, Thief River Falls outscored its opponents 74-39 in the regular season, averaging 2.89 goals per game.

Top scorers for the

[Continued on page 2]



The trio of Tucker Skime, Evan Bushy and Noah Rupprecht were selected to the all-conference team of the Mariucci Conference following the 2018-19 boys hockey season. Skime, Bushy and Rupprecht were also announced as team captains for the 2019-20 hockey season during the team banquet Thursday, April 11.

TRF wrestler wins NYWA championship



Landen Larson

Thief River Falls fourth grade wrestler Landen Larson claimed an individual championship at the Northland Youth Wrestling Championship Sunday at Mayo Civic Center in Rochester.

Larson picked up wins by fall over Blake Foesch of BOLD and Xzavier Mares of Willmar on Saturday to reach Sunday's championship match in the Third and Fourth Grade divison at

105 pounds.

Larson's opponent in the championship match was a familiar foe. He previously faced Perham's Isaac Adams on multiple occasions, with Adams coming out on top in prior encounters. This time it was Larson's turn to shine as the Thief River Falls wrestler came away with a 9-4 win.

Also competing for Thief River Falls were Elias Motta

in the first and second grade division at 80 pounds; Owen Dvorak in the third and fourth grade division at 85 pounds; and Taylor Erickson in the third and fourth grade division at 155 pounds.

Thief River Falls results

First/Second Grade 80 - Elias Motta's place is unknown and has scored 1.0 team points. Champ. Round 1 - Hunter Peterson (STMA) won by decision over Elias Motta (Thief River Falls) (Dec 5-0); Cons. Round 1 - Elias Motta (Thief River Falls) won by decision over McCoy Detloff (BBE) (Dec 6-4); Cons. Round 2 - Nolan Iverson (LCWM) won by decision over Elias Motta (Thief River Falls) (Dec 6-0)

Third/Fourth Grade 85 - Owen Dvorak's place is unknown and has scored 5.0 team points. Champ. Round 1 - Owen Dvorak (Thief River Falls) won by fall over Mason Javers (Minneota) (Fall 1:45); Quarterfinal - Maxwell Ramer (Z-M (Zumbrota/Mazeppa)) won by fall over Owen Dvorak (Thief River Falls) (Fall 1:00); Cons. Round 2 - Owen Dvorak (Thief River Falls) won by decision over Caleb Stowell (LSH (LeSueur/Henderson)) (Dec 8-6); Cons. Round 3 - Bronson Markwood (St. Francis) won by fall over Owen Dvorak (Thief River Falls) (Fall 2:24).

Third/Fourth Grade 105 - Landen Larson's place is 1st and has scored 26.0 team points. Champ. Round 1 - Landen Larson (Thief River Falls) received a bye; Quarterfinal - Landen Larson (Thief River Falls) won by fall over Blake Foesch (Bold) (Fall 2:00); Semifinal - Landen Larson (Thief River Falls) won by fall over Xzavier Mares (Willmar) (Fall 0:17); 1st Place Match - Landen Larson (Thief River Falls) won by decision over Isaac Adams (Perham) (Dec 9-4).

Third/Fourth 155 - Taylor Erickson's place is unknown and has scored 0.0 team points. Champ. Round 1 - Kane Akkerman (Luverne) won by decision over Taylor Erickson (Thief River Falls) (Dec 2-0); Cons. Round 1 - Ruben Mendoza (LPGE/B Wolves) won by major decision over Taylor Erickson (Thief River Falls) (Maj 12-3).

Uffda Challenge coming to TRF

Race organizers Cody Hempel and Tate Sorvig announced Monday, April 1, that they have been granted the rights to the Uff-da Mud Run that used to be held in Grand Forks, N.D. The race will be held in Thief River Falls and conducted during Norwegian Heritage Week - specifically May 18 this year.

Hempel and Sorvig approached the organizers of the race last year after they learned there were no plans to hold the race in Grand Forks. The organizers graciously gave them the rights to the race, as well as the obstacles, and it has now been renamed the Uffda Challenge.

"It is important to us that people not think of this as a race, but as a challenge. These events are excellent not only for building teamwork but also challenging

one's self to accomplish something outside of their comfort zone," said Sorvig.

As they envision it now, Sorvig said the race would be between three and four miles long and utilize several city parks and the river.

"Our goal is to bring a new event to the community as well as partner with existing organizations to bring awareness to their mission

and give them a chance to benefit from it," said Hempel.

The race date is set for May 18 at 9 a.m. Registration is now open at Eventbrite (search for Uff Da Challenge) and more information can be found at www.facebook.com/uffdachallenge

TRF SPORTS	
Saturday, April 13 ■ Softball - NCTC at Mesabi Range (DH) 2 p.m. ■ Tennis - LHS Boys vs. Hibbing, Moorhead 9 a.m.	■ Baseball - LHS at Crookston (DH) 4 p.m. ■ Softball - LHS at Norman County East 4:30 p.m. ■ Tennis - LHS Boys at Detroit Lakes Triangular 11 a.m.
Sunday, April 14 ■ Baseball - NCTC at Anoka-Ramsey Community College (DH) 1 p.m. ■ Softball - NCTC at Itasca (DH) 1 p.m.	Tuesday, April 16 ■ Baseball - NCTC vs. Dakota College at Bottineau (DH) 2 p.m. ■ Tennis - LHS Boys at Grand Rapids Triangular noon. ■ Track - LHS at WAO 3 p.m.
Monday, April 15	

Prowler wrestlers conclude record-breaking season

Thief River Falls capped a memorable 2018-19 wrestling season with the team banquet Monday, March 25.

Statistically, the 2018-19 Prowler wrestling team was one of the best in program history. Thief River Falls tied a school record with 20 dual meet wins, finishing the year 20-7 overall, with six of the seven losses coming to Section 8AA rivals Perham and Detroit Lakes. The only other loss was a tiebreaker setback to Frazee in the championship pool at Bemidji's Rick Lee Duals in January.

Perham, who defeated

Thief River Falls in all three head-to-head meetings, was ranked as high as number one in Class AA and finished third in the state tournament after being upset by Marshall in the semifinals.

The Prowlers fell to the state-ranked Lakers 39-29 in the Section 8AA semifinal round. It was the 14th consecutive season that Prowlers reached the section semifinal round and the eighth consecutive season that the Prowlers have been eliminated in the semifinals, following six consecutive seasons in which the team was either section champ or run-

ner-up from 2006-2011.

Individually, Thief River Falls started the season off with a bang, claiming the team title at the Wadena-Deer Creek Invitational led by championships from Cade Lundeen and Brennan Peralta.

The Prowlers also claimed Fertile's Northwest Tournament Championship to end the season, on the strength of individual championships won by Cody Wienen, Lundeen, Jake "The Bull" Davis and Mason Iverson.

Other tournament finishes for the Prowlers

[Continued on page 3]

Bushy, Skime and Rupprecht earn all-conference awards/Continued

[Continued from page 1]
Prowlers include:
• Goals - Evan Bushy, 18, Hunter Larson 11, Grant Hartmann 10, Tucker Skime 9, Brockston Masseth 7, Kaden Bakken 6, Daltyn Quam 6.

TRF ARCHERY

Division I Quarterfinals
■ Machinewell Drop Times def. American Legion Post 117 3-0. Machinewell Drop-Times: Sawyer Torgerson 299, Everett Nelson 298, Wyatt Nelson 298, Zach Nelson 296; Legion: Bryan Malone 287, Angela Malone 256, Jeff Lane 288, Craig Mattson 278.

■ Narlock Skidsteer def. Streiff's Sporting Goods 2-1. Narlock Skidsteer: Branden Narlock 297, Dale Narlock 298, Ricky Wiseman 300, Stephanie Wiseman 299; Streiff's Sporting Goods: Mike Vertina 293, Lynn Skibicki 298, Blaine Urtel 300, Robert St. Germaine 300.

■ Mathews is Gold def. Hubert's Outdoor Power 3-0. Mathews is Gold: Bryan Bolstad 300, Trenton Bolstad 300, Dewey Kostrzewski 300, Blaine Kostrzewski 300; Hubert's Outdoor Power: Ian Lund 288, Matt Nelson 286, Jeremy Kasprzak 297, Team Average 4.4 289.

■ Errico Archers def. Hunter's Outlet 2-1. Errico Archers: Robin Foster 297, Gracie Hannon, 300, Cory Marquis 297, Holly Thompson 295; Hunter's Outlet: Kevin Erickson 300, Dawson Erickson 274, Travis Torgerson 298, Tanner Torgerson 292.

Division II Quarterfinals
■ Joe's Floor & Tile def. Arctic Archers 3-0. Joe's Floor & Tile: Brock Borchardt 300, Brady Anderson 267, Avery Malone 257, Noah Rupprecht 253; Arctic Archers: Darrel Janisch 174, Travis Torkelson 177, Travis Torkelson (comp) 282, Curt Grorud 258.

■ Young's General Store def. Good Luck 3-0. Young's General Store: Brooke Fredrickson 253 Rylie Fredrickson 189 Jake Knutsen 264, Cade Knutsen 218; Good Luck: Barry Martinsen 213, Sam Kenner 211, Kelly Stenvik 235, Avery Stenvik 216.

■ Buck Busters def. Biff's Kitchen 3-0. Buck Busters: Scott Johnson 299, Dan Haig 267, Matt Sorvig 269, Jeran Johnson 289; Biff's Kitchen: Matt Orloff 219, Wyatt Orloff 216, Brady Johnson 201, Kael Fontaine 225.

■ Straight Arrows def. Hudson Electric 2-1. Straight Arrows: Havanna Frazer 260, Logan Vedbraaten 200, Richard Philipp 229, Team Average 229; Hudson Electric: Andy Hudson 260, Tirzah Hudson 256, Allan Jesme 284, Jordan Osborne 261.

FWC wrestlers claim four championships at Apple Valley

Ten Frontier Wrestling Club wrestlers competed in the two-day Apple Valley Open Greco-Roman and Freestyle wrestling tournament Friday, April 5 and Saturday, April 6 at Apple Valley High School.

In Friday's Greco-Roman competition, the FWC got championships from Cade Lundeen, Mason Iverson and Griffin Lundeen. Cody Sele, Cole Johnson, Lincoln Davis and Ethan Lane added runner-up finishes. Nick Svir and Kale Gieser each finished fourth.

Mason Iverson claimed the only individual championship in Saturday's freestyle tournament. Cade Lundeen, Geiser and Griffin Lundeen finished second. Cody Sele won his first match before injury defaulting to take third. Competing but not placing in freestyle were Jake Davis, Lincoln Davis and Svir.

TRF BOWLING

Commercial League		
	W	L
R&G Ag Service	301	219
Bray Construction	294.5	225.5
Sorter/Rude Construction	283	237
CSP Delivery	271.5	248.5
Budget	264	256
Get-R-Done Taxidermy	252.5	267.5
Farmers Insurance	251	269
TRFord/Universal	162.5	357.5
■ High Game - Jeremy Lian 268, Zane Hawk 259, Jason Linnell 254.		
■ High Series - Jeremy Lian 974, Robert Hamrick 893, Zane Hawk 887.		

Service League		
	W	L
Beito Repair	96.5	71.5
House Bowltten	95.5	72.5
TRF Times	92.5	75.5
Zutz Farms	86	82
Demolition	69	99
Mo Town	64.5	103.5
■ High Game - Zane Hawk 267, Ron Zutz 254, Jason Olson 244.		
■ High Series - Zane Hawk 708, Jason Olson 644, Will Grippe 604.		

• Assists - Skime 18, Bushy 15, Masseth 15, Hartmann 13, Bakken 10, Larson 6, Keaden Kempert 6, Tylan Johnson 6.

• Points - Bushy 33, Skime 27, Hartmann 23, Masseth 22, Larson, 17, Bakken 16.

Mariucci Conference Awards

• All-Conference - Noah Rupprecht, Evan Bushy, Tucker Skime.

• Honorable mention - Grant Hartmann, Brockston Masseth and Keaden Kempert.

Rupprecht, Bushy and Skime were announced as the captains for the 2019-20 season.

Pioneers stumble in Rochester road trip

The Northland softball team dropped five non-conference games in two days during a weekend trip to Rochester.

The Pioneers opened with a 5-2 loss to Dakota College at Bottineau. The Lumberjacks plated single runs in the first, second, fourth and fifth innings to go in front 4-0. Northland answered with a run in the fifth and the teams traded scores in the sixth to round out the scoring.

DCB starter Kassidy Cunningham was effectively



The Thief River Falls boys hockey program bid farewell to 11 seniors at its team banquet Thursday, April 4. Pictured from left to right are Aden Alby, Hunter Tabatt, Ethan Janisch, Jonathan Barry, Gunnar Fellman, Keaden Kempert, Daltyn Quam, Kaleb Flaagan, Hunter Larson and Cole Gillespie. Not pictured is Jakob Hall

wild, walking seven batters and hitting two more in her seven innings of work. But she also struck out 10 Pioneers to erase the damage, as she improved to 8-1 on the season.

Next up on Friday was a game against a strong Anoka-Ramsey squad. The Pioneers were up 2-0 after a half-inning was in the books, but the Rams bounced back with 11 runs in the bottom of the first inning to take control of the game.

After trading scores in the second frame, Northland cut

the deficit to 12-6 in the top of the third, before surrendering another four runs in the bottom of the third to go down 18-6. Each team plated one more run before Anoka-Ramsey got the early stoppage when it was up 17-7 after five innings.

Northland had a hard time getting its offense going in its final game Friday afternoon in a 9-1 loss to St. Cloud. The Cyclone's starter, Sam Patton scattered seven hits and three walks over five innings to pick up her sixth win of the year.

In Saturday's opener, Northland renewed acquaintances with MCAC Northern Division rival Itasca in a non-conference game. Northland was down 5-0 when it scored two runs in the bottom of the first inning and the Vikings added two more runs in the second and one more in the third to take

an early 8-2 lead. Each team would score once more, as the Vikings took the win.

The Pioneers' best chance for a win in the road trip came in the final game of the weekend.

M State plated three runs in the bottom of the first, and added a single tally in the third to go up 4-0.

Northland got on the board in the top of the fourth, but M State quickly answered with runs in the bottom of the fourth and fifth to go in front 6-1.

Northland got to within a run with a four-run sixth inning and the Pioneers tied the game in their last regulation at bat to send the game to the eighth inning.

Northland took its first lead in the top of the eighth, before M State's Hanna Eske belted a walk-off three-run home run.

Game 1												
	1	2	3	4	5	6	7	r	h	e		
Dakota College...	1	0	1	1	1	0	0	5	12	3		
Northland.....	0	0	0	1	1	0	0	2	4	3		
Pitching - (DCB) Kassidy Cunningham (8-1) - W, 7 IP, 4 hits, 2 runs, 0 earned runs, 7 walks, 10 strikeouts; (NCTC) Kaleb Wall (4-3) - L, 7 IP, 12 hits, 5 runs, 3 earned runs, 1 walk, 2 strikeouts, home run allowed.												
Offensive highlights - (DCB) Elisa Clay 3/4, double, RBI; Claire Hiebert 2/3, home run, run, RBI; Alysha Cantu 2/3, double; (NCTC) Bailey Greene 1/3, run, stolen base; Josephine Davis 1/4; Jessie Nichols 1/4.												

Game 2												
	1	2	3	4	5	6	7	r	h	e		
Northland.....	2	1	3	0	1	x	x	7	8	2		
Anoka-Ramsey...	1	1	4	1	x	x	x	17	14	3		
Pitching - (NCTC) Sade Westbrook L (0-1), 0 IP, 3 hits, 9 runs, 9 earned runs, 4 walks, 0 strikeouts; Kaleb Wall 5 IP, 11 hits, 8 runs, 7 earned runs, 0 walks, 1 strikeout, 2 home runs allowed; (ARCC) Bailey Zenk - W (2-3), 4 IP, 8 hits, 7 runs, 1 earned run, 4 walks, 3 strikeouts, home run allowed.												
Offensive highlights - (NCTC) Sade Westbrook 2/3, 2 runs; Jessie Nichols 1/2, home run, walk, 2 runs, 2 RBI; Kaleb Wall 3/3, 2 RBI; (ARCC) Ashley Stepaniak 2/3, home run, 4 run, 2 RBI; Bailey Zenk 1/3, home run, 2 runs, 2 RBI.												

Game 3												
	1	2	3	4	5	6	7	r	h	e		
St. Cloud.....	3	0	1	4	1	x	x	9	12	1		
Northland.....	0	0	1	0	0	x	x	1	5	6		
Pitching - (SCTCC) Sam Patton - W (6-5), 5 IP, 7 hits, 1 run, 0 earned runs, 3 walks, 5 strikeouts; (NCTC) Kaleb Wall - L (4-4) 4 IP, 9 hits, 8 runs, 4 earned runs, 1 walk, 2 strikeouts; Jessie Nichols 0.2 IP, 1 hit, 1 run, 1 earned run, 3 walks, 1 strikeout.												
Offensive highlights - (SCTCC) McKenzie Ebert 2/3, home run, 2 runs, 2 RBI; Regan Jastram 2/2, 2 doubles, 2 walks, 2 runs, 2 RBI; (NCTC) Sade Westbrook 1/2, home run, run, RBI.												

[Continued on page 3]



Award winners at the 2019 Thief River Falls wrestling banquet include, from left to right, front row - Cade Lundeen, Steak Award, state entrant, Most Valuable Wrestler, Most Pins, All-State plaque, 200 wins plaque; Brady Kasprick, Steak Award; Kale Geiser, Steak Award, Most Reversals; Cody Wienen, Steak Award; Brandon Zuniga, Steak Award; back row - Bowen Miller, JV Hardest Worker; Jake Davis, Steak Award, Most Takedowns, Most Nearfalls, 150 wins plaque; Cole Johnson, Most Improved, 100 wins plaque; Brenan Peralta, 100 wins plaque; Ethan Lane, Steak Award; Kevin Jensen, Steak Award. (Submitted)



All North Star Conference and honorable mention wrestlers include from left to right, front row - Jake Davis, Brady Kasprick, Kale Geiser, Cade Lundeen, Griffin Lundeen, Mason Iverson, Cody Wienen, Cole Johnson, Kyle Miller, Brenan Peralta and Brandon Zuniga. (Submitted)

TRF Skating Club Learn to Skate members competed at the Battle of the Blades 2019 Compete USA competition in Alexandria on Saturday March 16. Pictured from left to right are Alysha Henry and Graceyn Kvasager. Henry placed second in Basic 6 Elements (without music) and third in Basic 6 Elements (with music). Kvasager placed first in both Basic 5 Elements (without music) and Basic 5 Elements (with music). (Submitted)

Prowler wrestlers conclude record-breaking season/Continued

[Continued from page 1] finishes for the Prowlers include a third place finish at the 40-team Big Bear, with Lundeen winning the lone individual championship; third at the eight-team BBE Jaguar Invite, with championships by Lundeen, Cole Johnson and Davis; fourth at the 17-team Prowler Invite, with championships by Lundeen and Davis; and third at the nine-team Walker Invite, with Davis winning the lone championship.

Lundeen and Cole Johnson advanced to state as section champions, and Davis and Peralta qualified as runners-up.

As a team, the Prowlers scored 879 takedowns, recorded 221 pins and compiled 412 individual wins during the 2018-19 season.

Top 10 season highlights

The season top-10 highlights as announced by Coach Kenny Geiser during the team banquet include:

- Beating Tracy and Pierz to make finals of Rick Lee.
 - Cade placing third at state, while beating Perham's Leighton Rach for third.
 - Cole Johnson beating second-ranked Dylan Fudge in the section finals.
 - Season of posters: Cade Lundeen, 200 wins, pins record, overall record; Jake Davis - 150 wins; Cole Johnson and Brenan Peralta, 100 wins.
 - Beating Bismarck Century to make finals of Sertoma (Aaron Bruggeman)
 - Going 4-0 round 1 at state.
 - Griffin in all of his comebacks and grit/heart.
 - The Greenbush dual - close matches, offense, seniors, etc.
 - Jake Davis winning two tournament titles in two days.
 - Cade Lundeen pinning Fabyon Greer in the Big Bear finals.
- In addition to tying the team record for wins, with 20, the Prowlers broke several other records. Lundeen set new individual records for most wins in a season with 50, most career pins

with 128 and most career wins with 218. As a team, the Prowlers also set a new record for most pins as a team with 221 over the course of the season.

Individual award winners

- Steak Awards (perfect practice attendance) - Jake Davis, Cody Wienen, Kale Geiser, Brandon Zuniga, Brady Kasprick, Cade Lundeen, Kevin Jensen, Griffin Lundeen, Ethan Lane.
- All Conference - Griffin Lundeen, Jake Davis, Cole Johnson, Cade Lundeen, Mason Iverson, Brenan Peralta.
- Honorable Mention - Kale Geiser, Cody Wienen, Brandon Zuniga, Kyle Miller.
- All Academic Section - Cade Lundeen.
- Academic All State - Cade Lundeen.
- Letter Winners - First time: Griffin Lundeen, Ethan Lane, Bowen Miller, Jolson Sargent, Isaac Johnson; Returning: Kale Geiser, Brady Kasprick, Cody Wienen, Alex Lancto, Cody Sele, Cade Lundeen, Brandon Zuniga, Jake Davis, Cole Johnson, Kyle Miller, Kevin Jensen, Mason Iverson, Brenan Peralta.
- Captain's Awards - Cade Lundeen, Jake Davis, Cole Johnson, Brenan Peralta.
- State Entrants - Cade Lundeen, Jake Davis, Cole Johnson, Brenan Peralta.
- All State - Cade Lundeen, third place.
- 200 Wins Plaque - Cade Lundeen.
- 150 Wins Plaque - Jake Davis.
- 100 wins plaque - Cole Johnson, Brenan Peralta.
- Most Nearfalls - Jake Davis, 42.
- Most Takedowns - Jake Davis, 198.
- Most Pins - Cade, 32.
- Most Reversals - Kale Geiser, 19.
- Most Improved - Cole Johnson.
- Hardest Worker - Jake Davis.
- JV Hardest Worker Award - Bowen Miller.
- Most Valuable Wrestler - Cade Lundeen.



Thief River Falls wrestling 2018-19 letter winners include from left to right: front row - Cade Lundeen, Brady Kasprick, Julson Sargent, Cody Wienen, Kale Geiser, Griffin Lundeen, Alex Lancto, Cody Sele; back row - Bowen Miller, Mason Iverson, Anthony Bruggeman, Jake Davis, Ethan Lane, Isaac Johnson, Kyle Miller, Brenan Peralta, Kevin Jensen, Cole Johnson, Brandon Zuniga. (Submitted)

School Lunch - Week of April 15-19

Challenger Elementary School

Thief River Falls
Milk is served with all meals. Fruit choice and juice served for breakfast. Alternate entrees: Pizza or Uncrustable PB & J. Breakfast prices: Students \$1.50; reduced Free. Lunch prices: Students \$2.80; reduced Free.

Breakfast
Mondays: Sausage or egg breakfast pizza
Tuesdays: French toast sticks with sausage patty
Wednesdays: Breakfast sandwich
Thursdays: Pancake wrap poppers
Fridays: Cinnamon roll

Lunch
Monday: Cheeseburger or hot ham and cheese sandwich, zesty waffle fries, coleslaw, applesauce
Tuesday: Spaghetti with hearty meat sauce, breadstick, Romaine salad, green beans
Wednesday: Turkey tidbits in gravy, mashed potatoes, dinner roll, sweet peas, mixed berry cup
Thursday: Softshell taco, chips and salsa, Santiago refried beans, oranges
Friday: No school

Franklin Middle School

Thief River Falls
Milk is served with all meals. Fruit choice and juice served for breakfast. Alternate entrees: Pizza or Uncrustable PB & J. Breakfast prices: Students \$1.60; reduced Free. Lunch prices: Students \$2.75; reduced Free.

Breakfast
Mondays: Sausage or egg breakfast pizza
Tuesdays: French toast sticks with sausage patty
Wednesdays: Breakfast sandwich
Thursdays: Pancake wrap poppers
Fridays: Cinnamon roll

Lunch
Monday: Cheeseburger or hot ham and cheese sandwich, zesty waffle fries, coleslaw, applesauce
Tuesday: Spaghetti with hearty meat sauce, breadstick, Romaine salad, green beans
Wednesday: Turkey tidbits in gravy, mashed potatoes, dinner roll, sweet peas, mixed berry cup
Thursday: Softshell taco, chips and salsa, Bush's black bean fiesta, oranges
Friday: No school

Lincoln High School

Thief River Falls
Milk is served with all meals. Fruit choice and juice served for breakfast. Breakfast prices: Students \$1.65; reduced Free. Lunch prices: Students \$2.80; reduced Free.

Breakfast
All items offered every day: Bacon/egg pizza, breakfast sausage pizza, cream cheese bagel, cinni-minis, burritos, chocolate chip, maple and strawberry pancakes.
Tuesdays: Tornado
Thursdays: Pancake dog on a stick
Fridays: Cinnamon roll

Lunch
Monday: Hot ham and cheese sandwich, Sun Chips, coleslaw, kiwi
Tuesday: Frito pie, choice of filling: beef or chicken with salsa, Santiago refried beans, oranges
Wednesday: Turkey tidbits in gravy, mashed potatoes, dinner roll, sweet peas, watermelon
Thursday: Italian meatball sub, Romaine lettuce and tomatoes, green beans, applesauce
Friday: No school

Goodridge Schools

Goodridge
Milk is served with all meals. Juice is served with all breakfasts.

Breakfast
Monday: Egg and cheese omelet, toast with jelly, fruit
Tuesday: Breakfast pizza, oranges
Wednesday: Waffles, apple sauce
Thursday: Blueberry bagel, cereal choice, fruit
Friday: No school

Lunch
Monday: Tacos with lettuce and cheese, green beans, apple sauce
Tuesday: Chicken nuggets with assorted sauces, corn, mixed fruit
Wednesday: Pepperoni pizza, tossed salad, peaches
Thursday: Chef salad with turkey and ham, broccoli, carrots, celery, green peppers, tomatoes, lunch bunch grapes, breadstick
Friday: No school

Marshall County Central School

Newfolden
All breakfast and lunches served with juice and low fat/fat-free milk. All bread products served are whole grains. An alternative of cereal is available every breakfast.

Breakfast
Monday: Muffin, yogurt, oranges
Tuesday: Egg patty, cheese, English muffin, applesauce
Wednesday: Biscuit and gravy, apples
Thursday: Breakfast pizza, fruit
Friday: No school

Lunch
Monday: Chicken patty, American fries, cheesy broccoli, pears
Tuesday: Taco in a bag, refried beans, tomato, lettuce, olives, pineapple
Wednesday: Chicken nuggets, cheesy potatoes, peaches, cookie
Thursday: Pizza burger, macaroni salad, peas, tropical fruit
Friday: No school

Viking Elementary School

All breakfast and lunches served with juice, low fat/fat free milk, and fruit. All bread prod-

ucts served are whole grains. An alternative of cereal is available at every breakfast.

Breakfast
Monday: Toast
Tuesday: Poptart
Wednesday: Muffins
Thursday: Breakfast pizza
Friday: No school
Lunch
Monday: Hamburger, French fries
Tuesday: Italian dunkers with meat sauce, fresh veggies
Wednesday: Chicken fajita, lettuce, cheese, green beans
Thursday: Pancakes, sausage
Friday: No school

St. John Lutheran School

Thief River Falls
Milk is served with all meals.
Lunch
Monday: Easter break, no school
Tuesday: No school
Wednesday: No school
Thursday: No school
Friday: No school

Red Lake County Central Elementary School

Plummer
Milk and fruit is served with all meals. Bread, cereal and juice is served with breakfast.

Breakfast
Monday: French toast sticks
Tuesday: Egg patty, sausage
Wednesday: Muffins
Thursday: Cinnamon roll
Friday: No school
Lunch
Monday: Pork fritter, scalloped potatoes, peas and carrots, butter bread
Tuesday: Tater tot hotdish, broccoli, cauliflower, ranch, peanut butter or buttered bread
Wednesday: Super nachos with hamburger, lettuce, cheese, tomatoes, hash browns, yogurt
Thursday: Diced chicken and gravy, mashed potatoes, green beans, dinner roll
Friday: No school

Red Lake County Central High School

Milk and fruit is served with all meals. Bread, cereal and juice is served with breakfast.
Breakfast
Monday: Tornado
Tuesday: Waffles with syrup
Wednesday: Toast

Thursday: Bakery roll
Friday: No school

Lunch
Monday: Hot subs, chips, fresh veggies
Tuesday: Chicken penne hot dish, bread sticks, vegetables, string cheese or yogurt
Wednesday: BBQ's, potato salad, baked beans
Thursday: Country fried steak, mashed potatoes with butter, vegetables, dinner roll
Friday: No school

Lafayette High School

Red Lake Falls
All meals are served with fruit and milk. All breakfasts are served with juice. All lunches are served with fresh vegetables and fruit choice.

Breakfast
Monday: Cereal, toast, peanut butter, jelly, butter
Tuesday: Pumpkin or banana bread, yogurt or Greek yogurt
Wednesday: Biscuits and sausage gravy
Thursday: Pancake with syrup, hard boiled egg
Friday: No school

Lunch
Monday: Orange chicken, rice, egg roll

Tuesday: Hot dog on a bun, baked beans, baked chips
Wednesday: Meatballs, mashed potatoes with gravy, dinner roll
Thursday: Chili, cheese stick, breadstick, Rice Krispy treat
Friday: No school

St. Bernard's

Thief River Falls
Milk and fruit is served with all meals. Juice is served with breakfast.

Breakfast
Monday: Breakfast pizza
Tuesday: Cereal choice, toast
Wednesday: Egg omelet, toast
Thursday: Pancakes, sausage links
Friday: No school

Lunch
Monday: BBQs, nacho chips, carrots and celery sticks, cucumbers, raisins
Tuesday: Chicken nuggets, sweet potato fries, green beans, mixed fruit sauce
Wednesday: Ham and cheese sandwich, hash brown patty, baked beans, diced peaches
Thursday: Turkey, mashed potatoes, corn, dinner rolls, apples
Friday: No school

Pioneers stumble in Rochester road trip/Continued

[Continued from page 2]

Game 4												
1	2	3	4	5	6	7	8	9	r	h	e	
Itasca	5	2	1	0	1	0	0	9	19	2		
NCTC	2	0	0	0	1	0	3	6	3			
Pitching - (Itasca) Alicia Tresco - W/7 IP 9 hits, 3 runs, 3 earned runs, 0 walks, 2 strikeouts, home run; (NCTC) Kalee Wall - L (4-5), 7 IP, 15 hits, 9 runs, 7 earned runs, 0 walks, 3 strikeouts, home run.												
Offensive highlights - (Itasca) Mackenzi Riedel 3/3, double, run, RBI; Talyn McClellin 4/5, home run, double, 3 runs, 5 RBI; (NCTC) Haley Price 2/3, home run, run, 2 RBI; McKaila Salway 2/3.												

Game 5												
1	2	3	4	5	6	7	8	9	r	h	e	
Northland	0	0	0	1	0	4	1	2	8	13	3	
M State	3	0	1	1	0	0	3	9	9	17	3	
Pitching - (MState) Alexa Mortenson - W (3-1), 8 IP, 13 hits, 7 runs, 2 earned runs, 0 walks, 4 strikeouts; (NCTC) Kalee Wall - L (4-6), 7.1 IP, 14 hits, 9 runs, 6 earned runs, 1 walk, 6 strikeouts, home run.												
Offensive highlights - (MState) Hannah Ekse 3/5, home run, run; Allison Stalke 3/4, double, 2 runs, RBI; Anne Carlson 3/5, double, 3 runs, 3 RBI; (NCTC) Bailey Greene 2/4, 2 runs, 2 RBI; Haley Price 2/5, 2 doubles, 3 RBI.												

Senior Meals

Heritage Center

Thief River Falls
Monday: Lasagna casserole, country blend vegetables, lettuce salad, garlic toast, bar
Tuesday: Turkey mashed potatoes, gravy, carrots, cranberries, cake
Wednesday: Pork chop, gravy, whole potatoes, green bean bake, dessert
Thursday: Swiss steak, mashed potatoes, corn, pineapple
Friday: Creamy vegetable soup, egg salad sandwich, apricots, crackers, cookie

Meals on Wheels

Thief River Falls
Meals on Wheels will deliver meals Monday through Friday, including holidays. For more information, call (218) 681-6861. Low fat milk served with all meals.
Monday: Swiss steak, baked potato with sour cream, corn, wheat bread with margarine, applesauce
Tuesday: Swedish meatballs, mashed potatoes, sliced beets, wheat bread with margarine, frosted cake
Wednesday: Tator tot hotdish, seasoned carrots, coleslaw,

wheat bread with margarine, peaches
Thursday: Chicken breast, scalloped potatoes, peas and carrots, dinner roll with margarine, Jell-O with whipped topping
Friday: Meaty spaghetti sauce with spaghetti noodles, green beans, coleslaw, garlic bread, dessert chef's choice

Newfolden Community Center

The Senior Meal Program has relocated to the Newfolden Café. Meals are served Monday through Friday 11:30 a.m. to 1 p.m. For more information, call 218-874-8361.

Monday: Meatloaf dinner
Tuesday: Roast beef diiner
Wednesday: Tator tot hotdish
Thursday: Cheesy potatoes and Polish sausage
Friday: Pizza burger with french fries

LSS Senior Meals

Viking and Holt
Senior meals are served every weekday. To make a Viking or Holt meal reservation or to receive a menu, please call (218) 874-7137. Viking meals available as home delivery only.
with ham, corn, bread and butter, fruit cocktail
Tuesday: Chicken nuggets, mashed potatoes with gravy, bread and butter, peas, oranges
Wednesday: Spaghetti hotdish, bread and butter, green beans, diced pears
Thursday: Cheese pizza, corn, pineapple
Friday: Vegetable beef soup, cheese sandwich, saltines, applesauce

Discovery Place

Milk is served with all meals.
Breakfast
Monday: Kix, whole wheat toast, orange juice
Tuesday: Corn Flakes, whole wheat toast, apple juice
Wednesday: Pancakes with syrup, grape juice
Thursday: Rice Krispies, whole wheat toast, orange juice
Friday: Chex, whole wheat toast, apple juice
Lunch
Monday: Scalloped potatoes

2018-19 Thief River Falls

SPORTS SPOTLIGHT



Pictured from left to right are members of the Northland men’s basketball team: front row - Ken Hawkins, John Brooks, Dominique Graham, Ibrahim Nasir, Darnell Durgin, Bakri Gubara, Brenson Alteme; back row - Head Coach Rick Nikunen, Dalven Johnson, Keywan Cody, Z’Mari Minter, Christian Horton, Dee Johnson, Jackson Steer, Assistant Coach Chris McLean. Not pictured - Collin St. Julien.

(Photo by Northland Community & Technical College)

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Blood drives held in Newfolden & Goodridge

Blood drives were recently held in Goodridge and Newfolden.

Goodridge blood drive

Goodridge High School and Vitalant hosted a blood drive Wednesday, March 27 at the school, which helped collect 31 units of blood for patients in need.

Thirty-one people volunteered to donate blood and 26 were able to donate. Five donors also came forward to donate Power Red Cells (2RBC), which collects two units of red blood cells while returning platelets, plasma and a saline solution back to the donor. Six people volunteered for the first time.

Vitalant expressed its gratitude to Becky Carlson, who coordinated the drive, and the Student Council, which sponsored the blood drive.

Newfolden blood drive

The Newfolden Lions Club sponsored a blood drive at the Newfolden Community Center on Thursday, March 28.

Sixty-two units of blood were collected. Fifty-one people volunteered to donate blood, and 45 were able to give. Eight donors also came forward to donate Power Red Cells.

Vitalant thanked John Bjorsness, who coordinated the drive, and the Newfolden Lions Club.

About blood donations

Vitalant strives to keep a five-day supply of every blood type on the shelf at all times to be able to meet the needs of patients across the region. Donations from O-negative donors, the universal blood type, are especially important this time of year due to increased accidents and trauma cases.

Vitalant is the only blood provider to nearly 70 hospitals across the region. The blood supply is dependent on selfless donations from volunteer donors to ensure the lifesaving needs of the region are met.

About 30 percent of Vitalant's blood supply goes to cancer patients across the region and one in seven people entering the hospital will need blood. Those relying on blood in the region receive that lifesaving blood from Vitalant.

Donors can make an appointment to give blood at www.bloodhero.com or by calling 1-877-25-VITAL. With each donation, donors receive a free total cholesterol test and earn points in Vitalant's donor rewards program.

Blood donation takes about an hour from check-in to refreshments. Donors can save about 20 minutes by completing their Health History Questionnaire the day they donate on www.vitalant.org.

Worship With Us

ALMA FREE LUTHERAN CHURCH <i>Dennis Gray, Pastor</i> 28098 300th Street NW, Argyle Phone: (218) 874-2101. Web: www.almaafic.org Wednesday, April 10: Soup and sandwich supper at 6:30 p.m., Lenten Worship with Pastor David Niemala preaching at 7:30 p.m. Thursday, April 11: AFLBS Concert Choir sings at Our Saviours in Thief River Falls at 7 p.m. Sunday, April 14: Palm Sunday Worship at 9:30 a.m., Coffee fellowship at 10:45 a.m. followed by Sunday school. Monday: April 15: The WMF meets at 7 p.m.	CLEARWATER LUTHERAN PARISH MT. OLIVE, NAZARETH, OAK PARK, ST. PETRI <i>Jeff Merseth, Pastor</i> Rt. 1, Box 156C, Oklee Phone: (218) 796-5130 Wednesday, April 10: Wednesday school 5 - 6 p.m., Nazareth soup and sandwich supper 6 - 7 p.m., Lent service at 7 p.m. Thursday, April 11: Lent service at Mt. Olive at 5 p.m. Saturday, April 13: Mt. Olive Worship with Communion at 9 a.m. Sunday, April 14: Palm Sunday, St. Petri Worship with Communion at 8 a.m., St. Petri Sunday school at 9:15 a.m., Oak Park Worship at 9:45 a.m., Oak Park Sunday school at 8:30 a.m., Nazareth Worship with Communion at 11 a.m., Nazareth Sunday school at 10 a.m. Monday, April 15: Registration deadline for Synod Convention - Delegates needed.	EVANGELICAL FREE CHURCH <i>Lead Pastor Kevin MacLean, Interim Associate Pastor Kent Hudson</i> 211 Arnold Ave. N., Thief River Falls Phone: (218) 681-3855 Web: www.trfetc.org Sundays: Sunday school and life groups at 9:15 a.m., Worship at 10:30 a.m. Wednesdays: Awana at 6:30 p.m., Ladies Bible Study at 6:30 p.m., Youth Groups and Bible Study at 7 p.m.	NEWFOLDEN NEW HOPE LUTHERAN CHURCH - AALC <i>Ollie Urdahl, Pastor</i> P.O. Box 185, Newfolden Phone: (218) 874-6611 Worship Services: Sundays at 9:30 a.m.	SILVER CREEK LUTHERAN CHURCH <i>John Golv, Senior Pastor</i> <i>Ale Tulu, Associate Pastor</i> 22479 170th Ave. NE, Thief River Falls Phone: (218) 681-7079 Sundays: Worship services at 10 a.m.	UNITED LUTHERAN, GATZKE OUR SAVIOR'S, THIEF LAKE <i>Robert Dahlen, Pastor</i> (218) 425-7878 Our Savior's, Thief Lake Phone: (218) 222-3711 United Lutheran, Gatzke (218) 459-3351 Sundays: (KTRF 1230) Morning devotional hour at 8 a.m., Worship service at 9:30 a.m., Sunday School at 11 a.m., Prayer meeting at 7 p.m. Tuesdays: Women's Bible study at 9 a.m., Quilting at 11 a.m. Wednesdays: Confirmation at 5:30 p.m., Supper from 5:30-6:30 p.m., Kids Klub at 6:30 p.m., Youth Bible study at 6:30 p.m., Adult Bible study at 6:40 p.m., Choir at 7:30 p.m. Fridays: Men's Bible study and breakfast at 6:45 a.m.
ABUNDANT LIFE LUTHERAN CHURCH <i>LeRoy Flickinger, Pastor</i> 1602 Pennington Ave., P.O. Box 522, Thief River Falls Phone: (218) 681-2300 Web: abundantlifetr.org Sundays: Service at 9:30 a.m.; Coffee & Fellowship at 10:30 a.m.; Sunday School at 10:45 a.m.	COMMUNITY CHURCH NONDENOMINATIONAL <i>Curtis Jacobson, Senior Pastor</i> Highway 1 East, Thief River Falls Phone: (218) 681-2285 Saturdays: Saturday Morning Men's Breakfast at 7:30 a.m. Sundays: Sunday Morning Celebration Service and One Way Kids Sunday School For Children from 10 a.m. - 11 a.m.; Revolutionary Prayer and Prophetic Worship from 5 p.m. - 6 p.m.; UPrising YOUTH GROUP (7th grade - College Age) at 7 p.m.; Bookstore and coffee bar open before and after Sunday Morning services Wednesdays: Discipleship & New Believers Classes for all ages from 6:15 p.m. - 7:30 p.m.; Home Church - First Wednesday of each month from 6:30 p.m. - 8 p.m.	FAITH LUTHERAN BRETHREN CHURCH <i>Tim Carlson, Interim Lay Pastor</i> 601 Dewey Ave. N., Thief River Falls Church: (218) 681-7705 Worship Services: Sundays at 10:30 a.m.	OPEN ARMS CHRISTIAN FELLOWSHIP A Ministry of the Seventh-Day Adventist Church <i>David Jahn, Pastor</i> 218-416-0178 401 St. Paul Ave. S., Thief River Falls Church Phone: (218) 681-2790 openarmschristianfellowship@gmail.com Saturdays: Sabbath School classes for adults and children at 3:00 p.m.; Worship Service at 4:15 p.m.; Fellowship Meal at 5:30 p.m. Wednesdays: Mid-week fellowship and Bible study at 7:00 p.m. Fridays: Vespers fellowship and Bible study at 7:00 p.m.	SILVERTON LUTHERAN CHURCH <i>Larry Myhrer, Lay Pastor</i> 17982 180th St. NE, Thief River Falls facebook.com/silvertonlutheranchurch Sundays: Worship services at 9 a.m.; Prayer at 10 a.m.	ST. BERNARD'S CATHOLIC CHURCH <i>Father Rick Lambert, Pastor</i> 105 Knight Avenue N., Thief River Falls Phone: (218) 681-3571 www.stbernardscc.org St. Bernard's Mass: Saturdays at 5 p.m., Sundays at 8:30 a.m. and 10:30 a.m.
BETHLEHEM AND NAZARETH LUTHERAN PARISH - ELCA <i>Cathie Rhodes, Pastor</i> 202 Marshall Avenue, Holt Box 39, Newfolden Bethlehem Office: (218) 874-7115 Nazareth Office: (218) 449-3856 Parsonage: (218) 449-3431 Wednesday, April 10: Bible study at Bethlehem at 10:30 a.m., Bethlehem office hours from 10 a.m. - Noon and 1 - 3 p.m., Confirmation at 3:30 p.m., WELCA quilting at Nazareth at 9 a.m., Lenten services at Bethlehem at 7 p.m. Thursday, April 11: Office hours at Nazareth from 10 - 11:30 a.m., Senior meal at Nazareth, Theological day at Dilworth. Saturday, April 13: Mens Bible study and breakfast at Nazareth at 8 a.m. Sunday, April 14: Bethlehem Worship at 9 a.m., Nazareth Worship at 11 a.m., Palm sunday Nazareth's Sunday school sings during services, Senior recognition and tea at Nazareth during fellowship. Monday, April 15: Basement angels quilting at 9 a.m., Bible study at Bethlehem at 1 p.m. Tuesday, April 16: Noon text study, afternoon parish visitation.	CORNERSTONE BAPTIST CHURCH <i>Nathan Satchwill, Pastor</i> PO Box 816, Thief River Falls using the facilities of Faith Lutheran Brethren Church at 601 Dewey Avenue N, Thief River Falls Phone: (218) 689-2937 www.cornerstonetr.org facebook.com/cornerstonetr Sundays: Bible study at 5:30 p.m., Worship Services at 6:30 p.m. with Children's Church offered for kids ages 4-8	FIRST LUTHERAN CHURCH First Lutheran Church 210 Park Ave., Middle River Gustav Adolph Lutheran Church Strathcona, MN Phone: (218) 222-3622 First Lutheran (Middle River): Worship service Sundays at 11 a.m.; Every 3rd Sunday Worship at 11:30 a.m. with Brunch starting at 10:30 a.m.	OUR SAVIOUR'S LUTHERAN CHURCH - AFLC <i>Alex Amiot, Pastor</i> 2075 Hwy. 59 SE, Thief River Falls Phone: (218) 681-4643 Sundays: Morning Devotional Hour on KTRF 1230 at 8 a.m., Worship Service at 9:30 a.m., Sunday School at 11 a.m., Prayer Meeting at 7 p.m. Tuesdays: Women's Bible Study at 9 a.m., Quilting at 11 a.m. Wednesdays: Soup and sandwich supper at 5 p.m., Confirmation at 5:30 p.m., Kids Klub at 6 p.m., Lenten service at 7 p.m. Fridays: Men's Bible Study and Breakfast at 6:45 a.m.	ST. JOHN LUTHERAN CHURCH Missouri Synod <i>Pastor: Thomas L. Puffe</i> 101 Pine Ave. S., Thief River Falls Phone: (218) 681-4488 Sundays: Sunday School/Adult Bible Study at 9:30 a.m., Divine Service at 10:45 a.m., Confirmation Instruction at 6:30 p.m. Tuesdays: Bible Study at 6:30 p.m. Fridays: Bible Study at 1:30 p.m. at "Hi Rise."	UNITED METHODIST CHURCH <i>Matt Howe, Pastor</i> 116 Horace Ave. N., Thief River Falls Phone: (218) 681-4388 Web: www.umctrf.org Email: umctrf@wiktel.com Facebook: Thief River Falls United Methodist Church Thursdays: Our Chit Chat Group at 10 a.m., stop by for coffee and conversation. Fridays: Narcotics Anonymous Group at 7 p.m. Sundays: Worship at 9 a.m. Mondays: Worship at Thief River Care Center at 10 a.m. Tuesdays: Bible study at 7:15 p.m.
BLACK RIVER LUTHERAN CHURCH <i>Frank Ehling, Pastor</i> <i>Sheila Michaels, Pastor</i> 15952 110th Street SW, Red Lake Falls Sundays: Worship at 8:30 a.m.; Sunday School at 9:15 a.m.	EAGLE'S VIEW CHURCH, OUTREACH CENTER <i>Roger Schmitz, Pastor</i> 111 Fourth Street East, Thief River Falls Phone: (218) 686-5962 Worship Services: Sundays at 10 a.m.; Wednesdays: Prayer at 7 p.m.	FIRST PRESBYTERIAN CHURCH <i>Tom Potter, Pastor</i> Red Lake Falls, MN Worship Services: Sundays at 10:45 a.m.; Communion is the first Sunday of the month; Meeting of the session is the first Monday of the month at 7:30 p.m.	GOODRIDGE AREA LUTHERAN PARISH - ELCA FAITH, EKElund, BETHANY <i>Kristin Ostercamp, Pastor</i> P.O. Box 157, Goodridge Phone: (218) 378-4191 glparish@gvtel.com Wednesday, April 10: Bethany Lenten meal at 6 p.m. and Worship at 7 p.m., Confirmation at 7:45 p.m. Sunday, April 14: Combined service at Bethany at 10 a.m.; Bethany, Ekelund and Faith Sunday school children will be singing during the worship service at Bethany. Monday: April 15: Parish board meeting at Faith at 7 p.m.	ST. JOSEPH'S CATHOLIC CHURCH <i>Fr. Bob Schreiner, Priest</i> 112 Edward Ave. N., Red Lake Falls Phone: (218) 253-2685 Saturdays: St. Joseph (Brooks) Mass at 5 p.m.; St. Joseph (Red Lake Falls) Mass at 5:30 p.m. Sundays: St. Joseph (Red Lake Falls) Mass at 10 a.m.	VIKING COVENANT CHURCH <i>Rev. Jim Robberstad, Pastor</i> Viking, MN Phone: (218) 523-4735 Cell: (218) 201-0350 Worship Services: Sunday at 9 a.m. <i>Special events as announced.</i>
CALVARY LUTHERAN CHURCH - ELCA <i>Frank Ehling, Pastor</i> <i>Sheila Michaels, Pastor</i> <i>Brielle Drevlow, Pianist</i> PO Box 8 405 Water Street, St. Hilaire Phone: (218) 964-5750 Sundays: Church services at 10:30 a.m., Communion every Sunday.	IMMANUEL AND EBENEZER LUTHERAN PARISH - ELCA <i>Jonathan Dodson, Pastor</i> P.O. Box 98, Plummer Phone: (218) 465-4525 Wednesday, April 10: Lenten service at Ebenezer at 7 p.m. Sunday, April 14: Palm Sunday, Ebenezer Worship at 9 a.m., Immanuel Sunday school at 9:15 a.m., Immanuel Worship at 10:30 a.m., Joint council at Immanuel at 11:30 a.m.	IMMANUEL LUTHERAN CHURCH - MISSOURI SYNOD <i>Rev. Chris Rosebrough, Pastor</i> Radium Phone: (218) 681-9992 or 745-5604 Sundays: Worship at 1 p.m., Bible Study at 2:15 p.m.	REDEEMER LUTHERAN CHURCH - ELCA <i>Darrel Cory, Pastor</i> 1300 Nora Street East, Thief River Falls Phone: (218) 681-3390 E-mail: redemer@mncable.net Wednesdays: Sing and Ring at 5:15 p.m., Toddler-6th Grade BLAST from 5:30 p.m. to 6:25 p.m., Worship at 6:30 p.m., Confirmation at 7:15 p.m. Sundays: Worship at 9:30 a.m. (Holy Communion on 1st and 3rd Sundays)	ST. PAULI LUTHERAN CHURCH ELCA <i>Carl Hansen, Pastor</i> P.O. Box 944, County Road 20 S. Thief River Falls Web: http://historicstpauli.org Wednesday, April 10: Lenten services at 7 p.m. Sunday, April 14: Sunday school at 9:15 a.m., Worship services at 10:30 a.m. Monday, April 15: Group spring cleaning at 6:30 p.m.	WESTAKER FREE LUTHERAN CHURCH AFLC <i>Phil Rokke, Pastor</i> 321 Minnesota Ave. E., Newfolden Phone: (218) 874-7925 Worship Services: Sunday at 10:30 a.m.; Sunday School at 9:15 a.m. Communion: 1st Sunday of the month. Confirmation Class: Wednesdays at 3:30 p.m. Bible Study: Wednesdays at 7 p.m. Potluck dinner: 3rd Sunday of the month. Trumpet of Truth: Sundays at 7 p.m. on KTRF.
CATHOLIC COMMUNITIES OF BLESSED SACRAMENT, ST. EDWARD, ST. JOSEPH <i>Father George Noel, Pastor</i> Phone: (218) 289-1735 gnoel8@gmail.com Weekend Masses: Blessed Sacrament Worship on Saturdays at 5 p.m. and Sundays at 8 a.m. St. Edward Worship at 9:45 a.m. on Sundays. St. Joseph Worship at 11:30 a.m. on Sundays. Weekday Masses: Tuesdays at 5:30 p.m. at Blessed Sacrament, Wednesdays at 10 a.m. at LifeCare Manor, Thursday at 10 a.m. at St. Joseph, Fridays at 5:30 p.m. at Karlstad Care Center.	EVANGELICAL COVENANT CHURCH <i>Bert Foster, Senior Pastor</i> 1425 Third Street East, Thief River Falls Phone: (218) 681-4449 Web: www.trfcovchurch.org www.facebook.com/trfcovchurch Office E-Mail: nikki@trfcovchurch.org Sundays: Worship Service at 9:30 a.m., Sunday School at 11 a.m., Prayer Group at 6:30 p.m. Tuesdays: Mending the Soul 6 p.m., Al-Anon at 7 p.m. Wednesdays: Youth Group at Elevate NextGen Youth Center 6 - 8 p.m. Saturdays: Men's Breakfast Bible Study at 8:30 a.m.	NEWFOLDEN EVANGELICAL FREE CHURCH <i>Gary Barrett, Pastor</i> P.O. Box 86, Newfolden Phone: (218) 874-8785 E-mail: nelfc@wiktel.com Wednesday: Awana (4 yrs - 6th grade) and Detour (7-12th grade) at 6:30 - 8 p.m.; Adult Bible study at 6:45 p.m. Saturday: Men's prayer time at 7 a.m. Sunday: Sunday school at 9:15 a.m.; Morning worship at 10:30 a.m.	RIVER OF LIFE CHURCH <i>Timothy Self, Pastor</i> 1563 Highway 59 SE (Next to McDonalds) Thief River Falls Phone: (218) 681-1469 www.riveroflifetrfmn.org Sundays: Service at 10 a.m., nursery/preschool available as well as ministry for children 1st - 6th grade. Wednesdays: Adult Prayer/Bible Study at 7 p.m.	THRIVING LIFE CHURCH <i>Jim Binder, Pastor</i> Erskine Community Center 218-556-1545 www.thrivinglifefmn.org Worship Services: Sunday mornings at 10 a.m. at Erskine Community Center. All are welcome.	ZION LUTHERAN CHURCH - ELCA <i>John Golv, Senior Pastor</i> <i>Ale Tulu, Associate Pastor</i> 505 Main Ave. N., Thief River Falls Phone: (218) 681-3296 Web: www.ziontrf.org Wednesday, April 10: SAIL exercise at 9 a.m., Lenten supper at 5:30 p.m., God's Joy Choir at 6 p.m., Lenten service at 6:30 p.m., Senior Choir at 7:15 p.m. Thursday, April 11: SAIL exercise at 9 a.m., Prayer Shawl ministry at 10 a.m., Caregivers discussion group at 10 a.m., Theological day/MHD from 10 a.m. - 3 p.m. Friday, April 12: Men's breakfast at Biff's at 7 a.m., SAIL exercise at 9 a.m., coffee with staff at 9:30 a.m. Sunday, April 14: Palm Sunday, Worship and Cable 3/KTRF broadcasts at 8:30 a.m., Education hour with May sharing servants and First Communion class 9:30 a.m., Silver Creek Worship at 10 a.m. with council meeting after service, New Traditions Worship at 10:30 a.m. Monday, April 15: SAIL exercise at 9 a.m., Parish Nurse hours from 3 - 4:30 p.m. Tuesday, April 16: Staff meeting at 9:30 a.m., coffee time with staff at 10:30 a.m., Noon pastor's text study, Greenleaf Communion at 2:30 p.m., Parish planning council at 5:30 p.m.
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DAVID HILL
Editor
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Editorial opinion published under this heading is intended to stimulate thinking and discussion among our readers. Unless specified otherwise, the editorials are written by Editor Dave Hill and do not represent opinion of other staff members. Opinions in items from other publications may not coincide with the editor's own views but are offered for their general interest.

Alcohol Aware

When Chris Herren, the NBA player, spoke on addiction and recovery in Thief River Falls a couple of weeks ago, he said that 60 to 80 percent of individuals in treatment centers are alcoholics, but most of the news is focused on those addicted to opiates. Why? An estimated 88,000 people (approximately 62,000 men and 26,000 women) die from alcohol-related causes annually, making alcohol the third leading preventable cause of death in the United States. The first is tobacco, and the second is poor diet and physical inactivity.

I doubt Herren was implying that we shouldn't be talking about alcoholism rather than opiate addiction ... or any addiction for that matter. Rather, I think he was encouraging us to see the broader picture. Alcoholism is a serious problem.

Inter-County Nursing Service in Thief River Falls is reminding us in

the next week or two that April is Alcohol Awareness Month. The theme of "Help for Today, Hope for Tomorrow" is aimed at educating people about the treatment and prevention of alcohol addiction.

If your drinking has caused problems in your relationships, at work, at home, financially, physically or legally, it's time to get help.

For those of us on the outside looking in, maybe it's time we begin thinking about policies and actions that could change perception and outcomes.

April is also a time for high school proms. Many of our area schools take time during the weeks prior to the event to remind students of the tragic outcomes associated with drinking and driving, and/or binge drinking. This message shouldn't just come from our schools. It has to come from parents, relatives and friends.

Are you happy?

How happy are you, really?

The Blandin Foundation recently released its results of a Rural Pulse survey of 1,500 Minnesotans. I hope to have it in the newspaper this week or soon thereafter. It's an interesting read. It pointed out some differences between urban and rural residents, and identified some of our concerns.

Of course, you have to wonder about the impact of one survey. The research firm, however, did analyze 1,068 rural Minnesotans for the survey, and the findings were then compared to a parallel survey of urban residents.

According to the survey, while one in three Minnesotans statewide report that the economy has improved over the past year, many may not be personally feeling it yet. I suspect that means they haven't seen a pay raise or their health insurance costs ate up their increases.

State opinions and perceptions vary across the state, but statewide, jobs that pay a living wage, access to affordable healthcare and childcare continue to be

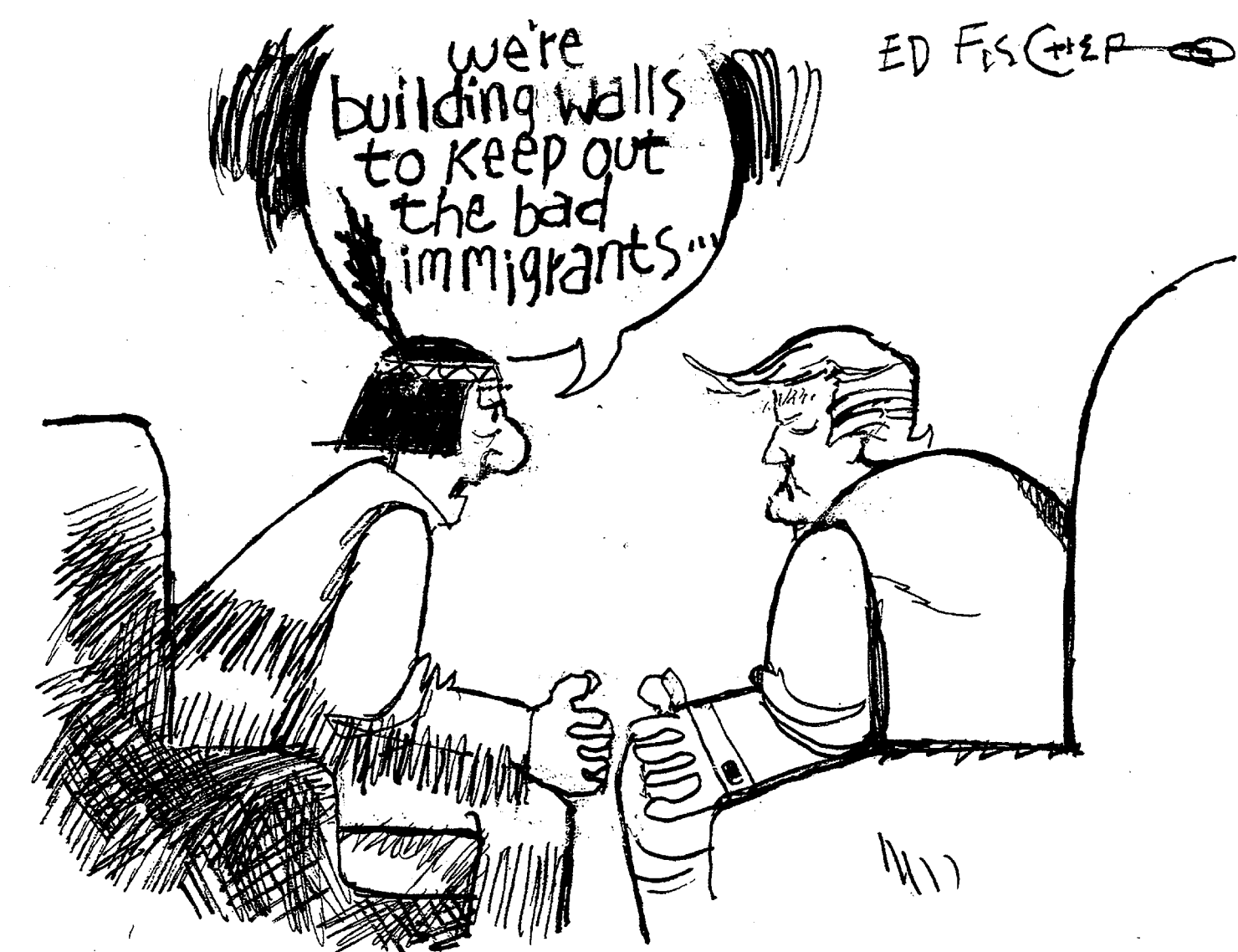
among the top concerns. Opioids and drug abuse were up there, as well.

In northwestern Minnesota, the most critical issue named is opioids and drug abuse, followed by jobs and economic development. Nearly one in four rural residents identify job opportunities or economic development as the most critical issues in their communities.

In northwest Minnesota, 42 percent do not believe the needs of rural communities are important to policymakers as those of the metro area, which is a significant increase since 2016.

Here's a bit of news I didn't mind seeing. It, too, probably isn't a big surprise:

More Minnesotans living in urban areas have considered moving to rural Minnesota, while rural Minnesotans are staying put. Only 14 percent of rural Minnesotans have considered moving to a larger metropolitan area in the past two years, down six percentage points from 2016. What's the biggest motivating factor? Quality of life.



Congressman Collin Peterson EPA asked to finalize proposed rules on wood and pellet stoves

Congressmen Collin C. Peterson (D-MN) and H. Morgan Griffith (R-VA) led a letter to the Environmental Protection Agency (EPA) urging the agency to provide better certainty for wood heater manufacturers across the United States.

The letter asks the EPA to finalize the proposed rule as soon as possible and include wood and pellet stoves in the final rule. These models were left out of the proposed sell-through rule.

"I am proud to lead this bipartisan letter that seeks to help our Minnesota wood heater manufacturers and retailers," said Peterson. "These businesses provide good-paying, valuable jobs in rural communities that are struggling to make ends meet. Our letter supports those businesses and the economic benefits they provide to my constituents."

"Wood and pellet stoves provide an affordable source of heat to many. Our letter to the Environmental Protection Agency simply

asks that more time be provided for manufacturers and retailers to transition to the new regulations," said Griffith. "This fix will provide industry the ability to both sell existing inventories and develop compliant products, maintaining their availability as a valuable heating source."

The EPA regulates the amount of particulate matter that is released in the air from new residential wood and pellet stoves, hydronic heaters, and forced-air furnaces within a

two-step regulation known as the New Source Performance Standards (NSPS). Step 1 came into effect in May 2015, while Step 2 will come into effect in May 2020. Wood heater manufacturers across the country are having difficulties designing models that comply with the Step 2 requirements and have asked for more time to research and develop models that meet the air emissions regulation.

Sen. Amy Klobuchar ... Bill would reclassify 9-1-1 dispatchers to protective service workers

Senators Amy Klobuchar (D-MN) and Richard Burr (R-NC), co-chairs of the Congressional Next Generation 9-1-1 Caucus, introduced the Supporting Accurate Views of Emergency Services Act, or the 9-1-1 SAVES Act, which would update the classification of 9-1-1 dispatchers from clerical workers to protective service workers in the Standard Occupational Classification (SOC) to better reflect the life-saving work they perform each day.

"No matter where you are, if you dial 9-1-1, dispatchers are there to connect you to first responders," Klobuchar said. "This legislation makes important updates to the classification of 9-1-1 dispatchers to better capture the complex and technical nature of their occupations while also providing valuable statistical tools for federal agencies. I'm proud to work with Sen. Burr to properly highlight dispatchers' roles as safety leaders during times of crisis and the work they do to keep our communities safe."

"From dispatching first responders to using advanced technology to retrieve locations, the work 9-1-1 operators do is essential during emergencies," Burr said. "As the co-chair of the Congressional Next Generation 9-1-1 Caucus, I'm honored to introduce this bipartisan legislation with my colleague, Sen. Klobuchar, to better recognize the specialized training and critical responsibilities of these professionals."

"We applaud Senators Burr and Klobuchar for introducing the 9-1-1

SAVES Act in the Senate. NENA and its members strongly support classifying 9-1-1 professionals as a 'Protective Service Occupation,' because it will better reflect the stressful, highly-skilled work these public servants perform, and because it will help to encourage and facilitate critical research into the mental and physical impacts of 9-1-1 jobs. We urge all senators to support the non-partisan, cost-free measure which would give the more than 100,000 public safety telecommunications in the United States the respect and support they deserve," said Jamison Peavyhouse, president of the National Emergency Number Association (NENA).

"The work performed by Public Safety Telecommunicators is nothing short of extraordinary, and it is 100 percent 'protective.' Passage of the 9-1-1 SAVES Act will be a win for public safety, and APCO's going to do everything it can to help make sure that happens," said Derek Poarch, executive director and chief executive officer of the Association of Public-Safety Communications Officials (APCO).

The SOC is a tool used by federal agencies to classify the workforce into useful, occupational categories. Currently, the SOC system categorizes 9-1-1 call takers and dispatchers as "Office and Administrative Support Occupations," which also includes secretaries, office clerks, and taxi cab dispatchers. The 9-1-1 SAVES Act would instead recognize

these dispatchers as "Protective Service Occupations," which includes lifeguards, firefighters, TSA baggage screeners, among others.

During the 115th Congress, Klobuchar and Burr sent a letter to the Office of Information and Regulatory Affairs urging the Office of Management and Budget to update this categorization to capture the complex and technical nature of these professionals.

Congresswoman Norma Torres (D-CA) and Congressman Brian Fitzpatrick (R-PA) also introduced a companion bill, H.R. 1629, in the House of Representatives.

As a member of the Senate Commerce Committee, Klobuchar has been a leader in pushing to expand and improve emergency communications infrastructure. Klobuchar joined former Sen. Bill Nelson (D-FL) to introduce the Next-Generation 9-1-1 Act of 2017 to boost federal support for a rapid and effective transition to Next Generation 9-1-1 across the country.

In 2018, Kari's Law, bipartisan legislation to make contacting emergency personnel simpler and easier, led by Klobuchar and Sen. Deb Fischer (R-NE), was signed into law. In 2013, Kari Rene Hunt of Marshall, Texas, was murdered by her estranged husband in a hotel room. When Kari's 9-year-old daughter tried to dial 9-1-1 for help, she could not reach emergency personnel because she did not dial "9" to reach

an outside line. Kari's Law requires the manufacturers of multi-line telephone systems (MLTS) to create systems that allow callers to reach 9-1-1 without dialing a prefix or postfix. The law requires on-site notification to make it easier for first responders to locate 9-1-1 callers in large buildings. Senators Brian Schatz (D-HI), John Cornyn (R-TX), John Thune (R-SD), and Ted Cruz (R-TX) were original cosponsors of the legislation.

POLICIES

Letters To The Editor: The staff of *The Times* encourages written responses to editorial comment or letters with original thoughts or ideas of general interest. Letters should be intended for publication in *The Times* exclusively; letters sent to multiple publications will generally not be accepted. Right is reserved to edit letters for length and clarity and to reject letters deemed to be promotional in nature, promote violence or in poor taste. Letters should not exceed 650 words in length.

If individuals request their letters printed "as is" they will be deemed a paid advertisement and must appear in a box.

Letters Must Be Signed: All letters must be signed and contain an address or phone number of the writer so authenticity can be verified.

Signatures must appear on letters published. The staff believes that there is greater credibility in letters signed in print and will not withhold names of writers from publication.

Responses Invited: Letters critical of individuals or other entities may be shown to those individuals or representatives of those entities in advance of publication with an invitation by newspaper staff for response in the same issue as the original letter.

Corrections: If an error is made in news or advertising publication, the staff encourages readers to call it to our immediate attention by calling 681-4450. We will attempt to correct the error or clarify the misunderstanding in the next issue.

Deadline: The deadline for letters to the editor is 10 a.m. on Mondays.

WE'RE ALL EARS



**Questions?
Comments?
Story Ideas?
Let us know
how we're doing.**

Your opinion is something we always want to hear



Thief River Falls Times and Watch
218-681-4450 • trftimes@trftimes.com
324 Main Ave. N., Thief River Falls, MN 56701

Sign up for Code Red

The Pennington County Sheriff's Office encourages residents to add the Code Red phone numbers to their contacts list on their cell phones. This will help the public realize that Code Red

is calling and they won't mistakenly believe it is a telemarketer.

The phone numbers are 866-419-5000, 855-969-4636 and 800-566-9780.

Code Red warns the pub-

lic about impending storms and notifies the public about other emergency situations. To register, go to penningtonsheriff.org.

Thief River Falls Times/Northern Watch

Classifieds

218-681-4450

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...By E-mail classified@trftimes.com

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P.O. Box 100

324 Main Ave. N.

Thief River Falls, MN 56701

Monday–Thursday • 8 a.m. – 5 p.m.; Friday • 8 a.m. – 3 p.m.

MAIL, FAX & WEB ORDERS:

Include the following information:

- Full name, address and payment
- Date(s) you want the ad to appear
- Name and daytime phone number for any questions or clarifications

AD DEADLINES:

The Times - Monday, 10 A.M.;

Northern Watch - Wednesday, 2 P.M.

Name _____
Address _____
City _____
State _____ Zip Code _____ Phone _____
If you wish to have your name, address and telephone number in the ad, please write it on the numbered line

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15 – \$5.75
16	17	18	19	20
21	22	23	24	25 – \$7.00
26	27	28	29	30
31	32	33	34	35 – \$8.25

Make Check Payable to The Times, P.O. Box 100, Thief River Falls, MN 56701

☐ Check or Money Order Enclosed

☐    Card # _____ Expiration Date _____

MINIMUM \$10.00 CHARGE FOR CREDIT CARD ORDERS!

Northwest Beverage Inc. is looking for a
Delivery/Driver Sales person to work
Full-Time Weekdays

Must have good driving record and be able to lift and move 160 lb kegs using a handcart. Experience with operating a forklift is helpful, CDL preferred but not required. Competitive wages, commission, health insurance, retirement plan, holidays, vacation and sick leave.

Please apply in person at

NORTHWEST BEVERAGE

1320 Greenwood Street West
or at TRF Workforce Center

Warehouse/Delivery Associate

Slumberland in Thief River Falls, MN has immediate openings for both full and part-time warehouse/delivery associates. Major duties include driving, making deliveries, loading/unloading freight and installing and assembling furniture both at warehouse and customers locations. This position is also responsible for building and grounds maintenance. Must have a valid and insurable driver's license. Full-time benefits package. \$14⁰⁰/hour.

Send resume to trghr@srt.com or apply in person

slumberland®
FURNITURE

1875 Hwy. 59 South • Thief River Falls

Domino's Is Hiring For All Positions



Start Immediately
Potential To Make \$11/hour
Plus Bonuses



Apply In Person

209 Brooks Ave. N., Thief River Falls

Administrative Specialist



NORTHWEST
REGIONAL DEVELOPMENT
COMMISSION

The Northwest Regional Development Commission (NWRDC) is seeking a full-time administrative support staff to join the NWRDC team. This position will have support and coordination duties within various programs. Qualified candidates will have a minimum of an Associate's Degree and 2 years administrative support experience would be preferred. Proficiency in computer skills such as: Microsoft Suite and Web support. Knowledge of operating standard office equipment as well as experience with computer technical support and graphic design a plus. Applicants must have excellent organizational skills, communication skills - written and verbal, detail oriented, ability to prioritize projects, be a self-starter, utilize time management as well as strong problem solving skills.

Salary range \$19.41 to \$22.03 per hour plus benefits package. Send cover letter and resume to:
Northwest Regional Development Commission;
Attn: Carol Sorensen, 109 S. Minnesota Street,
Warren, MN 56762 by April 19, 2019.

NWRDC is an EOE.

ACCOUNTING INSTRUCTOR – EGF CAMPUS

Northland Community and Technical College (NCTC) seeks a full-time, unlimited Accounting Instructor on the East Grand Forks campus.

At Northland Community and Technical College, we have a GREAT BENEFITS PACKAGE! Our generous benefits include 11 paid holidays, vacation time, sick time, six weeks of paid parental leave, low cost medical (\$32.48 per month single and \$221.62 per month family) and dental insurance with low deductibles, a pension plan, 457(b) and 403(b) retirement plans and other retirement investment options, pre-tax medical and dental expense (with roll-over option) and dependent care accounts, employer paid life insurance, short and long term disability, as well as professional development and a tuition waiver program for employees and their dependents etc. We promote the health and well-being of our employees and take work/life balance seriously.

Application procedure and additional information regarding the vacancy is available on the Internet at: <http://www.northlandcollege.edu/jobs/>.

Application deadline 4/22/19.



Member of the Minnesota
State Colleges and Universities.
Equal Opportunity
Employer and Educator.



City Of Thief River Falls
Deputy Chief of Police

The City of Thief River Falls is seeking applicants for the position of Deputy Chief of Police.

The Deputy Chief of Police supervises the daily operations of the Police Department including 15 sergeants, investigators and patrol officers. The Deputy Chief also provides administrative support to the Chief of Police and serves as the liaison between the department and the general public. The exempt position is targeted to begin working approximately June 1st. Candidates will be subject to a background investigation which may include medical, physical, psychological, credit, and drug screening.

Candidates should have a strong background in supervisory experience, public relations, computer proficiencies, and administration of law enforcement departments. Prior experience as a deputy chief or chief in an urban Minnesota municipality, along with a 4-year degree in a law enforcement field, is preferred. Salary of the Deputy Chief of Police ranges from \$6,032 to \$7,096 per month.

Additional information and application available at www.citytrf.net or at the City Administrator's Office. Applications (including supplemental application) will be accepted until 12:00 Noon on April 17, 2019 at the City Administrator's Office, PO Box 528, Thief River Falls, MN 56701.

The City of Thief River Falls is an Equal Opportunity Employer.



**NORTHLAND
GRAIN**

CHS Northland Grain is seeking an **Operations Specialist** for our **Hazel, MN** location. You must be committed to safety, customer service, and solving problems. You must have a good work ethic with professional communication skills. Computer skills are preferred, but we are willing to train. Must pass pre-employment drug screen.

CHS Northland Grain offers competitive salary, potential for growth and a benefit package with medical, retirement and 401K. Also, there is opportunity for overtime.

Must be able to work extended hours and/or weekends occasionally when needed.

To apply go to chsinc.com/careers
Auto Req ID 15811BR

FOR ANY QUESTIONS PLEASE CONTACT
STEVE MILLER AT 218-681-5280, 218-686-2532 or
steve.miller@chsinc.com

GENERAL MAINTENANCE WORKER – TRF CAMPUS

Northland Community and Technical College (NCTC) seeks a part-time, unlimited (with full benefits) General Maintenance Worker on the Thief River Falls campus.

At Northland Community and Technical College, we have a GREAT BENEFITS PACKAGE! Our generous benefits include 11 paid holidays, vacation time, sick time, six weeks of paid parental leave, low cost medical (\$32.48 per month single and \$221.62 per month family) and dental insurance with low deductibles, a pension plan, 457(b) and 403(b) retirement plans and other retirement investment options, pre-tax medical and dental expense (with roll-over option) and dependent care accounts, employer paid life insurance, short and long term disability, as well as professional development and a tuition waiver program for employees and their dependents etc. We promote the health and well-being of our employees and take work/life balance seriously.

Application procedure and additional information regarding the vacancy is available on the Internet at: <http://www.northlandcollege.edu/jobs/>.

Application deadline 4/15/19.



Member of the Minnesota
State Colleges and Universities.
Equal Opportunity
Employer and Educator.

Move Forward.
YOUR SUMMER

SEASONAL – SUMMER

Summer will thankfully be here soon, and Digi-Key Electronics is looking for self-motivated individuals to join our team in Global Sales or Order Fulfillment seasonal roles.

Global Sales Representative – Seasonal

Have knowledge in sales and customer service processes? We're currently hiring seasonal Global Sales Representatives to support our sales activity by processing customer requests, with the ability to pick your own hours between 5:00 a.m. and 9:00 p.m.

Order Fulfillment Specialist – Seasonal

Want to keep active in a fast-paced, challenging but rewarding work environment? We're currently hiring seasonal Order Fulfillment Specialists to work in our picking, packaging, shipping, and receiving areas. Hours are 1:30 p.m. – 10:00 p.m.

To learn more, call or visit us online today:

218-681-7930
DIGIKEY.COM/CAREERS



©2019 Digi-Key Electronics. Digi-Key Electronics is an Equal Opportunity Employer.
We encourage qualified minority, female, veteran and disabled, and other diverse candidates to apply and be considered for open positions.
If you are an applicant with a disability and need a reasonable accommodation for any part of the employment process, please contact Human Resources at 1-800-336-4105 or careers@digikey.com.

GREEN LEAF
Minnesota
ASSISTED LIVING AND MEMORY CARE



Friendship & Family

Minnesota Greenleaf, Assisted Living & Memory

Care, where *friends* meet and residents become

part of our *family*. We are currently expanding

our support team with new family members. If you

are seeking a rewarding career in a warm family

environment, please contact us at **(218)681-1685**

regarding the following positions:

PART-TIME EVENING COOK
CAREGIVERS
BREAKFAST ATTENDANT
MED TECH

You may apply onsite or online at

www.minnesotagreenleaf.com on our Careers

Page. We are located at 1006 Greenwood St. E. in

Thief River Falls, MN. We look forward to meeting

you, *Heidi*

GREAT APARTMENT LIVING AT NORTHLAND VILLAGE

Couples? Singles? Roommates?
We have the perfect "School-Work" Combo Living waiting for you!
Does someone work full-time while the other goes to school full-time?
Are you a single parent? Roommates who are employed full-time?
The opportunities are here.
New Caretakers On-Site!

NORTHLAND VILLAGE OFFERS

1 Bed \$490/Mo 2 Beds \$606/mo 3 Beds \$684/mo

Utilities Included. Income Restrictions Apply. Applications Available Onsite.
Contact Croix Management • 651-465-6841
Equal Housing Opportunity Provider. Equal Housing Employer.

Food Stand Manager Positions are Available

The Pennington County 4-H Program is in need of 2 manager positions during the Pennington County Fair from July 17 - 21, 2019.

Food Stand Manager – day/evening shifts and includes food preparation, supervising volunteers, and ordering supplies. We would prefer someone with food service experience and must have a valid driver's license and automobile. They are a one week temporary position. Interested persons may send a resume and cover letter to:

Pennington County Extension Office,
101 Main Ave N, Thief River Falls, MN 56701.
Application deadline is April 26, 2019.
University of Minnesota Extension Offices are equal opportunity educators and employers.

The following positions are available in School District #564, Thief River Falls, Minnesota:

ELEMENTARY TEACHER

Effective: 2019-20 School Year

Location: Challenger Elementary School

Requirements: Valid Minnesota Elementary Education license required.

Coaching opportunities will be available and staff encouraged pursuing if qualified and interested.

Salary and benefits: per negotiated contract

Application Deadline: Open until filled

Online Application available on the School District Website: <http://www.trf.k12.mn.us> > Employment

Independent School District 564 is an equal opportunity educator and employer.

ACADEMIC ADVISOR – EGF CAMPUS

Northland Community & Technical College (NCTC) seeks a full-time, unlimited Academic Advisor on the East Grand Forks campus.

At Northland Community and Technical College, we have a GREAT BENEFITS PACKAGE! Our generous benefits include 11 paid holidays, vacation time, sick time, six weeks of paid parental leave, low cost medical (\$32.48 per month single and \$221.62 per month family) and dental insurance with low deductibles, a pension plan, 457(b) and 403(b) retirement plans and other retirement investment options, pre-tax medical and dental expense (with roll-over option) and dependent care accounts, employer paid life insurance, short and long term disability, as well as professional development and a tuition waiver program for employees and their dependents etc. We promote the health and well-being of our employees and take work/life balance seriously.

Application procedure and additional information regarding the vacancy is available on the Internet at:
<http://www.northlandcollege.edu/jobs/>.

Application deadline 4/15/19.

NORTHLAND COMMUNITY & TECHNICAL COLLEGE

Member of the Minnesota State Colleges and Universities.
Equal Opportunity Employer and Educator.

CHS

CHS AG SERVICES SEEKING SEASONAL TRUCK DRIVERS

As CHS continues to grow, we have many opportunities and positions available.

Today, CHS is looking for seasonal truck drivers to join our CHS AG Services-Warren MN location.

To view full description and complete on-line application visit www.chsinc.com/careers. You may also stop in at 747 S Main for help with on-line application.

Please attach a resume to application, Questions can be directed to Jason Clark 218-745-4166 or jason.clark@chsinc.com

CHS is an EO/AA/M/F/V/D employer.

AGASSIZ ASPHALT LLC

Holt, MN
218-449-4865

DAVIDSON CONSTRUCTION & REDI-MIX

HOLT 449-4865
TRF 684-1617

POSITIONS AVAILABLE

Davidson Construction, Inc & Agassiz Asphalt, LLC is getting ready for another busy construction season and is looking for the following positions:

- Heavy Equipment Mechanic
- Side Dump-End Dump-Truck Driver-(CDL Required)
- Redi Mix Truck Driver-(CDL Required)
- Pipelayer/Laborer
- Trackhoe Operators
- Paver Operator
- Screed Man/Laborer

If you are interested call 218-449-4865 to request an application or email pdavconst@wikel.com OR agassizasphalt@wikel.com

We are an Equal Opportunity Employer.

Help Wanted

The Argyle Co-Op is currently seeking a full time individual to apply agricultural products both liquid and dry, as well as perform a variety of day to day tasks. A commercial pesticide applicators license as well as a commercial drivers license is needed. Training and help with licensing will be available to the right candidate. Competitive wage and benefits offered. Wage depending on experience. **Interested candidates should contact Wade at 218-437-6643 or Cole at 218-437-6634.** 8t31c

GCR TIRES & SERVICE

TIRE TECHNICIAN 2

Responsibilities include:
Tire Service, Mobile Truck Service, Truck Tire Alignment & General Mechanical Service

TO APPLY, STOP IN AND SEE JERRY DESCHENE
Bridgestone is an Equal Opportunity Employer

**(218) 681-2656
(800) 681-2656
220 HORACE AVE. N.
THIEF RIVER FALLS**

The Argyle Co-Op is currently seeking a full time commercial truck driver. This position is primarily semi driving as well as straight trucks when needed. A "class A" commercial drivers license is needed with a clean driving record. **Competitive wage and benefits offered.** Wage depending on experience. **Interested candidates should contact Cole at 218-437-6634.** 8t31c

Help Wanted

Full- or Part-Time Daytime Hours

Front Counter or Deli
Apply at Petro Pumper
Petro Pumper • Hwy 1 & 59

PETRO PUMPER
GAS DIESEL CONVENIENCE

FULL TIME HELP WANTED: Motor grader operator. 218-686-7197. 6t33p

CDA—DENTAL OFFICE IN TRF: We need another assistant, licensed in MN. 3-4 d/wk. **Great future. Great staff. Great pay.** Possible assist in hospital. Fax resume to 218-681-4050. 28tfc

Thief River CARE CENTER

We are hiring for these positions:

- Cook FT
- Night Nurse 10:30 p.m. - 7 a.m.
- NARs FT/PT
- LPNs FT/PT
- RN FT/PT
- Culinary Director FT
- Dietary Asst Manager FT

*** NEW WAGES ***

Come apply at sfhs.org, click Employment, click View Job Postings and look for positions for Pennington Health Services

Please contact Tracy Kriel, Human Resources Director at the Thief River Care Center, tkriel@trcc.sfhs.org or call 218-683-8103
EOE/AA

The following positions are available in School District #564, Thief River Falls, Minnesota:

MIDDLE SCHOOL COMMUNICATION ARTS/SOCIAL STUDIES TEACHER

Effective: Franklin Middle School

Effective: Fall, 2019

Requirements: Certified by PELSB as a Middle School Communication Arts and Social Studies Teacher preferred.

Application Deadline: Open until filled

Online Application available on the School District Website: <http://www.trf.k12.mn.us> > Employment

Independent School District 564 is an equal opportunity educator and employer.

Move Forward.

PHOTO EDITOR - TEMPORARY

Are you looking for an opportunity to advance your photography and graphic design skills and help communicate ideas that inspire, inform, or captivate consumers? The Digi-Key Design Team is looking for a Temporary Photo Editor this summer to assist in building and maintaining Digi-Key product images. This position handles a variety of tasks related to placing product images on our website.

Further your passion for photography or graphic design by joining Digi-Key's innovative marketing team today!

Move forward with Digi-Key!

To learn more, call or visit us online today:
218-681-7930
DIGIKEY.COM/CAREERS

Digi-Key ELECTRONICS

©2019 Digi-Key Electronics. Digi-Key Electronics is an Equal Opportunity Employer. We encourage qualified minority, female, veteran and disabled, and other diverse candidates to apply and be considered for open positions. If you are an applicant with a disability and need a reasonable accommodation for any part of the employment process, please contact Human Resources at 1-800-338-4105 or careers.us@digkey.com.

Help Wanted

Farmers Co-op Grain and Seed is seeking local **TRUCK DRIVERS:** CDL required, must have current or be able to pass DOT physical. Please call Danny Miller @ 218-681-6283 or 701-741-1189. 8t1fc

Electrical Worker

Thief River Glass is looking for someone with an electrical background to work on automatic doors.

Thief River GLASS Inc.
NGA Certified Installer
418 Atlantic Ave N.

AGSERV CONSULTING in Stephen, MN is looking for **PART-TIME HELP** for the upcoming spring season. The job would involve delivering soybean seed. **For more information call Chris at 701-640-7559.** 2t29c

Looking to hire **EXPERIENCED CARPENTERS & LABORERS**

Must have valid Driver's License and must be able to pass a drug test.

Pay D.O.E.
For more info, please call 218-686-0465

Bray CONSTRUCTION

MAINTENANCE ENGINEER

Northern Pride, Inc. is now accepting applications for a Maintenance Engineer. Must be mechanically inclined. Boiler and refrigeration experience helpful. This is a full-time seasonal position. Competitive pay and benefits. Apply @ 401 S. Conley or Phone 218-681-1201 ext. 11.

Help Wanted

AGE 55+ WORKERS NEEDED: Part-time custodial work at Lake Bronson State Park. **Contact Green View 651-639-1913.** 2t29p

HELP WANTED

Looking For Motivated Individuals Available To Work Weekends And Holidays

HOUSEKEEPERS AND BARTENDERS

Pick up an application at the front desk

Quality Inn
Highway 32 South
Thief River Falls

NO PHONE CALLS PLEASE!!

►► **FULL-TIME POSITION AVAILABLE IMMEDIATELY:** For a MN licensed master or journeyman plumber. Wages negotiable, benefits including SIRA, holiday and vacation. **Call Bill Jr. at Wilcox Plumbing & Heating, 218-253-4347.** 7t34c

Help Wanted

Full- or Part-Time

Car wash maintenance and small engine repair. Must have small engine knowledge for Go-Kart maintenance.

Pick up an application today at our service counter.

Petro Pumper • Hwy 1 & 59

PETRO PUMPER
GAS DIESEL CONVENIENCE

Help Wanted

Part-time **Pharmacy Cashier** at Hugo's Family Pharmacy

Applications are being accepted through April 11th

Apply online or pickup an application at Hugo's Customer Service.

Hugo's Family Pharmacy Thief River Falls

For Rent

2 BEDROOM APARTMENT: Heat and water paid. Available immediately. Washer and dryer hookup. 218-686-0738. P4t32p

The following positions are available in School District #564, Thief River Falls, Minnesota:

STUDENT AND FAMILY SUPPORT COORDINATOR

Effective: August 1, 2019

Location: District-wide

Duties: Serve as a link between school and community in providing services to students, families and school personnel to promote and support students' academic and social success.

Qualifications: Candidate with social work background and experience preferred.

Salary and benefits: to be negotiated commensurate with successful candidate's qualifications and experience.

Application Deadline: Open until filled

Online Application available on the School District Website: <http://www.trf.k12.mn.us> > Employment

Independent School District 564 is an equal opportunity educator and employer.

The following positions are available in School District #564, Thief River Falls, Minnesota:

KINDERGARTEN TEACHER

Effective: 2019-20 School Year

Location: Challenger Elementary School

Requirements: Valid Minnesota Elementary Education license with Kindergarten endorsement required.

Coaching opportunities will be available and staff encouraged pursuing if qualified and interested.

Salary and benefits: per negotiated contract

Application Deadline: Open until filled

Online Application available on the School District Website: <http://www.trf.k12.mn.us> > Employment

Independent School District 564 is an equal opportunity educator and employer.

City of Thief River Falls Parks/Recreation Department

The Parks and Recreation Department, City of Thief River Falls, is currently accepting applications for the following positions:

2019 summer season

Seasonal Public Works Workers
(i.e. Streets/Sanitation, Mowers, Weed eaters)

Little League Baseball Coaches

MEC Concession Workers

The workweek hours and days may vary throughout the summer for these positions. Applications are available at the Parks and Recreation Office located at the Ralph Engelstad Arena, 525 Brooks Avenue North. Deadline for applications is April 17, 2019

For more information contact:
City of Thief River Falls, MN
An Equal Opportunity Employer

For Rent

Summerfield Place of Thief River Falls +55: 1-Bedroom apartment available May 1st. Central air, washer/dryer, dishwasher, microwave, heated parking, elevator, guest suite, community room. Heat and water paid. Call 218-681-5194. 7t30c

SHOP SPACE FOR RENT: 2400+ square feet. Heat, water, septic and 14' door included. 218-686-0738.

MOVE IN SPECIAL \$599 VISA GIFT CARD

Prairie Rose Apartments in Red Lake Falls

has immediate openings for 2 & 3 bedroom units.

Rent is based on 30% of income 
Certain income restrictions apply

Contact 218-547-3307 or Angie at 218-366-6739

or visit our website
www.dwjonesmanagement.com
Equal Housing Opportunity
CREATING BETTER LIVING

LARGE 2-BEDROOM Apartment: Heat paid, no pets, 1-year lease. Call 218-436-3145. 80tfc

LABREE PLAZA: Downtown office space and storefront retail space. For more info, call 218-523-3173. 2P8t35p

3 BEDROOM, 1 BATH MOBILE HOME: On large lot 3 miles SE of Thief River. \$700 rent includes lot rent, water, and septic. Prefer no pets. References and deposit required. **Call or text 218-556-0866.** 27tfc

2-BEDROOM, 1-BATH Mobile Home on large lot 3 miles SE of Thief River Falls: Rent includes lot rent, water and septic service... \$600/month. Prefer no pets. References and deposit required. Call or text 218-556-0866. 24tfc

2 BEDROOM: Mobile home, Countryside Court. Also, **STUDIO APARTMENT.** No pets, non-HUD/no smoking. 218-681-2863. P4t30p

2 BEDROOM APARTMENT FOR RENT: Garage, washer and dryer. Call 218-684-0219. P4t31p

MOVE IN SPECIAL \$99 Deposit

Southwood Park Townhomes are accepting applications for immediate openings.
Certain restrictions apply
Contact DW Jones Management

218-547-3307 or 218-366-6739 or our website
www.dwjonesmanagement.com
Equal Housing Opportunity
CREATING BETTER LIVING

For Rent

►►SKYLITE APARTMENTS:◄◄ Residential apartment living at it's best! Quality HUD subsidized 1st floor apartments with private entry doors, large commons with gardens, beauty shop and gazebo, utilities paid, Facility preference is for seniors, handicapped or persons with disabilities. Income limits apply. Applications for future housing may be picked up at the Skylite Office, 415 Arnold Ave. S., Thief River Falls, between 8:00 a.m. and 1:00 p.m. Monday through Friday. Equal Housing Opportunity. 1tfc

Real Estate

8 ACRES OF LAND: Located south-west of Middle River, MN. For more information call **218-684-0155**. 2P8t30p

Manufactured Homes

1990 FRIENDSHIP MOBILE HOME: 16' x 80' with parcel land. \$37,300. 218-280-6339, please leave message. T8t39p

1990 2 BEDROOM, 1 BATH MOBILE HOME: Located in TRF. Newer furnace and central air. \$5,000. 218-684-1889. P4t29p

Household

GAS OR WOOD FIREPLACES, Stoves or Inserts: Highest quality at **Guaranteed Lowest Prices!** www.mikesheating.com 800-446-4043 1tfc

Hay, Feed & Seed

ALFALFA SEED: Yield Plus and 645 Brand, proven performance in north-west Minnesota. **Forage grasses and legumes, food plot seed.** Newfolden Co-op Elevator 800-235-7717 • Goodridge Creamery 218-378-4144 • Farmers Union Grygla 218-294-6153 2t4t3p

AgriPro

SPRING WHEAT FOR SALE
2019 Wheat Varieties
Sy Ingmar
Top Choice for Economic Return
Very High Protein and High Yield

Sy Soren
AgriPro's Highest Return per Acre

Sy Valda
The Yield Warrior

To find out more, call:
Jim Kukowski
Strathcona, MN
218-781-2478 or 218-689-3663

We have other varieties for sale:
Reg. and Certified:
Shelly; Bolles; Linkert;
Lang, Certified TCG Spillfire
and TCG Climax
Plant variety protection granted
or applied for AgriPro varieties.
Unauthorized propagation
prohibited.

ATVs/Motorcycles

1999 HONDA GOLDWING 1500 SE FOR SALE: 50th Anniversary Edition. Wineberry red, **65,000 miles**, AM, FM, CB radio. A lot of extras with bike rear hitch. Excellent condition. **\$4,500. 218-563-2208 or 218-563-3535.** P4t31p

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LEGALS

April 3, 10, 17, 2019
STATE OF MINNESOTA COUNTY OF PENNINGTON IN DISTRICT COURT NINTH JUDICIAL DISTRICT
Case No.
Case Type: Quiet Title
SUMMONS
Gregory P. Hilgeman, Plaintiffs,

vs.
Kenneth T. Dahle a/k/a Kenneth Dahle, also the unknown heirs of Kenneth T. Dahle and all other persons unknown claiming any right, title, estate, interest or lien in the real estate described in the Complaint herein,
Defendants.

THIS SUMMONS IS DIRECTED TO THE ABOVE NAMED DEFENDANTS:

1. YOU ARE BEING SUED. The Plaintiff has started a lawsuit against you. The Plaintiff's Complaint against you is attached to this Summons and is on file with the Office of the court Administrator of the above-named Court. Do not throw these papers away. They are official papers that affect your rights. You must respond to this lawsuit even though it may not yet be filed with the Court and there may be no court file number on this summons.
2. YOU MUST REPLY WITHIN 20 DAYS TO PROTECT YOUR RIGHTS. You must give or mail to the person who signed this Summons a **written response** called an Answer within 20 days of the date on which you received this Summons. You must send a copy of your Answer to the person who signed this Summons located at 321 LaBree Ave N., P.O. Box 653, Thief River Falls, MN 56701.
3. YOU MUST RESPOND TO EACH CLAIM. The Answer is your written response to the Plaintiff's Complaint. In your Answer you must state whether you agree or disagree with each paragraph of the Complaint. If you believe the Plaintiff should not be given everything asked for in the Complaint, you must say so in your Answer.
4. YOU WILL LOSE YOUR CASE IF YOU DO NOT SEND A WRITTEN RESPONSE TO THE COMPLAINT TO THE PERSON WHO SIGNED THIS SUMMONS. If you do not Answer within 20 days, you will lose this case. You will not get to tell your side of the story, and the Court may decide against you and award the Plaintiff everything asked for in the Complaint. If you do not want to contest the claims stated in the Complaint, you do not need to

respond. A default judgment can then be entered against you for the relief requested in the Complaint.

5. LEGAL ASSISTANCE. You may wish to get legal help from a lawyer. If you do not have a lawyer, the Court Administrator may have information about places where you can get legal assistance. **Even if you cannot get legal help, you must still provide a written Answer to protect your rights or you may lose the case.**
6. ALTERNATIVE DISPUTE RESOLUTION. The parties may agree to or be ordered to participate in an Alternative Dispute Resolution process under Rule

114 of the Minnesota General Rules of Practice. You must still send your written response to the Complaint even if you expect to use alternative means of resolving this dispute.

7. THIS LAWSUIT MAY AFFECT OR BRING INTO QUESTION TITLE TO REAL PROPERTY located in Pennington County, Minnesota legally described as follows:

The East Half of the Northwest Quarter (E1/2NW1/4) and the Northeast Quarter of the Southwest Quarter (NE1/4SW1/4), Section Seven (7), Township One Hundred Fifty-two (152) North, Range Forty (40) West of

the Fifth Principal Meridian.

The object of this action is to obtain a judgment that Plaintiff is the owner, in fee simple, of the above-described real property, and that none of the said Defendants have any estate or interest therein or lien thereon.

Dated this 28th day of March, 2019
WURST & McDOWELL, LTD.
/s/ Lawrence A. McDowell
Attorney for Plaintiffs
321 LaBree Ave N
P.O. Box 653
Thief River Falls, MN 56701
(218)-681-3111
Attorney ID No.: 7018X

AUCTION
Sale
SALE TIME 10:00 A.M. Lunch Served
SATURDAY, APRIL 13, 2019
LOCATION - National Guard Armory Highway 32 South Thief River Falls, MN

RIFLES - SHOTGUNS - MUZZLE LOADERS - HANDGUNS

- Savage 99-A 250-3000 w/ Weaver scope
- Savage Arms 25-06 Axis XP w/ scope
- Winchester 70 XTR, .257 Roberts w/ Redfield scope
- Winchester 270 w/ scope
- Winchester 94 30-30
- Winchester Mauser Action 30-06
- Winchester 101 12ga, 2.75in - 3in
- Winchester 25 12ga
- Winchester 62A 22LR
- Remington model 7, 260 w/ Nikon scope
- Remington 1100 20ga Magnum 3in
- Remington 11-87 12ga
- Remington Arms 12ga Damascus Barrel
- Remington 887 12ga Pump Action Nitro Magnum
- Remington 870 Express Magnum 12ga 2.75in - 3in w/ new case
- Remington 521-T 22LR Target Revolver
- Remington 121 Field Master 22LR Pump
- Remington 5 22LR
- Remington 22 Hex Barrel
- Marlin 1894 .357 Magnum
- Marlin 70 Papoose 22LR w/ scope
- Marlin 983T 22LR
- Ruger 223 Mini 14 w/ Bushnell scope
- Ruger 10-22 22LR
- Ruger 22 LR SS Mark 2
- Mauser 243 Heavy Barrel
- Mauser 1909 30-06
- Benelli Nova 12ga
- Weatherby Waterfowl Max 5 12ga
- Chipmunk Rogue rifle w/ scope 22 Mag
- Rossi 243/20 ga/22LR w/ Nikon scope
- 30-Cal Rolling Block
- Sharps Pedersoli Hex Barrel 45-70 Gov't
- WRA 10ga
- Matthew Boucher 12ga
- Sears JC Higgins 100 12ga 2.75in
- Win Davenport Firearms Double-12ga
- Stoeger Uplander 12ga Double Barrel, new in box
- Stevens SS 12ga Single Shot
- Page-Lewis Arms Co 22LR Model B Sharpshooter
- J Stevens Arms 22LR
- Cott Stagecoach 22LR
- German 22LR bolt
- Black Powder 12ga
- Thompson 50 Cal Triumph Muzzle Loader
- Thompson 50 Cal Muzzle Loader w/ scope
- Thompson Center 30 Cal Firehawk
- Thompson Center 45 Cal Trapper Muzzle Loader
- Cabela's 54 Cal Flintlock Muzzle Loader
- Pedersoli Cattleman Carbine 44 Black Powder Revolver
- CVA Black Powder Optima 50 Cal Muzzle Loader
- Blunder Bust Flintlock Pirate Gun Muzzle Loader
- Pedersoli 35 Cal Black Powder Revolver
- Johnson Arms Smith & Wesson .38 Silver
- Daisy 102 BB gun
- Daisy 111 BB gun

AMMO - RELOAD EQUIPMENT MISCELLANEOUS

- Reloading bench w/ Herter's press
- Herter's powder scale
- Redding case trimmer
- Herter's reload dies - 7mm, .243, .270, 30-30, 30-06, 308
- RCBC reload dies - 7mm-08, .260 REM
- Lee reload die - 45-70 Gov't
- Several boxes of reload brass
- Several cans black rifle powder
- Wooden ammo boxes
- Vintage paper shell loaders
- Several collector ammo boxes w/ shells
- Super-X 12ga shotgun shells
- Several boxes of ammo & shotgun shells
- Several gun cases
- Gun cleaning kits
- Several clips, scopes, & other equipment
- Herter's Self Blowing Predator Call
- Winchester spotting scope kit

DUCKS UNLIMITED & HAND CARVED DECAYS

- Several DU Limited Edition Duck Decays, many w/ medallions
- Several old hand carved duck decays
- Hand carved duck silhouettes by Tom Craft
- DU collector wooden ammo box
- DU end table/clock
- Audubon Society bird clocks
- Prairie chicken mount
- Duck lamps

PRINTS & PLATES

- Terry Redlin "Best Friends" print
- Terry Redlin "Evening Surprise" canvas
- Brian Jarvis "Field of Dreams" print
- Bruce Miller "On the River" print
- Bruce Miller "Backwater Refuge" print
- Peter Potapoff "Snowed In" print
- James Killen "That Special Time" print
- Ralph McDonald "Duck Tales" 75th DU anniversary
- Dark Hansen "Where Freedom Reigns" stamp/coin print
- 1982 Duluth/Ontario Hiemkomst Expedition
- Denmark 1995 Duck stamp print
- Jim Hansel "Moonlight Echoes" plate
- Several collector duck plates
- Hornady Bullets display board
- Mandella native dance shield

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PRE-OWNED VEHICLES

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2017 Chevy Crew Cab LTZ Pepperdust, 39k.....	\$37,500
2016 Chevy 2500HD Crew Cab LT Black, 45k.....	\$37,500
2014 Chevy Crew Cab High Country Black, 46k.....	\$33,500
2015 Chevy Crew Cab LTZ Orange Burst, 49k.....	\$33,500
2016 Chevy Crew Cab LTZ Silver, 55k.....	\$33,500
2018 Chevy Crew Cab LT Black, 32k.....	\$32,900
2014 Chevy Crew Cab High Country White Diamond, 66k.....	\$29,900
2016 Chevy Double Cab LT Z71 Blue, 36k.....	\$28,900
2014 Chevy Crew Cab LT Black, 85k.....	\$24,900
2013 Chevy Crew Cab LT Brown, 105k.....	\$20,500
2013 Chevy Extended Cab LT Black, 114k.....	\$17,500
2013 Ford F-150 Regular Cab XL White, 117k.....	\$10,900

CARS

2017 Buick Lacrosse Essence White, 18k.....	\$22,500
2016 Buick Lacrosse White Diamond, 35k.....	\$20,500
2017 Chevy Impala LT White, 40k.....	\$17,500
2016 Chevy Malibu LT Maroon, 37k.....	\$16,500
2016 Chevy Malibu LMTD Silver, 24k.....	\$14,500
2015 Ford Taurus SEL Blue, 89k.....	\$13,500
2016 Chevy Cruze Limited LT White, 48k.....	\$11,500
2011 Chevy Cruze RS Black, 91k.....	\$7,500
2008 Ford Fusion SE Silver, 154k.....	\$5,900
2005 Honda Accord EX-L Gray, 151k.....	\$5,900

SUVS / VANS

2018 Chevy Suburban LT White, 20k.....	\$51,500
2017 Honda Touring CRV AWD Gray, 28k.....	\$27,900
2016 Chevy Traverse LT AWD Black, 45k.....	\$25,500
2017 Ford Explorer XLT White, 47k.....	\$24,900
2017 GMC Acadia SLE AWD Black, 59k.....	\$23,500
2018 GMC Terrain SLE AWD Copper, 24k.....	\$22,900
2018 Chevy Equinox LT AWD Gray, 27k.....	\$22,900
2015 Chevy Traverse LT AWD Silver, 67k.....	\$21,900
2017 Chevy Equinox LT AWD White Diamond, 19k.....	\$21,500
2017 Chevy Equinox LT AWD Gray, 27k.....	\$20,900
2017 GMC Terrain SLE AWD Silver, 40k.....	\$20,900
2016 GMC Terrain SLE AWD Maroon, 19k.....	\$20,900
2016 Chevy Equinox LT AWD Black, 13k.....	\$20,900
2010 Chevy Suburban LTZ Black, 114k.....	\$20,900
2016 Chevy Equinox LT AWD Black, 24k.....	\$19,900
2016 Chevy Equinox LT AWD Black, 54k.....	\$17,900
2015 Chevy Equinox LT AWD Black, 50k.....	\$17,500
2016 Dodge Grand Caravan SXT Black, 40k.....	\$16,900
2014 Chevy Traverse LT AWD Gray, 80k.....	\$16,900
2014 Chrysler Town & Country Touring L Gold, 69k.....	\$16,500
2013 Chevy Equinox LT AWD Maroon, 40k.....	\$15,900
2016 Dodge Grand Caravan SE Black, 75k.....	\$13,900
2010 Chevy Traverse AWD 2LT White, 130k.....	\$8,900

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XLT Navigation Discount.....-500
XLT Power Equipment Group Discount.....-250
Retail Customer Cash.....-2,500
Special Package Customer Cash.....-1,750
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'12 Ford Focus SE
T19019A 4 Cyl., Cloth, 113k.....36m/ \$190.....**\$6,999**

'10 Mercury Milan
T18175A Heated Leather, 120k.....48m/ \$159.....**\$7,499**

'16 Ford Fiesta SE FWD
B2000A Heated Cloth, 4 Cyl, 10k.....60m/ \$209.....**\$11,999**

'12 Ford F-150 SuperCrew Lariat 4x4
S2025 Leather, Navigation, 175k.....48m/ \$296.....**\$13,999**

'14 Ford Escape Titanium 4WD
T18219A 2.0L, Leather, Nav., 92k.....60m/ \$269.....**\$15,499**

'12 Ford Edge Limited AWD
S2018A 3.5L V6, Leather, 81k.....48m/ \$327.....**\$15,499**

'11 Ford F-150 SuperCrew XLT 4x4
T18217B 5.0L V8, Cloth, 146k.....48m/ \$337.....**\$15,999**

'16 Ford Escape SE 4WD
B2016 Heated Cloth, 1.6L, 38k.....72m/ \$284.....**\$18,999**

'16 Ford Escape SE 4WD
B2017 Heated Cloth, 2.0L, 32k.....72m/ \$299.....**\$19,999**

'16 Ford Escape SE 4WD
S2019 Leather, 2.0L, 27k.....72m/ \$314.....**\$20,999**

'16 Ford Explorer XLT 4WD
S2028 3.5L V6, Leather, 49k.....60m/ \$475.....**\$27,999**

'11 Ford F-350 SuperCrew XLT 4x4
T19060A 6.7L Diesel, Cloth, 86k.....60m/ \$483.....**\$28,499**

'15 Ford F-150 SuperCrew Lariat 4x4
T19027A 3.5L V6, Leather, 96k.....72m/ \$433.....**\$28,999**

'16 Ford Explorer XLT 4WD
B2023 Leather, Nav., 2nd Row Buckets, 38k.....72m/ \$440.....**\$29,499**

'16 Ford F-350 SuperCrew Platinum 4x4
T19021 Loaded, 6.7L Diesel, 53k.....72m/ \$680.....**\$46,999**

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April 3, 10, 17, 2019
PUBLIC HEARING
COUNTY DITCH #70

The Pennington County Board acting as the Ditch Authority for County Ditch #70 will hold a Public Hearing pursuant to M.S. 103E.812 Subd. 4(c) to discuss the following petition to transfer a portion of County Ditch 70 to the City of Thief River Falls.

Resolution
WHEREAS, the Red Lake Watershed District, along with Pennington County and the City of Thief River Falls, are undertaking a flood damage reduction project that diverts County Ditch 70 around the City of Thief River Falls. This system drains areas north and west of the city, as well as areas within the city. This system runs along Highway 1 & 59 from Highway 59 North to Barzen Avenue along Digi-Key and Arctic Cat, and outlets to the east along Greenwood Street to the Red Lake River. This system has a history of flood damage northwest of the city and does not have adequate capacity for anticipated growth and expansion in the southwest part of the city; and

WHEREAS, the strategic partnership between the City, County and Watershed District is complimented by the Minnesota Department of Transportation through cost sharing of drainage improvements that are programmed for 2020 as a part of the Highway Nos. 1 & 59 reconstruction project. These benefits, along with the Digi-Key expansion and the need for improved agricultural drainage make

this the opportune time to accomplish this project; and

WHEREAS, The City of Thief River Falls, through the Watershed led project, will be installing storm sewer in the present County Ditch 70 channel along Barzen Avenue from Highway No. 1 & 59 to Greenwood Street and along Greenwood Street from Barzen Avenue to Oakland Park Road. In order for the city to install this storm sewer they need to petition Pennington County to transfer this ditch to the City of Thief River Falls.

THEREFOR, BE IT RESOLVED, by the City Council, to accept a public Works Committee recommendation to adopt a resolution approving a Petition for Drainage System Transfer from Pennington County for a portion of Pennington County Ditch 70 that is in the city limits of Thief River Falls; and authorize the Mayor and City Administrator to execute the petition. The ditch transfer is contingent upon moving forward with the flood damage reduction project, known as Improvement Project 178.

A property owner assessed benefits for this drainage system pursuant to 103E.812 Subd. 4(c) and Subd. 5(b) is hereby notified of their right to appear in person at the public hearing and make written objection to the proposed transfer of that portion of ditch #70.

The public hearing will be held at 3:00 pm, April 23rd, 2019 in the County Board Room located in the Pennington County Justice Center, 141 Main Avenue South, Thief River Falls, MN 56701.

If you are unable to attend you can submit your comments to the Pennington County Auditor-Treasurer, PO Box 616, Thief River Falls, MN 56701

Kenneth Olson
Pennington County Auditor-Treasurer

April 10, 17, 24,
May 1, 8, 15, 2019
NOTICE OF MORTGAGE FORECLOSURE SALE
THE RIGHT TO VERIFICATION OF THE DEBT AND IDENTITY OF THE ORIGINAL CREDITOR WITHIN THE TIME PROVIDED BY LAW IS NOT AFFECTED BY THIS ACTION.

NOTICE IS HEREBY GIVEN, that default has occurred in the conditions of the following described mortgage:
DATE OF MORTGAGE: February 26, 2016

ORIGINAL PRINCIPAL AMOUNT OF MORTGAGE: \$149,246.00
MORTGAGOR(S): Todd Robert Prickett, a single person

MORTGAGEE: Mortgage Electronic Registration Systems, Inc.

TRANSACTION AGENT: Mortgage Electronic Registration Systems, Inc. MIN#: 1001391-0501285646-3

LENDER OR BROKER AND MORTGAGE ORIGINATOR STATED ON THE MORTGAGE: Alerus Financial, N.A. dba Alerus Mortgage

SERVICER: Wells Fargo Bank, N.A.

DATE AND PLACE OF FILING: Filed February 29, 2016, Pennington County Recorder, as Document Number 207112

ASSIGNMENTS OF MORTGAGE: Assigned to: Wells Fargo Bank, N.A. LEGAL DESCRIPTION OF PROPERTY: Lot Fourteen (14) in Block Five (5) in Oakland Addition to Thief River Falls
PROPERTY ADDRESS: 924 Knight Ave N, Thief River Falls, MN 56701
PROPERTY IDENTIFICATION NUMBER: 2501704050
COUNTY IN WHICH PROPERTY IS LOCATED: Pennington

THE AMOUNT CLAIMED TO BE DUE ON THE MORTGAGE ON THE DATE OF THE NOTICE: \$144,616.87

THAT all pre-foreclosure requirements have been complied with; that no action or proceeding has been instituted at law or otherwise to recover the debt secured by said mortgage, or any part thereof;

PURSUANT, to the power of sale contained in said mortgage, the above described property will be sold by the Sheriff of said county as follows:
DATE AND TIME OF SALE: May 21, 2019, 10:00am

PLACE OF SALE: Sheriff's Main Office, 1st Street and Main Avenue, Thief River Falls, MN 56701

to pay the debt secured by said mortgage and taxes, if any, on said premises and the costs and disbursements, including attorneys fees allowed by law, subject to redemption within 6 months from the date of said sale by the mortgagor(s) the personal representatives or assigns.

TIME AND DATE TO VACATE PROPERTY: If the real estate is an owner-occupied, single-family dwelling, unless other-

wise provided by law, the date on or before which the mortgagor(s) must vacate the property, if the mortgage is not reinstated under section 580.30 or the property is not redeemed under section 580.23, is 11:59 p.m. on November 21, 2019, or the next business day if November 21, 2019 falls on a Saturday, Sunday or legal holiday.

THE TIME ALLOWED BY LAW FOR REDEMPTION BY THE MORTGAGOR, THE MORTGAGOR'S PERSONAL REPRESENTATIVES OR ASSIGNS, MAY BE REDUCED TO FIVE WEEKS IF A JUDICIAL ORDER IS ENTERED UNDER MINNESOTA STATUTES SECTION 582.032 DETERMINING, AMONG OTHER THINGS, THAT THE MORTGAGED PREMISES ARE IMPROVED WITH A RESIDENTIAL DWELLING OF LESS THAN 5 UNITS, ARE NOT PROPERTY USED FOR AGRICULTURAL PRODUCTION, AND ARE ABANDONED."

Dated: April 1, 2019
Wells Fargo Bank, N.A.
Assignee of Mortgagee

SHAPIRO & ZIELKE, LLP
Lawrence P. Zielke - 152559
Melissa L. B. Porter - 0337778
Randolph W. Dawdy - 2160X
Gary J. Evers - 0134764
Tracy J. Halliday - 034610X
Attorneys for Mortgagee
Shapiro & Zielke, LLP
12550 West Frontage Road, Suite 200
Burnsville, MN 55337
(952) 831-4060
THIS IS A COMMUNICATION FROM A DEBT COLLECTOR

April 3, 10, 2019
STATE OF MINNESOTA
COUNTY OF PENNINGTON
DISTRICT COURT
NINTH JUDICIAL DISTRICT
Court File No.: 57-PR-19-267

In Re Estate of
Yvonne Marie Suronen,
Decedent.

NOTICE OF INFORMAL APPOINTMENT OF PERSONAL REPRESENTATIVE AND NOTICE TO CREDITORS

Notice is given that an Application for Informal Appointment of Personal Representative was filed with the Registrar. The Registrar accepted the application and appointed Douglas J. Suronen, whose address is 611 Red Lake Blvd Thief River Falls, Minnesota 56701, to serve as the personal representative of the decedent's estate.

Any heir or other interested person may be entitled to appointment as personal representative or may object to the appointment of the personal representative. Any objection to the appointment of the personal representative must be filed with the Court, and any properly filed objection will be heard by the Court after notice is provided to interested persons of the date of hearing on the objection.

Unless objections are filed, and unless the Court orders otherwise, the personal representative has the full power to administer the estate, including, after thirty (30) days from the issuance of letters of general administration, the power to sell, encumber, lease, or distribute any interest in real estate owned by the decedent.

Notice is further given that, subject to Minn. Stat. §524.3-801, all creditors having claims against the decedent's estate are required to present the claims to the personal representative or to the Court within four (4) months after the date of this notice or the claims will be barred.
Dated on this day March 27, 2019.

/s/ Registrar
/s/ Kathy Narlock
Court Administrator

SATHER LAW OFFICE
Richard N. Sather
MN# 0130680
311 Main Ave N, PO Box 381
Thief River Falls, MN 56701
Telephone: 218-681-8630
Facsimile: 218-681-8635

April 10, 2019
REGULAR BOARD MEETING
INDEPENDENT SCHOOL DISTRICT
NO 561
FEBRUARY 19, 2019 7:00 P.M.
ART ROOM

The school board of Independent School District #561 met in regular session on Tuesday, February 19, 2019 at 7:00 p.m. in the Art room. The following members were present: John Lovly, Tim Hruby, Stacy Anderson, Neil Jensen, Joe Rubischko and Terry Drangstveit. Absent: none. Also present: Superintendent Clow, Principal Carlson, Business Manager Cynthia Jensen, transportation/maintenance supervisor Tim Anderson, GEA representatives Betsy Saurdiff and Jim Johnson, and ISD #447 staff member Drew Kiono.

The meeting was called to order at 7:00 p.m. by John Lovly. The Pledge of Allegiance was recited.

A motion was made by Drangstveit and seconded by Rubischko to approve the February 19, 2019 regular meeting agenda as amended. Motion carried unanimously.

A motion was made by Hruby and seconded by Anderson to approve the minutes of the January 15, 2019 regular meeting as presented. Motion carried unanimously.

A motion was made by Jensen and seconded by Rubischko to approve payment checks #40942-41016 and wire payments as listed in report #3.1A & B. Motion carried unanimously.

Financial reports were reviewed. Superintendent Clow reported the district shows an investment balance of \$787,310.48 on January 31, 2019 (see reports #3.2-3.6 attached to the official board minutes).

Patron Concerns: A discussion was held regarding the option for seniors to take their senior pictures with firearms. Administration will write up guidelines to present at the March regular board meeting.

Student Council Report: Student Council Advisor Becky Carlson reported the student council students will attend the summit in March, and the state convention in April.

Goodridge Education Association Report: Representative Betsy Saurdiff reported that there will be eight students attending German Camp in March. She also reported that her Art students are preparing their exhibits for two different art shows this spring. Representative Jim Johnson reported on February "I Love to Read Month" activities. He also reported that play practice will begin soon, students have been attending weekly knowledge bowl meets, and the GEA provided concessions at a recent basketball game.

Classified Staff Report: Classified staff member Cynthia Jensen reported that she and Secretary Andrea Halvorson recently attended the Region 1 conference, and Cynthia expressed appreciation for board's support to attend this yearly event.

Instructional Reports: Principal Carlson reported that the 2019-2020 school calendar will be presented at the March regular board meeting.

Old Business: An update on the school forest will be sent to all board members.

New Business: Transportation/

maintenance supervisor Tim Anderson presented options for a new snow removal machine. More information will be presented at the March regular board meeting.

A motion was made by Lovly and seconded by Hruby that ISD 561 has not formed an American Indian Parent Advisory Committee, but recognizes the need to do so to remain compliant with Minnesota Statute section 124D.78. Motion carried unanimously.
Personnel: None.

Donations: A motion was made by Jensen and seconded by Drangstveit to accept the donations as listed in report #10.1 (see report attached to the official board minutes). Motion carried unanimously.

Trustee Reports: Board member Hruby reported on the recent NWRIC meeting.

Open Forum: Hruby reported that Roger Hoffman stated that the use of his shop for bus maintenance has been going well.

Administrative Reports: Principal Carlson reported on the inclement weather make-up days. Superintendent Clow inquired that if anyone has suggestions for community education to please contact him. He also reported that department head meetings will be scheduled in March.

The next regular meeting was set for Tuesday, March 19, 2019 at 7:00 p.m.

The meeting adjourned at 7:49 p.m.
Cynthia Jensen, Deputy Clerk
Attest: John Lovly, Chairperson
Stacy Anderson, Clerk

March 27, April 3, 10, 17, 24,
May 1, 2019

NOTICE OF MORTGAGE FORECLOSURE SALE

NOTICE IS HEREBY GIVEN that default has occurred in the conditions of the following described mortgage:
DATE OF MORTGAGE: September 14, 2015

ORIGINAL PRINCIPAL AMOUNT OF MORTGAGE: \$85,204.00
MORTGAGOR(S): Jazzmine J Wichterman, single woman

MORTGAGEE: Mortgage Electronic Registration Systems, Inc., as nominee for Tactet Mortgage, Inc., its successors and/or assigns

DATE AND PLACE OF RECORDING: Recorded: September 17, 2015, Pennington County Recorder, Document Number: 206078

LOAN MODIFICATION: Dated: October 16, 2016, Recorded: December 09, 2016, Document Number: 209274

ASSIGNMENTS OF MORTGAGE: And assigned to: PennyMac Loan Services, LLC, Dated: October 14, 2016, Recorded: October 24, 2016, Pennington County Recorder, Document Number: 208951

Transaction Agent: Mortgage Electronic Registration Systems, Inc.
Transaction Agent Mortgagee Identification Number: 1012842-000009164-4

Lender or Broker: Tactet Mortgage, Inc.

Residential Mortgage Servicer: PennyMac Loan Services, LLC

Mortgage Originator: Not Applicable

COUNTY IN WHICH PROPERTY IS LOCATED: Pennington, Property Address: 607 State Ave N, Thief River Falls, MN 56701-1437, Tax Parcel ID Number: 25.00402050

LEGAL DESCRIPTION OF PROPERTY: The land referred to is situated in the State of Minnesota, County of Pennington, and is described as follows:
Lot Four (4), in Block Five (5), Hemmingston's Addition to Thief River Falls, Minnesota, according to the Official Plat thereof on record, and commonly referred to as Hemmingston's Addition to Thief River Falls;

AND
A tract of land 25 feet by 140 feet in the Southeast Quarter of the Southwest Quarter (SE1/4SW1/4) of Section 28, in Township 154 North, of Range 43 West of the 5th Principal Meridian, described as follows:

Beginning at the northeast corner of Block 5, Hemmingston's Addition to Thief River Falls; thence from said point of beginning running directly north a distance of 25 feet; thence west a distance of 140 feet; thence south a distance of 25 feet; thence east a distance of 140 feet to the point of beginning

AMOUNT DUE AND CLAIMED TO BE DUE AS OF DATE OF NOTICE: \$96,400.31

THAT all pre-foreclosure requirements have been complied with; that no action or proceeding has been instituted at law or otherwise to recover the debt secured by said mortgage, or any part thereof;

PURSUANT to the power of sale contained in said mortgage, the above-described property will be sold by the Sheriff of said county as follows:
DATE AND TIME OF SALE: May 14, 2019 at 10:00 AM

PLACE OF SALE: Sheriff's Main Office, Law Enforcement Center, 104 West 1st Street, Thief River Falls, Minnesota

to pay the debt secured by said mortgage and taxes, if any, on said premises and the costs and disbursements, including attorney fees allowed by law, subject to redemption within six (6) months from the date of said sale by the mortgagor(s), their personal representatives or assigns.

If the Mortgage is not reinstated under Minn. Stat. §580.30 or the property is not redeemed under Minn. Stat. §580.23, the Mortgagor must vacate the property on or before 11:59 p.m. on November 14, 2019, or the next business day if November 14, 2019 falls on a Saturday, Sunday or legal holiday.

Mortgagor(s) released from financial obligation: NONE

THIS COMMUNICATION IS FROM A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

THE RIGHT TO VERIFICATION OF THE DEBT AND IDENTITY OF THE ORIGINAL CREDITOR WITHIN THE TIME PROVIDED BY LAW IS NOT AFFECTED BY THIS ACTION.

THE TIME ALLOWED BY LAW FOR REDEMPTION BY THE MORTGAGOR, THE MORTGAGOR'S PERSONAL REPRESENTATIVES OR ASSIGNS, MAY BE REDUCED TO FIVE WEEKS IF A JUDICIAL ORDER IS ENTERED UNDER MINNESOTA STATUTES SECTION 582.032, DETERMINING, AMONG OTHER THINGS, THAT THE MORTGAGED PREMISES ARE IMPROVED WITH A RESIDENTIAL DWELLING OF LESS THAN FIVE UNITS, ARE NOT PROPERTY USED IN AGRICULTURAL PRODUCTION, AND ARE ABANDONED.

DATED: March 26, 2019

ASSIGNEE OF MORTGAGEE: PennyMac Loan Services, LLC

Wilford, Geske & Cook P.A.

Attorneys for Assignee of Mortgagee

7616 Currell Blvd; Ste 200

Woodbury, MN 55125-2296

(651) 209-3300

File Number: 036228F03

BUY IT SELL IT FIND IT
IN THE CLASSIFIEDS

CITY OF THIEF RIVER FALLS
2018 DRINKING WATER REPORT

PWSID:1570003

Making Safe Drinking Water

Your drinking water comes from a surface water source: surface water drawn from Red Lake River. Thief River Falls works hard to provide you with safe and reliable drinking water that meets federal and state water quality requirements. The purpose of this report is to provide you with information on your drinking water and how to protect our precious water resources. Contact Wayne Johnson, Water Systems Superintendent, at 218-689-8967 or wjohnson@citytrf.net if you have questions about Thief River Falls's drinking water. You can also ask for information about how you can take part in decisions that may affect water quality. The U.S. Environmental Protection Agency sets safe drinking water standards. These standards limit the amounts of specific contaminants allowed in drinking water. This ensures that tap water is safe to drink for most people. The U.S. Food and Drug Administration regulates the amount of certain contaminants in bottled water. Bottled water must provide the same public health protection as public tap water. Drinking water, including bottled water, may reasonably be expected to contain at least small amounts of some contaminants. The presence of contaminants does not necessarily indicate that water poses a health risk. More information about contaminants and potential health effects can be obtained by calling the Environmental Protection Agency's Safe Drinking Water Hotline at 1-800-426-4791.

Thief River Falls Monitoring Results

This report contains our monitoring results from January 1 to December 31, 2018. We work with the Minnesota Department of Health to test drinking water for more than 100 contaminants. It is not unusual to detect contaminants in small amounts. No water supply is ever completely free of contaminants. Drinking water standards protect Minnesotans from substances that may be harmful to their health. Learn more by visiting the Minnesota Department of Health's webpage Basics of Monitoring and Testing of Drinking Water in Minnesota (http://www.health.state.mn.us/divs/eh/water/factsheet/com/sampling.html). How to Read the Water Quality Data Tables The tables below show the contaminants we found last year or the most recent time we sampled for that contaminant. They also show the levels of those contaminants and the Environmental Protection Agency's limits. Substances that we tested for but did not find are not included in the tables. We sample for some contaminants less than once a year because their levels in water are not expected to change from year to year. If we found any of these contaminants the last time we sampled for them, we included them in the tables below with the detection date. We may have done additional monitoring for contaminants that are not included in the Safe Drinking Water Act. To request a copy of these results, call the Minnesota Department of Health at 651-201-4700 or 1-800-818-9318 between 8:00 a.m. and 4:30 p.m., Monday through Friday.

- Definitions:
 - AI (Action level): The concentration of a contaminant which, if exceeded, triggers treatment or other requirements which a water system must follow.
 - EPA: Environmental Protection Agency
 - MCI (Maximum contaminant level): The highest level of a contaminant that is allowed in drinking water. MCIs are set as close to the MCLGs as feasible using the best available treatment technology.
 - MCLG (Maximum contaminant level goal): The level of a contaminant in drinking water below which there is no known or expected risk to health. MCLGs allow for a margin of safety.
 - Level 1 Assessment: A level 1 assessment is a study of the water system to identify potential problems and determine (if possible) why total coliform bacteria have been found in our water system.
 - Level 2 Assessment: A level 2 assessment is a very detailed study of the water system to identify potential problems and determine (if possible) why an E. coli MCI violation has occurred and/or why total coliform bacteria have been found in our water system on multiple occasions.
 - MRDI (Maximum residual disinfectant level): The highest level of a disinfectant allowed in drinking water. There is convincing evidence that addition of a disinfectant is necessary for control of microbial contaminants.
 - MRDIG (Maximum residual disinfectant level goal): The level of a drinking water disinfectant below which there is no known or expected risk to health. MRDIGs do not reflect the benefits of the use of disinfectants to control microbial contaminants.
 - NA (Not applicable): Does not apply.
 - NTU (Nephelometric Turbidity Units): A measure of the cloudiness of the water (turbidity).
 - ppb (picocuries per liter): A measure of radioactivity.
 - ppb (parts per billion): One part per billion in water is like one drop in one billion drops of water, or about one drop in a swimming pool. ppb is the same as micrograms per liter (11g/l).
 - ppm (parts per million): One part per million is like one drop in one million drops of water, or about one cup in a swimming pool. ppm is the same as milligrams per liter (mg/l).
 - PWSID: Public water system identification.
 - TT (Treatment Technique): A required process intended to reduce the level of a contaminant in drinking water.
 - Variances and Exemptions: State or EPA permission not to meet an MCI or a treatment technique under certain conditions.

Water Quality Data Tables						
LEAD AND COPPER - Tested at customer taps						
Contaminant (Date, if sampled in previous year)	EPA's Action Level	EPA's Ideal Goal (MCLG)	90% of Results Were Less Than	Number of Homes with High Levels	Violation	Typical Sources
Copper (07/13/16)	90% of homes less than 1.3 ppm	0 ppm	0.04 ppm	0 out of 20	NO	Corrosion of household plumbing
Lead (07/13/16)	90% of homes less than 15 ppb	0 ppb	8 ppb	0 out of 20	NO	Corrosion of household plumbing
INORGANIC & ORGANIC CONTAMINANTS - Tested in drinking water.						
Contaminant (Date, if sampled in previous year)	EPA's Limit (MCL)	EPA's Ideal Goal (MCLG)	Highest Average or Highest Single Test Result	Range of Detected Test Results	Violation	Typical Sources
Nitrate	10.4 ppm	10 ppm	0.06 ppm	N/A	NO	Runoff from fertilizer use; leaching from septic tanks, sewage; erosion of natural deposits.
CONTAMINANTS RELATED TO DISINFECTION - Tested in drinking water.						
Substance (Date, if sampled in previous year)	EPA's Limit (MCL or MRDL)	EPA's Ideal Goal (MCLG or MRDLG)	Highest Average or Highest Single Test Result	Range of Detected Test Results	Violation	Typical Sources
Total Haloacetic Acids (HAA)	60 ppb	N/A	24 ppb	9.3 - 30 ppb	NO	By-product of drinking water disinfection.
Total Trihalomethanes (TTHMs)	80 ppb	N/A	15.3 ppb	5.9 - 20.10 ppb	NO	By-product of drinking water disinfection.
Total Chlorine	4.0ppm	4.0 ppm	2.97 ppm	2.0 - 3.09 ppm	NO	Water additive used to control microbes.
Total HAA refers to HAA5						
OTHER SUBSTANCES - Tested in drinking water.						
Substance (Date, if sampled in previous year)	EPA's Limit (MCL)	EPA's Ideal Goal (MCLG)	Highest Average or Highest Single Test Result	Range of Detected Test Results	Violation	Typical Sources
Fluoride	4.0 ppm	4.0 ppm	0.74 ppm	0.55 - 0.90 ppm	NO	Erosion of natural deposits; water additive to promote strong teeth.
TREATMENT INDICATOR - Tested during treatment.						
Substance	Removal Required	Lowest Monthly Percent of Results in Compliance		Highest Test Result	Violation	Typical Sources
Turbidity	Treatment Technique	26		2.35 NTU	YES	Soil runoff.
DISINFECTION BYPRODUCT INDICATOR - Tested in source water and in drinking water.						
Sustance	Removal Require	Range of Percent Removal Achieved		Average of Percent Removal Achieved	Violation	Typical Sources
Total Organic Carbon	Variable	33 - 61		51	NO	N/A
The percentage of Total Organic Carbon (TOC) removal was measured each month. The system met all TOC removal requirements, unless there is a "YES" in the violation column.						

Potential Health Effects and Corrective Actions (If Applicable)

Turbidity: Turbidity is a measure of the cloudiness of the water. We monitor it because it is a good indicator of the effectiveness of our filtration system. Turbidity has no health effects. However, turbidity can interfere with disinfection and provide a medium for microbial growth. Turbidity may indicate the presence of disease-causing organisms. These organisms include bacteria, viruses, and parasites that can cause symptoms such as nausea, cramps, diarrhea, and associated headaches. We violated the requirement to maintain turbidity below 0.3 NTU in at least 95% of monthly finished water samples from December 2017 to July 2018. We made changes to our treatment process and returned to compliance in August 2018.

Some People Are More Vulnerable to Contaminants in Drinking Water

Some people may be more vulnerable to contaminants in drinking water than the general population. Immuno-compromised persons such as persons with cancer, undergoing chemotherapy, persons who have undergone organ transplants, people with HIV/AIDS or other immune system disorders, some elderly and infants can be particularly at risk from infections. These people should seek advice about drinking water from their health care providers. EPA/CDC guidelines on appropriate means to lessen the risk of infection by Cryptosporidium and other microbial contaminants are available from the Safe Drinking Water Hotline at 800-426-4791.

Learn More About Your Drinking Water

Drinking Water Sources Minnesota's primary drinking water sources are groundwater and surface water. Groundwater is the water found in aquifers beneath the surface of the land. Groundwater supplies 75 percent of Minnesota's drinking water. Surface water is the water in lakes, rivers, and streams above the surface of the land. Surface water supplies 25 percent of Minnesota's drinking water. Contaminants can get in drinking water sources from the natural environment and from people's daily activities. There are five main types of contaminants in drinking water sources.

- Microbial contaminants, such as viruses and bacteria, which may come from sewage treatment plants, septic systems, agricultural livestock operations, and wildlife.
- Inorganic contaminants, such as salts and metal: which can be naturally-occurring or result from urban stormwater runoff, industrial or domestic wastewater discharges, oil and gas production, mining, or farming.
- Pesticides and herbicides, which may come from a variety of sources: such as agriculture, urban stormwater runoff, and residential uses.
- Organic chemical contaminants, including synthetic and volatile organic chemicals, which are by-products of industrial processes and petroleum production, and can also come from gas stations, urban stormwater runoff, and septic systems.
- Radioactive contaminants, which can be naturally-occurring or be the result of oil and gas production and mining activities.

The Minnesota Department of Health provides information about your drinking water source(s) in a source water assessment, including:

- How Thief River Falls is protecting your drinking water source(s);
- Nearby threats to your drinking water sources;
- How easily water and pollution can move from the surface of the land into drinking water sources, based on natural geology and the way wells are constructed.

Find your source water assessment at Source Water Assessments (www.health.state.mn.us/divs/eh/water/swp/swa/) or call 651-201-4700 or 1-800-818-9318 between 8:00 a.m. and 4:30 p.m., Monday through Friday.

Lead in Drinking Water

You may be in contact with lead through paint, water, dust, soil, food, hobbies, or your job. Coming in contact with lead can cause serious health problems for everyone. There is/no safe level of lead. Babies, children under six years, and pregnant women are at the highest risk. Lead is rarely in a drinking water source, but it can get in your drinking water as it passes through lead service lines and your household plumbing system. Thief River Falls provides high quality drinking water, but it cannot control the plumbing materials used in private buildings.

Read below to learn how you can protect yourself from lead in drinking water.

- Let the water run for 30-60 seconds before using it for drinking or cooking if the water has not been turned on in over six hours. If you have a lead service line, you may need to let the water run longer. A service line is the underground pipe that brings water from the main water pipe under the street to your home.
 - You can find out if you have a lead service line by contacting your public water system, or you can check by following the steps at: Are your pipes made of lead? Here's a quick way to find out (https://www.mprnews.org/story/2016/06/24/npr-find-lead-pipes-in-your-home).
 - The only way to know

NATIONAL VOLUNTEER WEEK

April 7-13, 2019

Volunteers are the roots of strong communities

Volunteering comes in many forms. Someone who shovels their neighbor's driveway or who contributes through a role within an organization or group is helping build a stronger community. Remember to thank the volunteers for their efforts creating a positive impact on communities.

With Heartfelt Thanks Celebrating Your Service

**Area Food Shelf
218-681-4708**

"Thanks to our volunteers this past year for all of your help & support."

**American Legion Post #117
218-681-1341**

"Thanks To All Our Volunteers – Auxiliary, 40 & 8, Color Guard And Sons Of The American Legion & Post Members."

**Challenger Elementary Parents, Teachers, Students In Partnership And School District #564 Volunteer Program
218-681-2345**

"Thank you for planting the seeds of success for our children, staff and school!"

**City of Thief River Falls
218-681-2943**

"Hats off to the volunteers who serve our city so well as members of committees and commissions!"

**Digi-Key Cares
Community Outreach Program
218-681-8000**

"Thank you to the many Digi-Key employees who have volunteered their time and resources to this outreach program."

**Falls Delivered Meals
218-681-6861**

"Thank you volunteer drivers, we couldn't do it without you!"

**Heritage Community Center
218-681-2793**

"Our volunteers are the heart of our organization!"

**Advance Thief River / TRF Jobs Inc
218-280-1755**

"Economic development in the Thief River Falls area."

**MN Greenleaf Independent and Assisted Living
218-681-1685**

"Service With Excellence."

"A sincere thank you to all our volunteers who have given so freely of their time and talent."

Volunteer luncheon Wednesday, March 17th at 2:30 p.m.

**NCTC Foundation
218-683-8616**

"The mission of the Northland Community & Technical College Foundation is to support the college by providing Opportunities for contributors to invest in and enhance the educational experience of Northland's students."

Oakland Park Communities

"The brightest stars are those who shine for the benefit of others. Thank you for making the world a brighter place. To volunteer, contact Cindy Arit, Oakland Park Communities, 218-681-1675"

**Pennington County
218-683-7000**

"Pennington County Volunteers – providing the service money can't buy!"

**Pennington County 4-H
218-683-7030**

"Where volunteers are helping young people grow."

**Pennington County Fair Association
July 17-21, 2019**

"Thanks for your helping hands."

**Sanford TRF Auxiliary,
Sanford Medical Center Volunteers
218-683-4405**

"Feel like a million for that is what our volunteers at Sanford Medical Center are worth. Thanks for a job well done."

**St. Bernard's Catholic Community
218-681-3571**

www.stbernardscc.org

"Thank you for sharing of your time, talent and treasure with the parish family of St. Bernard's."

**St. Bernard's Catholic School
218-681-1539**

"We wish to express our deep gratitude to all our many volunteers."

**Thief River Falls Aerie No. 2368
Fraternal Order of Eagles and Auxiliary
218-681-2406**

"People helping people"

**Thief River Falls
Amateur Hockey Association
218-681-1350**

"Making goals happen since 1972, thanks to volunteers like you."

**Thief River Care Center
218-683-8106**

"Those who can, do. Those who can do more - volunteer."

~ Author Unknown

*"Help One Another: There's no time like the present and no present like the time." ~ James Durst
Volunteer opportunities in our Care Center Companions Program. Please call to come have fun with us.*

**Thief River Falls Chamber of Commerce
218-681-3720**

"Thank you to the many volunteers who work hard to improve and strengthen our community. You are very much appreciated!"

**Thief River Falls Education Foundation
218-681-8711 ext. 5228**

"Promoting excellence in education."

**Thief River Falls Lions Club
www.trflions.org**

"We Serve." New members welcome - We meet wednesdays at noon every week at the American Legion Club

TRF Rotary Club

*"Service above self.
Supporting our community, focusing on children and education."*

**Valley Home
218-681-3286**

"Thanks to all our volunteers. We couldn't get along without you!"

**Violence Intervention Project
218-681-5557 or 1-800-660-6667**

"Thank you to our many volunteers who have come along side us, as hundreds of people are helped every year. Your presence is a gift!"





Department American Legion Auxiliary President Jean Walker of Warren and 9th District American Legion Auxiliary President Lynn Carr of Thief River Falls were special guests at the Roseau American Legion Auxiliary Unit 24 meeting Monday, April 1. Several units attending the meeting were host unit Roseau, Warroad, Badger, Greenbush, Argyle, Karlstad, Grygla, Roosevelt, Bagley, Middle River, Crookston, Warren and Thief River Falls. (Submitted)

Christian Women’s Club to meet

Tired of winter clothes and ready for spring and summer clothes? Come to the Thief River Falls Christian Women’s Club meeting Tuesday, April 16 at 12 p.m. at the Thief River Falls American Legion Club.

Danielle Carlson from

Total Betty will have a style show with the women’s spring and summer line of clothing.

Rita Weber from Sioux Falls, S.D., will share about “A Trip to Remember.” She will also share her musical talents.

The cost is \$9 inclusive.

Reservations are appreciated by Thursday, April 11 and honored by you or a friend. Cancellations should be submitted by Monday noon. For reservations or cancellations, call Carmen at 681-3091.

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Actual internet speeds may vary depending on your computer or mobile device’s capability and the number of devices accessing the internet at once. Higher speeds may also be impacted by third-party equipment such as your router or the limitations of wireless and home or business networking technology. Service coverage requires connectivity to a Midco fixed wireless tower. A professional Midco technician will locate the best signal with the intention of performing a full install. However, if we are unable to get a proper signal to your location, there will be no cost or obligation to you. © 2019 Midcontinent Communications. All rights reserved.

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WITHOUT A REFERRAL

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Call Sanford Thief River Falls at (218) 681-4747 to make an appointment today.



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SANFORD

ORTHOPEDICS

SPORTS MEDICINE

sanfordhealth.org

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