

## COMING SOON!

Small business growth and development continue



The new Dairy Queen restaurant is expected to be open toward the end of this month, according to owner Andrew Peralta. Equipment and tables are already in place, but Peralta is waiting to receive electrical panels and have them installed and tested. Signage also needs to be installed. The new restaurant, measuring about 4,000 square feet, will boast a two-lane, two-window drive-thru. About 62 seats will be located in the new restaurant as opposed to the 38 seats available at the current site. Peralta is still looking for a business to move into the current Dairy Queen restaurant.



Work has begun on The Curve Car Wash and Truck Wash, which is being built south of the Cenex Highway 59 Travel Plaza. It will feature an automated car wash and a self-serve truck wash. F4 LLC owns The Curve. David Bray, with F4 LLC, said the car wash will feature state-of-the-art equipment like the Rydell dealership's car wash in Grand Forks, N.D. Both the car wash and truck wash will feature 130-foot bays. F4 LLC includes David and Sarah Bray, Ryan and Charity Barth, Sean and Stacy Myhrer, Angie Westling, and Andy and Tirzah Hudson.

## TRF Council reaffirms TIF district for The Angle

Would include a 93-unit apartment complex and 9,000 square feet for retail space

by April Scheinoha Reporter

The Thief River Falls City Council has reaffirmed a Tax Increment Financing district for The Angle development, which is planned near Valley Assisted Living. With its reaffirmation, the council enabled the project to move forward without a daycare — for now.

MAK Construction plans to construct a 93-unit apartment building with 9,000 square feet of retail space, as well as a heated parking garage, on the bottom floor. The project, called The Angle, initially included plans to construct a daycare elsewhere on the same property at the same time as the other building. That portion of the project hit a snag.

With support from the Thief River Falls School Board and Pennington County Board, the council reaffirmed the TIF district

contingent on a deed restriction being placed on an affiliated parcel. The MAK Construction will receive TIF for nine years or up to a total cost of \$1.1 million, whichever comes first. The mixed-use building is the only portion of the development eligible for TIF.

Currently, the taxes are about \$250 for the property. It is expected that the taxes would be close to \$300,000 once the TIF district has ended. While the TIF district is in existence, taxes are still paid on the property. However, the difference in taxes is given back to the developer for the project for the agreed-upon period of time. The new taxes are used to finance costs related to the project.

Unlike other TIF district, economic TIF districts may be approved for a total of nine years and don't require the property owner to institute income limits for ten-

ants. City consultant Mark Borseth noted that the TIF can be used for such things as land acquisition, demolition, site work and utilities.

In April, with support from the county and school district, the council approved an economic TIF district for The Angle. That decision was contingent on the daycare component being included. At that time, TIF consulting firm Ehlers analyzed MAK Construction's pro forma and determined that the firm wouldn't need TIF for the full nine years available.

In September, developer Marc Kuhn asked that the TIF district proceed even though he was unable to secure a daycare for the project. The council then went back to the Pennington County Board and Thief River Falls School Board to gauge their thoughts. They continued to support TIF as

(Continued on Page 10)

School District 564:

## Planning committee looks at district's financial challenges

It's not a very rosy picture

by David Hill Editor

Thursday, Nov. 3, members of the School District 565, Thief River Falls Long-Term Planning Advisory Committee heard an update about the District's finances. It isn't a rosy picture. If enrollment continues its downward trend, and all other things remain the same, then S.D. 564 could be looking at finding ways to cut over \$2 million from its budget for several years, and that's on top of cuts already made.

What are the numbers? Tanya Monson-Ek, former District business manager, who now works for a

financial services company, said the District's general fund amounts to about \$23 million per year. About 82 percent of that is made up of state aid, 10 percent from the levy, 5 percent from financial aid, and 3 percent from miscellaneous local revenue.

The state aid is based on the number of kids enrolled in the District. Current five-year projections show enrollment continuing to decline. In fact, enrollment has been steadily declining since 2015-16. The weighted average daily membership, which is used for determining aid, was 2,207.85 in 2016-17, and has declined to 2,005.85 for 2021-22. The five-year future projection shows enrollment declining from 2001.80 for 2022-23 to 1,877.40 in 2026-27.

About 79 percent of the

District's expenditures are salaries and benefits, 8 percent is purchased services, 6 percent supplies, 5 percent is equipment, and 1 percent miscellaneous. There are approximately 350 staff district-wide. Of course there's little the District can do to control costs, like liability insurance and utility expenses.

Revenue projections show the District will continue to receive a 2 percent increase from the state, but the levy, federal, state and local dollars will remain the same.

Expenditures are being impacted by inflation, which currently sits at 8.2%. State aid has not kept up with inflation.

Total expenditures in fiscal year 2023 are estimated at \$23,815,873, and by fiscal year 2027, \$25,589,958. (Continued on Page 10)

## FEMA officials visit TRF

City seeks to amend damage to several parks

by April Scheinoha Reporter

The Federal Emergency Management Agency has conducted site inspections in Thief River Falls.

Public Works Director Travis Giffen provided an update on the inspections to the Thief River Falls City Council at its meeting Tuesday, Nov. 1. City infrastructure was damaged after a snowstorm April 13 and rain and flooding 10 days later.

On the day of the council meeting, one team toured Red Robe Park, Boy Scout

Park, Elks Park and Hartz Park. Giffen referred to the tour as a "capture of the damage" and the city's plans to fix the areas. The city is requesting mitigation for the three former parks. Regarding the latter park, Giffen said there has been some sediment buildup and there is a possibility that the city may skim the sediment and remove the topsoil there.

The team also toured repairs made to a handicapped-accessible ramp that provides access to the fishing landing at the dam. The slope was affected by the high water, leading the ramp to no longer be compliant with the Americans with Disabilities Act. Giffen said the ramp has been stabilized, but more work needs to be done on the ramp. He added that the work seemed to be acceptable to FEMA, which may reimburse the city for its costs.

Another FEMA crew was

expected to tour three sites at the dam two days after the council meeting.

These inspections are among many steps in the process to receive funding assistance from FEMA.

City Council adopted the assessment roll for the 2022 Street and Utilities Improvement Project. The project cost \$1,830,148.73. Of that amount, assessments totalled \$757,826.77. As a result, the general city cost is \$1,072,321.96.

After holding a second reading, the council adopted an amendment to the Flood Plain District. The amendment ensures that the city continues to comply with National Flood Insurance Program standards, including the adoption of effective Flood Insurance Rate Map and Flood Insurance Study report. (Continued on Page 12)



## Local small businesses

have a big impact on our community

Remember to support local businesses

Works continues on the new McDonald's restaurant in Thief River Falls. On Friday, Nov. 4, Catlin Doherty, an owner with Dakota Drive LLC, said the restaurant is set to reopen Thursday, Nov. 17 at 11 a.m. A grand opening event is planned for the following Saturday. The new building has a similar footprint to the old building, but more space will be devoted to the kitchen and employee work space. It will also feature a third pickup window. Gaming stations will replace the Play Place.



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Lincoln High School's chapter of the National Honor Society inducted 19 students - seven seniors and 12 juniors - into its ranks Tuesday, Nov. 1. Lincoln High School has had a chapter of the NHS since 1929. NHS provides schools with a values-based framework to elevate a culture of scholarship, service, leadership, and character. Membership is not based solely on academic achievement. To be considered to be a member, students must have a grade point average of 3.5 or higher. Their applications are then reviewed by staff at the school. A total of 79 students were invited to join with no guarantee of acceptance. A total

of 45 applications were filed, and 19 accepted. Members of the NHS chapter are required to perform school and community service. They are often found leading charitable and other activities in the school. LHS students inducted into the organization Tuesday night included: (front row, from left) Holly Van Schaick, Ali Yuska, Kendra Mehrkens, Olivia Tougas, Carli Prickett, Cora Hintz, Kailee Larson, Jordan Larson, Gretta Grzadziewski, Brianna Berg, and Brynn Olson; (back row) Jack Rosendahl, Megan Peterson, Ethan Lane, Caleb Rosendahl, Ava Budish, Cole Desrosier, Brayden Spears, and Lealand Vetteson.

## Energy assistance available for homeowners, renters

Minnesota homeowners and renters struggling to pay energy bills are encouraged to act now to ensure your home is warm and safe this winter. The Energy Assistance Program administered by the Minnesota Department of Commerce and the Cold Weather Rule administered by the Minnesota Public Utilities Commission give homeowners and renters options to pay your utility bills, to reduce your energy costs and to protect you from having your heat and power disconnected.

"The Cold Weather Rule puts Minnesotans' health and safety first by ensuring your heat stays on during our cold weather months," said PUC Chair Katie Sieben. "We encourage you to contact your utility company now to avoid shutoffs." Commerce Commissioner Grace Arnold said, "With one application, Minnesotans can qualify for energy assistance and weatherization assistance to make energy bills more affordable and to permanently lower your energy bills. You can also apply for assistance to pay past-due water and sewer bills."

**YES.** You must make and keep the CWR payment plan you set up with your natural gas or electric utility company to receive CWR protection between Oct. 1 and April 30. This is true for all residential customers, including senior citizens and families with young children.

**Energy Assistance Program**

How do you apply? Request an application or find your local service provider with one of these options: Go online: [mn.gov/home](http://mn.gov/home); or call 800-657-3710 and press 1.

you have been disconnected

- Receiving emergency fuel delivery if you heat your house with propane or heating oil
- For homeowners, if your furnace or heating system is broken, you could get help with repair or replacement

With one application, homeowners and renters can also qualify for the Weatherization Assistance Program to receive free home improvements to help save your energy and ensure your home is a warm, healthy and safe place to live. You may also qualify through the same application for assistance to pay past-due water and sewer bills.

When does the Cold Weather Rule take effect? The Cold Weather Rule started Oct. 1 and extends through April 30. The dates were extended under a state law passed in 2021.

How do you sign up? Contact your natural gas or electric utility company and request a Cold Weather Rule payment plan. You can establish a payment plan at any time during the CWR season. Once you set up a payment plan and keep it, you are protected from having your heat disconnected. If you are unable to agree with your utility company on a payment amount, you have the right to appeal. Contact the PUC Consumer Affairs Office: 800-657-3782.

Can your heat be shut off during winter?

Who qualifies? Homeowners and renters can qualify for energy assistance.

Check online to see if your income qualifies. For example, a family of four could earn up to \$58,793 annually and qualify.

The application considers your most recent three months of income and does not include federal stimulus or unemployment payments.

How does the program work? Payments on energy and water bills are sent directly to the household's utility company. Benefits average \$500 per household.

Additional benefits that you may qualify for:

- Getting help to prevent disconnection
- Getting reconnected to your heat and power if


## Community Thanksgiving meal set

The Pennington County Salvation Army will host a community Thanksgiving meal Thursday, Nov. 24, from 11 a.m. to 1 p.m., at the Evangelical Free Church. The church is located at 211 Arnold Ave. N., Thief River Falls.

In-person and delivery options are available. Register to attend, receive a delivery or serve at the event at [TRFThanksgiving.com](http://TRFThanksgiving.com) or call the Thief River Falls Chamber of Commerce at 218-681-3720.

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Ethan Rivers checks over the options on his ballot. Rivers was one of the Challenger Elementary School students in Thief River Falls who were participating in an election. Students were voting for their favorite gym game - Cops and Robbers, Medic or Castle

Guard. The exercise was designed to familiarize children with voting, citizenship, increasing family communication about citizenship, and encouraging greater adult voter turnout.

## Accident injures Karlstad man

A Karlstad man was injured Thursday afternoon after a two-vehicle accident in Halma.

Gary Bruce Carlson, 70, suffered a non-life threatening injury, according to the Minnesota State Patrol report. An ambulance transported him to Sanford Medical Center in Thief River Falls.

The other driver, 74-year-old Julie Lynn Spilde of Halma, reported no injuries.

At the time of the acci-

dent, Spilde was driving a 2018 Ford Taurus westbound on Cleveland Avenue in Halma. According to the report, her car then collided with Carlson's 2003 Dodge Dakota. Carlson was driving southbound on Highway 59. Both drivers were wearing their seat belts.

The State Patrol was dispatched to the scene at 5:06 p.m. Thursday. Tri-County EMS, the Karlstad Fire Department and Kittson County Sheriff's Office provided assistance.

## Calendar parking begins Nov. 15 in TRF

Calendar parking begins Tuesday, Nov. 15 in the City of Thief River Falls. It is expected to end Wednesday, March 15, 2023. Usually, calendar parking begins on Nov. 15; however, the mayor has the authority to declare a snow emergency and start calendar parking citywide before and after that time frame if needed.

**Calendar parking restrictions for roadways**  
No parking will be allowed from 6 a.m. to 9 a.m. on Mondays, Wednesdays and Fridays on avenues, which span north and south. During the snow removal process, all vehicles parked on avenues, Red Lake Boulevard and Alice Drive during the above time frame will be subject to being towed at the owners' expense.

**No parking will be allowed from 6 a.m. to 9 a.m. on Tuesdays, Thursdays, Saturdays and Sundays on streets, which span east and west.** During the snow removal process, all vehicles parked on streets, courts, circles, cul-de-sacs, design-

ated drives and lanes during the above time frame will be subject to being towed at the owners' expense.

**Central Business District restrictions**  
No parking will be allowed every day during calendar parking (Nov. 15 to March 15) from 2 to 6 a.m. on all roadways in the Central Business District. This area is bordered by Fourth Street on the north, Knight Avenue on the west, First Street on the south and the Canadian Pacific railroad on the east (including LaBree Avenue east of the former hospital emergency entrance). The downtown calendar parking restriction includes Highway 32 (Main Avenue) from Zeh to Fourth streets and Highway 59 (Third Street) from Duluth to Atlantic avenues.

**Restrictions on municipal parking lots**  
Besides those roadways, calendar parking restrictions will be in effect for municipal parking lots. Signage directs motorists where to park in the municipal parking lots during calendar parking.

## Be prepared this winter

The white stuff has arrived, and it's time to make sure you're prepared. **Prepare your vehicle for winter:**

Winterize your vehicle to avoid breakdowns. Have a certified mechanic check:

- Battery
- Wipers and washer fluid
- Antifreeze
- Ignition system
- Thermostat lights
- Exhaust system
- Flashing hazard lights
- Heater/Defroster
- Brakes
- Oil level
- Tires and air pressure (consider snow tires)

**Before you drive:**

- Before leaving town, fill your gas tank. While traveling, stop frequently to refill your tank.
- Assemble an emergency kit and keep it in the vehicle throughout the season.
- Keep essential items in the car, including bottled water and snacks; boots, coat and gloves; blankets; a flashlight and batteries; maps (even if you have GPS); a cell phone with charger; a shovel; a windshield scraper; tow rope; booster cables; a reflector or bright cloth to use as a distress signal; and salt/sand/cat litter
- Check current road conditions. Go to [www.mn511.org](http://www.mn511.org) for the latest information.
- Set the car radio to stations that regularly broadcast weather warnings, traffic reports and instructions.
- Tell someone where you are going, the routes you plan to travel, and when you expect to return. Report your arrival.
- Stay on designated roads. Avoid shortcuts off main highways as they may not be plowed or patrolled.

**On the road:**

- Always buckle your seat belt
- If driving on snow or ice, brake slowly and gently. Brake early when approaching an intersection.
- If you start to slide, ease off the gas pedal or brakes. Steer into the direction of the skid until you regain traction. Then straighten your vehicle. If you have antilock brakes, apply steady pressure.
- In fog, drive with headlights set on dim or use fog lights.
- Stay within the limits of your vision. If it is too difficult to see, pull off the road and stop. Turn on hazards.
- Decrease speed and increase following distance on hazardous roads. Your speed should adjust for conditions without impeding traffic flow.
- Watch for slick spots, especially on bridges and overpasses. Be prepared to react.
- Never try to pass in blowing snow, as there may be vehicles ahead you cannot see.
- Be alert for snowplows. When a plow is coming toward you, allow room for it to pass. Its blade may cross the centerline. Allow extra distance between your vehicle and service vehicles.
- Never drive into a snow cloud. A snowplow may be ahead clearing the lane or preparing to turn around.
- Be careful after any minor crash. If you are bumped from behind and do not feel comfortable exiting your vehicle, motion to the other driver and drive to the nearest safe place to stop, such as a 24-hour store.
- Be prepared to turn back and seek shelter if conditions become threatening.
- If you become stranded:
  - If you break down, pull off the road. Turn on your hazard lights.
  - Stay in the car. You could become disoriented and lost in a snowstorm.
  - If you have a cell phone, call 911 for help. Do not turn off your cell phone.
  - Display a trouble sign or attach a bright cloth to your car's antenna or door.
  - Run the engine occasionally to keep warm. Run the heater during this time. Recharge your cell phone.
  - Beware of carbon monoxide. Clear snow from the exhaust pipe and open a window for ventilation.
  - If it is dark, turn on your vehicle's interior light to make it easier for rescuers to find you.
  - Avoid overexertion. Shoveling or pushing a car can cause a heart attack or make medical conditions worse.
  - Watch for signs of hypothermia or frostbite.
  - Use your emergency kit as necessary. Stay hydrated.

# Hallock man charged with setting fire to two houses Thursday

A Hallock man has been charged in Kittson County District Court after he allegedly set fire Thursday to two Hallock homes. Alex Jay Gustafson, 35, was allegedly observed at the scene of the one of the fires, telling the homeowner that he had set the man's home on fire. The complaint indicated that Gustafson had suffered from delusions regarding the two homeowners.



Alex Jay Gustafson

Gustafson has been charged with two felony counts of first degree arson and one felony count of first degree burglary. He was arrested without incident at his home. Gustafson has been booked into the Pennington County Jail on the Kittson County charges. The Roseau County Attorney's Office is prosecuting the case.

The charges stemmed from two 911 calls about two house fires Thursday in Hallock. A homeowner heard a loud bang and investigated the sound. He allegedly observed Gustafson leaving the man's garage with a gas can, pouring a trail of gasoline on the ground and lighting it on fire. Gustafson allegedly told the man that he had set the house on fire. Gustafson then drove away from that home along Forest Avenue.

Moments earlier, Hallock Police Chief Mike Docken had learned about another 911 call regarding a house fire elsewhere in Hallock. A Kittson County sheriff's deputy had already responded to that home located along a street that was unidentified in the complaint. Docken saw the deputy was using a fire extinguisher to put out the

fire. A deck and an outside wall had burned.

The complaint indicated that Docken knew Gustafson "harbors delusional beliefs against" the man and the other individual whose home also sustained damage in a fire. The complaint listed the man by his initials. The other homeowner's initials weren't listed. Other media have identified the homeowners as a Hallock City Council member and an assistant county attorney. Docken found similarities among both fires.

After Gustafson's arrest, a search warrant was executed for Gustafson's home and car. Law enforcement allegedly found a gas can and lighter in Gustafson's car. A deputy also smelled an odor of gasoline in the car. Inside Gustafson's home, they allegedly found a pair of Red Wing boots that were being dried with a boot dryer. The boots smelled like gasoline.

## Two cited after accident on Halloween in TRF

**Accident, no insurance - owner and driving after revocation:** On Oct. 31 at 3:39 a.m., police received a report of an accident at the intersection of Highway 32 and Greenwood Street. At the time of the accident, Richard Eckstein of Thief River Falls was driving a 2016 Ford northbound on Highway 32 and turned west on Greenwood Street. According to the report, he failed to yield and his vehicle collided with a 2012 Chrysler driven by Kayla Marie Berg of Roseau. Berg was traveling southbound on Highway 32 at the time. The vehicles collided in the intersection. No injuries were reported.

Berg has been cited for driving after revocation. Justyn Micheal Ostby, 40, Roseau, has been cited for no insurance - owner. Ostby owned the vehicle driven by Berg.

**Theft:** On Nov. 1 at 3:04 p.m., police received a report of a theft in the 300 block of Conley Ave. S. Someone had stolen prescription medication out of the mail.

**Domestic assault:** On Nov. 1 at 7:16 p.m., police received a report of a domestic assault at Country Acres Apartments, 202 Greenwood St. E. Dante Shea Valenzuela, 26, Thief River Falls, has been cited for domestic assault. He was arrested. Valenzuela

allegedly struck a woman. **These reports include names of those charged, arrested or cited with various crimes and offenses. Depending upon the circumstances of a case, charges can be, and sometimes are, changed or dropped by law enforcement or attorneys even before the case reaches court.**

Readers should also realize that under the American system of jurisprudence, those charged with crimes are innocent until proven guilty of those crimes in a court of law.

## Adjudication stayed for aiding burglary charge

Adjudication was stayed for a felony charge of aiding and abetting third degree burglary in connection with a burglary at a rural Pennington County homestead. That case is among those featured in the latest edition of the Pennington County Citation Disposition Bulletin. Two other people have been charged in connection with that case. Criminal proceedings against those individuals continue to proceed through the court system. The Times pays for copies of this public Disposition Bulletin. If it appears in an online forum other than The Times' website ([www.trftimes.com](http://www.trftimes.com)), it has been copied.

**Pennington County Sheriff's Office:** Emmaleah Ruth Lund, 18, Newfolden, stay of adjudication for a felony charge of aiding and abetting a third degree burglary and continued, \$50,

supervised probation for five years, \$28,824 in restitution, write a letter of apology, meet with mental health professionals, not to use or possess firearms, ammunition or explosives, felony charge of aiding and abetting first degree criminal damage to property dismissed; Anthony Christopher Panovic, 38, Thief River Falls, driving after revocation, \$285, no insurance - owner, \$200...

**Thief River Falls Police Department cases:** Sandra Kay Hensrud, 41, Thief River Falls, stay of adjudication for a charge of disorderly conduct and continued, probation to the court for six months, \$50 to the Pennington County Domestic Abuse Fund; Travis James Hensrud, 39, Thief River Falls, stay of adjudication for a charge of disorderly conduct and continued, probation to the court for six months, \$50 to the

Pennington County Domestic Abuse Fund; Kade Anthony Kukowski, 24, Thief River Falls, use of bow and arrow violation, \$185; Dante Shea Valenzuela, 26, Thief River Falls, failure to stop at a stop sign, \$135, child restraint system not fastened for a child under 8 and under 57 inches, \$50, driver's license violation, \$100.

**Minnesota State Patrol cases:** Augustin Urdaun, 30, Grand Forks, N.D., 70/60, \$125; Aspen Jean Thompson, 20, Williams, 65/55, \$125; Aaron John Tollefson, 36, Gonvick, 65/60, \$125; Robin Mae Hammons, 51, Gully, 65/60, \$125; Michael Duane Hruby, 64, Thief River Falls, 65/60, \$125; Troy Christ Dyrdal, 55, McIntosh, charge of no proof of insurance dismissed; Juan Carlos Espinoza, 26, Thief River Falls, 35/30, \$125.

## MCC High School to observe Veterans Day

Marshall County Central and American Legion Post 427 will host a Veterans Day presentation for the students and public on Friday, Nov. 11 at 9:30 a.m. in the MCC High School gym. The public is invited.

This year's presentation will feature keynote speaker Russ Steer. Steer played an instrumental role in

establishing the Marshall County Veterans Memorial in Warren.

The MCC community is thankful for its veterans, and it is an honor for the school to work with Legion Post 427 to host a program each year. In addition to the keynote speaker, the MCC Senior High Choir and vocalist Mya Zutz will perform musical pieces. Five veterans will be presented with Quilts of Valor and one local enlisted member of the military will also be acknowledged.

Previous programs honoring veterans were attended by a crowd of over 500 students and community members.

## CORRECTION

The salary figures in the latest articles about the interim Thief River Falls fire chief appointment need to be clarified and corrected. The newspaper should

have noted that the figures were based on working 2,496 hours per year. With regard to the co-fire chiefs, the salary range was listed as a Grade 7. Neither of the

co-fire chiefs were listed at the top of that grade, which had an annual salary range for two co-fire chiefs at \$167,731.20 to \$212,808.96.



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**CITY OF THIEF RIVER FALLS NOTICE**

**Online AUCTION**

The City of Thief River Falls will hold an **Online Surplus/Forfeiture Auction** **November 2–November 16, 2022**

Online Auction found at: **publicsurplus.com** or link on **citytrf.net** home page

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**THURSDAY, NOVEMBER 10**  
**HAPPY HOUR** 4 - 6 p.m. **Progressive BINGO** 5 p.m.

**FRIDAY, NOVEMBER 11**  
**HAPPY HOUR** 4 - 6 p.m. **Progressive BINGO** 5 p.m.  
**DANCE to COLD SHOT** 8:30 p.m. - 12:30 a.m.

**SATURDAY, NOVEMBER 12**  
**BINGO** 5 p.m.

**MONDAY, NOVEMBER 14**  
**HAPPY HOUR** 4 - 6 p.m. *Post & Auxiliary Meeting at 7 p.m.*  
 Cootie Scratch 4:30 p.m.

**TUESDAY, NOVEMBER 15**  
 Humana Medicare Rep: 8 - 11 a.m. VFW Post - 218-201-0378  
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2022-2023 THIEF RIVER FALLS ENTERTAINMENT SERIES

**JEEYOON KIM**  
**Engaging Piano Soloist**  
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**Lincoln High School Auditorium**  
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 Classical pianist Jeeyoon Kim delights audiences with a sparkling combination of sensitive artistry, broad emotional range and impeccable technique.

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It takes teamwork and cooperation, even among different teams, to keep a robot in good working condition. These qualities are among those emphasized in FIRST Robotics. ProDigi, the FIRST robotics team from Lincoln High School is pictured making adjustments to the robot it entered in the Northern Minnesota Robotics Conference Championship in Alexandria. (Submitted)



The Lincoln High School FIRST robotics team, ProDigi, earned a third place and sixth place finish in the Northern Minnesota Robotics Conference Championship in Alexandria. (Submitted)



Briley Olsonawski, a member of the FIRST robotics team called ProDigi at Lincoln High School, answers questions during an interview at the Northern Minnesota Robotics Conference Championship in Alexandria. (Submitted)

**ProDigi robotics team has strong showing**

On Friday, Oct. 28 ProDigi, the Lincoln High School FIRST robotics team, competed at the Northern Minnesota Robotics Conference Championship in Alexandria.

The conference is made up of 26 teams and 22 attended the event.

The drive team consisted of captain Abrianna Hanson and Nick Purcell, along with pit crew lead Briley Olsonawski. Media director Megan Fuhrer and scouts Ronin Cloud and Bethany Crandall also attended. During the 30 qualification matches, the team had a very strong showing, but finished in 19th place. All team members were confident that the team would be selected for the playoffs due to the fact that they were consistently scoring and climbing at the end of the match.

In the alliance selection process, Pro-Digi was selected by the #6 alliance captain #3134 The Accelerators from Cass Lake and were also joined by Team 2503 Warrior Robotics from Brainerd.

In the first round of the double-elimination playoffs, they had to go up against the #6 ranked team and lost that match by one point, but with the new elimination structure, they were not worried and were confident that they could work their way back to the finals.

The second match set them against the #4 seated team and the alliance with ProDigi won, 71 to 41. This set the team up to play against the #2 ranked team. Unfortunately, the team lost and therefore finished in third place. There were no finals matches for the team, but team members were very happy with their overall performance on the day.

On Saturday, Oct. 29, the team competed in the NMRC Open event, which is open to any FIRST robotics team. Again, there were 22 teams. ProDigi finished in 15th place after 26 qualification matches and was selected by the #6 team captain RoboJacks from Bemidji, along with the Bodacious Bulldogs from Swanville, to compete as an alliance. The first match set the team against the #3 alliance (which went on to win the event) and the alliance with ProDigi on it lost. In the second elimination round, the team battled against the #1 ranked team. With a strong defensive effort, the alliance held the team to 59 points, which was the second lowest score they had all day. In the end, they were one point short scoring 58 points, and finishing sixth overall at the event.

### Franklin Middle School bands to present concert

The Franklin Middle School bands will perform their annual fall concert Tuesday, Nov. 15 at 7 p.m. in the FMS multipurpose room. This concert includes musicians from sixth through eighth grade as they perform some Concert Band classics as well as new and upcoming favorites.

Admission is a freewill donation at the door. Proceeds go to the FMS Band program. When entering the school, use door number 9 on the south side of the building.

The Sixth Grade Band will start the concert with some beginning band standards. These include the folk song, "Frère Jacques," "When the Saints Go Marching In" by John Higgins, "Old McDonald Had a Band" and "Hard Rock Blues" by John Higgins. They will end their portion of the concert with a piece by Paul Lavender titled "Distant Journey." This is sure to leave attendees on the edge of their seat as they experience the ups and downs of a long grueling journey.

The Seventh Grade Band will follow with a piece showing the story of The Legend of Excalibur called "The Sword of the Kings" by Robert W. Smith. Next, they will go back in time to the land of the dinosaurs in "A Prehistoric Suite." This is a three-movement piece depicting three different dinosaurs: Stegosaurus, Brontosaurus and finally The Battle between Tyrannosaurus and Triceratops. The band will end with a classic-style march by Paul Murtha titled "Guardians of Liberty."

The Eighth Grade Band will conclude the program starting with a piece that is sure to get attendees on their feet. "Swahili Folk Hymn" is a traditional folk song from Somalia, Kenya, and Tanzania. This will be followed by a concert march, "Laredo," which is from John Higgins. Next, for Native American Heritage Month, the band will perform a piece titled "Pueblo." This piece reflects on the mysteries of the Pueblo people and their kinship with nature. This brings the concert to the final piece by the Eighth Grade Band, "Tomb of the Pharaoh" by Brian Lewis. For this piece, imagine being on a journey across Egypt and come across an ancient pyramid tomb. This piece depicts the journey through the pyramid to inevitably arrive at the tomb of the ancient pharaoh.

### Workforce housing survey underway

Local residents are encouraged to answer a survey on northwest Minnesota workforce housing. Responses will help leaders understand the current conditions for the workforce and potential solutions for the housing shortage.

The survey is not restricted to any particular income level or job type, but responses should be from those who live or work in the counties of Kittson, Roseau, Lake of the Woods, Polk, Marshall, Pennington, Norman, and Red Lake.

The survey can be found on the City of Thief River Falls website (www.citytrf.net) or by logging onto www.surveymonkey.com/r/NWMNHousing.

The survey has been made possible with a grant from the Northwest Minnesota Foundation. Information is being compiled on behalf of the Northwest Regional Development Commission and the Northwest Minnesota Regional Housing and Redevelopment Authority. If you have questions regarding the survey or how it will be used, email info@gfelt.org.



Astaire Juhl voted on Monday. At Challenger Elementary School in Thief River Falls, students were voting for their favorite gym game - Cops and Robbers, Medic or Castle Guard. The vote was purposely conducted at this time because of the mid-term election to be held the next day for adults. Kids Voting

USA is a nonpartisan, grassroots-driven voter education program committed to creating lifelong voting habits in children, increasing family communication about citizenship, and encouraging greater adult voter turnout.

## Dagg, Mauch are Student Rotarians of the Month

Stephanie Dagg and Isaac Mauch were named Student Rotarians for the Month of November by the local chapter of Rotary International. During November, the students will be the guests at meetings of the Rotary Club and Lions Club.



**Stephanie Dagg**

Stephanie Dagg is the daughter of Jim and Tamar Dagg. She has two siblings, Andy and William.

Her school and non-school activities include tennis, track and field, Math League, Student Council, National Honor Society and choir.

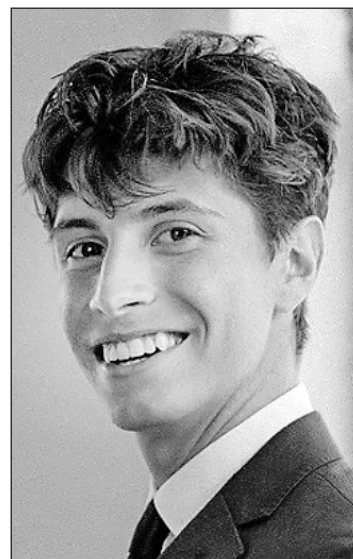
Her interests include traveling, baking, reading and working out.

Her future plans include majoring in biomedical science with an emphasis on pre-med to hopefully become an obstetrician/gynecologist.

Her favorite part of Lincoln High School and being a Prowler is how much the

school staff/teachers care about their students. They truly are dedicated to seeing students succeed.

Her volunteer activities include working with Sanford Auxiliary tree decorating, Trick-or-Treat for Unicef, and Trick-or-Treat Night for Cancer.



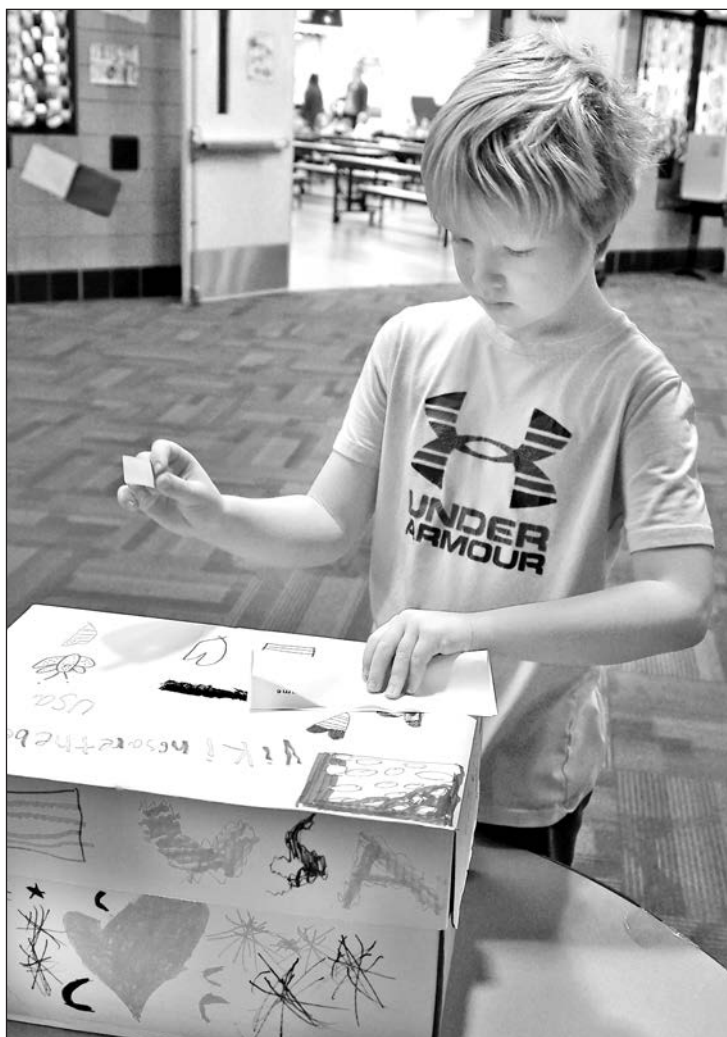
**Isaac Mauch**

Isaac Mauch is the son of Brad and Jackie Mauch. He has two siblings, Hannah and Caleb.

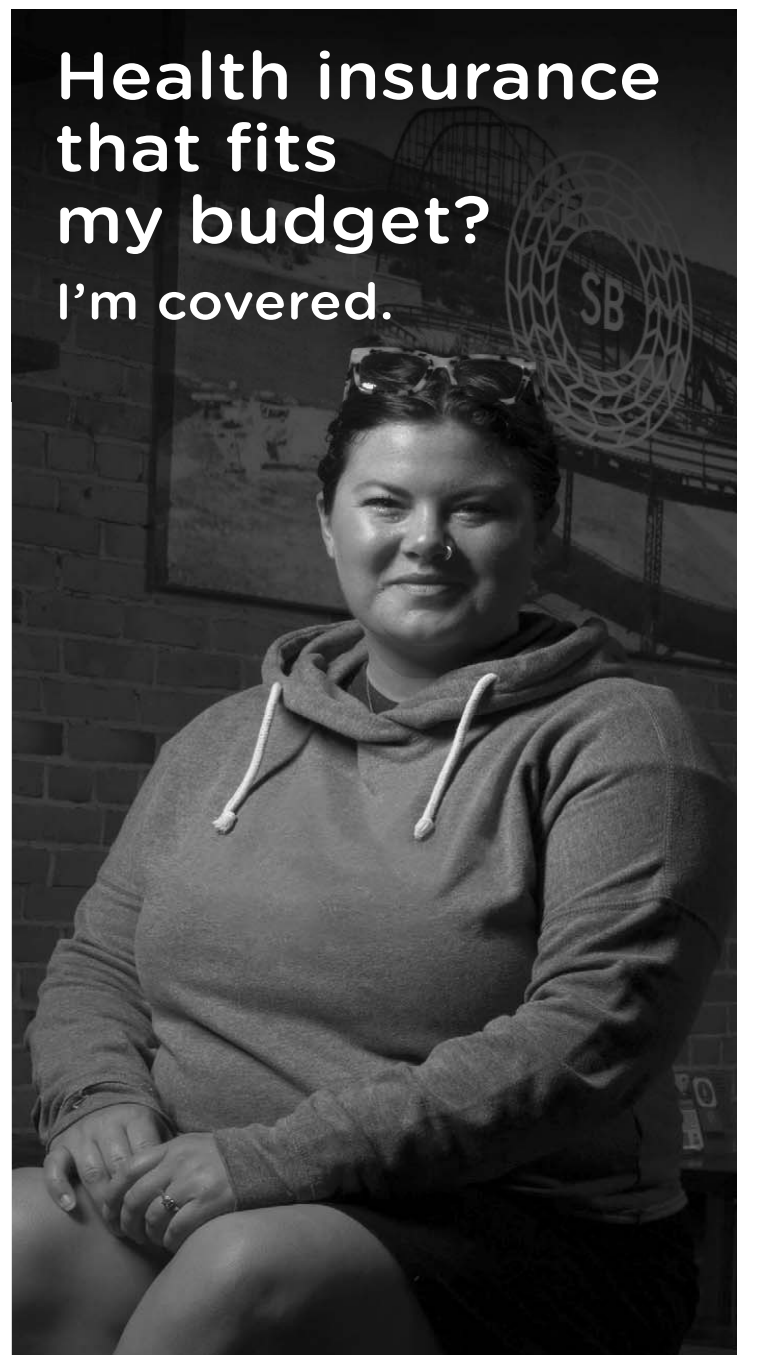
Isaac's school and non-school activities include cross-country, basketball, track and field, Math League, Student Council, National Honor Society, Science Fair, Free Lutheran Youth Group, and choir.

His interests include running, gardening, traveling and cooking.

His future plans include going to college to major in plant sciences and then further his studies at law



Braydon Marsden places his ballot in the ballot box. Monday, Nov. 7, students at Challenger Elementary School were voting for their favorite gym game - Cops and Robbers, Medic or Castle Guard. The vote was purposely conducted at this time because of the mid-term election to be held the next day for adults. Kids Voting USA is a nonpartisan, grassroots-driven voter education program committed to creating lifelong voting habits in children, increasing family communication about citizenship, and encouraging greater adult voter turnout.



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# REAL ID deadline is less than six months away

The enforcement deadline for REAL ID is less than six months away.

Beginning Wednesday, May 3, Minnesotans 18 years of age or older won't be able to use their standard driver's license or identification card to board domestic flights or enter certain federal facilities. Instead, they will need one of three options:

- Minnesota REAL ID driver's license or identification card.
- Minnesota enhanced driver's license or identifica-

tion card.

- Other federally-approved forms of identification. They include a U.S. passport or passport card, a foreign government-issued passport, a U.S. Citizenship and Immigration Services Employment Authorization Card (I-766), a permanent resident card, a border crossing card, a federally-recognized, tribal-issued photo ID or U.S. Department of Defense ID, including IDs issued to dependents.

Passed by Congress in

2005, the REAL ID Act establishes minimum security standards for state-issued driver's licenses and ID cards. The act refers to federal anti-terrorism laws and regulations that control access to the following:

- Federally-regulated commercial aircraft
- Federal facilities requiring identification to enter, such as military bases or nuclear power facilities

The act prohibits federal agencies like the Transportation Security

Administration from accepting driver's licenses and ID cards for official purposes from states that do not meet minimum security standards.

**Not sure if you have a REAL ID driver's license or ID card?**

- **REAL ID:** Minnesota REAL ID driver's licenses and identification cards display a star.
- **Enhanced:** Enhanced driver's licenses and identi-

fication cards display the words "Enhanced Driver's License" or "Enhanced Identification Card" and a U.S. flag. Cards issued after Jan. 1, 2021, also display the star to show the card meets REAL ID requirements.

- **Standard:** A standard driver's license or identification card displays the words "Not for Federal Identification."

Residents can verify the

type of card they have online at [drive.mn.gov](http://drive.mn.gov).

**Applying for REAL ID**  
When applying for a REAL ID driver's license or ID card, you must provide:

- One piece of proof of identity, date of birth and legal presence document.
- One piece of proof of Social Security number document.
- Two pieces of proof of current Minnesota residency documents.



Beattie Mickelson showed pictures from the book "Hunter Monster Daymeare" to Goodridge students Friday, Oct. 28 at the Country Store and Museum. (Submitted)



Goodridge Area Historical Society hosted Goodridge School students in kindergarten through sixth grade on Friday, Oct. 28. Pictured are some of the students, including (front row) Josie Halvorson, Elaine Houle, Eli Sorenson, Abel Hruby, Thea Dietrich; (middle row) Maesyn Housey, Anabelle Kiviaho, Inez Corbet, Khloe Housey, Corban Cullen and Autumn Beito. (Submitted)



Eiley Efta wasn't too sure what to make of Mary Hoglo's witch costume Monday, Oct. 31 at Trinity Lutheran Church in Thief River Falls. Like it did last year, the church hosted an indoor trick or treat event that also featured a meal of hot dogs and chips.



Camryn Kezar (left) provided some treats to Luke Stromgren on Monday, Oct. 31 at Trinity Lutheran Church in Thief River Falls. Like it did last year, the church hosted an indoor trick or treat event that also featured a meal of hot dogs and chips.

Public Health Points ...

## It's National Diabetes Month

November is National Diabetes Month, a time when communities across the country team up to bring attention to diabetes. Pennington and Red Lake County Public Health and Home Care reminds readers of the observance and that this year's focus is on managing diabetes by building your health care team.

Diabetes is a disease that occurs when your blood glucose, also called blood sugar, is too high. It can lead to health problems related to your eyes, kidneys, nerves, and heart, and is linked to

some types of cancer.

Working with health care professionals can help you get the diabetes care you need to improve your health. But while it takes a team to manage diabetes, remember that you are the most important participant in your diabetes care.

Here are some tips to help you manage diabetes and build your diabetes health care team:

- **Manage Your A1C, Blood Pressure and Cholesterol Levels:** Ask your health care team what your goals should be and how you can

reach them.

**Prepare for Visits With Your Team:** Before your appointment, write down a list of questions, review your diabetes self-care plan, and record your blood glucose results.

**Seek Additional Support for Your Specific Needs:** A team of health care professionals—such as an eye doctor or pharmacist—can help tailor your diabetes self-care routine.

**Make Physical Activity Part of Your Routine:** Set a fitness goal and encourage your family members to exercise with you.

**Follow a Diabetes Meal Plan:** Choose fruits and vegetables, whole grains, lean meats, beans, nuts or seeds, and non-fat or low-fat milk and cheese.

**Stay on Top of Your Vaccinations:** Ask your health care team about the vaccines you should get to reduce your risk of getting sick.

Source: <file:///C:/Users/ConnieH/Downloads/NDM2-2-English-Flyer.pdf>

## Goodridge Area Historical Society hosts students

Goodridge Area Historical Society provided trick or treat bags to Goodridge School kindergartners through sixth graders on Friday, Oct. 28.

The students also enjoyed their walk to the Country Store & Museum. While there, Beattie Mickelson, Marie Adams

and Bonnie Brown read the book "Hunter Monster Daymeare" to the kids. The kids toured the museum and asked questions about the items donated to GAHS.

The Country Store & Museum was built in 1914 and is the oldest building in Goodridge.

Turning Back The Times ...

## Lincoln H.S. seeks school song

**1922 - One Hundred Years Ago**

-The Elmer Ecklund Post of the American Legion will host an Armistice Day celebration this week.

-The girls' physical training classes at the Lincoln High School went on 40-minute hikes Tuesday instead of training at the gym.

-Lincoln High School students are seeking a "school song."

**1972 - Fifty Years Ago**

-With a record 6,787 votes cast in Tuesday's general election, Pennington County contributed to a record-breaking turnout.

-Northland State Junior College is sponsoring an art exhibit featuring 21 paintings.

-Debbie Odegaard of Gonvick is the senior division winner and Barbara Hanson of Thief River Falls is the junior division winner in the annual Make-It-Yourself-With-Wool contest.

**1982 - Forty Years Ago**

-Susanne Johnson of Thief River Falls won first place in the pre-teen division of the Make-It-

Yourself-With-Wool contest Saturday at the Best Western in Thief River Falls.

-The life of 5-month-old Solomon Bjerke of Thief River Falls was saved by Dave Kalinoski of Michigan, North Dakota, by the application of cardiopulmonary resuscitation this week.

-The Glass Menagerie will be presented as the fall play at Lincoln High School Friday.

**1992 - Thirty Years Ago**

-Richard and Donna Parnow have been named Conservation Farmers by the Pennington Soil and Water Conservation District for this year.

-Special activities for senior citizens will be conducted by various service groups and businesses in Thief River Falls this week.

-Production of the new extra high performance Thundercat model snowmobile begins Friday at Arctco, Inc.

**2002 - Twenty Years Ago**

-Ron Ueland, who had coached at Marshall County Central for 35 years, has

been honored by induction into the Minnesota Basketball Coaches Hall of Fame.

-Dale Wennberg won the election to become mayor of Thief River Falls this week.

-Only nine votes separate alderman-at-large candidates with council member Elvera Cullen getting a narrow win over Steve "Beaver" Nordhagen.

**2012 - Ten Years Ago**

-Minnesota Power conducted a walk-through meeting in Thief River Falls to gauge support for and gather input about a proposed transmission line through northwestern Minnesota.

-A town-hall style meeting will be held Monday to discuss a proposed community wellness center/swimming pool to be located in Thief River Falls.

-Five Thief River Falls doctors were honored recently for exceptional care provided to diabetic patients; those included were Jawad Khan, Ashok Patel, Scott Petrescue, Richard Heinrichs, and Sanjay Patel.

Positive Thoughts ...

## Before today becomes tomorrow



by Dan Bartsch

This week's column is a reminder to take your time and enjoy each day even though it's November and advertisers want you to put up your Christmas tree and decorations for December 25.

Being it's the 21st century, and we all are a part of it, we want things right away. Social media constantly keeps us in the loop by providing us up-to-the-second updates. A couple of days ago, something happened that gave me the idea for this column. Just to let you know I sometimes go on the internet to get ideas for what I want to write about in this column. But, the internet was down that day as it sometimes happens. I will be truthful to you, I rely on a cell phone for my internet connections, and I was staring at the phone like a confused little kid wondering why it's not working. "I'm going to tell my mom on you," I thought.

But then, it just kind of hit me. When I was a kid, and if I had to write a book report on either this topic or that, I had three choices: one, go to the library and find a book about that subject, two, go through the encyclopedia books that my parents got for us for that was the closest thing to social media for us growing up; or three, use my imagination and start writing up some items that I have seen on TV and heard on the radio. I guess teachers had something interesting to say to my parents during parent/teacher conference when young Danny wrote that a bill gets introduced to Congress by sitting on the steps of the Capitol and twiddling their thumbs waiting to get signed. Or, that during math, he kept

singing, "Three is a Magic Number." (As you figured out, I learned a lot from School House Rock and the Electric Company. I always wanted to be Letterman.)

Well, I just want all of us to take the time to enjoy each day and each moment. Before you can realize it, today will become yesterday - the day you came home from Washington Elementary School ate a peanut butter sandwich and watched the original "Survivor" show - "Gilligan's Island." I am 55 years old now and staring at a cellphone wondering what SpongeBob SquarePants is doing right now at this very second. Time goes by so fast when you are having fun. I hope you have a wonderful day, and as always, God bless.

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Times for Toddlers ...

# A couple of rules to guide parents with discipline

Discipline is a concern for all parents. We need to know how to deal with the hundreds of large and small problems that come up. Therefore, discipline becomes more than punishment for misbehavior. It is a process where parents help their children learn what is right and wrong, what is acceptable and unacceptable. It is the means through which we teach our children good conduct now and for the future.

Here are two rules to use as a guide:

First, teach your child by your example. Try to act in ways you'd be proud to see your child copy, now and

when he or she is grown up. For instance, children who hear their parents lie to others will learn to tell lies even if they are punished for lying. If children hear their parents swear, they will learn to swear even if they are punished for swearing.

Second, be fair in your discipline. Give your child a fair hearing when he or she does something wrong. Try to see the situation from your child's point of view. Make the "punishment fit the crime." For example, if a child breaks a toy, the loss of the toy may be punishment enough. In this situation, the child does not need punishment or to be lectured

about being careless and clumsy. If you point out, with kindness and sympathy, that this is why you sometimes remind your child to be careful, the child will learn the lesson more readily than if we make him feel badly.

(Contributed by the Early Childhood Family Education Department of School District 564.)

## SOMETHING TO TALK ABOUT

Talk about what "careful" means. That word can be very vague to a young child. Describe clearly what you mean such as "walk when you are carrying your toy," or "put your toys away on the

shelf" or "gently put the cover on the box" and so on.

(Contributed by the Early Childhood Family Education Department of School District 564.)

## ACTIVITIES

**My Own Puzzle**  
Children like to put puzzles together and the following activity allows them to make their own puzzle. You will need: glue, construction paper, cardboard, scissors, crayons or markers.

Begin the activity by having your child draw a picture on the construction paper. Glue the picture to a sturdy piece of cardboard. The glue must be spread evenly so that all of the picture is ad-

hered to the cardboard. Let the picture dry thoroughly. Cut the picture into puzzle pieces. The number of pieces and the complexity of the puzzle will depend on the age of the child. Store the puzzle in a Ziploc bag or a small box.

## SCAVENGER HUNT

For next week's Activities feature, you will need magazines, newspapers, a sheet of paper, glue and scissors.

(Contributed by Discovery Place Early Learning Center.)

## JOKE OF THE WEEK

Q: What is a vampire's favorite fruit?

A: Neck-tarines.

## BOOK OF THE WEEK

There are thousands of books written for young children every year and many are available for you to borrow from a public library or can be purchased from a bookstore or online. Here are a classic children's book or two that your family might enjoy:

Steiner, Joan. **Look Alikes.** A new spin on finding hidden objects. Steiner has taken household objects and made them into three-dimensional scenes.

Marzollo, Jean. **I Spy: Treasure Hunt.** More great riddles and wonderful pictures to entertain even the oldest kid.

## VIDEO VARIETY

In addition to the books that are available for your family, there are also many movies and documentaries that may make you laugh and inspire you as well. Here is one classic choice:

**Little Bear: Rainy Day Tales.** When it rains, sometimes Little Bear plays indoors ... and sometimes Little Bear plays outdoors in the rain. Either way, Little Bear and his friends know how to have fun. A rainy day never puts a damper on Little Bear's adventures, whether he is acting in a play or puddle jumping.

## WONDERS OF THE WEB

The internet has long been available to supplement your parenting knowledge and skills. This is one web location that your family might enjoy: Printable puzzles for kids! Hours of fun! <http://www.parenting.com/article/6-ways-to-stop-sibling-fighting>

Remember that you can also visit the website of your local public library to find out more about local library services. Libraries in much of northwest Minnesota are listed on the Northwest Regional Library website: <http://www.nwrlib.org/>

(With assistance from the Thief River Falls Public Library.)

## Kids Voting in TRF



Savannah Armstrong accepts a ballot while her classmates listen to instructions she received before it's their turn. Monday, Nov. 7, students at Challenger Elementary School were voting for their favorite gym game - Cops and Robbers, Medic or Castle Guard. The vote was purposely conducted at this time because of the mid-term election to be held the

next day for adults. Kids Voting USA is a nonpartisan, grassroots-driven voter education program committed to creating lifelong voting habits in children, increasing family communication about citizenship, and encouraging greater adult voter turnout.

On the Other Hand ...

# It's never too late to show up



by Bell Hamre

On the Other Hand is written by students attending Lincoln High School in Thief River Falls.

So, I have a bit of a confession to make. I have never really been a fan of school, specifically high school. I never understood why adults always put so much emphasis on four years of their lives. I was coming to the conclusion that everyone died at the age of 18 because most adults never spoke much about their lives after that. "High school is the best time of your life - enjoy it!" Sound familiar to some?

Now, do not get me wrong, I have definitely enjoyed the academic and athletic sides of high school. It

is the other stuff that seemed like a complete waste of time to me: decorating hallways, dressing up for activities, cheering on other teams, volunteering for this or that, the list goes on and on. So, when my friends asked me to go to certain functions, especially dances, I would put on a brave face and just go.

So, here is the second part of my confession: I am what you would call an extroverted introvert. Some I guess would call it being an outgoing introvert or social introvert. This is why I have always had a hang up with doing the "extra" high school stuff.

Most who know me, know I am a listener and fairly quiet, most of the time. That is because part of being an extroverted introvert is people watching and listening. I find people can be both intriguing and exhausting all in one. So for me to be in a big group cheering on the volleyball team or going to a dance is draining. I honestly slept 15 hours after the

Homecoming dance. So to my friends, I am not ignoring your texts, snaps or any other way you are trying to get ahold of me, I am truly just recharging my batteries.

Another aspect of being an extroverted introvert is that I do not feel the need to "work the room." Nor do I feel the need to draw attention to myself, especially in social situations. I do enjoy meeting new people one on one, but I will never be the most popular person in the room, and I am OK with that and it has never mattered to me.

I also need time to warm up to people. I have heard I have one of the best RBFs (Google it). Once I feel comfortable, I relax and let my guard down a bit. I do not have a problem chatting, but I will not give you my life story either or let you know my insecurities. However, the better someone gets to know me, the more I trust and open up.

So, I decided this year to get out of my comfort zone

and see how far I can push myself. Guess what? It's not so bad to put on a beach-themed outfit and cheer on the other teams, or to get all dressed up and dance the night away, or to even make a TikTok and to actually post one for the first time. I actually have not felt like crawling back into my cave and sleeping for hours on end, yet.

So, why am I telling you all of this stuff? Well, to hopefully help someone like me. Someone who just does not feel the need to belong or do the "extra" stuff. Sadly, you just might be missing out on some great friendships or new ones at that. You could possibly be missing out on finding your passion in life as well. Who knows, decorating that hallway could actually lead you to finding out how creative or artistic you really are. Just push yourself, even if just a little bit because you just might find out that high school is not quite that bad - I know that I have, once I decided to show up.

On the Other Hand ...

# Grandfather lit the path for my future



by Isaac Mauch

On the Other Hand is written by students attending Lincoln High School in Thief River Falls.

My grandpa has always been influential in my life. He has supported me through all my different activities. He has also been an inspiration to me through his line of work. He bought and sold dry-bean seeds for a company known as Central Bean, and from that had an extensive collection of jars with many different seed varieties that he had bought or sold.

In fifth grade, my

grandpa took me with him on a two-day road trip around North Dakota to meet with many of the bean suppliers he worked with. Seeing him talk to farmers and scientists inspired me to pursue a field in plant sciences. My grandpa, seeing the inspiration, gave me a jar of a seed known as Orca beans. Looking at the beans, my curious mind whirled and I had an idea for my seventh grade Science Fair project. I went to work and the inspiration drove me to dig deep into bean genetics. I created a thorough project explaining the background steps in the project and made it to the Minnesota State Science Fair.

It was like a dream being at the State Science Fair, and I could not have been prouder of my dedication to the project. I also wanted to honor the person who in-

spired me from the beginning, so I brought my grandpa with to experience it with me.

Because of the State Science Fair, I got the opportunity to go to the University of Minnesota provided by PepsiCo to tour their facility and run tests on my beans to further my understanding of genetics. Dr. David Eickholt invited me down and with his help, I continued the project into the following years adding to the understanding I came to the previous year and expanding with new questions and projects.

I have continued to update my grandpa on everything, and he remains a vital part of my life and journey through my science projects. I plan to continue this study in college with the goal of furthering agriculture in a new era. Agriculture of the future has so much to offer

today's farmers. I hope to start my own business of agricultural equipment to benefit future farmers. Using AI, advanced software computers would be able to give farmers the optimal nutrients needed for specific crops in the field. I would use precision agriculture to send a drone out to administer proper fertilizer and herbicides needed to individual plants in a field.

This journey that I have taken in my life is just beginning. As seniors, we are about to launch into life. But before I do, my grandpa and I plan to take one last trip - just the two of us - back to thank all the people my grandpa helped me get into contact with. And in that trip, I also plan to thank him for all that he has done. I am thankful for the opportunities he has shown me and to all those who lit the path for my future to follow.

On the Other Hand ...

# Digging up some memories



by Brookie Bakke

On the Other Hand is written by students attending Lincoln High School in Thief River Falls.

As a senior at Lincoln High School this year, the volleyball section quarterfinals playoff game was one of my first 'lasts.' This sport has been a part of my life since elementary school. I began playing in the front row as an outside hitter, but I stopped growing at 5-feet-1-inch, and my teammates continued growing. I realized that the back row was aimed more towards short people like myself so, beginning in eighth grade, I began to play a defensive position in the back row called the 'libero.'

Looking back on my volleyball career, it's funny to think that it took me up until the last year of middle school to gain the skill of overhand serving while some of my teammates had it mastered in sixth grade. Being able to serve the ball over is something that we often overlook in a game because it can be seen as less important than getting a good hit or dig. In some parts of a game though, a serve can be vital to gain momentum and build up points to take the lead over the opponents. You can also lose a lot of points if there are multiple service errors.

I loved being a defensive player and having the satisfaction of digging and passing hits by the opposing team. I became familiar with all of the positions in the back row. By being versatile, I was able to jump around to any defensive position that was needed. I have played left back or 'DS' (defensive specialist) as well as right back, which can also be referred to as 'DS'

The libero's base is the middle back and was my favorite position to play out of the three. Having a "perfect pass" means that the ball is right on the target, which is the setter. It can be tough to set the ball to a hitter if it is too close to the net or not even reaching the 10-foot line. When the opponents are hitting at us, it is my job

to see which hitter is receiving the ball, so I can get to my defensive base and read their shoulders to see where they intend on placing the ball. It can be tough to tell sometimes if the hitter's swing is deceivable or quick (that is when the knee and elbow pads come in handy). Diving on the court to dig up a ball is something defensive players most commonly do.

There was certainly a lot of pressure on the three seniors this year after coming off a great season like last year. We were ONE game away from the state tournament. Our season last year was successful by having a winning record, being section 8AA runner ups and beating some teams we hadn't in many years. However, by only returning a few previous varsity players, we had a pretty young and inexperienced team this year. That said, this was the closest team I have been on. With this fun group of girls, we all seemed to gel well together on and off the court. The student section came out to cheer us on at both home and away games, and it was so appreciated.

This volleyball season was full of bumps in the road with many injuries. We were able to overcome those challenges together and continue to succeed. Losing on our home court was a tough way to finish the season and end the seniors' volleyball careers, but it definitely helped to have the support of the home crowd as I succumbed to tears.

I will miss my volleyball family as well as the varsity coach, Hannah Lund. Thank you to all of the coaches who helped me grow, particularly Hannah who taught me a lot about the position I played and having mental toughness. This sport taught me more than just volleyball skills. It taught me how to be a leader, communicate, have a strong mental mindset, work hard, and persevere. Thank you Prowler volleyball! #3 out.

## CORRECTION

Kelsey Bingham and her son, Wesley, were incorrectly identified as Brynn and Drew Monson, respectively, in a picture that appeared in the Nov. 2 edition of The Times. They were pictured at the Fall Family Fun Night held Thursday, Oct. 27 at Challenger Preschool in Thief River Falls.

# ENVELOPES

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Steven Espeseth, 70

Fosston - Steven John Espeseth, 70, passed away October 22, 2022, of natural causes in Fosston.

Steven was born August 4, 1952, in Petersburg, Alaska, to Arne and Louise Espeseth. Steve graduated in 1970 at Lincoln High School in Thief River Falls.

He loved the outdoors, and of course, flying his plane, he also enjoyed spending hours on his ham radio. His passions were being out in nature hunting, fishing, and collecting rocks and fossils. With the money he saved from being a commercial fisherman, he went to pilot school in Colorado. Soon after he achieved his pilot's license, he bought a Cessna 150 plane, then went to Florida where he took up scuba diving. He returned to Alaska to commercial fish on the F/V Lindy alongside his dad Arne, brother Keith, Paul, and Dan as fellow crew mates. Then Steven, Keith, and Arne fished the Silver Cloud.

Oh, dear brother, you tried so hard to teach me how to drive your Capri, gave up due to me constantly spinning the tires each time I popped the clutch to shift the gears. You also tried so hard to teach me

how to steer your skiff, needless-to-say, I had us spinning around in circles on the river.

When he became ill, he moved back to Minnesota to be with his mother and brother. Later, he moved to McIntosh. There he met a wonderful loving lady, Cindy, who was not only his caregiver but a friend, she became part of his family along with all his fellow housemates at Riverside Board and Lodge.

Steve was blessed with such good friends. He loved to tell anyone who would listen the stories of his younger years and of his dreams to one day, fly again.

Steven's love and love for the outdoors will continue to be spread by his sister, Gayle Espeseth of Petersburg, AK; niece, Heather Berkley, nephew, Matthew Espeseth, both of Oregon; nephew, Josef Espeseth of Juneau, AK; Kristoffer Espeseth of Petersburg, AK, Nicholas Espeseth and wife Rhea (Duke) Espeseth; and two great nephews Kaden Duke and Leland Espeseth.

He was preceded in death by his parents, Arne and Louise Espeseth; and brother, Keith Espeseth.

A Memorial Service to celebrate Steve's life will be held at 3:30 p.m. on Wednesday, November 9, 2022, at Bethany Assisted Living, Fosston.

A00003B2022NV09

Clayton Larson, 100

Plummer - Clayton M. Larson of Plummer, who spent most of his life farming in Northern Minnesota, died on Thursday, November 3, 2022 at the Villa St. Vincent, Crookston. He was 100.

Clayton Marvin Larson was born December 8, 1921, at Golden Valley, a part of Mud Lake, which is now the Agassiz National Wildlife Refuge. He was the son of Clarence and Bertha (Moe) Larson, one of 11 children of the couple. The family moved to a farm near Holt in 1929. He attended Manor School, a one-room schoolhouse near the farm. He began high school at Holt Consolidated School. Clayton continued his education and graduated from Lincoln High School in 1941. Clayton farmed with his father.

On December 21, 1949, he was united in marriage to Beatrice Waldal at Immanuel Lutheran Church in Plummer. The couple moved to Indiana in 1950, where Clayton worked construction and in a steel mill in East Chicago, IN. In 1962, the couple returned to the Plummer area and bought a farm in Emdarville Township where they lived the rest of their lives. In addition to farming, Clayton drove school bus for the Plummer school district for about five years in the 1980s.

Clayton was a member of the Plummer Lions Club and was Lion of the year in 2008. He served on the Red Lake County Committee on Aging and was outstanding Senior Citizen in 2003. He was an active member of Immanuel Lutheran Church serving on various boards and church council. Clayton was secretary/treasurer on the Oklee/Plummer Fire Association, and he served on the Emdarville Township board for 50 years. He was a Plummer Homes Inc. Board Member and Emdarville Cemetery sexton for many years. He always had time for morning coffee with the "boys" in Plummer every day.

Clayton is survived by his siblings, Ardelle Daly, Bloomfield, NJ and Glen Larson, Spokane, WA; along with many nieces, nephews, relatives and friends.

He is preceded in death by his wife, Beatrice in 2006; by his parents; and by his siblings, Chester Larson, Eleanor Kilford, Vivian Sagstuen, Marian Larson, Eileen Johnson, Iris Berggren, and twins, Virgil and Vernon, who died in infancy.

Funeral services will be held at Immanuel Lutheran Church in Plummer at 2 p.m. on Saturday, November 12, 2022, with Rev. Jonathan Dodson officiating. Visitation will be held one hour prior to the service. Burial will follow at Emdarville Cemetery, rural Plummer.

Condolences may be sent at www.johnsonfuneralservice.com.

A00003B2022NV09

Ivette Garrett

A Celebration of Life will be held for Ivette Garrett on Friday, Nov. 25, at St. Pauli Church, 11015 - 170th Avenue NE.

Visitation with coffee and bars in the church base-

ment will be from 1 to 2 p.m. The memorial service, and graveside services immediately following the service, will be at 2 p.m. at the St. Pauli Cemetery.

George Wikert, 89

Thorhult - George "Shorty" Wikert, 89, of Thorhult, passed away peacefully on Friday, November 4, 2022 at Life Care Greenbush Manor.

George Junior Wikert "Shorty" was born on June 4, 1933 at home in Steenerson Township. Thorhult, the son of Fred and Francis (Holthusen) Wikert. He was baptized on December 25, 1940 by Pastor N.F. Seebach at Our Savior's Lutheran Church, Grygla. His sponsors were Mr. and Mrs. Fred Holthusen. He attended 1st through 8th grade at Sand Ridge Country School, Thorhult and attended Goodridge High School for one to two years.

George was ordered to report to the Armory in Bemidji for an Armed Forces physical examination for the Selective Service on January 22, 1953. George was drafted into the United States Navy. He attended his basic training at the U.S. Naval Training Center in San Diego, CA. George said he did not know how to swim when he entered the service. He stated they got pushed into the water and pulled out until they eventually learned how to swim. It was not a very pleasant way to learn. The ledge they were pushed off was not a 10 or 20 foot drop either. But he said he did learn how after a few pushes. George's time in the Navy was from December 2, 1955-September 10, 1957. He served in Alaska, California and Hawaii. Shorty worked as a Deckhand and then onto a Full Seaman (which is 3 stripes).

Shorty served on two ships, Eldorado (which was an officers and communications ship) and the USS Oak Hill (which was a very big ship and it transported equipment, carrying three small ships inside or drag lines, backhoes, or Caterpillars). He helped with building the first Air Force Base in Hawaii and he also transported equipment by ship to Hawaii. He made many new friends during this time. He enjoyed seeing new places and learning much. Shorty spoke fondly of his time spent and the experiences he had. He was honorably discharged from active duty in 1957 and then

distinctive decor. She continued her education, receiving a PhD in Organization and Management from Capella University, and enjoyed a successful career teaching at Regis University, where she was Degree Chair for Graduate Management Programs, and at the University of Phoenix.

In 1999, she was married to her loving husband Alan, and in retirement, the couple moved to Berthoud, Colorado.

Her strong sense of faith and community led to 50 years of service and engagement at Mount Calvary Lutheran Church (now Westview Lutheran Church). There she developed deep and meaningful friendships that continued to bring her joy throughout her life.

Bonnie is survived by her husband, Alan Altman; son, Derek Johnson; and daughter, Michelle Anderson, and her husband Bret and grandson Tyler.

A memorial service will be held Thursday, November 10, 2022 at 4 p.m. at Westview Lutheran Church, 6710 Arapahoe Road, Boulder, CO 80303.

In lieu of flowers, please consider giving a memorial gift in Bonnie's name to the Boulder Community Health Foundation (https://www.bch.org/foundation/ways-to-give/#tribute) or the Westview Lutheran Church (https://www.westviewboulder.org/).

A00003B2022NV09

Bonnie Altman, 76

Berthoud, Colorado - On Thursday, November 3, 2022, Bonnie Elaine Altman, beloved wife and mother, passed away at the age of 76.

Born in Thief River Falls, to Martin and Juli Finstad, she was the last of three sisters following Janet and Virginia. During her childhood, she worked on the family farm and went on to study at Moorhead State University where she met her first husband Leonard Johnson.

The couple eventually settled in Boulder, Colorado and had two children. Bonnie taught elementary education for developmentally disabled children before establishing her own interior design firm,

served the reserves on September 10, 1958 until December 1, 1961.

After returning home from the service in 1958, Shorty started working for Holthusen Construction as a heavy equipment operator until his retirement. He also farmed, raising 60 head of sheep and 25 head of Hereford beef cows. In the spring of 1989 he had a Hereford cow that delivered triplet calves and they all survived with Shorty's TLC.

On February 4, 1969, Shorty married Carol Kujanson in Webster, SD. He and Carol were confirmed together on May 6, 1990 at Our Savior's Lutheran Church, Grygla, by Percy Smerek. George and Carol enjoyed 35 years of marriage together. After losing the love of his life, Carol, on October 2, 2004, Shorty started a part-time job with the City of Grygla, mowing grass, and helping with the ice arena. He very much enjoyed this job for several years.

He enjoyed gardening, hunting, four-wheeling, cooking, sheep and beef cattle, putting puzzles together, reading Westerns and Hunting magazines.

Shorty was a member of Fourtown Sportsmans Club, served as chairman for Steenerson Township, Beltrami Co., for 20 years, Veteran, and was a member of Our Savior's Church, rural Grygla.

He is preceded in death by his sister, Lorraine Finden of Champlin; brother, Billy (Phyllis) Wikert, Grygla; and several nieces and nephews.

He is preceded in death by his wife, Carol; parents; grandparents; sisters, Arlene (Bud) Froseth, and Darlene (Bob) Phillips; brother-in-law, George Finden; and a great nephew, Billjack Boyer.

Shorty will always be remembered as a very quiet and kind man with a warm smile.

The service to celebrate Shorty's life will be held at 1 p.m. on Friday, November 11, 2022 at Our Savior's Lutheran Church, rural Grygla, with Vicar Marilyn Grafstrom officiating. Visitation will be one hour prior to the service on Friday. Burial will follow at Rosebud Cemetery, Steenerson Township, Beltrami County.

Condolences may be sent at www.johnsonfuneralservice.com.

A00003B2022NV09

Mark Thompson, 59

McIntosh - Mark Thompson, age 59, of McIntosh, passed away on November 3, 2022, after a courageous battle with ALS.

Mark was born on March 30, 1963, to Harald and Adella (Sylvester) Thompson of McIntosh. The youngest of four children, he spent equal parts being doted on and tormented by his three older sisters. After high school, he attended Northland Community College and Metropolitan State.

He married his long-time sweetheart, Karen Dillon, on September 17, 1983 and they moved to the Twin Cities area. Mark worked in the IT industry for years before moving back to McIntosh to raise his family in the same home he grew up in.

Mark was an active community member serving on the school board and volunteering on the Fire Department. He was a Network Supervisor at Garden Valley Technologies for 26 years until his early retirement in 2020.

Mark packed so much life into his fifty-nine years. He fell in love, raised a family, held his grandkids close, traveled frequently, golfed and fished with his friends, worked in a profession he loved, volunteered in his community, played pinochle with his dad every Thursday, and visited with friends and family for countless hours in his shop. When

others may have given into the pain and frustration of ALS, Mark put on his best Hawaiian shirt and battled what he knew from the start was an incurable disease. He did so with grace, dignity, integrity and courage. ALS did not beat Mark. Mark faced ALS head on, unafraid and armed with the love of his family.

He will be missed by his wife Karen, of 39 years; their four children, Kelsey Mahlum (Travis), Nicole Vettleson (Josh), Jordyn Zahn (Daros) and Matt Thompson (Paige Bellefy); 6 grandchildren, Easton, Bristol, Hudson and Watson Vettleson and Emree and Jude Zahn; his father, Harald Thompson; and three sisters, Ann Vesledahl (Bob), Naomi Hillgartner (Dennis) and Ruth Vetter (Wes).

Mark is preceded in death by his mother, Adella Thompson; and his dog, Bo.

Throughout Mark's life, he made many special friendships and memories. We are especially grateful for the loved ones who reached out, and helped Mark make the most of his ALS diagnosis and find a new normal for him.

A memorial service will be held at 2 p.m. on Wednesday, November 9, 2022 at Our Savior's Lutheran Church in McIntosh with the Rev. Keith Zeh officiating. Family will greet friends for one hour prior to the service on Wednesday at the church. Arrangements are with Carlin Family Funeral Service of McIntosh. Messages of condolence may be shared and live-stream viewed at www.carlinfuneral.com.

A00003B2022NV09

Nichole Holt, 43

Red Lake Falls - Nichole Marie Holt, 43, passed away on Friday, November 4, 2022, at Sanford Hospital, Fargo, ND, after a long battle with cancer.

On March 24, 1979, Nichole was born to Tim and Lana (Van de Streek) Bulger in Thief River Falls. She was baptized and confirmed at Zion Lutheran Church, Thief River Falls. Nichole attended school in Thief River Falls, graduating from Lincoln High School in 1997. Nichole continued her education at Northland Community College before she began working.

She worked at Digi-Key Electronics from 2004 to 2015. From 2015 to the present, Nichole worked at Polk County Social Services in Crookston. Her second job was putting together the Red Lake Falls Gazette.

On June 4, 2015, Nichole was united in marriage to Allen Holt at Cocoa Beach, FL, creating a wonderful, blended family including Brady, Olivia, and Parker. Nichole was diagnosed with cancer in the spring of 2021.

Fishing, spending time at the family cabin in the Beltrami Forest, and enjoying time with her children

as they grew up was meaningful to her. Florida, especially Cocoa Beach, was a passion for the family to visit and explore. Outgoing, adventurous, and fun-loving describe her personality.

Nichole is survived by her husband, Allen, Red Lake Falls; children, Brady Bulger, Red Lake Falls, Olivia Bulger, Fort Drum, NY, and Parker (Torie Bugge, special friend) Holt, Thief River Falls; parents, Tim and Lana Bulger, Thief River Falls; brother, John Bulger, Thief River Falls; several aunts, uncles, and cousins, as well as special friends, Nola and Casey Lemonds, Thief River Falls.

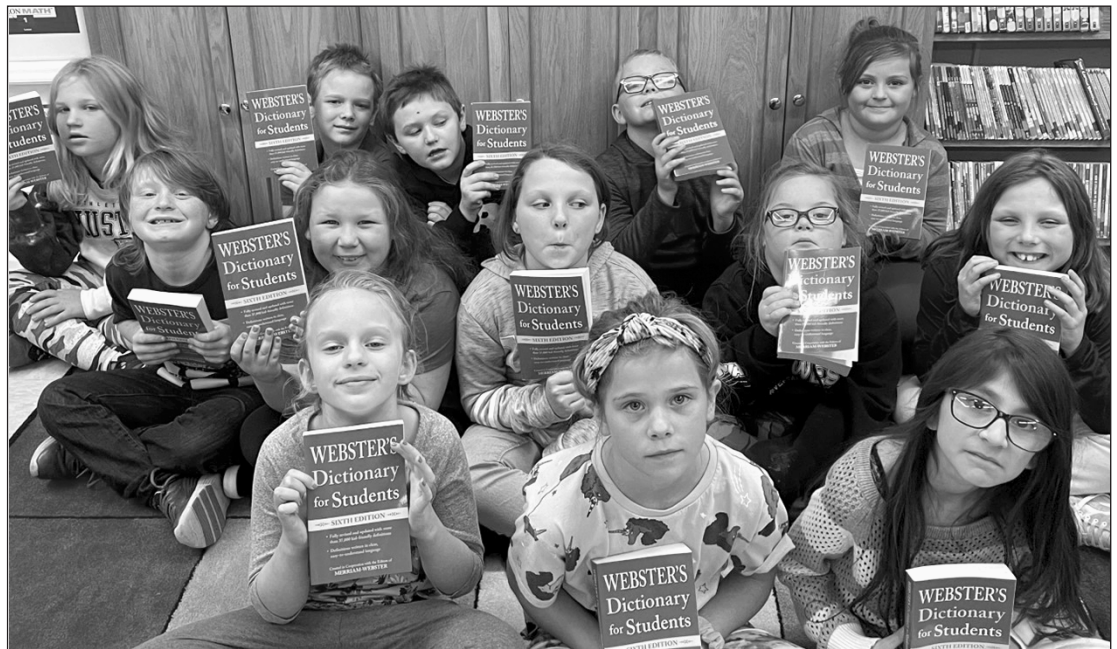
She is preceded in death by her grandparents, Darleen and Hank Lindom, Ed and Myrtle Van de Streek, and Joyce and Bill Bulger; and cousin, Kimberly Hintz; special friend, Becky Veselka

Memorial service will be held at 11 a.m. on Saturday, November 12, 2022, at Bethany Lutheran Church in Red Lake Falls.

Visitation will be from 5-7 p.m. on Friday, November 11, 2022, with a prayer service at 7 p.m., and one hour before the service at Bethany Lutheran Church, Red Lake Falls.

Interment will be at a later date in Greenwood Cemetery, Thief River Falls.

A00003B2022NV09



Each year, the Goodridge Lion Tamers provide dictionaries to the Goodridge School third graders. Pictured are third graders (front row) Autumn Beito, Thea Dietrich, Inez Corbet; (middle row) Corban Cullen,

Elaine Houle, Maesyn Housey, Elsa Rindahl, Khloe Housey; (back row) Josie Halvorson, Tyler Schossow, Eli Sorenson, Abel Hruby and Anabelle Kiviahio. (Submitted)

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## School Lunch - Week of November 14-28

### Challenger Elementary School

Thief River Falls  
Weekly menus are posted on social media. See school website for daily updates.

#### Breakfast

Menu unavailable.

#### Lunch

Milk choices available daily. Garden Bar with a rainbow of colors available with all meals daily. Fruit options change daily.  
Monday: Italian grinder, Garden Salsa SunChips, baked beans  
Tuesday: Cheeseburger on a bun, seasoned potato wedges  
Wednesday: Taco in a bag, taco meat, shredded cheese, taco fixings, sweet golden corn  
Thursday: Chicken tenders, mashed potatoes, butter  
Friday: Cheesy pull-aparts, broccoli

### Franklin Middle School

Thief River Falls  
Weekly menus are posted on social media. See school website for daily updates.

#### Breakfast

Menu unavailable.

#### Lunch

**Pizza options:** Big Daddy Primo pizza, 5" round pizza, French bread pizza, cheesy pull-aparts, pepperoni and cheese Bosco stick, stuffed crust pepperoni.  
**Other entree options:** Uncrustable, Italian sub sandwich, turkey, ham and cheese sub sandwich, chicken wrap. **Salad bar fruit options:** Gala apple, kiwi, diced pears, diced peaches, bananas. **Salad bar veggie options:** Spinach salad, romaine lettuce, cucumbers, Carrot teenies, fresh cauliflower, green pepper sticks, edamame  
Monday: Spicy chicken patty on a bun, peas and carrots, sidewinder fries  
Tuesday: Soft-shell taco or hard shell taco, taco meat, taco fixings, brown rice, black bean fiesta  
Wednesday: Grilled cheese sandwich, tomato soup, Goldfish crackers  
Thursday: Spaghetti sauce with penne pasta, green beans, garlic toast  
Friday: Boneless chicken wings with choice of sauce, seasoned fries, celery sticks, bosco stick

### Lincoln High School

Thief River Falls  
Weekly menus are posted on social media. See school website for daily updates.

#### Lunch

**Grill Line changes daily:** Hamburger patty on a bun, chicken patty on a bun.  
Monday: Sloppy Joe on a bun, crinkle fries, sweet peas  
Tuesday: Teriyaki dippers, fried rice, stir fry vegetables  
Wednesday: Chicken drumsticks, scalloped potatoes, honey glazed carrots, biscuit  
Thursday: Street carnitas pork on flatbread, pico de gallo, taco fixings  
Friday: Baked potato bar, chili, steamed broccoli, nacho cheese

### Goodridge Schools

Goodridge  
All breakfasts are served with 1%, skim milk and juice. Fruit bar offered daily. All lunches are served with 1%, skim and chocolate skim milk. Salad bar offered daily. Menus are subject to change.

#### Breakfast

Menu unavailable.

#### Lunch

Menu unavailable.

### Marshall County Central School

Newfoiden  
All breakfasts and lunches served with juice, low fat/fat-free milk and fruit. All bread products served are whole grains. An alternative of cereal is available every breakfast.

#### Breakfast

Monday: Muffin, cheese stick, peaches  
Tuesday: Sausage, egg and cheese bagel  
Wednesday: Cinnamon roll, hard boiled egg, pears  
Thursday: Scones, pineapple  
Friday: Toast, cereal

#### Lunch

Monday: Chicken patty on a bun, French fries, kiwi  
Tuesday: Spaghetti with meat sauce, garlic bread, green beans, pears  
Wednesday: Taco in a bag, refried beans, tomato, lettuce, orange  
Thursday: Hot ham and

cheese sandwich, corn  
Friday: Breakfast pizza, carrots, apple

### Viking Elementary School

All breakfasts and lunches served with juice, low fat/fat free milk, and fruit. All bread products served are whole grains. An alternative of cereal is available at every breakfast.  
*Menu is subject to change.*

#### Breakfast

Monday: Cereal, toast  
Tuesday: Bagels, yogurt  
Wednesday: French toast sticks  
Thursday: Granola bar  
Friday: Cereal, toast

#### Lunch

Monday: Chicken nuggets, hashbrowns  
Tuesday: Corn dog, baked beans  
Wednesday: Italian dunkers, meat sauce, carrots  
Thursday: Diced chicken, mashed potatoes, gravy, fresh veggies  
Friday: Pizza, corn

### Red Lake County Central Elementary School

Plummer  
Milk and fruit are served with all meals. Bread, cereal and juice are served with breakfast.

#### Breakfast

Monday: Pancake on a stick  
Tuesday: French toast bread  
Wednesday: PopTart  
Thursday: Scrambled eggs, ham patty  
Friday: Cinnamon roll

#### Lunch

Monday: Grilled chicken on a bun, tri-tator, green beans  
Tuesday: Macaroni hotdish, peanut butter sandwich, broccoli chips, cucumbers  
Thursday: Chicken nuggets, au gratin potatoes, peas  
Friday: Pizza, salad

### Red Lake County Central High School

Milk and fruit are served with all meals. Bread, cereal and juice are served with breakfast.

#### Breakfast

Monday: Ham and cheese croissant

Tuesday: Toast, cereal  
Wednesday: Pancakes on a stick

Thursday: Bagels with cream cheese  
Friday: Cinnamon rolls

#### Lunch

Monday: Pizza, lettuce salad, carrots and celery  
Tuesday: Hamburger or pizza burger patty, Fritos Scoops, baked beans  
Wednesday: Corn dog, macaroni and cheese, vegetable  
Thursday: Chili, corn chips, corn muffins, carrots and celery  
Friday: Chicken leg, baked potato, dinner roll, vegetable

### Lafayette High School

Red Lake Falls  
All meals are served with fruit and milk. All breakfasts are served with fruit and juice. All lunches are served with fresh vegetables and fruit choice.

#### Breakfast

Monday: Cereal, toast  
Tuesday: French toast, sausage  
Wednesday: Breakfast bagel  
Thursday: Waffles, sausage  
Friday: Cinnamon roll, hard boiled egg

#### Lunch

Monday: Chicken fajitas  
Tuesday: Salisbury steak, mashed potatoes with gravy, dinner roll  
Wednesday: Spaghetti hotdish, garlic toast  
Thursday: Hot ham and cheese on a bun, baked beans  
Friday: Chicken strips, green beans, dinner roll

### St. Bernard's

Thief River Falls  
Milk and fruit are served with all meals. Juice is served with breakfast.

#### Breakfast

Menu unavailable.

#### Lunch

Menu unavailable.

### St. John Lutheran School

Thief River Falls  
Milk & fruit are served with all meals.

#### Lunch

Menu unavailable.

## Senior Meals

### Heritage Center

Thief River Falls  
On site meals are served at 11:45 a.m. Meals must be ordered at least one day in advance by calling 218-681-2793.

Monday: Salisbury steak, mashed potatoes, glazed carrots, dessert

Tuesday: Chicken à la King, brown rice, peas and carrots, fruit, dessert

Wednesday: Macaroni and cheese, California blend vegetables, stewed tomatoes, dessert

Thursday: Swedish meatballs, mashed potatoes, mixed veggies, fruit

Friday: Beef chili with beans, lettuce salad with dressing, cornbread, fruit, dessert

### LSS Senior Meals

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Senior meals are served every weekday. To make a Viking or Holt meal reservation or to receive a menu, please call (218) 874-7137. Viking meals available as home delivery only.

ceive a menu, please call (218) 874-7137. Viking meals available as home delivery only.

### Meals on Wheels

Thief River Falls  
Meals on Wheels will deliver meals Monday through Friday, including holidays. For more information, call (218) 681-6861. Low fat milk served with all meals.

Monday: Chicken breast, rice pilaf, mixed veggies, dinner roll, banana

Tuesday: Roast pork, roasted potatoes, green beans, breadstick, chocolate cake

Wednesday: Ham and cheese sub, potato salad, coleslaw, lettuce, tomato, mayo, fruit cocktail

Thursday: Charbroiled steak, macaroni and cheese, cut corn, dinner roll, fruit Jello

Friday: Ham steak, sweet potatoes, stewed cabbage, cornbread, orange

## Discovery Place

Milk is served with all meals.

#### Breakfast

Monday: Kix, whole wheat toast, orange juice

Tuesday: Cheerios, whole wheat toast, grape juice

Wednesday: Whole wheat waffles, bananas, apple juice

Thursday: Rice Krispies, whole wheat toast, apple juice

Friday: Corn Flakes, whole wheat toast, orange juice

#### Lunch

Monday: Bean soup with ham, crackers, cheese sandwich, pears

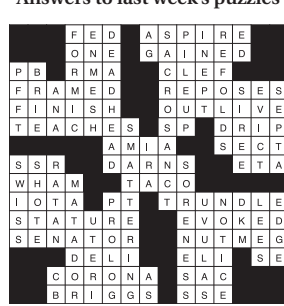
Tuesday: Tator tot hotdish, bread/butter, green beans, fruit cocktail

Wednesday: Chicken and rice hotdish, carrots, bread/butter, pineapple

Thursday: Hamburger on a bun, beans, chips, applesauce

Friday: Mini corn dogs, peas, bread/butter, peaches

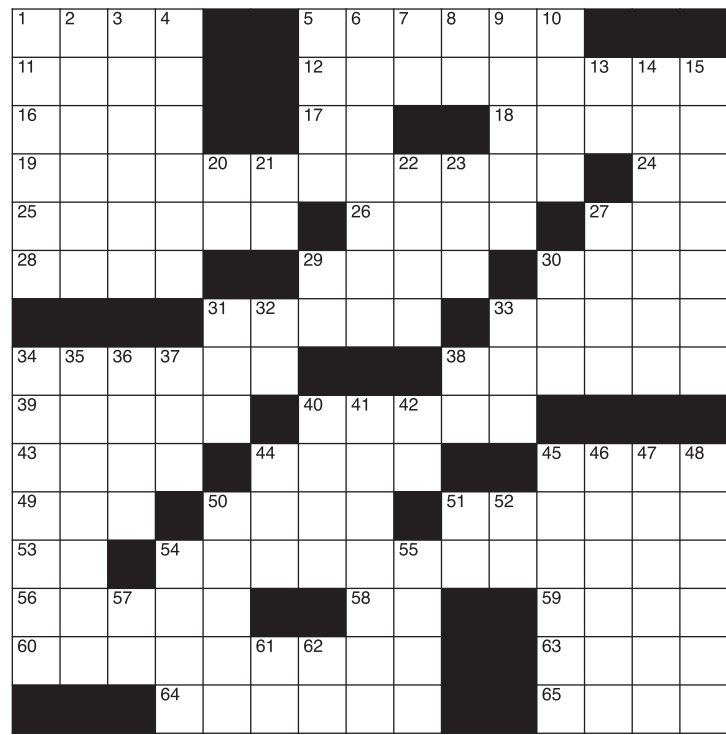
### Answers to last week's puzzles



7	4	6	8	9	2	5	3	1
3	8	2	7	5	1	9	6	4
9	1	5	4	6	3	7	8	2
4	6	8	9	1	7	3	2	5
1	3	9	6	2	5	4	7	8
5	2	7	3	4	8	1	9	6
6	5	4	2	3	9	8	1	7
2	7	3	1	8	4	6	5	9
8	9	1	5	7	6	2	4	3

Level: Intermediate

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!



### CLUES ACROSS

- Clip a small piece
- Enter forcibly
- Southwestern Native American tribe
- Helps you smell better
- Sun or solar disk
- Low frequency
- Former Houston football player
- Federal crime
- Home to Boston (abbr.)
- Approval
- Those who fight an establishment (abbr.)
- student, learns healing
- Indian groomer of horses
- Line where two pieces meet
- One might be brief
- Type of sword
- Knife for fruits or vegetables
- Stinkhorns
- Stroke
- Industrial process for producing ammonia
- Sir Newton
- Wild goat
- Muslim ruler
- Scottish ancestor
- Hat
- Horse mackerel
- Alcoholic accompaniment
- Tech department
- Manifesting approval
- Upper bract of grass
- Of I
- Large wading bird
- Military prisons
- Famed American cartoonist
- Rise
- Greek God of war and courage

### CLUES DOWN

- Sewing needles
- Functionary
- Induces vomiting
- The finger farthest from the thumb
- Not moving
- Sports official
- Water purification process (abbr.)
- University of Dayton
- Indo-Malaysian evergreens
- High schoolers' math course
- Yankovic is a weird one
- Adversaries
- Merchandisers
- Radioactive metal (abbr.)
- Atomic #52
- The back
- One-time computer giant
- Female of a horse
- Football's big game (abbr.)
- Vehicle
- Single Lens Reflex
- It's becoming more prevalent
- Political action committee
- Makes lightbulbs
- Natural home of an animal
- In bed
- Superman villain
- The Golden State
- One who leads prayers in a mosque
- They accompany a leader
- Atomic #18
- Electronic countermeasures
- The appearance of something
- Connecting line on a map
- Deep red color
- Secret affairs
- Drenches
- Contains music
- Expression of surprise
- Intestinal pouches
- Where birds are born
- and behold
- Cools your home
- The First State



Jennifer Knott had trick or treaters fishing for treats at the trunk or treat event held Monday, Oct. 31 at St. Bernard's Catholic Church.



Rebecca Vogel prepared her treat dish for McCoy and Eleanor Nordby as they arrived at the trunk or treat held Monday, Oct. 31 at St. Bernard's Catholic Church in Thief River Falls. The Nordby children were accompanied by their mom, Courtney.

# Committee looks at district's financial challenges/Continued

**(Continued from Page 1)**  
The District did receive COVID relief funding. Those funds helped ease the impact the pandemic had on budgets. These funds, however, are one-time funds and how they were spent was restricted. The District does not anticipate receiving additional COVID funds.

The District also maintains a general fund balance of between 10 and 25 percent. It's standard practice to maintain an unrestricted general fund balance to cover unexpected costs and delayed funding. The District's current unrestricted general fund balance is at 14 percent. It is anticipated that

given these scenarios and all things remaining the same, that the District will end the 2023 and 2024 school years with a positive balance, but in 2025 have a deficit of over \$2 million. The District has made a number of reductions to its general fund. In 2022-23, the District cut \$1.2 million. In 2021-22, it cut \$550,000. With 79 percent of the District's expenditures being staff and benefits, the options begin to look like staff, activity and program cuts - cuts that affect students.

Monson-Ek produced data she said was prepared by Baird, an independent financial services firm. That data shows that Pennington County has very high property taxes. With one being the lowest and 87 being the highest, Pennington County ranks 83.

Another startling statistic was an open enrollment summary. Between 2010

and 2017-18, open enrollment remained relatively stable with about 158 students enrolling elsewhere, and the number of nonresidents enrolling in the District increasing from 67.82 in 2010-11 to 106.72 in 2018-2019. The net enrollment out, between those years, was fluctuated between 90 and 69. In 2019-20, the numbers began to change significantly. Students enrolled elsewhere jumped to 175.78, and non-resident enrollments declined to 102.18. In 2020-21, 209.44 students enrolled elsewhere while only 99.27 nonresidents enrolled in the District. In 2021-22, 233.53 students enrolled elsewhere, and 101.63 nonresidents enrolled in the District. That's a negative enrollment of 131.90.

The challenges the District faces include the general education formula, keeping up with inflation,

local county property taxes, negative or declining enrollment, and failure to pass a referendum.

A number of questions were asked of the District by committee members. Marketing/advertising were seen as one option to increase enrollment. When asked about what would happen if a referendum is not passed, the committee was told the District would go through its budget reduction process. The District was asked to redo some of the data comparisons so that it can be shared with the public. The District was also asked to look at the data and consider all day every day preschool because it would pay-off in increased enrollment in the future. The committee was told that there isn't enough funds in the Community Education budget to provide that service now, but the District is looking at one class of 3-year-olds, and one

class of 4-year-olds. One resident said that when he hears other schools marketing themselves on the radio, he thinks the District is missing the boat.

Another asked how the District can hire a quality superintendent who stays. The District has had four superintendents in eight years, and the cost of searching for a superintendent is expensive.

Another noted seeing buses from other Districts coming into the District to pick up kids. Could the Thief River Falls School District do more to attract more drivers so that it could do the same?

**The next meeting of the Long-Term Planning Advisory Committee is Dec. 1 at 7 a.m. in the Lincoln High School Training Center.**

# Council reaffirms TIF district/Continued

**(Continued from Page 1)** long as there was a contingency related to a daycare.

Since April, the cost of The Angle project has also increased about \$1 million in terms of construction and interest rates. Ehlers has revised its analysis, determining that MAK Construction would need the full nine years for a TIF district.

Ehlers indicated total development costs are estimated to be \$21.1 million. Land acquisition was anticipated to be \$690,000 of the total.

For the apartments, rent is proposed to be between \$875 per month for a studio unit and \$1,495 per month for a three-bedroom unit. Ehlers' assessment didn't list how much commercial rent was expected to be.

City leaders had looked into whether they could tie the daycare component to the time frame of the TIF. However, a TIF consulting law firm informed them that wasn't possible. Borseth told the council that it could instead institute the deed restriction.

As part of its plans, MAK Construction wants to construct a separate 6,000 square-foot daycare building elsewhere on the same property. That building, which was expected cost \$3.3 million to build, would serve about 100 kids.

It would like a daycare to

either lease or buy the building from the firm. The daycare plans hit a snag, which led MAK Construction to ask for permission to start construction on the mixed-use building without constructing the daycare building at the same time.

Many people, including Kuhn, have tried to find a daycare to lease or purchase the daycare building. Earlier this year, Discovery Place Childcare Center signed a letter of intent to offer a second daycare at The Angle. It sought corporate sponsorships to facilitate the second location. Digi-Key offered financial assistance, if needed, to operate that second location. Apparently, talks between Discovery Place and MAK Construction fell through.

MAK Construction also offered to sell the building to Discovery Place for \$3 million, similar to the construction costs for comparable daycare facilities being constructed elsewhere in northwest Minnesota.

A First Children's Finance daycare committee continues to meet here to discuss solutions to the city's daycare crisis. The city needs 283 daycare slots. That number doesn't include the number needed elsewhere in Pennington County. It's a common theme statewide.



City infrastructure, including city parks, was damaged after a snowstorm April 13, and rain and flooding 10 days later. Recently, FEMA officials toured several parks and exam-

ined the infrastructure. The city hopes to receive credit for work done at several parks and assistance with projects that still need to be completed.

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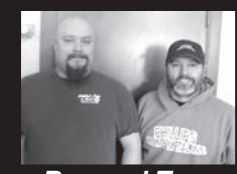
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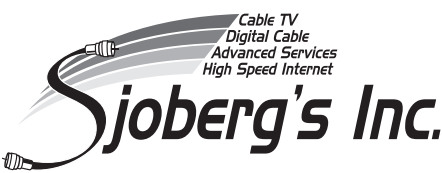
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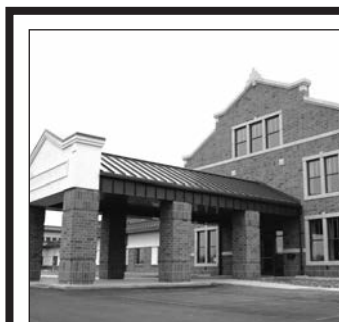
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# FEMA tours parks in TRF/Continued

(Continued from Page 1)

At a previous council meeting, city consultant Mark Borseth said the amended ordinance continues to prohibit building in the floodplain. It also continues to allow existing structures, mailboxes, signs and parks. Roadways may also be located in the floodplain if they can be closed like the roadway at Hartz Park during times of flooding. The floodplain maps were also updated and fewer city properties are in the floodplain.

The council had previously held a first reading related to the amended ordinance.

As part of its consent agenda, the council approved a temporary 3.2% malt liquor license for Rivers & Rails Brewery. The temporary license was issued for the business to serve alcohol Monday, Nov. 7, from 2 to 8 p.m., at Tonnabells.

Sitting beside a voluminous amount of paperwork from the past six months, council member Mike Lorensen asked the Administrative Services Committee to consider ways to lessen city paperwork. The large pile didn't include paperwork pertaining to the city's budget process, which

would have included considerably more pieces of paper. He referred to the additional risk to the city regarding the information contained in the paperwork.

Lorensen noted the city has spent a considerable amount of money on iPads and CivicPlus computer software. He indicated that it also utilizes Microsoft Teams.

The next council meeting is scheduled Tuesday, Nov. 15 at 5:30 p.m. at City Hall. A Committee of the Whole meeting will be held afterward.



There was considerable damage to the ramp, and metal railings that provides citizens an opportunity to fish just below the dam in Thief River Falls. The city is hoping that funding from FEMA will help bring the handicapped-accessible ramp that provides access to fishing below the dam into compliance, and that the city will receive financial assistance for the work already completed. FEMA officials toured several sites within the community.



City infrastructure was damaged after a snowstorm April 13, and rain and flooding 10 days later. There was considerable damage to the ramp, and metal railings that provides citizens an opportunity to fish just below the dam in Thief River Falls. Federal Emergency Management Agency officials have conducted site inspections, and the city is hoping that it can receive compensation for work to repair several parks in the community.

## Public Health Points: It's Alzheimer's Awareness Month

Alzheimer's is a progressive brain disorder NOT a normal part of aging.

Pennington and Red Lake County Public Health and Home Care notes that more than six million Americans are living with Alzheimer's.

The number of Americans with Alzheimer's is projected to surpass 14 million by 2060.

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2. Stay active
3. Learn new things

4. Get enough sleep
5. Mind your meds
6. Stop smoking and limit alcohol
7. Stay connected
8. Know your blood pressure
9. See your doctor
10. Get a memory screening

Source: <https://alzfdn.org/alzawarenessmonth/>

## University of Minnesota Talking seasonal depression

About 5% of the U.S. population experiences seasonal depression — also known as the "winter blues" — a subtype of depression that typically occurs when the seasons change. It most commonly affects people starting in the fall and continues into the winter months.

Jeannie Larson with the University of Minnesota talks about what causes seasonal depression, its symptoms and what people can do to lessen the symptoms.

**Q: What causes seasonal depression?**

Prof. Larson: Essentially seasonal affective disorder (SAD) is caused by a reduced level of sunlight beginning in the fall and continues through the winter months. This change of daylight may affect a person's serotonin level, thus impacting mood. Research suggests lower levels of serotonin are linked to depression.

**Q: How common is seasonal depression?**

Prof. Larson: A study done in 2013 found the prevalence of SAD approaches 10% in northern latitudes, which makes sense because the further one is from the equator, the lesser amount of sunlight. On average, about 5% of the U.S. population experiences seasonal depression depending on geographical region. There is a higher rate of SAD among women and, on average, people start to feel the effects of SAD between 20-30 years old.

**Q: What are the symptoms of seasonal depression?**

**sion?**  
Prof. Larson: According to the Mental Health America National Organization, symptoms of seasonal depression can be similar to those that occur with depression. It can sometimes be difficult to discern SAD from other types of depression. However, keeping in mind there are similarities, a diagnosis of seasonal depression can only be made after two consecutive occurrences of depression that begin and end at the same time every year, with the symptoms subsiding the rest of the year.

However, there are symptoms associated with SAD such as:

- Depression: misery, guilt, loss of self-esteem, hopelessness, diminished interest in activities, despair and apathy.
- Anxiety: tension and inability to tolerate stress.
- Mood changes: extremes of mood and, in some, periods of mania in spring and summer.
- Sleep problems: desire to oversleep and difficulty staying awake or, sometimes, disturbed sleep and early morning waking.
- Change in eating habits: carbohydrate craving, increased appetite and weight gain.
- Lethargy: feeling of fatigue and inability to carry out normal routine.
- Social problems: irritability and desire to avoid social contact.
- Sexual problems: loss of libido and decreased interest in physical contact.

**Q: How has COVID made seasonal affective**

**disorder worse?**

Prof. Larson: Even though people have been managing stress from COVID-19 for a while now, research suggests the rate of depression has tripled since the pandemic. That said, the beginning symptoms of SAD may exacerbate the pre-existing stressors from COVID making one less capable of dealing with issues then one might have been able to before. In other words, the symptoms may worsen as the person enters into the winter season, already feeling stressed from the pandemic, compounding their feelings of being stressed, isolated and/or more anxious than in the past.

**Q: What are you doing to advance knowledge on seasonal depression?**

Prof. Larson: I'm part of an interdisciplinary team of scientists in the Department of Epidemiology and the Department of Forestry looking at the effects of walking within green and suburban environments on participants' psychological (e.g., anxiety and mood) and cognitive (e.g., directed-attention) outcomes.

Jeannie Larson is assistant professor in the Earl E. Bakken Center for Spirituality & Healing and manages the Nature-based Therapeutic Services at the Minnesota Landscape Arboretum of the University of Minnesota. Her areas of expertise include therapeutic horticulture, animal assisted interactions, therapeutic landscapes and more.



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Thief River Falls

**Inside ...**

- Church Schedules ... 5B
- Opinion ... 4B
- Menus ... 9
- Classifieds ... 6B
- Legals ... 8B

**SCOTT DCAMP**  
 Sports Editor  
 e-mail: scott@trftimes.com



# Bearcats use second half surge to beat Chargers

Schmiedeberg scores five second-half touchdowns in Bearcat's win

The Goodridge/Grygla Chargers looked like they were on their way to winning the Section 8 9-Man championship for the first time since 2012 after dominant first half.

The Chargers led Kittson County Central Bearcats 14-0 after 24 minutes were in the books. The second half was a much different story, however, as the Bearcats scored 35 second half points en route to a 35-20 win to claim their second straight section championship and third since 2014 Thursday, Nov. 3 at the Fargo Dome in Fargo, N.D.

The Chargers looked like the hungrier and overall better football team through one half of play. After forcing the Bearcats to punt on their opening drive, the Chargers pieced together a drive that took over nine minutes off the clock and it ended with a three-yard scoring run by Matt Busse.

After a KCC three and out, the Chargers got the ball back at their own 45-yard line. The Chargers grinded out an 11-play, 55-yard drive that ended with quarterback



Goodridge/Grygla junior Lewis Jones gave Charger fans something to cheer about with a big punt return early in the first quarter of Thursday's Section 8 9-man championship game. Kittson County Central defeated Goodridge/Grygla 35-20 to win its second straight section championship.

Blake Rychlock connecting with Kehan Nelson on a 26-yard touchdown pass.

The Rychlock to Nelson score came on a 4th and 11 play at the KCC 26-yard line. Rychlock passed to Busse for

the two-point conversion.

The Chargers had a chance to break the game open on the Bearcats' next possession with a forced fumble and recovery at the KCC 41-yard line. The Chargers

picked up one first down and gained a total of 10 yards on the possession before turning the ball over on downs.

Both teams struggled to move the ball for the remainder of the half, with Chargers

taking a 14-0 lead into the locker room.

"The last words said in the locker room were that the Kittson County Central Bearcats will be coming out the second half aggressively

and we could not give them any momentum to build on," said Goodridge/Grygla Head Coach John Wilebski. "That is exactly what happened — three second-half Charger turnovers led to KCC touchdowns and the Goodridge-Grygla Chargers watched their chance at a 2022 State bid slip away 35-20 at the Fargo dome."

The Chargers got the ball to open the half with a chance to add to their lead. Instead, KCC sophomore linebacker Zander Anderson intercepted a Rychlock throw into the flat on a third and five at the 46 and ran all the way to the Charger 15-yard line. Four plays later, the Bearcats got on the board with an on a three-yard run by Chisum Schmiedeberg. Schmiedeberg's run snapped an 8-quarter shutout streak for Chargers.

Isaac Folland, who does most of his damage in the trenches as a center and defensive tackle for the Bearcats, split the uprights on the extra point attempt to bring the Bearcats within seven of the Chargers.

The Chargers put the ball on the ground two plays into the ensuing possession and the Bearcats recovered at the Charger 32-yard line. With momentum fully on their side, the Bearcats needed just five plays to tie the game as Schmiedeberg scored on a six-yard run and Folland [Continued on page 2]

## Women's Basketball

# Reloaded Pioneers set for another run

The Northland Community & Technical College women's basketball team will look to get back on track after a season that was good by most team's standards but not up to the lofty standard set by previous Northland women's teams.

The Pioneers qualified for the NJCAA National Championship Tournament for the 12th in program history following the 2022 Region 13B Tournament as an at-large qualifier after failing to win the regional for just the third time since the 2009-10 season.

The 2021-22 Pioneers went 15-11 overall, including an unblemished 8-0 record against MCAC Northern Division opponents.

Back from that team are sophomores Kasey Stegman and Chloe Kuznia.

Stegman is a 5-foot, 9-inch forward from Drayton, N.D. She was the Pioneers' third-leading scorer in 2021-22, averaging 9.5 points and 6.0 rebounds per game while logging an average of 29.8 minutes per contest.

Kuznia is 5-foot, 2-inch guard from Grygla. She averaged 3.9 points, 2.2 rebounds and 2.0 assists per game while playing an average of 30.7 minutes per game.

"Kasey and Chloe share a similar strength that we are looking for them to embrace this season — leadership," said Northland Head Coach Shannon Nelson. "Both can be leaders vocally and by example, and they are going to have a lot of responsibility in demonstrating to our big group of newcomers how we do things."

"Kasey's role will evolve

some from last year — she will play more inside and be relied on to defend the opponent's bigs and contribute more on the boards. She will create some matchup problems as she can also face up and shoot from the perimeter.

"Chloe's role will also evolve, which will include a bit more ball handling and point guard duties compared to last year. She will also be one of many strong three-point shooters we have this year."

The rest of the Pioneers' roster is comprised of fresh faces. Newcomers to the team include:

Lily Bayne, 5-foot, 6-inch point guard from Warren, who was a 1,000-point scorer in high school and she led Warren-Alvarado-Oslo to

[Continued on page 2]



Goodridge/Grygla junior quarterback Blake Rychlock scans the field during this second quarter pass attempt against Kittson County Central in Thursday's Section 8 9-man championship game. KCC defeated Goodridge/Grygla 35-20.

# Golf Club hopes flooding issues on 18 are a thing of the past



The 18th hole at the Thief River Golf Club will look quite a bit next year after work was done this fall to raise the fairway above minor flood stage. Dirt was removed from an area adjacent to the 18th fairway, loaded into dump trucks and dumped on the fairway where it was leveled and packed by bulldozer.

The back nine holes at the Thief River Golf Club were completed in 1994 and flooding has been a regularly-occurring problem on low-lying areas of the course ... and there is no hole that has it worse than hole number 18.

The Thief River meanders through the Thief River Golf Club. Its green sits next to the club house, the majority of the 18th hole lies on the north side of the Thief River and its fairway is located within the river's 100-year floodplain.

The 18th fairway has been frequently inundated by flooding of the Thief River. Even minor floods cause problems with erosion and each occurrence requires the fairway grass to be reseeded, costing the golf club thousands of dollars each occurrence.

Recent improvements have been made to the 18th fairway that should make damage from most flood events a thing of the past.

The fairway has been raised an average of four feet to raise the fairway above minor flood state. All material utilized for the fairway improvement was collected from other portions of the course on the east side of hole number 18.

Other options considered to address flooding on the 18th fairway include relocating the hole to another location, changing the hole to a par three with no fairway and doing nothing.

It was determined that no suitable locations exist to relocate the hole that don't flood or impact existing wetlands. Changing the 18th hole to a par three without a fairway was also deemed to be an undesirable option.

The approximate cost of the improvement is \$60,000 and it has been covered in part by grants from the Lunke Family Foundation, the Dondelinger Foundation, the Hartz Foundation and [Continued on page 2]

## TRF SPORTS

- Wednesday, Nov. 9
  - Basketball - NCTC Women vs. Sisseton-Wahpeton College 5:30 p.m.
  - Hockey - LHS Girls vs. Crookston 7:30 p.m.
  - Friday, Nov. 11
    - Swimming - LHS Girls at Section 8A Meet (Warroad) 1:30 p.m.
    - Swimming - LHS Girls at Section 8A Finals (Warroad) 10 a.m.
    - Monday, Nov. 14
      - Hockey - LHS Girls vs. Detroit Lakes (Red Lake Falls) 7:30 p.m.

# Bearcats use second half surge to beat Chargers/Continued

[Continued from page 1] six-yard run and Folland added the extra point.

Following a Charger three and out, the Bearcats got the ball back and marched 69 yards on seven plays, with Schmiedeberg scoring on a six-yard run.

Trailing for the first time, the Chargers appeared to be regaining their footing on the ensuing possession before things went from bad to worse. The Chargers picked up a first down for the first time in the second half. On the next play, Rychlock pitched the ball to Lewis Jones on a jet sweep. The ball hit Jones in the chest and deflected directly into the arms of Schmiedeberg who sprinted 40 yards untouched into the endzone to give the Bearcats a 27-14 lead. Folland's extra point was no good.

The Bearcats scored again on a three-yard run by Schmiedeberg with 3:54 left to play. Braden Faken passed to six-foot, six-inch tightend Kaden Vig for two to make it 35-14.

The Chargers got on the board one final time as Rychlock connected with Jones on a 15-yard completion. The two-point play was no good.

The loss to the Bearcats stings for the Chargers, especially for seniors Tre Alten, Dane Arveson, Matt Busse, Anthony Englund, Thor Henrickson, Elliot Philipp, Reece Sundberg and Kaylor Torgerson.

"We have been playing so well and I was so proud of how our team gelled and got better each week," Wilebski said. "To have this opportunity slip away was unfortunate."

"This group of seniors are going to be missed. Hopefully there leadership and influence will be passed down to the underclassman on all the hard work dedication of this 2022 season."

### Scoring

	1	2	3	4	T
GG	.....6	8	0	0	14
KCC	.....0	0	14	19	33

**First Quarter**  
GG - Matt Busse 3 yd run (pass failed)

**Second Quarter**  
GG - Kehan Nelson 26 yd pass from Blake Rychlock (Rychlock to Busse)

**Third Quarter**  
KCC - Chisum Schmiedeberg 3 yd run (Folland kick)  
KCC - Schmiedeberg 6 yd run (Folland kick)

**Fourth Quarter**  
KCC - Schmiedeberg 6 yd run (Folland kick)

KCC - Schmiedeberg 40 yd fumble return (kick missed)  
KCC - Schmiedeberg 1 yd run (Faken to Vig)  
GG - Lewis Jones 15 yd pass from Rychlock (pass failed)

### Individuals

■ Rushing - Matt Busse 13-45 yards, 1 touchdown; Lewis Jones 8-22; Blake Rychlock 11-21; Kehan Nelson 5-12.

■ Passing - Blake Rychlock 7-for-13 71 yards, 2 touchdowns, 1 interception; Lewis Jones 1-for-2 25 yds.

■ Receiving - Jones 4-28, touchdown; Nelson 1-26, touchdown; Torgerson 2-32.

■ Tackles - Lewis Jones 16, Elliot Philipp 10, Kehan Nelson 9, Blake Rychlock 8, Reece Sundberg 6, Tre Alten 5, Kaylor Torgerson 4, Anthony Englund 4, Matt Busse 4, Carson Rubischko 3.

■ Forced fumbles - Lewis Jones 1.  
■ Fumble recoveries - Reece Sundberg 1.

### Section 8 9-Man

■ Thursday, Nov. 3, Championship game at Fargo Dome - Kittson County Central 35, Goodridge/Grygla 20.

### Section 8A

■ Thursday, Nov. 3, 5:30 p.m. Championship game - Mahnomen/Waubun 32, Red Lake County 0.

### Section 8AA

■ Friday, Nov. 4, 8 p.m. Championship game - Barnesville 56, Crookston 3.

### Section 8AAA playoffs

■ Thursday, Nov. 3, Championship game at Fargo Dome - Dilworth-Glyndon-Felton 7, East Grand Forks 6.

### Section 8AAAA playoffs

■ Friday, Nov. 4, Championship 7 p.m. at Monticello - Rocori 22, Becker 20.

### Section 8AAAAA playoffs

■ Friday, Nov. 4, Championship 7 p.m. - Moorhead 28, Sartell 26.

### 9-Man State Tournament

■ Quarterfinals, Thursday, Nov. 10 - (S3) Red Rock Central vs. (S4) Wheaton-Herman-Norcross 7 p.m. at Buffalo High School; (S7) Mountain Iron Buhl vs. (S8) Kittson County Central 5 p.m. at Moorhead High School; (S1) Spring Grove vs. (S2) Hancock 7 p.m. at Macalester College; (S5) Ogilvie vs. (S6) Fertile-Beltrami 5 p.m. at Grand Rapids High School.

■ Semifinals, Thursday, Nov. 17 at U.S. Bank Stadium.  
■ Championship, Saturday, Dec. 3 at U.S. Bank Stadium.

### Class A State Tournament

■ Quarterfinals, Friday, Nov. 11 - (S3) Springfield vs. (S4) Kerkoven-Murdock-Sunburg 7 p.m. at Crown College; (S7) Deer River vs. (S8)

Mahnomen/Waubun 7 p.m. at Brainerd High School; (S1) Fillmore Central vs. (S2) Lester Prairie 5:30 p.m. at Jordan High School; (S5) Minnesota vs. (S6) Breckenridge 7 p.m. at Alexandria High School.

■ Semifinals, Saturday, Nov. 19 at U.S. Bank Stadium.  
■ Championship, Friday, Dec. 2 at U.S. Bank Stadium.

**Class AA State Tournament**  
■ Quarterfinals, Thursday, Nov. 10 - (S3) Jackson County Central vs. (S4) Howard Lake-Waverly Winsted 7 p.m. at St. Anthony Village; (S7) Moose Lake/Willow River vs. (S8) Barnesville 7 p.m. at St. Cloud Tech High School; (S1) Chatfield vs. (S2) Blue Earth Area 7 p.m. at Rochester Mayo High School; (S5) Eden Valley-Watkins vs. (S6) Sauk Centre 7 p.m. at Monticello High School.

■ Semifinals - Friday, Nov. 18 at U.S. Bank Stadium.  
■ Championship, Friday, Nov. 2 at U.S. Bank Stadium.

**Class AAA State Tournament**  
■ Quarterfinals, Saturday, Nov. 12 - (S3) Fairmont vs. (S4) St. Croix Lutheran Academy noon at Burnsville High School; (S7) Esko vs. (S8) Dilworth-Glyndon-Felton 1 p.m. at Brainerd High School; (S1) Cannon Falls vs. (S2) Watertown-Mayer 7 p.m. at Hastings High School; (S5) Milaca vs. (S6) New London-Spicer 7 p.m. at Elk River High School.

■ Semifinals, Saturday, Nov. 19 at U.S. Bank Stadium.  
■ Championship, Saturday, Dec. 3 at U.S. Bank Stadium.

**Class AAAA**  
■ Quarterfinals, Thursday, Nov. 10 - (S3) Simley vs. (S4) Chisago Lakes 7 p.m. at Forest Lake High School; (S7) North Branch vs. (S8) Rocori 7 p.m. at Blaine High School; (S1) Stewartville vs. (S2) Hutchinson 7 p.m. at Lakeville South; (S5) Academy of Holy Angels vs. (S6) Zimmerman 7 p.m. at Osseo High School.

■ Semifinals, Thursday, Nov. 17 at U.S. Bank Stadium.  
■ Championship, Friday, Dec. 2 at U.S. Bank Stadium.

**Class AAAAA**  
■ Quarterfinals, Saturday, Nov. 12 - (S3) St. Thomas Academy vs. (S4) Mahtomedi noon at Woodbury High School; (S7) Elk River vs. (S8) Moorhead 1 p.m. at Maple Grove High School; (S1) Rochester Mayo vs. (S2) Mankato West 7 p.m. at Prior Lake High School; (S5) Robbinsdale Armstrong vs. (S6) Rogers noon at Osseo High School.

■ Semifinals, Friday, Nov. 18 at U.S. Bank Stadium.  
■ Championship, Saturday, Nov. 3 at U.S. Bank Stadium.

**Class 6A**  
■ Quarterfinals, Friday, Nov. 11 - Stillwater Area vs. Lakeville South 7 p.m. at Eden Prairie High School; Maple Grove vs. East Ridge 7 p.m. at Chanhassen High School; Eden Prairie vs. Shakopee 7 p.m. at Park Center High School; Rosemount vs. Centennial 7 p.m. at Stillwater High School.

■ Semifinals, Friday, Nov. 18 at U.S. Bank Stadium.  
■ Championship, Friday, Dec. 2 at U.S. Bank Stadium.



Goodridge/Grygla linebacker Lewis Jones strips the ball from KCC running back Chism Schmiedeberg. Reece Sundberg recovered the fumble for the Chargers and gave the Chargers a chance to go up by three scores in the second quarter. Schmiedeberg would make amends for his fumble by scoring five second-half touchdowns in the Bearcats' 35-20 win over the Chargers.

# Reloaded Pioneers set for another run/Continued

[Continued from page 1] section 8A championship her senior year. "She can score from the three-point line or off the dribble; will need to help create shots for teammates on the perimeter as well," Nelson said.

Emma Osborn, 5-foot, 7-inch guard from Crookston, was the 2022 Northwest Conference MVP, and she set the Pirates school record for made threes in a season. "Lights out three-point shooter, quick trigger, good all-around offensive ability," Nelson said.

Maci Wagner, 5-foot, 6-inch guard from Gully, who played her prep basketball at Clearbrook-Gonvick. "Good offensive skill; can play some point guard—good court vision," Nelson said.

Madysen Nordstrom, 5-foot, 7-inch guard from Cavalier, N.D., who also played volleyball for the Pioneers. "Good all-around offensive ability — can shoot the three and score off the dribble; will mostly need to just catch up from missing the first couple months of workouts and practices," Nelson said.

Brooke Olson, 5-foot, 9-inch guard from Newfolden who played high school basketball for the Northern Freeze. "Long and athletic guard; will create matchup problems," Nelson said. "Good on-ball defender. Good passer and court vision. Can play some point guard."

Shavonda Bender, 5-foot, 8-inch forward from Roseau. Athletic guard/forward who is a tireless worker; fast with the basketball and dif-

icult to stop in transition," Nelson said. "Good on-ball defender — very active."

Riley Mooney, 5-foot, 8-inch forward from Stephen Argyle. "Versatile forward who can play inside and can also shoot the three," Nelson said. "Good all-around scorer. Will have to help us on the boards and defend inside pretty regularly."

Ashley Gereau, 5-foot, 7-inch forward from Manvel, N.D., who played her high school basketball at Grand Forks Central. "Long and athletic guard/forward," Nelson said. "Good rebounder, screener, and on-ball defender. Versatile player who we can put in different

positions. Capable scorer; willing to do all of the little things."

Lynelle Charnoski, 5-foot, 5-inch guard from Red Lake, who played high school basketball at Kelliher-Northome High School. "Good three-point shooter and good offensive ability overall. Good court vision—gamer," Nelson said.

The Pioneers open the 2022-23 season at home Wednesday, Nov. 9 against Sisseton Wahpeton College at 5:30 p.m. Northland Pioneers apparel will be sold at Wednesday's game.

## TRF BOWLING LEAGUES

Commercial League		Service League	
W	L	W	L
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Farmers Insurance.....	140.0.....95.5	Beito Repair.....	785.....80.5
Bray Construction.....	125.5.....130.5	Zutz Farms.....	76.....83
Rude Construction.....	106.....150	Demolition.....	74.5.....93.5
Get-R-Done Taxidermy.....	103.5.....152.5	Bye.....	0.....0
TRFord/Universal.....	102.5.....153.5	■ High Game - Tim Molstad 226, Jason Olson 218, Ron Zutz 205.	
Concrete Designs.....	101.5.....154.5	■ High Series - Tim Molstad 605, Jason Olson 578, Nick Solar 555.	
■ High Game - Austin Olson 235, Jason Olson 235, Kent Wagner 228.		Sunset League	
■ High Series - Austin Olson 682, Roy Unbehaun 671, Jason Olson 648.		W	L
Elks League		Split Ends.....	22.5.....9.5
W	L	Walseth Construction.....	22.....10
Bean Counters.....	17.....3	Cocotails & Dreams.....	20.5.....11.5
Horns.....	15.....5	TRF Mini Storage.....	19.....13
Elk-Oholics.....	10.5.....9.5	HPK Strikers.....	19.....13
Northern Gun & Pawn.....	9.5.....10.5	Border State Bank.....	17.....15
Hoofs.....	9.....11	Brite Spot.....	16.....16
Steam Rollers.....	8.5.....11.5	Ball Busters.....	16.....16
Rocky Mountain Oysters.....	8.....12	State Farm-the Winners.....	14.....18
Split Happens.....	8.....12	Fire & Ice.....	13.5.....18.5
Antlers.....	7.5.....12.5	Splits & Giggles.....	13.....19
Pocket Pounders.....	7.....13	Living on a Spare.....	12.....20
■ High Game - Dave Onka 256, Sheldon Peterson 235, Steve Kloety 235.		Gutter Gals.....	11.....21
■ High Series - Jason Olson 618, Sheldon Peterson 603, Steve Kloety 602.		Les Miserbawls.....	8.5.....23.5
		■ High Game - Mandi Nelson 190, Lois Hejlik 187, Marie Gotthberg 177.	
		■ High Series - Mandi Nelson 465, Cori Bregier 462, Marie Gotthberg 453.	



Dirt is packed on the 18th fairway at the Thief River Golf Club near the previous location of the cart paths. The 18th fairway has been prone to flooding since the back nine holes were added at the Thief River Golf Club in 1994. It will be raised an average of four feet to get the fairway above flood stage.

# Golf Club hopes flooding issues on 18 are a thing of the past

[Continued from page 1] the TRF Area Community Fund. The Thief River Falls Sports Boosters are serving as the project's fiscal agent.

Plans to raise the fairway were developed over the summer and a conditional use permit was approved by the Pennington County Board of Commissioners Oct. 11.

After holding a public hearing, the County Board approved the conditional use permit for the Thief River Golf Club. The permit was required in order for the golf club to raise the fairway for the 18th hole. As part of its

approval, County Board stipulated that the golf club must use native vegetation.

The permit was required since the 18th hole is located in the 100-year floodplain. Peter Nelson, manager of Pennington Soil and Water Conservation District, said it was concluded there will be no rise in the floodplain nor threat to life or property as a result of the project.

In August, commissioners approved a Minnesota Wetland Conservation Act decision related to the project. At that time, the golf club purchased 0.9 acres in wetland credits for \$16,200.

The project impacts approximately .46 acres of wetland, which will be mitigated by the golf club.

## Ostby aces hole number 8

Ron Ostby aced hole number eight at the Thief River Golf Club on Monday, Oct. 31, which was also the last day that the club was open for the 2022 season. Witnesses of Ostby's hole-in-one were Rick Reiersen, Karl Gjernes and Terry Tempsey.



Trees and dirt were removed from an out of bounds area east of the 18th fairway at the Thief River Golf Club. The dirt was loaded into a dump truck and dumped on the 18th fairway to raise the surface above minor flood stage.

2022-23 Thief River Falls

# SPORTS SPOTLIGHT



Pictured from left to right are members of the Thief River Falls varsity volleyball team: front row - Sophia Kraemer, Kendra Mehrkens; second row - Becca Harbott, Brylee Lingen, Brookie Bakke, Megan Peterson, Olivia Tougas; third row - Head Coach Hannah Lund, Carlie Rogalla, Ali Yuska, Josie Peterson, Coach Sara Rosendahl; back row - Avah Waldal, Coach Mickey Meunier, Seraphim Johnson, Avery Koop (manager), Coach Mattlyn Erickson.

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**DAVID HILL**  
Editor  
e-mail: [dhill@trftimes.com](mailto:dhill@trftimes.com)

Editorial opinion published under this heading is intended to stimulate thinking and discussion among our readers. Unless specified otherwise, the editorials are written by Editor Dave Hill and do not represent opinion of other staff members. Opinions in items from other publications may not coincide with the editor's own views but are offered for their general interest.

## How do we compete?

I'm always concerned about our brick-and-mortar businesses in our community during the holidays, but I'm always surprised at their resilience and ingenuity.

Times have changed, so how do local businesses compete with e-commerce?

Last year, we featured the efforts of Allie Enge at The Shed to attract customers and sell products. Enge was conducting sales using Facebook Live. Not only did it feature interesting products, background information and online bidding, the banter between her and her mother created an interesting show for her customers. Advantages for customers also included being able to pick up products at her store without having to wait in lines or wait for mail service, hearing some product reviews, and seeing the products in a way they can't when they visit an e-commerce website. Enge and her staff had successfully blended the in-store experience with technology in a way that enhanced the customer's shopping experience.

I recall another story with a business owner who utilized Facebook to market products to consumers by using personalized notifications. It was a smart way of leveraging technology. She would also send invitations and discounts to loyal customers. I'm pretty sure I've seen some recent advertisements from local stores on my social media feed.

I recall a story another year, or was it an editorial, about the personalized service my family received at Purdy's in downtown Thief River Falls. An elderly member of the family wanted a new pair of winter boots, but wasn't able, at the time, to go out and try on different boots. So, we went shopping for her. Imagine the difficulty of picking something out. Purdy's staff let us take home some different options for her to try. You can't get that kind of service or experience from e-commerce - not

in a timely manner, in any event.

This upcoming weekend, The Times is sponsoring the 45th Annual Holiday Fair at the Ralph Engelstad Arena. The arena will be filled with all kinds of crafts and creations, most made by hand by local artists. How cool would it be to receive a hand-made gift for Christmas? In order to give shoppers a new experience, this year, shoppers will be able to sip some of their favorite beverages - mimosas, wine and seltzers - while they shop. It sounds fun and relaxing, not frantic and stressful.

What's the point?

In the days and weeks to come, your mailboxes will be stuffed with fliers and bright, flashy sheets of paper from large chains trying to entice you to shop online. One of the important ways individuals can keep track of local trends and inventories and reduce their stress is to check the advertisements in our local newspaper. We've been here for over 100 years promoting our community and local businesses and we intend to do so for at least another 100.

Owners of our local brick-and-mortar stores, crafters and artists are willing and able to try many ways to improve your shopping experience. Give them a shot. Shop local. Help yourself, and help your community by supporting local businesses.

## Coffee

I enjoy watching young people behind the counter at coffee shops. They're bouncy, upbeat, and helpful. Anyone who has ever known a teenager, which must be about everyone because we've all been one, knows how rare it is to find a happy teen. Would it be inhumane to require all teenagers to drink coffee? Honestly, I wish my coffee still gave me that much energy. Coffee helps, but as the saying goes, it just manages to tame the demons.



## Some reasons to shopping at small businesses

The numbers don't lie. Locally owned businesses may be classified as "small," but they have a big impact on the national economy.

According to the Bureau of Labor Statistics' Business Dynamics report, small businesses created 10.5 million net new jobs between 2000 and 2019, accounting for 65.1 percent of net new jobs created since 2000 in the United States. The Government of Canada reports that the number of small businesses in Canada in 2020 was far greater than the number of medium and large businesses, accounting for 97.9 percent of all the businesses in the

country.

Supporting locally owned businesses is a great way to support a neighbor, but that's not the only attraction. Here are several reasons to shop small.

### The feel-good factor

Doing for others certainly has an impact on the person on the receiving end, but also benefits the do-gooders. A November 2020 survey by Union Bank found that 72 percent of Americans said supporting small businesses was more important than getting the best deals. That may be due to the feeling of helping out a fellow neighbor.

**Create job opportunities**

Shopping at small busi-

nesses keeps those establishments afloat, and it also keeps their employees afloat. Small businesses are the largest employers in the United States. That's also true in Canada, where 68.8 percent of the total labor force works for a small business. A person may never know when he or she - or a relative - will need a job. Keeping small businesses viable provides a strong job market for locals.

### Keep more money in the community

The Small Business Administration says \$48 out of every \$100 spent at a small business stays in the community. Spend the same \$100 at a national retailer

and only \$14 stays.

### Enjoy a more local flavor

National retailers and other businesses follow a global business model that may not allow for much customization, but small businesses can provide products or services that relate directly to the needs of the communities they serve. These same small businesses also may be more inclined to work with local vendors and start-ups than national companies that have global supply chains.

These are just a few of the many reasons to seek out small businesses when in need of products or services.

## What will holiday shopping look like this year?

(StatePoint) If it feels like the holiday season is getting longer and more reliant on technology every year, you're not imagining it.

According to the Sensormatic Solutions 2022 U.S. Holiday Consumer Sentiment Survey, 52% of respondents already started or plan to start their holiday shopping before November, and pre-Labor Day holiday shopping more than doubled over 2021. That said, the top busiest shopping days in the United States are all expected between Black Friday and the day after Christmas.

Whether shoppers are making a list and checking it twice as early in the season as possible or waiting until the last minute, they are also likely to be thinking all the ways to shop, including integrating digital options with a traditional brick-and-mortar experience, both which offer key consumer benefits.

"The past couple years have fundamentally

changed the way we celebrate the holidays, starting with how we shop," said Kim Melvin, global leader of marketing, Sensormatic Solutions. "This year, shoppers are using the very same tools they once turned to for health and safety reasons to make the experience more convenient and affordable."

Sixty-four percent of respondents cited convenience as their top reason for using buy-online-pickup-in-store (BOPIS) or curbside pickup this holiday season, while 37% are leveraging these options to access online-exclusive deals. Shoppers are also blurring the lines between the digital and physical shopping experiences, using their phones while in stores to read product reviews, access coupons, check on product availability and conduct other research - 27% use their phones to supplement their shopping experience every time they shop in-store and an additional 31% do so most of the time they shop

in-store.

"While the majority of shoppers feel very comfortable making their holiday purchases in-store this year, factors like price, product availability and convenience are at the top of everyone's minds," said Melvin. "A combination of traditional brick-and-mortar visits and alternative shopping methods, such as BOPIS and curbside pickup, are helping consumers take these factors into consideration as they complete their holiday wish lists."

As part of its mission to solve complex retail challenges, Sensormatic Solutions is providing its top strategies to improve your holiday shopping experience:

If staying within your seasonal budget is a priority for you or you harbor supply chain concerns, consider leveraging shopping holidays such as Black Friday. Doing so can help ensure product availability, and thanks to holiday promotions, help you secure

reasonable pricing on needed items.

One of the most frustrating aspects of holiday shopping is not finding what you need on store shelves. Using alternative shopping methods such as BOPIS and curbside pickup can offer greater convenience and help ensure that when you visit a store, you won't leave empty-handed.

For more holiday shopping tips and insights, visit [sensormatic.com](https://sensormatic.com).

Though this holiday season may resemble the last few years in many ways, shoppers' motivations for going digital have changed. Having a game plan can help you score great deals and find what you need.

## POLICIES

Letters To The Editor: The staff of *The Times* encourages written responses to editorial comment or letters with original thoughts or ideas of general interest. Letters should be intended for publication in *The Times* exclusively; letters sent to multiple publications will generally not be accepted. Right is reserved to edit letters for length and clarity and to reject letters deemed to be promotional in nature, promote violence or in poor taste. Letters should not exceed 650 words in length.

If individuals request their letters printed "as is" they will be deemed a paid advertisement and must appear in a box.

Letters Must Be Signed: All letters must be signed and contain an address or phone number of the writer so authenticity can be verified.

Signatures must appear on letters published. The staff believes that there is greater credibility in letters signed in print and will not withhold names of writers from publication.

Responses Invited: Letters critical of individuals or other entities may be shown to those individuals or representatives of those entities in advance of publication with an invitation by newspaper staff for response in the same issue as the original letter.

Corrections: If an error is made in news or advertising publication, the staff encourages readers to call it to our immediate attention by calling 681-4450. We will attempt to correct the error or clarify the misunderstanding in the next issue.

Deadline: The deadline for letters to the editor is 10 a.m. on Mondays.

## Shopping local has a big impact

Conscientious consumers who want to help local entrepreneurs thrive may not need any extra incentive to support small businesses in their communities. However, that doesn't mean it isn't worth noting the tax benefits of buying local compared to buying online or in other towns or cities.

Small businesses pay sales taxes to the city and county where the business is located, which means a significant amount of the money spent at local businesses is ultimately going to the community at large. In addition, local businesses tend to hire local residents, who pay taxes on their incomes. Those taxes also

benefit the towns and cities where workers live and work.

This ripple effect of supporting local businesses is one reason why the Small Business Administration estimates that, for every \$100 consumers spend at a small business, \$48 remains in the community.

## Medical Association urges Minnesotans to get vaccinated before the holidays

As the weather turns colder and the holidays approach, the Minnesota Medical Association urges all eligible Minnesotans to get their COVID-19 booster and seasonal flu shot.

"We've been lucky to have a mild fall so far, but soon the weather will turn colder, and the holidays will bring more people inside to gather in large groups," said MMA President Will Nicholson, MD. "When that happens, we expect to see a rise in cases of influenza and other airborne diseases. Getting vaccinated is the best way to protect yourself

and your family."

According to recent data from the Minnesota Department of Health, only 13.4% of Minnesotans are fully vaccinated for COVID-19. After a year of relatively few influenza infections, there are early indications that this season may be different with infection rates increasing in southeast and south-central parts of the country.

"We are already dealing with a rise in RSV (respiratory syncytial virus) cases, plus staff shortages at many clinics and hospitals," Nicholson said. "We need

Minnesotans to step up by doing all they can to prevent illness now - get your shots, cover your cough, and stay home if you are not feeling well."

### About the Minnesota Medical Association

The Minnesota Medical Association is a non-profit professional association representing physicians, residents and medical students. With more than 11,000 members, the MMA is dedicated to being the leading voice of medicine to make Minnesota the healthiest state and the best place to practice.

**WE'RE ALL EARS**

Questions?  
Comments?  
Story Ideas?  
Let us know how we're doing.

Your opinion is something we always want to hear

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## NWRDC to hold annual meeting Dec. 3

The Northwest Regional Development Commission will hold its annual meeting Saturday, Dec. 3. The meeting will begin at 10 a.m. with a lunch at 11:45 a.m. Registrants will be provided with the location upon registration.

At this meeting, the NWRDC will elect its board of directors, review and approve its Calendar Year 2023 Work Program,

approve 2023 Aging Grants and area plan, and review all other program activities for the past year.

The NWRDC invites and encourages public officials and other interested persons to join all or part of the day's events. If you have questions or plan on attending the lunch, contact Judy Flaten at the NWRDC office at 218-745-6733 or jflat-en@nwrdc.org.

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 324 Main Avenue North  
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 681-4450

## A trip down memory lane ~ 1982



THIS GROUP of Lincoln High School seniors includes part of those named to membership in the National Honor Society. Left to right are front row, Karmon Espe, Wendy Erickson, Kathy Kjos, Susan Hanna and Roslyn Berg; second row, Cindy Hastad, Stacy Davidson, Kathryn

Kinsman, Kathy Carlson, Joseph Kertz and Keith Grochow; back row, Aaron Bartsch, Mark Harder, Craig Kapsner, Steve Hvidsten, Todd Broadwell, and Steven Dalager.

# Worship With Us

**ALMA FREE LUTHERAN CHURCH**  
 Dennis Gray, Pastor  
 28098 300<sup>th</sup> Street NW, Argyle  
 Phone: (218) 874-2101  
 Web: www.almaafcl.org  
**Sunday sermons recorded on www.facebook.com/almaafcl.**  
 In case of a need, call Pastor Dennis Gray at 218-874-2101.  
**Wednesday, November 9:** 7 p.m. Church Council  
**Sunday, November 13:** 9:30 a.m. Worship with Gideon speaker; 10:45 a.m. Coffee Fellowship followed by Sunday School and Adult Bible Study/Discussion  
**ABUNDANT LIFE LUTHERAN CHURCH**  
 LeRoy Flickinger, Pastor  
 1602 Pennington Ave., P.O. Box 522, Thief River Falls  
 Phone: (218) 681-2300  
 Web: abundantlifetr.com  
**Sundays:** Service at 9:30 a.m.; Coffee & Fellowship at 10:30 a.m.; Sunday School at 10:45 a.m.

**BETHLEHEM AND NAZARETH LUTHERAN PARISH - ELCA**  
 202 Marshall Avenue, Holt Box 39, Newfolden  
 Bethlehem Office: (218) 874-7115  
 Nazareth Office: (218) 449-3856  
 Office Hours: Bethlehem - 10 a.m. to 12 p.m. Wednesdays; Nazareth 10 a.m. to 11:30 a.m. Thursdays.  
 web: https://www.bethlehem-nazareth.org  
 www.facebook.com/BethlehemNazarethLutheran-Churches-19423180617551  
 YouTube: Bethlehem and Nazareth Lutheran Church  
**Wednesday, November 9:** Bible Study - 10:30 a.m. at Bethlehem; Nazareth Council at 7 p.m.  
**Sunday, November 13:** Worship Services at Bethlehem at 9 a.m., Sunday School at 10 a.m.; Sunday School at Nazareth at 9:45 a.m., Nazareth Worship Services at 11 a.m.; Confirmation: 5:30-7:30 p.m. at Bethlehem  
**Tuesday, November 15:** Bethlehem Angels at 9 a.m.

**BLACK RIVER LUTHERAN CHURCH**  
 Frank Ehling, Pastor  
 Sheila Michaels, Pastor  
 15952 110th Street SW, Red Lake Falls  
**Sundays:** Worship at 9 a.m.  
**CALVARY LUTHERAN CHURCH - ELCA**  
 Frank Ehling, Pastor  
 Sheila Michaels, Pastor  
 PO Box 8  
 405 Water Street, St. Hilaire  
 Phone: (218) 964-5750  
**Sundays:** Worship Services at 10:30 a.m.

**CATHOLIC COMMUNITIES OF BLESSED SACRAMENT, ST. EDWARD, ST. JOSEPH**  
 Father George Noel, Pastor  
 Phone: (218) 289-1735  
 Email: gnoel@gmail.com  
**Blessed Sacrament, Greenbush:** Saturday Mass at 5 p.m., Sunday Mass at 8 a.m. and live streamed.  
**St. Joseph, Middle River:** Sunday Mass at 9:45 a.m.  
**St. Edward, Karlstad:** Sunday Mass at 11:30 a.m.

**FAITH LUTHERAN BRETHREN CHURCH**  
 Tim Carlson, Interim Lay Pastor  
 601 Dewey Ave. N., Thief River Falls  
**Sundays:** Worship at 10:30 a.m.

**CLEARWATER LUTHERAN PARISH MT. OLIVE, NAZARETH, OAK PARK, ST. PETRI**  
 Jeff Merseth, Pastor  
 Rt. 1, Box 156C, Oklee  
 Phone: (218) 796-5130  
 http://clparish.com  
**Services and sermons can be found at: www.facebook.com/clearwaterlutheranparish/**  
**Wednesday, November 9:** Wednesday School from 5-7 p.m.; 6:30 p.m. Vespers  
**Saturday, November 12:** Mt. Olive Service with Communion at 9 a.m.  
**Sunday, November 13:** 8 a.m. Service with Communion at St. Petri; 9:15 a.m. Sunday School at St. Petri; 8:45 a.m. Oak Park Sunday School; 9:45 a.m. Service with Communion at Oak Park; 10 a.m. Sunday School at Nazareth, 11 a.m. Service with Communion at Nazareth

**COMMUNITY CHURCH INTERNATIONAL**  
 Pastors: Curtis Jacobson, Tom and Jennifer Ramsey  
 Highway 1 East, Thief River Falls  
 Phone: (218) 681-2285  
**Saturdays:** Men's Prayer Breakfast 7:30 a.m.  
**Sundays:** Worship at 10 a.m.; Sunday School at 10 a.m.  
**Fellowship dinner 2nd Sunday of each month.**

**CORNERSTONE BAPTIST CHURCH**  
 PO Box 816, Thief River Falls  
 using the facilities of  
 Faith Lutheran Brethren Church at 601 Dewey Avenue N., Thief River Falls  
**www.cornerstonetr.org**  
**facebook.com/cornerstonetr**  
**Sundays:** 9 a.m. Worship Service

**EPIPHANY STATION**  
 Matty Towse, Lead Pastor  
 Mary Sieckert, Interim Worship Leader  
 Pete Lee, Discipleship Pastor  
 403 Main Avenue North, Thief River Falls  
 Web: www.epiphanystation.com  
 E-Mail: admin@epiphanystation.com  
**Wednesdays:** Prayer works at 6:30 a.m.  
**Sundays:** Worship at 9:30 a.m. and 11 a.m., Evening at 6 p.m.  
**Mondays:** Prayer works at 6:30 a.m.  
**Tuesdays:** Celebrate recovery from 6 to 8 p.m.

**EVANGELICAL COVENANT CHURCH**  
 Bryan Dickson, Pastor  
 1425 Third Street East, Thief River Falls  
 Phone: (218) 681-4449  
 Web: www.trfcovchurch.org  
 www.facebook.com/trfcovchurch  
 Office E-Mail: office@trfcovchurch.org  
**Wednesdays:** Prayer and Bible Study at 7 p.m.  
**Sundays:** Worship at 9:30 a.m.; Family Night every other Sunday at 5:30 p.m.

**EVANGELICAL FREE CHURCH**  
 Lead Pastor Kevin MacLean, Associate Pastor Kent Hudson  
 211 Arnold Ave. N., Thief River Falls  
 Phone: (218) 681-3855  
 Web: www.trfetc.org  
**Sundays:** Sunday School at 9:15 a.m.; Worship Service at 10:30 a.m.  
**Wednesdays:** AWANA at 6:30 p.m.; Youth Group at 7 p.m.

**FIRST LUTHERAN CHURCH**  
 Kevin Hackney, Pastor  
 First Lutheran Church  
 210 Park Ave., Middle River  
 Gustav Adolph Lutheran Church  
 Strattona, MN  
 Phone: (218) 222-3622  
**Sundays:** Sunday school at 10 a.m., Worship service at 11 a.m. on even months, 9 a.m. on odd months. Service is broadcast on KTRF at 6 p.m.

**FIRST PRESBYTERIAN CHURCH**  
 Red Lake Falls, MN  
**Sundays:** Worship service at 9:45 a.m., Communion on the first Sunday of each month.  
**GOODRIDGE AREA LUTHERAN PARISH - ELCA**  
 LATHAN, EKELUND, BETHANY  
 Kristin Ostercamp, Pastor  
 P.O. Box 157, Goodridge  
 Phone: (218) 378-4191  
 giparish@gvtel.com  
**Wednesday, November 9:** Release Time at 12:20 p.m.; Confirmation 8-9 p.m., Meal at 6:30 p.m., Meeting at 7 p.m.  
**Sunday, November 13:** 8 a.m. Bethany Worship; 9:30 a.m. Ekelund Worship; 11 a.m. Faith Worship  
**Monday, November 14:** 7 p.m. Parish Council Meeting at Faith; Rachel Circle at 9:30

**IMMANUEL AND EBENEZER LUTHERAN PARISH - ELCA**  
 Jonathan Dodson, Pastor  
 P.O. Box 98, Plummer  
 Phone: (218) 465-4525  
**Sunday, November 13:** 9 a.m. Worship at Ebenezer; 9:15 a.m. Sunday School at Immanuel; 10:30 a.m. Worship at Immanuel

**IMMANUEL LUTHERAN CHURCH - MISSOURI SYNOD**  
 Rev. Chris Rossbrough, Pastor  
 Radium  
 Phone: (218) 681-9992 or 745-5604  
**Sundays:** Worship at 1 p.m., Bible Study at 2:15 p.m.

**NEWFOLDEN EVANGELICAL FREE CHURCH**  
 Gary Barrett, Pastor  
 P.O. Box 86, Newfolden  
 Phone: (218) 874-8785  
 Web: newfoldenefc.org  
 E-mail: nefc@wiktel.com  
**Sunday, November 13:** Sunday School at 9:15 a.m.; 9:15 a.m. K-6<sup>th</sup> Sunday School Christmas program practice; Worship Service at 10:30 a.m.  
*Sunday services continue to be live on YouTube - Newfolden Evangelical Free Church channel.*

**NEXUS CHURCH**  
 Luke Stavos, Pastor  
 246 Kendall Ave. N., Thief River Falls  
 Phone: (218) 681-4716  
**Sundays:** Services at 10:30 a.m. at the church and online at [www.nexuschurchmn.com/messages](http://www.nexuschurchmn.com/messages)

**NEWFOLDEN NEW HOPE LUTHERAN CHURCH - AALC**  
 Ollie Urdahl, Pastor  
 157 West Iowa Ave., Newfolden  
 P.O. Box 185, Newfolden  
 Phone: (218) 523-3932  
**Sundays:** Worship at 9:30 a.m., Sunday School at 10:30 a.m.

**HEGLAND LUTHERAN CHURCH**  
 Rural Strandquist  
**Sundays:** 9 a.m. Worship Service  
**OAK RIDGE LUTHERAN CHURCH**  
 Thief River Falls  
 Phone: (218) 681-1824  
**Sundays:** Worship at 9 a.m.

**OPEN ARMS CHRISTIAN FELLOWSHIP**  
 A Ministry of the Seventh-Day Adventist Church  
 David Jahn, Pastor  
 218-416-0178  
 401 St. Paul Ave. S., Thief River Falls  
 Church Phone: (218) 681-2790  
 openarmschristianfellowship@gmail.com  
**Saturdays:** Bible study at 10:20 a.m., Worship at 11:30 a.m.

**OUR SAVIOUR'S LUTHERAN CHURCH - AFLC**  
 Alex Amiot, Pastor  
 2075 Hwy. 59 SE, Thief River Falls  
 Phone: (218) 681-4643  
**Wednesdays:** Confirmation at 5:30 p.m., FLY at 6:30 p.m., adult Bible study at 7 p.m.  
**Sundays:** KTRF Radio broadcast at 8 a.m., Worship at 9:30 a.m., Sunday school at 10:50 a.m.  
**Tuesdays:** Women's Bible study at 9 a.m.

**REINER LUTHERAN FREE CHURCH - AFLC**  
 Highway 1, 7 miles east of Goodridge  
 (218) 681-4643  
 Watch video sermons any time at [oursavioursaflcfltrf.com](http://oursavioursaflcfltrf.com) or on Facebook at [facebook.com/oursavioursfltrf](http://facebook.com/oursavioursfltrf). To request sermon manuscripts to be mailed to you, call 681-4643, email [oursavioursaflc@mncable.net](mailto:oursavioursaflc@mncable.net), or send a letter to P.O. Box 269 in Thief River Falls.  
**Sundays:** Worship at 11:30 a.m.

**REDEEMER LUTHERAN CHURCH - ELCA**  
 1300 Nora Street East, Thief River Falls  
 Phone: (218) 681-3390  
 E-mail: redeemer@gvtel.com  
 Website: [redeemertrf.org](http://redeemertrf.org)  
 Facebook: Redeemer Lutheran Church!  
 Office hours: 9 a.m.-2 p.m.  
**Wednesdays:** 6:30 p.m. Worship Service 5:45-6:30 p.m. - BLAST PreK-5th grade and All confirmation  
**Sundays:** Coffee and Fellowship following services; 9:30 a.m. In-person worship service or *Live stream Sunday Service* at [redeemertrf.org](http://redeemertrf.org), click on our YouTube link. Bulletins also available online.

**RINDAL LUTHERAN CHURCH, NALC**  
 Rev. Timothy Lundeen, Pastor  
 23511 110th Ave. NW, Newfolden  
 Phone: (218) 689-0042 • (218) 378-4499  
 E-mail: [prim@gvtel.com](mailto:prim@gvtel.com)  
**Sundays:** In-person services at 10:30 a.m.; Sunday School from 9:30 to 10:30 a.m.

**RIVER OF LIFE CHURCH**  
 Timothy Self, Pastor  
 1563 Highway 59 SE (Next to McDonalds)  
 Thief River Falls  
 Phone: (218) 681-1469  
[www.riveroflifetrfmn.org](http://www.riveroflifetrfmn.org)  
**Sundays:** Worship Service at 10 a.m.

**SEVENTH-DAY ADVENTIST CHURCH**  
 David Jahn, Pastor  
 1024 Tindolph Ave. South, Thief River Falls  
 Phone: (218) 416-0178  
**Saturdays:** Services at 10 a.m.

**SILVER CREEK LUTHERAN CHURCH**  
 Mark Helgeland, Interim Pastor  
 22479 170th Ave. NE, Thief River Falls  
 Phone: (218) 681-7079  
**Sundays:** Worship at 10:30 a.m.

**SILVERTON LUTHERAN CHURCH**  
 17982 180th St. NE, Thief River Falls  
[facebook.com/silvertonlutheranchurch](http://facebook.com/silvertonlutheranchurch)  
**No Worship services until further notice.**  
**ST. JOSEPH'S CATHOLIC CHURCH**  
 Fr. Bob Schreiner, Priest  
 112 Edward Ave. N., Red Lake Falls  
 Phone: (218) 253-2685  
 305 Minnesota Ave., Brooks, MN  
 Phone: (218) 698-4477  
**Red Lake Falls:** Saturdays at 5:30 p.m., Sundays at 10 a.m. and Noon.  
**Brooks:** Sundays at 8 a.m.

**ST. BERNARD'S CATHOLIC CHURCH**  
 Father Rick Lambert, Pastor  
 105 Knight Avenue N., Thief River Falls  
 Phone: (218) 681-3571  
[www.stbernardscc.org](http://www.stbernardscc.org)  
**Saturdays:** Mass at 5 p.m.  
**Sundays:** Mass at 8:30 a.m. and 10:30 a.m.  
*8:30 a.m. Sunday Mass is also livestreamed.*

**ST. JOHN LUTHERAN CHURCH**  
 Missouri Synod  
 Pastor: Thomas L. Puffe  
 101 Pine Ave. S., Thief River Falls  
 Phone: (218) 681-4488  
**Fridays:** Bible study at 2 p.m.  
**Sundays:** Worship at 10:45 a.m.

**ST. PAULI LUTHERAN CHURCH ELCA**  
 Carl Hansen, Pastor  
 P.O. Box 944, County Road 20 S., Thief River Falls  
 Web: <http://historicstpauli.org>  
**Sunday, November 13:** 9:15 a.m. Sunday School; 10:30 a.m. Worship Service  
**Tuesday, November 15:** Confirmation Class at 4:45 p.m.; Needle Night at 7 p.m.

**THRIVING LIFE CHURCH**  
 Jim Binder, Pastor  
 22722 350th St. South, Erskine  
 218-556-1545  
[www.thrivinglifemn.org](http://www.thrivinglifemn.org)  
**Sundays:** Worship service at 10 a.m.  
**TRINITY LUTHERAN CHURCH - ELCA**  
 Eric G. Miller, Pastor  
[pastoreric@trinitylutherantrf.org](mailto:pastoreric@trinitylutherantrf.org)  
 Linda Kaushagen, Lay Visitation and Senior Outreach  
 325 Horace Ave. N., Thief River Falls  
 Phone: (218) 681-1310  
[www.trinitylutherantrf.org](http://www.trinitylutherantrf.org)  
**Sundays:** Worship Services at 8:30 a.m. and 10:30 a.m.; Sunday School at 9:25-10:20 a.m.; Coffee Fellowship at 9:30 a.m.  
**Worship Broadcasts:** Also broadcasted on Garden Valley Channel 37 at 8:30 a.m. and Sjoberg's Channel 3 at 10:30 a.m. Listen at 10:30 a.m. on KTRF Radio.

**UNITED LUTHERAN, GATZKE OUR SAVIOR'S, THIEF LAKE**  
 Tim Lundeen, Pastor  
 (218) 425-7878  
 Our Savior's, Thief Lake  
 Phone: (218) 222-3711  
 United Lutheran, Gatzke  
 (218) 459-3351  
**Sundays: (KTRF 1230)** Morning devotional hour at 8 a.m., Worship service at 8:30 a.m.

**UNITED METHODIST CHURCH**  
 116 Horace Ave. N., Thief River Falls  
 Phone: (218) 681-4388  
 Web: [www.umctrf.org](http://www.umctrf.org)  
 Email: [trfucm@gmail.com](mailto:trfucm@gmail.com)  
 Facebook: Thief River Falls United Methodist Church  
**Sundays:** Worship services at 9 a.m.  
 Service is recorded and posted on Facebook.

**VIKING COVENANT CHURCH**  
 Clark Hjelle, Pastor  
 P.O. Box 96, 111 Third Ave. W., Viking, MN  
 Cell: (218) 202-1056  
**Sundays:** Worship services at 10 a.m.; Sunday School at 11:15 a.m.  
*Special events as announced.*

**VIKING LUTHERAN PARISH ZION LUTHERAN CHURCH**  
 Pulpit Supply: Barb Price, Cindy Ellingson  
 218-523-4995  
 P.O. Box 37, Viking  
**Sundays:** Worship at 10:15 a.m.

**WESTAKER FREE LUTHERAN CHURCH AFLC**  
 Kevin Hall, Pastor  
 321 Minnesota Ave. E., Newfolden  
 Phone: (218) 874-7925  
 Web: [westakerfreelutheran.360unit.com](http://westakerfreelutheran.360unit.com)  
 Facebook: Westaker Free Lutheran Church  
 Email: [westakerflc@wiktel.com](mailto:westakerflc@wiktel.com)  
**Wednesdays:** 6:30 p.m. - Kids' Club, Youth and Colossians Bible Study  
**Sundays:** Sunday School at 9:15 a.m.; Worship at 10:30 a.m.; Trumpet of Truth at 7 p.m. on KTRF.

**ZION LUTHERAN CHURCH - ELCA**  
 505 Main Ave. N., Thief River Falls  
 Phone: (218) 681-3296  
 Web: [www.ziontrf.org](http://www.ziontrf.org)  
 Staff available for phone calls only - 9 a.m. - 3 p.m. weekdays, (9 a.m. - 12 p.m. on Saturday) Zion office - 681-3296 Appointments with pastor made by phone or email only.  
**Wednesday, November 9:** 5:15 p.m. Confirmation Supper; 6 p.m. Confirmation; 6 p.m. God's Joy Choir; 7 p.m. Senior Choir; Operation Christmas Child boxes and/or donation due today  
**Thursday, November 10:** 9 a.m. SAIL Exercise; 10 a.m. LSS Caregivers Discussion; 12-4 p.m. LSS Respite Care  
**Sunday, November 13:** 9 a.m. Worship; Temple Talk; 10 a.m. Sunday School; 10 a.m. Coffee Fellowship; 10 a.m. December Sharing Servants  
**Monday, November 14:** 9 a.m. SAIL Exercise  
**Tuesday, November 15:** Zion Council meets  
**Worship broadcasts:** Cable channel 3/KTRF at 9 a.m.; 12 p.m. - Zion broadcast on cable channel 37

*This Church Directory Is Sponsored By The Following Businesses*

<p><b>SENIOR HOUSING</b> with services</p> <p></p> <p>Phone: 681-3286          523 Arnold Ave. South          Thief River Falls, MN 56701</p>	<p><b>JOHNSON</b><sup>®</sup>          Funeral Service, Inc.</p> <p>420 LaBree Ave. N., Thief River Falls, MN 56701          Phone: (218) 681-4331 • Fax: (218) 681-4534  <a href="http://www.johnsonfuneralservice.com">www.johnsonfuneralservice.com</a></p>	<p>"Setting a New Standard for Caring"</p> <p><b>GREENLEAF</b>  <i>Minnesota</i></p> <p>Your Premier Senior Living Facility Providing Independence and Quality Care</p> <p>1006 Greenwood St. E. • Thief River Falls • 218-681-1685</p>	<p><b>CENEX</b> Where the customer is the company</p> <p><b>FARMERS UNION OIL CO.</b></p> <p>Thief River Falls          3rd &amp; Atlantic          681-3512          Goodridge - 378-4146</p> <p>CENEX PETROLEUM PRODUCTS          AUTOMOTIVE ACCESSORIES          FERTILIZER-LP GAS          TOWN &amp; COUNTRY DELIVERIES</p>
<p><b>BREDESON OFFICE SUPPLY</b></p> <p>• SHARP Copiers          • Copier Supplies          • Typewriter Supplies          • Computer Supplies          • Fax Machine Supplies          • Rubber Stamps</p> <p>• Stamp Supplies          • Office Furniture          • Variety Of Business Forms          • Misc. Uncommon Office Supplies</p> <p>Phone: 681-2741          215 Main Ave. North          Thief River Falls, MN</p>	<p><b>SECURE THIS AD SPOT!</b>          Contact us about advertising on this page, &amp; reach thousands of readers every month.</p> <p><b>GROW YOUR BUSINESS</b> CALL US TODAY (218) 681-4450</p>	<p><b>JIM DAGG INSURANCE AGENCY INC.</b></p> <p>207 Horace Ave. N. • Thief River Falls          (218) 681-2900 • <a href="http://www.jimdagginsurance.com">www.jimdagginsurance.com</a>  <i>Providing All Lines of Personal and Business Insurance</i></p>	<p><b>CENEX Red Lake County Coop Propane Plant</b></p> <p>• Providing propane needs to the Thief River Falls area          • Rental propane tanks available</p> <p>681-3436 Thief River Falls, MN 1-800-777-7619 Hwy. 32 North</p>
<p>Searching For The RIGHT Agency? Call Us!!</p> <p><b>NORTHERN STATE AGENCY</b></p> <p>"Large Enough To Serve You - Small Enough To Care"</p> <p>681-4042          210 3rd Street East          Thief River Falls, MN</p>	<p><b>SETHRE'S FOODS</b></p> <p>Phone: 218-874-7405          NEWFOLDEN, MN          8 A.M. - 8 P.M. Mon. • 8 A.M. - 6 P.M. Tues. - Sat.</p>	<p><b>DIAMONDS &amp; DESIGNS</b></p> <p>Your Family Jewelry and Diamond Center          207 LaBree Ave. N. • Thief River Falls, MN 56701          218-681-1490 • 1-888-834-2436</p> <p>Hours: Mon, Tues, Wed, Fri 9:30 am - 5:30 pm • Thurs 9:30 am - 7 pm • Sat 9:30 am - 3 pm</p>	<p><b>Oakland Park Communities</b></p> <p><b>OAKLAND PARK COMMUNITIES</b>          123 Baken Street          Thief River Falls, MN 56701</p>

# Thief River Falls Times/Northern Watch Classifieds

## 218-681-4450

Make One Call and Reach  
**28,000**  
Readers Throughout the Region

### PLACE YOUR AD

**...By Phone 218-681-4450**

Monday-Thursday • 8 a.m. - 5 p.m.; Friday • 8 a.m. - 3 p.m.

**...By Fax 218-681-4455**

Monday-Friday • 24 Hours/7 Days

**...By E-mail classified@trftimes.com**

24 Hours/7 Days

**...By Mail or In Person**

P.O. Box 100

324 Main Ave. N.

Thief River Falls, MN 56701

Monday-Thursday • 8 a.m. - 5 p.m.; Friday • 8 a.m. - 3 p.m.

### MAIL, FAX & WEB ORDERS:

- Include the following information:
- Full name, address and payment
  - Date(s) you want the ad to appear
  - Name and daytime phone number for any questions or clarifications

### AD DEADLINES:

The Times - Monday, 10 A.M.;  
Northern Watch - Wednesday, 2 P.M.

Name \_\_\_\_\_  
Address \_\_\_\_\_  
City \_\_\_\_\_  
State \_\_\_\_\_ Zip Code \_\_\_\_\_ Phone \_\_\_\_\_  
If you wish to have your name, address and telephone number in the ad, please write it on the numbered line

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15 - \$6.00
16	17	18	19	20
21	22	23	24	25 - \$7.25
26	27	28	29	30
31	32	33	34	35 - \$8.50

Make Check Payable to The Times, P.O. Box 100, Thief River Falls, MN 56701

Check or Money Order Enclosed  
 Card # \_\_\_\_\_ Expiration Date \_\_\_\_\_

### PRIVATE PARTY AD RATES:

**15** Words  
**\$6.00** Per Publication

\$1.25 ea. additional 10 words

Run **3** Issues  
**4th** One FREE\*

- The Times  
 Northern Watch  
 Both (Times & Watch)

\*Cash or Check Only



is seeking  
**Full-Time & Part-Time Help**  
Pay starting at \$15.00 per hour  
• College fund\* after 60 days trial period for every hour worked  
**Stop in and apply today at the A&W located inside the Cenex Travel Plaza**  
1930 Hwy 59 SE Thief River Falls 218-681-7441  
\*Must quit on good terms or fund is void.

**Domino's Is Hiring Delivery Drivers**

 Days/Nights/Weekends   
Earn up to \$25 per hour or more!

Apply in person or at [jobs.dominos.com](http://jobs.dominos.com)  
209 Brooks Ave. N., Thief River Falls

### AUTO TECHNICIAN

Great opportunity for person looking to continue a career as an auto technician. We are looking for a person with good mechanical repair skills and experience. We will train you to become a certified GM Auto Tech. Excellent Pay & Benefits Package.  
See Tom at  
  
HWY. 1 & 59 W. THIEFRIVERFALLS 218-681-4820

### Paraprofessional Opening


Red Lake County Central High School in Oklee has an opening for the school year 2022-23.

Contact the school for an application or with questions at 218-796-5136.  
Position open until filled.  
ISD 2906 is an Equal Opportunity Provider and Employer.



### DISTRICT OFFICE: HR/PAYROLL/ACCOUNTING SPECIALIST


MCC School district is seeking an individual with education/work experience in Human Resources and/or Accounting. Primary duties include issuing payroll, handling accounts receivable, grant fiscal management, hiring/benefit/termination paperwork, and state reporting. Prefer applicant to have previous experience and skills issuing payroll, governmental finance, or human resource management. Initial training and ongoing support is provided with this position. This is a year round position with several benefits including: personal time, vacation, sick time, single/family health insurance, and life insurance. Full Job Description and Application are available at <https://www.newfolden.k12.mn.us/page/job-postings>. To apply, please send cover letter, resume, and two letters of recommendation to [jlund@mccfreeze.org](mailto:jlund@mccfreeze.org) or applications can be mailed to: Jeffery Lund, Superintendent/Elementary Principal Marshall County Central Schools PO Box 189, Newfolden, MN 56738 Please apply promptly, the position is open until filled. Marshall County Central Schools is an equal opportunity employer.



### Credit Administrator

Ultima Bank Minnesota is seeking a Credit Administrator for its Fosston location. Duties include generating & processing loan documents and maintaining credit files. Additional duties include administrative support, customer service and other related duties as assigned. Individual must be organized, able to multi-task and be proficient in computer skills. Full-time position with competitive wage package and benefits. To apply, email resume to: [rebecca@ultimabank.com](mailto:rebecca@ultimabank.com)

### Clinic LPN



North Valley Health Center is currently accepting applications for a full-time LPN to join our busy clinic team. Position will work with our Gastroenterologist and all other clinic providers, including telemed. Position requires a current Minnesota license with one to three years clinic experience preferred. Gastroenterology experience a plus. Please email cover letter and resume to [Jill.Lysford@northvalleyhealth.org](mailto:Jill.Lysford@northvalleyhealth.org) or mail to: North Valley Health Center Attn: Jill Lysford, Human Resources 300 W. Good Samaritan Drive Warren, MN 56762 Equal Opportunity Employer

The following position is available in School District #564, Thief River Falls, Minnesota:

### DISTRICT-WIDE MAINTENANCE

Effective: Immediately Building: District-Wide  
Duties: Maintain school buildings and grounds in a condition of operating excellence. Performs maintenance/repairs including, but not limited to, heating, plumbing and electrical assignments along with cleaning duties. Specific assignments to be determined at the discretion of the Manager of Building and Grounds and may vary based upon need. Salary and Benefits: per terms and conditions Requirements: Must have (or be able to obtain) boilers license; knowledge and ability to safely operate maintenance equipment; good background in floor maintenance, carpentry, electrical, heating and general maintenance. Position requires standing and/or walking for most of the work shift and may involve heavy lifting. Application Deadline: Open until filled On-Line Application and other available opportunities can be found on the District website: <http://www.trf.k12.mn.us> > Employment Providing a community partnership focused on quality learning. Independent School District 564 is an equal opportunity educator and employer.

### FULL-TIME OR PART-TIME CUSTOMER SERVICE REPRESENTATIVE

Must have strong customer service skills, proficiency in handling customer payments and large volume of incoming calls, accuracy in processing of account receivables and a strong desire to grow professionally as a team member at Sjoberg's. Efficiency with computers but we'll train. Competitive salary and benefits package. Deadline to apply is November 25th. To apply, please send resume to [sjobergsoffice@mncable.net](mailto:sjobergsoffice@mncable.net) or drop off at 315 Main Ave N, Thief River Falls. 218-681-3044




### Materials Placement and Control Supervisor

Central Boiler Companies, Inc., parent company of Central Boiler, Altoz, and WoodMaster, is seeking a dedicated and results-oriented Materials Placement and Control Supervisor. This person is responsible for supervising the daily operations of the Materials Placement and Control team. This role oversees and monitors the workload and activities such as verification of purchased material, incoming and outgoing fabricated components, handling and disposition of materials, and keeping warehouse inventory current. The individual will manage inventory and the flow of parts for Production, Warehouse, Inter Branch Transfers, other business locations and material moves. Effective leadership and supervisory skills will be needed for this role. Qualified applicants can visit [www.centralboiler.com](http://www.centralboiler.com) to download an application and mail, fax or e-mail resume to: Central Boiler Companies, Inc. Human Resources 20502 160th St., Greenbush, MN 56726 Phone: 218-782-2575 Fax: 218-782-3998 Email: [employment@centralboiler.com](mailto:employment@centralboiler.com) CentralBoiler.com Altoz.com WoodMaster.com

## NOW HIRING

For All Full-Time and Part-Time Positions At All 3 Locations  
Flexible Schedules & Competitive Pay



Main 220 Main Ave. S. Thief River Falls (218) 681-8888  
Square 1st & Pennington Thief River Falls (218) 681-4552  
Petro Pumper Hwy. 1 & 59 N. Thief River Falls (218) 681-3546



### Inventory Control Coordinator

Central Boiler Companies, Inc., parent company of Central Boiler, Altoz, and WoodMaster, is seeking a dedicated and thorough Inventory Control Specialist. These individuals work in the fast-paced manufacturing production area and are responsible for supporting the manufacturing production line ensuring production line keeps running efficiently with available inventory levels needed for production. They also verify, expedite, audit and deliver parts needed for production. Familiarity with ERP, production and inventory cycles/control and data entry systems is required. Qualified applicants can visit [www.centralboiler.com](http://www.centralboiler.com) to download an application and mail, fax, or e-mail resume to: Central Boiler Companies, Inc. Human Resources 20502 160th St., Greenbush, MN 56726 Phone: 218-782-2575 Fax: 218-782-3998 Email: [employment@centralboiler.com](mailto:employment@centralboiler.com) CentralBoiler.com Altoz.com WoodMaster.com

# JOIN OUR TEAM



WE ARE HIRING FOR THE FOLLOWING  
**-ASSISTANT MANAGER  
-KEY HOLDER**  
AT OUR THIEF RIVER FALLS LOCATION  
PLUS A SIGN ON BONUS OF UP TO \$1,500

**APPLY ONLINE TODAY**  
[www.LMSUPPLY.com/employment](http://www.LMSUPPLY.com/employment)




### PENNINGTON HEALTH SERVICES

DBA Thief River Care Center  
**DIRECTOR OF NURSING**

Pennington Health Services is accepting applications for the Director of Nursing position. Pennington Health Services is a 70-bed skilled nursing facility located in Thief River Falls, MN. We are deeply committed to our mission to provide care that expresses Christ's love of all people. Starting salary will be dependent on previous work experience. The Director of Nursing is responsible for planning, organizing, developing and implementing nursing services in accordance with current federal, state, and local regulations that govern the care center. The Director of Nursing oversees the department budget, personnel, scheduling, policies, and systems that ensure effectiveness in care delivery. The Director of Nursing provides leadership and general oversight to the nursing department to ensure resident wellbeing and quality of care is maintained at all times. Candidates must have a current, unencumbered RN license in MN. Ideal candidate will have supervisory experience, long term care experience or other nursing administration background. We support our employees with competitive pay and free health insurance, quality leadership and a positive team environment, workplace flexibility and work-life balance. E/o/E If interested, please complete the online application at [www.phs.sfhs.org](http://www.phs.sfhs.org) and behavioral assessment. This must be completed in order to advance to the interview process. Applicants who do not complete the assessment will not be considered for employment.



### Northern Woodwork, Inc.

A regional cabinet and woodwork manufacturer

### CABINET MANUFACTURING

Manufacturing team position in our custom commercial cabinet shop.

**\$17 per hour starting / Review after 90 days**

- Full-Time Positions
- Paid PTO
- Paid Holidays
- Profit Sharing/Bonus
- 401k Program
- Health Insurance
- No Weekends
- Overtime Available

Apply in person at Northern Woodwork, Inc. 1581 Hwy 59 SE, Thief River Falls, MN or email: [corey@northernwoodworkinc.com](mailto:corey@northernwoodworkinc.com)

### COUNSELOR

THIEF RIVER FALLS OR EAST GRAND FORKS

Northland Community and Technical College is currently accepting applications for a Counselor.

- Job Title: Counselor
- Location: Thief River Falls or East Grand Forks, MN
- Work Schedule: Monday - Friday; Days
- Salary Range: \$39,212-\$84,192 Annually
- Application Procedure: Please apply online at <https://northlandcollege.peopleadmin.com/postings/1608>

**NORTHLAND COMMUNITY & TECHNICAL COLLEGE**  
Member of the Minnesota State Colleges and Universities. An Affirmative Action/Equal Opportunity Employer. Women, minorities and individuals with disabilities are encouraged to apply.

**Help Wanted**

**HELP WANTED**

**Production Workers at TRF Pallet, making wood pallets and crates.**

Call Dan at 218-689-0508

**SteaMagic of Thief River Falls** is looking for a **Carpet Cleaning Tech** in TRF Weekdays **COMPETITIVE WAGE** If Interested Call 218-686-5427

**Co-Op Oil Assn.**

~Middle River~

**FULL-TIME LP DRIVER**

- Must have CDL with Hazmat Endorsement & good driving record
- Propane training helpful but will train
- Wage dependent on experience with benefit pkg
- Stop in and pick up an application or mail resume

Attention: Manager at Coop Oil Association PO Box 60 120 2nd Street, North Middle River, MN 56737

Any questions? Call: 218-222-3311

**Pomp's TIRE SERVICE, INC.**

**TIRE TECHNICIAN**

Responsibilities include: All Aspects of Tire Service - Mounting, Balancing and Repairing all types of tires from passenger to large truck and Light Mechanical - Brakes, Axles, Struts, Shocks, Wheel Bearings and all types of mechanical service.

TO APPLY, STOP IN AND SEE JERRY DESCHENE or visit [www.pompstire.com/careers](http://www.pompstire.com/careers) EEO Employer/ AA: M/F/Vets/Disabled

(218) 681-2656  
124 MAIN AVE. SOUTH THIEF RIVER FALLS

**HELP WANTED**

**Production Assistant** for The Times Print Shop

The Times is seeking a friendly, organized person for production and bindery work in our print shop.

Must be efficient, detail oriented and able to meet deadlines and use basic math skills.

Work includes finishing of customer work, machine operation, mailing of newspapers, some lifting and delivery to businesses. Must have valid driver's license. Training will be provided.

Full-time position, insurance, 401K, paid vacation.

Pick up an application at: The Times, 324 Main Ave. N., Thief River Falls or email: [kathy@trftimes.com](mailto:kathy@trftimes.com)

**Pizzatit**

**IS NOW HIRING**

**ALL POSITIONS**

**Days & Evenings**

**Must apply in person.**

1809 Hwy 59 S, Thief River Falls 218-681-1306

**Pomp's TIRE SERVICE, INC.**

**Service Manager**

Responsibilities include: Working with customers to schedule service and assign and guide tasks to service techs. Inventory control.

TO APPLY, STOP IN AND SEE JERRY DESCHENE or visit [www.pompstire.com/careers](http://www.pompstire.com/careers)

(218) 681-2656  
220 HORACE AVE. N. THIEF RIVER FALLS

**Looking for a place to store your extra stuff?**

We've got just the place! Our 40'x75' shop is heated and has a bathroom. The 14' door opener makes it easy to access, and it's secure.

STORE YOUR STUFF. GET YOUR PROJECTS DONE. ALL IN THE SAME SPOT. Give us a call today and we'll get you set up.

Call 218-885-8050 **IRON LAKE STORAGE** 2110 Highway 1 NE | Thief River Falls ask for Nick

**Help Wanted**

Hiring Full-Time Cooks At Pennington County Jail. \$18.00/Hour. Call Raneer At 715-499-0458. T2192p

**BLACK CAT SPORTS BAR & GRILL** is seeking applicants for **FT & PT Servers & Dish Washers**

Evenings and weekends Experience preferred but willing to train the right person. **Competitive Pay!** Apply in person to AI at 1080 Hwy 32 South Thief River Falls (No phone calls please)

**SOCIAL MEDIA & MARKETING SPECIALIST** THIEF RIVER FALLS OR EAST GRAND FORKS

Northland Community and Technical College is currently accepting applications for a Social Media & Marketing Specialist.

- Job Title: Social Media & Marketing Specialist
- Location: Thief River Falls or East Grand Forks, MN
- Work Schedule: Monday – Friday; Days
- Salary Range: \$21.43–\$31.00 hourly
- Application Procedure: Please apply online at <https://mn.gov/mmb/careers/> with the following Job ID 59910.

**NORTHLAND COMMUNITY & TECHNICAL COLLEGE** An Affirmative Action/ Equal Opportunity Employer. Women, minorities and individuals with disabilities are encouraged to apply.

**2 months FREE\* Rent - or - FREE GARAGE for 1 year**

**FALL MOVE IN SPECIAL FIRST STREET ESTATES**

1611 1st Street West, Thief River Falls

1-, 2- & 3-Bedroom Apartments **CALL FOR AVAILABILITY! 218-689-5577**

More Information Available at [prairielakesmanagement.com](http://prairielakesmanagement.com)

**FREE Heat, Water, Sewer, Trash Elevator • Community Room • Fitness Room • Detached Garages Available**

\* For a Limited Time On First & Last Month's Rent

**Real Estate**

If You Are Thinking About Selling Your Farm Or Hunting Land, Contact Broker Lane Loeslie At Harvest Land Sales. We Are Glad To Visit With You At Your Location If You Wish. Call Or Text 218-201-0832.

**Pets**

**OUTSIDE KITTENS TO GIVE AWAY:** Some Are Half Grown, Some Are Slightly Wild. Mothers Are Excellent Mousers. Call 218-688-0006 Or 218-681-5311. P4190e

**GERMAN SHEPHERD PUPPIES:** Vet certified, dewormed and first shots, \$450. 218-280-6377.

**For Rent**

**Two-Bedroom Mobile Home:** Washer/Dryer, No Pets/Smoking/HUD. \$650/Month Plus Utilities. 218-684-4780 P4191p

**TRF 3-BDRM DUPLEX:** Sunroom, single-car garage...\$950/month. Call 218-688-3202. P4191p

**One-Bedroom Apartment:** Heat Paid, No Pets. \$400/Month. Available Immediately. Call 218-684-5588.

**Ultima Bank MINNESOTA** Customer Service Representative

Ultima Bank Minnesota is seeking a Customer Service Representative for its Fosston location.

Duties include greeting customers & assisting with their transactions, opening new accounts, actively cross-selling bank services and answering incoming phone calls. Additional duties include administrative support and other related duties as assigned. Individual must be organized, able to multi-task and be proficient in computer skills.

Full-time position with competitive wage package and benefits. To apply, email resume to: [rebecca@ultimabank.com](mailto:rebecca@ultimabank.com)

**ONLINE AUCTION**

**128± Acres • Red Lake County, Minnesota**

**Farmers National Company** L-2200528

Online bidding starts Tuesday, November 15, 2022 at 9:00 AM Bidding closes Wednesday, November 16, 2022 at 1:00 PM To Register and Bid on this Auction, go to: [www.FNCBid.com](http://www.FNCBid.com)

-- Highly productive soils with productivity rating of 85 Reis-Clearwater Clay --  
-- Great access along County Highway 9 -- Excellent natural drainage --

For more information on property details, please contact: **Hugh Hunt, Agent • Hallock, Minnesota** Phone: (218) 843-1139 [HHunt@FarmersNational.com](mailto:HHunt@FarmersNational.com) • [www.FarmersNational.com](http://www.FarmersNational.com)

**www.FarmersNational.com**  
Real Estate Sales • Auctions • Farm and Ranch Management • Consultation Appraisals and Valuations • Insurance • Oil, Gas, and Renewable Energy Management Forest Resource Management • National Hunting Leases • FNC Ag Stock

**PENNINGTON HEALTH SERVICES**

DBA Thief River Care Center

- **FT NAR/Bath Aide** - Monday-Friday 3x week working as Bath Aide and every other weekend working as an NAR. Bath Aide hours during the week are 9 am - 5:30 pm, and NAR hours on the weekends are either 6 am - 2:30 pm or 2 pm - 10:30 pm.
- **PT Basic Care Assistant**
- **FT/PT CNAs, PM & NOC** \$2,000 SIGN-ON BONUS \$18.03 STARTING
- **FT/PT Nurses PM & NOC** \$3,000 SIGN-ON BONUS \$23.02 STARTING FOR LPNS
  - Shift differential
  - Experience pay
  - Nursing scholarship

Apply online at [www.phs.sfhs.org](http://www.phs.sfhs.org)

**JOIN OUR TEAM**

<p><b>FULL-TIME POSITIONS</b></p> <ul style="list-style-type: none"> <li>• \$18.00 Per Hour Day Shift Entry Level Starting Wage</li> <li>• \$20.00 Per Hour Evening/Overnight Shift Entry Level Starting Wage</li> <li>• Salaried Positions Available</li> <li>• \$2,000 Sign On Bonus</li> </ul>	<p><b>PART-TIME POSITIONS</b></p> <ul style="list-style-type: none"> <li>• \$16.15 Per Hour Starting Wage</li> <li>• \$500 Sign On Bonus</li> </ul>
<p><b>RELOCATION</b></p> <ul style="list-style-type: none"> <li>• \$1,000 Relocation Bonus*</li> </ul>	

At Digi-Key, employees are more than just a part of a company, they're part of a family. Over the years, team members have benefited from a solid foundation of continued growth, stability, and commitment to innovation and development. Our people make the difference because they are passionate about improvement, recognize the value of excellence over perfection, and take pride in their work knowing results matter for our customers and each other.

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- Manager, Total Rewards – Benefits
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- Order Fulfillment Specialist – Overnight 4/10
- Order Fulfillment Team Member – Morning and Evening
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2019 Chevy Crew Cab High Country Black, 40k	\$48,500
2019 Chevy Crew Cab LTZ Brownstone, 31k	\$47,000
2019 Chevy Crew Cab High Country Pearl, 54k	\$46,500
2021 Chevy Crew Cab LT Satin Steel, 16k	\$45,000
2019 Chevy Crew Cab RST Black, 46k	\$42,000
2019 Chevy Crew Cab RST Black, 45k	\$42,000
2020 Chevy Crew Cab LTZ 6.2 White, 75k	\$42,000
2019 Chevy Double Cab RST Black, 38k	\$38,500
2017 Chevy Crew Cab LTZ Silver, 71k	\$36,000
2018 Chevy Crew Cab LTZ Maroon, 114k	\$30,000
2013 Chevy Crew Cab LT Maroon, 160k	\$16,500

**CARS**

2021 Honda Civic Sedan Sport Red, 20k	\$27,500
2015 Chevy Impala LT Maroon, 107k	\$14,000
2016 Kia Optima LX Sedan, Gray, 91k	\$13,000
2017 Hyundai Elantra SE Gold, 93k	\$11,500

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2017 Chevy Tahoe Premier White Diamond, 79k	\$39,500
2021 Honda Passport Elite AWD White, 26k	\$39,000
2020 Buick Envision Premium II Maroon, 34k	\$36,500
2018 GMC Acadia Denali AWD Gray, 52k	\$35,500
2019 Buick Envision Premium II White, 67k	\$35,000
2019 Chevy Blazer AWD 2LT White, 36k	\$35,000
2020 Chevy Traverse AWD 3LT Gray, 55k	\$33,000
2019 Chevy Traverse AWD LT Midnight Black, 58k	\$32,500
2018 Ford Explorer Limited Black, 71k	\$29,000
2020 Jeep Cherokee Limited Gray, 34k	\$29,000
2018 Ford Explorer Silver, 23k	\$27,500
2020 Chevy Equinox AWD LT Blue, 26k	\$27,500
2020 Chevy Traverse AWD LS Satin Steel, 83k	\$27,500
2018 Chevy Equinox AWD Premier Cajun, 61k	\$25,000
2017 Toyota RAV4 XLE Purple, 44k	\$25,000
2019 Chevy Equinox AWD LT Sandy, 57k	\$23,000
2018 Chevy Equinox AWD LT Silver, 55k	\$22,000
2018 Chevy Equinox AWD LT Silver, 61k	\$21,900
2016 Buick Enclave AWD Leather, Champagne, 95k	\$21,500
2018 Jeep Cherokee Latitude Red, 83k	\$21,000
2015 Buick Enclave AWD Leather, White Diamond, 93k	\$20,000
2015 Chevy Equinox LT Maroon, 80k	\$15,000
2010 Buick Buick Enclave CXL2 AWD White Diamond, 170k	\$8,500

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# A SALUTE TO OUR HEROES: OUR VETERANS

On Veterans Day, we pause to reflect on the courage, dedication and loyalty of our nation's military veterans. Throughout history, their hard work and sacrifice have kept us safe and protected our freedom. We owe them a debt of gratitude that can never be repaid, and we salute them for their service. To all of the brave men and women who have sacrificed to put their country first, we thank you.

**A special thanks to these local veterans for their courage, sacrifice and service.**

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Builders FirstSource	Goodridge Liquor Store	Pizza Hut	VFW Post #2793 & Auxiliary
Jim Dagg Insurance Agency	Hugo's	Purdys Shoe Store	

October 19, 26, November 2, 9, 16, 23, 2022  
**NOTICE OF MORTGAGE FORECLOSURE SALE**  
**THE RIGHT TO VERIFICATION OF THE DEBT AND IDENTITY OF THE ORIGINAL CREDITOR WITHIN THE TIME PROVIDED BY LAW IS NOT AFFECTED BY THIS ACTION.**  
 NOTICE IS HEREBY GIVEN, that default has occurred in conditions of the following described mortgage:  
**DATE OF MORTGAGE:** August 25, 2003  
**MORTGAGOR:** Steven M. Johnson and, Rosemary Johnson, Husband and Wife.  
**MORTGAGEE:** Washington Mutual Bank, FA.  
**DATE AND PLACE OF RECORDING:** Recorded September 2, 2003 Pennington County Recorder, Document No. 170941.  
**ASSIGNMENTS OF MORTGAGE:** Assigned to: JPMorgan Chase Bank, National Association. Dated November 9, 2012 Recorded November 28, 2012, as Document No. 198038. And thereafter assigned to: Federal National Mortgage Association. Dated December 20, 2013 Recorded January 24, 2014, as Document No. 201438. And thereafter assigned to: U.S. Bank National Association, not in its individual capacity but solely as trustee for the NRZ Pass-Through Trust II. Dated March 21, 2019 Recorded March 21, 2019, as Document No. 214622. And thereafter assigned to: Citibank, N.A., not in its individual capacity but solely as Owner Trustee of New Residential Mortgage Loan Trust 2020-RPL1. Dated July 11, 2022 Recorded July 11, 2022, as Document No. 223360.  
**TRANSACTION AGENT:** NONE  
**TRANSACTION AGENT'S MORTGAGE IDENTIFICATION NUMBER ON MORTGAGE:** NONE  
**LENDER OR BROKER AND MORTGAGE ORIGINATOR STATED ON MORTGAGE:** Washington Mutual Bank, FA  
**RESIDENTIAL MORTGAGE SERVICE:** NewRez LLC d/b/a Shellpoint Mortgage Servicing  
**MORTGAGED PROPERTY ADDRESS:** 347 Crocker Avenue North, Thief River Falls, MN 56701  
**TAX PARCEL I.D.#:** 25.00605180  
**LEGAL DESCRIPTION OF PROPERTY:**  
 Lots One (1) Two (2) and Three (3), Block Eight (8), Townsite of Red Lake Rapids, now a part of the City of Thief River Falls, Minnesota: Tax ID #: 25-006-051-80  
**COUNTY IN WHICH PROPERTY IS LOCATED:** Pennington  
**ORIGINAL PRINCIPAL AMOUNT OF MORTGAGE:** \$86,000.00  
**AMOUNT DUE AND CLAIMED TO BE DUE AS OF DATE OF NOTICE, INCLUDING TAXES, IF ANY, PAID BY MORTGAGEE:** \$54,191.81  
 That prior to the commencement of this mortgage foreclosure proceeding Mortgagee/Assignee of Mortgagee complied with all notice requirements as required by statute; That no action or proceeding has been instituted at law or otherwise to recover the debt secured by said mortgage, or any part thereof.  
 PURSUANT to the power of sale contained in said mortgage, the above described property will be sold by the Sheriff of said county as follows:  
**DATE AND TIME OF SALE:** December 13, 2022 at 10:00 AM  
**PLACE OF SALE:** Sheriff's Office, Lobby of Law Enforcement Center, Thief River Falls, MN  
 to pay the debt then secured by said Mortgage, and taxes, if any, on said premises, and the costs and disbursements, including attorneys' fees allowed by law subject to redemption within twelve (12) months from the date of said sale by the mortgagor(s), their personal representatives or assigns unless reduced to Five (5) weeks under MN Stat. §580.07.  
**TIME AND DATE TO VACATE PROPERTY:** If the real estate is an owner-occupied, single-family dwelling, unless otherwise provided by law, the date on or before which the mortgagor(s) must vacate the property if the mortgage is not reinstated under section 580.30 or the property is not redeemed under section 580.23 is 11:59 p.m. on December 13, 2023, unless that date falls on a weekend or legal holiday, in which case it is the next weekday, and unless the redemption period is reduced to 5 weeks under MN Stat. Secs. 580.07 or 582.032.  
**MORTGAGOR(S) RELEASED FROM FINANCIAL OBLIGATION ON MORTGAGE:** None  
**"THE TIME ALLOWED BY LAW FOR REDEMPTION BY THE MORTGAGOR, THE MORTGAGOR'S PERSONAL REPRESENTATIVES OR ASSIGNS, MAY BE REDUCED TO FIVE WEEKS IF A JUDICIAL ORDER IS ENTERED UNDER MINNESOTA STATUTES, SECTION 582.032, DETERMINING, AMONG OTHER THINGS, THAT THE MORTGAGED PREMISES ARE IMPROVED WITH A RESIDENTIAL DWELLING OF LESS THAN FIVE UNITS, ARE NOT PROPERTY USED IN AGRICULTURAL PRODUCTION, AND ARE ABANDONED."**  
 Dated: October 6, 2022  
 Citibank, N.A., as Trustee  
 Mortgagee/Assignee of Mortgagee

**LIEBOWITZ, DOBIE & BARBEE, P.L.L.P.**  
 Attorneys for Mortgagee/  
 Assignee of Mortgagee  
 4500 Park Glen Road #300  
 Minneapolis, MN 55416  
 (952) 925-6888  
 164 - 22-003335 FC  
**IN THE EVENT REQUIRED BY FEDERAL LAW: THIS IS A COMMUNICATION FROM A DEBT COLLECTOR.**

November 9, 2022  
**PUBLIC NOTICE**  
**Storage Unit Auction**  
 Iron Lake Storage -Thief River Falls (Formerly SafeKey Mini Storage) (218) 885-8050, 2110 Highway 1 NE  
 Auction will take place on [www.StorageAuctions.com](http://www.StorageAuctions.com) starting 11/20/22 ending on 12/05/22 at 12:00 p.m.  
 #M3: J. Doe-Furn/Boxes/Misc  
 #07: J. Lenz-Furn,Boxes  
 #11: B. Baden-Furn/Boxes/Misc  
 #36: N. Zimmerman-Furn/Misc  
 #41: D. McIendon-Microwave/Stroller/Vacuum/Misc  
 #47: H. Osse-Misc/Totes  
 #55: T. Degroat-Beds/Furn  
 #56: T. Degroat-Beds/Totes/Misc  
 #78: V. Longo-Furn/Boxes/Misc

November 9, 2022  
**REGULAR BOARD MEETING INDEPENDENT SCHOOL DISTRICT NO 561**  
**OCTOBER 18, 2022 COMMUNITY CENTER**  
 The school board of Independent School District #561 met in regular session on Tuesday, October 18th at 8:00 p.m. in the community center. The following members were present: John Lovly, Tim Hruby, Stacy Anderson, Joe Rubischko, Neil Jensen and Leah Bothum. Absent: Principal Carlson. Also present: Superintendent Loberg, Business Manager Kelsie Steiger-Krein and GEA Representative Alyssa and Lacy Hruby.  
 The meeting was called to order at 8:00 p.m. by Lovly. The Pledge of Allegiance was recited.  
 A motion was made by Jensen, seconded by Hruby to approve the September 20th, 2022 agenda as presented. Motion carried unanimously.  
 A motion was made by Anderson, seconded by Bothum to approve the minutes of the September 20th, 2022 regular meeting as presented. Motion carried unanimously.  
 A motion was made by Bothum, seconded by Lovly to approve the payment checks #44380-44501 and wire payments as listed in report #3.1 A, B & C. Motion carried unanimously.  
 Financial reports were reviewed. Superintendent Loberg reported the district shows an investment balance of \$1,918,065.91 on September 30, 2022. (see reports #3.2-3.6 attached to the official board minutes).  
**Patron Concerns:** None.  
**Student Council Report:** None.  
**Goodridge Education Association Report:** Lacy reported that the close up is selling treat bags for Halloween and bingo to raise money for their trip in the spring. Andrea is having a money war to raise money for the Stanley family.  
**Classified Staff Report:** None.  
**Instructional Reports:** None.  
**Old Business:** Superintendent Loberg provided the board an update on the upcoming ICS listening sessions and Long-range facilities plan.  
**New Business:** A motion was made by Hruby, seconded by Jensen to waive the 2% staff development set aside rule for 2022-2023. Motion carried unanimously.  
**Trustee Reports:** Member Hruby did not attend this month's meeting.  
 A motion was made by Bothum, seconded by Rubischko to approve the donations as listed in report #10.1. Motion carried unanimously.  
**Open Forum:** Anderson wished the Charger teams good luck in the play off season. Bothum gave Congratulations to Becky on the Trio Achiever Award, Coach Wilebski on his 100th win, Caitlyn and Chesney on their achievements, Neil, Tomas and Mishawn for putting the grain drive together and thanking all the Veterans, Military, Firefighters, EMS, and Law Enforcement.  
**Administrative Reports:** Superintendent Loberg updated the board on the upcoming Veteran's Day program, Parent Teacher Conferences, recruiting potential bus drivers, and thanked Neil, Mishawn, and Brody for helping with the grain drive. Discussed the delivery date of our new bus and looked into ordering another one for 2024.  
 Alyssa Hruby discussed the idea of a comfort support dog for the district.  
 Russ updated the board on the boiler, new desks, cafeteria tables, ceiling tiles, and locker replacements. Superintendent Loberg reported that Elementary Basketball will be starting soon.  
 The next regular meeting was set for Tuesday November 15, 2022 at 7:00 p.m.  
 The meeting adjourned at 9:26 p.m.  
 Attest:  
 John Lovly, Chairperson  
 Stacy Anderson, Clerk  
 November 9, 2022

**REGULAR BOARD MEETING INDEPENDENT SCHOOL DISTRICT NO 561**  
**SEPTEMBER 20, 2022 COMMUNITY CENTER**  
 The school board of Independent School District #561 met in regular session on Tuesday, September 20th at 8:00 p.m. in the community center. The following members were present: John Lovly, Tim Hruby, Stacy Anderson, Joe Rubischko, Neil Jensen and Leah Bothum. Absent: Principal Carlson, Business Manager Kelsie Steiger-Krein and GEA Representative Jen Sargeant.  
 The meeting was called to order at 8:00 p.m. by Lovly. The Pledge of Allegiance was recited.  
 A motion was made by Rubischko, seconded by Hruby to approve the September 20th, 2022 agenda as presented. Motion carried unanimously.  
 A motion was made by Jensen, seconded by Bothum to approve the minutes of the August 16th, 2022 regular meeting as presented. Motion carried unanimously.  
 A motion was made by Jensen, seconded by Lovly to approve the payment checks #44252-44379 and wire payments as listed in report #3.1 A, B & C. Motion carried unanimously.  
 Financial reports were reviewed. Superintendent Loberg reported the district shows an investment balance of \$1,929,072.42 on August 31, 2022. (see reports #3.2-3.6 attached to the official board minutes).  
**Patron Concerns:** None.  
**Student Council Report:** Principal Carlson reported that they are currently planning homecoming activities.  
**Goodridge Education Association Report:** Jen Sargent and Andrea are working on getting the GVTEL TV up and running this year. Jen also commented that the year is off to a good start.  
**Classified Staff Report:** None.  
**Instructional Reports:** Principal Carlson provided an enrollment update for the board.  
**Old Business:** Superintendent Loberg provided the board with an update on future projects.  
**New Business:** A motion was made by Hruby, seconded by Rubischko to set the tax levy hearing on December 20, 2022 at 7:00 pm in the Community Center during the regular board meeting. Motion carried unanimously.  
 A motion was made by Lovly, seconded by Jensen to set the 2022 payable 2023 tax levy at maximum. Motion carried unanimously.  
 A motion was made by Bothum, seconded by Anderson to approve the following mandatory MSBA policies: 506 - Student Discipline, 722 - Public Data Requests, and 806 - Crisis Management Policy. Motion carried unanimously.  
**Personnel:** A motion was made by Bothum, seconded by Jensen to approve the hire of Willow Brekke, part-time Para, as recommended by the hiring committee, with wage and benefits as per the classified staff agreement (see report #9.1). Motion carried unanimously.  
 A motion was made by Hruby, seconded by Rubischko to approve the hire of Ethan Schulz, Para, as recommended by the hiring committee, with wage and benefits as per the classified staff agreement. (see report #9.2). Motion carried unanimously.  
 A motion was made by Jensen, seconded by Bothum to approve the hire of Nick Mickelson, 7-12 Math Teacher, as recommended by the hiring committee, with wage and benefits as per the certified master agreement (see report #9.3). Motion carried unanimously.  
 A motion was made by Rubischko, seconded by Hruby to hire Jen Sargent and Andrea Halvorson as the GVTEL Coordinators (#9.4) Motion carried unanimously.  
 A motion was made by Bothum, seconded by Hruby to hire Cynthia Jensen as the Concessions Manager(#9.5). Upon a roll call vote, the following voted in favor of: Hruby, Bothum, Anderson, Rubischko, Lovly. Opposed: None. Abstain: Jensen. Motion carried unanimously.  
**Trustee Reports:** Member Hruby reported that there was no NWRIC meeting last month.  
 A motion was made by Jensen, seconded by Rubischko to approve the donations as listed in report #10.1. Motion carried unanimously.  
**Open Forum:** None.  
**Administrative Reports:** Principal Carlson provided a recap to the board on the annual back to school open house in August. She reported that several positive changes have been made and thanked the staff for their contributions. Principal Carlson also commented that the new school year has been off to a good start. Principal Carlson also provided an update to the board on the district's new Stop-It Solutions app, which allows individuals to make anonymous tips to the school regarding violence, bullying, vandalism, or other potentially serious situations that involve school safety.  
 Superintendent Loberg thanked the staff for the good start to the 2022-2023 school year. Supt. Loberg reported that the new football score-

board is up and running, a playground fundraiser is planned for November, the school is looking into starting a school store, and ICS has long-range facilities listening sessions planned with students, the Lion Tamers, the GAD, and they are working on setting up sessions with the community, parents of students enrolled in Goodridge School District, the Lions Club and the Fire Dept./First Responders. Supt. Loberg and Business Manager Kelsie Steiger-Krein provided the board with an update on the annual audit for fiscal year 2022.  
 The next regular meeting was set for Tuesday October 18, 2022 at 8:00 p.m.  
 The meeting adjourned at 9:04 p.m.  
 Attest:  
 John Lovly, Chairperson  
 Stacy Anderson, Clerk  
 November 9, 16, 2022  
**ORDER AND NOTICE OF HEARING ON PETITION FOR ADJUDICATION OF INTESTACY, DETERMINATION OF HEIRSHIP AND APPOINTMENT OF PERSONAL REPRESENTATIVE IN AN UNSUPERVISED ADMINISTRATION AND NOTICE OF CREDITORS STATE OF MINNESOTA COUNTY OF PENNINGTON NINTH JUDICIAL DISTRICT DISTRICT COURT PROBATE DIVISION, Court File No.: 57-PR-22-732 In Re Estate of: Charlotte Larson, Decedent.**  
**TO ALL INTERESTED PERSONS AND CREDITORS:**  
 IT IS ORDERED and notice is hereby given that on the 5th day of December, 2022, at 8:30 o'clock a.m., a hearing will be held in the above named Court via Zoom (instructions available upon request), for adjudication of intestacy and determination of heirship and for the appointment of Brett Larson whose address is 111 Duluth Avenue North, Thief River Falls, MN, 56701 as personal representative of the estate of the above named decedent in an unsupervised administration, and that any objections thereto must be filed with the Court. That, if proper, and no objections are filed, said personal representative will be appointed to administer the estate, to collect all assets, pay all legal debts, claims, taxes and expenses, and sell real and personal property, and do all necessary acts for the estate. Upon completion of the administration, the representative shall file a final account for the allowance and shall distribute the estate to the persons thereunto entitled as ordered by the Court, and close the estate.  
 Notice is further given that ALL CREDITORS having claims against said estate are required to present the same to said personal representative or to the Court Administrator within four months after the date of this notice or said claims will be barred.  
 Dated this 3rd day of November, 2022.  
 Judge of District Court  
 /s/ Tamara L. Yon  
 Kathy Narlock, Ct. Administrator  
 /s/ Michael L. Jorgenson  
 CHARLSON & JORGENSEN, P.A.  
 119 West Second Street  
 P. O. Box 506  
 Thief River Falls, MN 56701  
 (218) 681-4002  
 Atty. Reg. No. 186144

The City Council for the City of Thief River Falls, Minnesota, shall receive sealed bids for water treatment chemicals. Bids will be received by the City of Thief River Falls, at the City Administrator Office, P.O. Box 528, 405 East Third Street, Thief River Falls, MN 56701 until 2:00 PM, November 28, 2022 at which time all bids will be publicly opened and read aloud.  
 Specifications covering the materials to be furnished are on file at the office of the Superintendent of Water Systems, 305 Pennington Avenue South, P.O. Box 528, Thief River Falls, Minnesota 56701, (218-681-3809) and may be obtained from that office upon request.  
 Each bid must be accompanied by a certified check or bidder's bond acceptable to the City of Thief River Falls in an amount equal to at least five (5) percent of the total amount of the bid, payable without condition to the City of Thief River Falls, Minnesota.  
 In case the successful bidder fails to enter into and complete a contract as required by law, within the specified number of days after the award of the contract, such check or bond will be forfeited to the City of Thief River Falls as liquidated damages.  
 The City Council of the City of Thief River Falls, Minnesota reserves the right to hold all bids for a period of forty-five (45) calendar days after the date of opening the bids and may reject any or all bids, to waive any irregularities, and to award the contract as it deems to be for the best interest of the City of Thief River Falls.  
 Dated this 7th day of November, 2022.  
 /s/ Angela Philipp  
 Angie Philipp  
 City Administrator  
 CITY OF THIEF RIVER FALLS

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