

\$800,000 committed to Chief's Coulee project

Drainageway west of golf club addressed

by April Scheinoha
Reporter

It's been at least two years in the making, but the City of Thief River Falls continues to move forward with the Chief's Coulee project. At its meeting Tuesday, April 16, the Thief River

Falls City Council approved committing \$800,000 to the estimated \$2 million project meant to reduce flooding along Chief's Coulee and improve the quality of water discharged into the Red Lake River from the coulee. In August 2022, the City of Thief River Falls agreed to partner with the Red Lake Watershed District for the project on the north side of the city. Since then, the groups have been obtaining funding for the project and determining the scope.

Water Systems Superintendent Wayne Johnson said all of the surveying has been completed, and the groups are waiting for approval from the U.S. Army Corps of Engineers. Chief's Coulee is a drainageway that moves water from an area west of Highway 32 near the Thief River Golf Club. Water then flows past Thief River Falls Radio and Dewey Avenue, eventually making its way to Eighth Street and Red Robe Park. At the park, water out-

lets into the Red Lake River. Chief's Coulee has been beset by drainage issues, water quality problems and foul odors. The channel isn't large enough to accommodate all of the water making its way through Chief's Coulee. As part of the project, the groups plan to divert some agricultural runoff north of County Ditch 70, regrade the coulee, properly size the culverts and install water quality improvement structures. It is expected that the

project will reduce flooding along the coulee and improve water quality before the water enters the Red Lake River near Red Robe Park. While the city and RLWD have secured grants, they will each contribute \$800,000 to the project. Mayor Brian Holmer said bonding will cover the city's portion. In an interview with The Times, Johnson said that the project may start as soon as this year. He estimated the

project will cost \$1.8 million to \$2.2 million. The council approved plans and specifications for the locally-funded portion of the 2024 Streets and Utilities Improvement Project. Estimated to cost \$1.4 million, that portion of the project includes: Improvements to Kendall Avenue and utilities from First to Third streets Improvements to Crocker Avenue North and (Continued on Page 12)

Home, Sport and Family Show



Over 170 vendors participated in the Home, Sport and Family Show, which was at the Ralph Engelstad Arena and Huck Olson Memorial Civic Center April 20 and 21. About 3,000 tickets were sold. The show had something for everyone. Pictured to the right, Dave Mugaas of the Sportsmens Club in Thief River Falls, helps Layce and Georgia Hoefler hold, sight and shoot an archery bow at a target. To the far right, Addison Timm shows the balloon she got at the Home Show.



Council supports funding request for apartments

Late applications for liquor licenses frustrates city

by April Scheinoha
Reporter

Thief River Falls needs more apartments, and the Thief River Falls City Council is trying to help. At a special council meeting Friday, April 19, the council approved a resolution supporting a firm's request for state funding. DW Jones hopes to build Edge Housing LLC south of Valley Assisted Living. It plans to purchase the property from MAK Properties, which had initially planned to construct a multi-use building there. DW Jones plans to build a three-story apartment building featuring 66 market-rate units on the property at 701 Hwy. 32 S. The project is estimated to cost \$13.9 million. However, DW Jones' plans are contingent on funding from the Workforce Housing Development Program. The program provides an unsecured, zero-interest, three-year deferred forgivable loan. On Friday, the council provided its support for DW Jones to use a nine-year Tax Increment Financing District already created for the property for the required local match. Richard Baker,

city economic/community development director, said the TIF district is projected to generate a net of \$950,672, allowing DW Jones to leverage an additional \$1,901,344 from the program. He indicated that a private equity low-interest loan will be also be utilized for the project, leading to a total of \$4,301,344 in loans from Minnesota Housing. Baker said that amounts to 31% of the project cost. The council called the special meeting Friday since it was waiting for final cost estimates three days earlier at its regular council meeting. DW Jones' loan application is due Tuesday, April 30. The council has already approved rezoning the property back to Multi-Family Residential District (R-4). Rezoning is also contingent on the state funding request. Baker indicated there was only one vacant apartment in Thief River Falls among 225 apartments surveyed in March. He said he had been informed that DigiKey planned to hire 50 to 60 temporary employees before May. As of Monday, DigiKey had 240 open positions. The council approved a temporary intoxicating liquor license for American Legion Post 117. The license will enable the Legion to provide liquor at a wedding reception May 25-26 at the Curling Club. (Continued on Page 12)

Phase II of Newfolden flood prevention project begins

Impoundment will hold water from JD 21

by April Scheinoha
Reporter

The Middle-Snake-Tamarac Rivers Watershed District, the City of Newfolden and their partners celebrated the start of Phase II of their flood prevention project Thursday, April 18. They broke ground at the site of the future Newfolden impoundment north of the city. Newfolden Mayor Lori Warne said it was overwhelming to witness the

support provided to the city for this project. In 2015, the city learned it was in the floodplain. It had never been mapped in the past even though a report had been completed in 1974 and there were other modeling efforts. It was determined that Judicial Ditch 21 would cause flooding from the north, in addition to overland flooding, during a 100-year event. Models suggested that close to two square miles on Newfolden's east side would be affected. It was also determined that culverts under the railway were insufficient to convey large runoff events, leading to increased flooding east of the railroad tracks and the potential failure of the railroad structure under flooding conditions. With this in mind, HDR Engineering developed a two-phase plan that included the installa-

tion of the bridge to replace the culverts over the Middle River and now the construction of the impoundment. The two-phase project is estimated to total \$11.3 million. "Currently, I am working on a federal grant application through Congressionally Directed Spendings (CDS) through both Senator Tina Smith and Amy Klobuchar's offices. I hope that the project will receive the \$2 million that is short in secured funding so far," said Mori Maher, MSTR Watershed District administrator. So far, funding for the project has come from the City of Newfolden, the MSTR Watershed District, the Minnesota Flood Hazard Mitigation Program, the Red River Watershed Management Board, the Flood Damage Reduction Work Group and the Minnesota (Continued on Page 12)



Phase II will begin shortly on the Newfolden flood prevention project. A groundbreaking ceremony was held Thursday, April 18 at the future site of the Newfolden impoundment.



DigiKey

Now hiring for summer warehouse positions

See inside for details

No injuries reported after straw bales catch fire

No one was hurt after covered straw bales caught fire Sunday afternoon in rural Pennington County. Seventy-five straw bales, which were located underneath a tarp, caught fire outside of 17302 110th Ave.

N.W. in Norden Township, according to the Thief River Falls Fire Department. The fire soon spread to a nearby wooded area. Blaine Olson owns the property. It is believed that straw bales spontaneously combusted.

The straw bales were valued at \$2,500. Firefighters were dispatched to the scene at about 1 p.m. Sunday and remained on the scene for over four hours.

Cases include a dismissed felony

A dismissed felony burglary charge is included in the latest edition of the Pennington County Citation Disposition Bulletin. The Times pays for copies of this public information. If it appears in an online forum other than The Times' website, it has been copied.

Thief River Falls Police Department cases: Anthony Joseph Briseno, 45, Inver Grove Heights, gross misdemeanor fifth degree controlled substance crime – previous conviction, \$135, 91 days in jail with credit for 91 days served, not to use or possess firearms, ammunition or explosives for his lifetime unless his civil rights have been restored, felony charge of third degree burglary dismissed.

Kash Michael Quam, 21, Thief River Falls, third degree refusal to submit to a breath test, \$615, 364 days in jail stayed for two years, probation to the court for two years, comprehensive assessment within 60 days of sentencing, complete level of treatment and aftercare recommended, charges of obstruction of the legal process – resisting arrest with force and fourth degree assault of a peace officer were dismissed; Tanner Wayne Anderson, 24, Roseau, driving after suspension, \$285, charge of driver who isn't owner must later produce proof of insurance if

required was dismissed; Graham Alan Burstad, 38, Thief River Falls, expired registration, \$115; David Charles Flatland, 56, St. Hilaire, calendar parking violation – streets/avenues, \$52.

Edwin Enrique Fonseca Declet, 35, Thief River Falls, disorderly conduct, \$210, 10 days in jail stayed for six months, charge of domestic assault dismissed; George Henry Molash, 51, Thief River Falls, stay of adjudication for a charge of driving after cancellation – inimical to public safety and continued, \$300, unsupervised probation for one year; Meghan Lorraine Semrud, 38, Thief River Falls, charge of driver who isn't owner must later produce proof of insurance if required dismissed.

Pennington County Sheriff's Office cases: Arellys Del Socorro Zamora Lumby, 22, Thief River Falls, driver's license violation, \$185; Jobe Jay Lunski, 30, St. Hilaire, second degree driving while impaired – two aggravating factors, \$915, 364 days in jail stayed for four years, probation to the court for four years, comprehensive assessment within 60 days of sentencing, complete level of treatment and aftercare recommended; Cara Rose Waage, 41, Roseau, 60/55, \$125.

Dayton John Dybedahl, 22, Roseau, theft of services, \$135, 30

days in jail stayed for one year, unsupervised probation for one year, \$360 in restitution, charge of fourth degree damage to property dismissed; Layla Jo Forsberg, 18, Thief River Falls, cannabis open package – owner/driver of motor vehicle – not compliant packaging or container, \$185; Shucan Cai, 30, Grand Forks, N.D., 70/60, \$125; Kevin James Cimbura, 41, Thief River Falls, charges of public nuisance – unreasonably annoys and overwork/mistreatment of animals – deprive food/shelter both continued for dismissal.

Minnesota State Patrol cases: Monique Francesca Stahlman, 55, East Grand Forks, 70/60, \$125; Troy James Taggart, 53, Newfolden, 65/55, \$125; Hannah Joy Marie Rienneau, 23, Red Lake Falls, 70/60, \$125; Wayne Allyn Russell, 44, Warroad, no seat belt worn, \$110, charge of no proof of insurance dismissed; Jessica Ronelle Auginash, 31, Redby, 69/55, \$135; Kaye Lydia Marvin, 76, Fargo, N.D., 75/55, \$225; Llayson Joe Novacek Ottesen, 19, Thief River Falls, violation of Hands-Free Law – initiate/compose/send/retrieve/read electronic message, \$135; Angel Osvaldo Oyervides, 20, Brownsville, Texas, no driver's license, \$185.

Fargo man charged with selling meth to informant

A Fargo, N.D., man has been charged in Pennington County District Court after he allegedly sold methamphetamine to an informant in January in Thief River Falls.

John James Nogowski, 35, has been charged with felony third degree controlled substance crime – sale. A warrant has been issued for his arrest. The complaint was filed Friday, April 19.

The charge stemmed from a Jan. 25 communication between a Pine to Prairie Drug Task Force officer and a confidential, reliable informant. According to the complaint, the informant said Nogowski had meth to sell. Under the PTPDTF officer's

direction, the informant arranged to buy some meth from Nogowski for \$600 in East Grand Forks. A short time later, Nogowski arranged to meet the informant in the 200 block of LaBree Ave. N. in Thief River Falls. The informant was provided an audio recording and transmitting device. At about 3:37 a.m., the transaction was completed. Besides Nogowski, two other people were at that location.

The informant allegedly provided a baggie of meth, a white pill and a blue pen with a small bag inside of it to the PTPDTF officer. Nogowski allegedly sold 10,131 grams of meth to the informant for \$400. The remaining \$200 in drug-buy

funds were given back to the PTPDTF.

Prior to providing the meth to the informant, Nogowski allegedly took 1.75 grams of meth for himself and he provided 3.5 grams to one of the other individuals. That person allegedly gave the informant the pen containing a small bag of meth so that the informant could provide it to a third individual. That individual also gave the informant the white pill, which was a hydrocodone pill. The informant pretended to take the pill and kept it to provide it later to law enforcement.

The informant positively identified a picture of Nogowski as the person who sold the meth.

Janson sworn in as a state trooper

Katelyn Janson from Warroad was sworn in as a Minnesota state trooper on Friday, April 19. Janson will serve as a trooper in the Thief River Falls district.

Janson was among 35 cadets who graduated. The cadets with varying diverse

backgrounds took the oath following successful completion of the Minnesota State Patrol's 68th and 69th training academies.

The graduates included traditional and Experienced Traffic Safety Officer program and Law Enforcement

Training Opportunity program applicants. The LETO program offers the education and training to candidates who have a two- or four-year degree but no law enforcement experience.

Plan before you dig this spring

Dig smart this spring. When digging on your property for plantings, fencing, decks or other home improvement projects, it's important to safely plan ahead, according to experts at Gopher State One Call. Gopher State One call is the Minnesota nonprofit organization that coordinates marking of utilities prior to digging or excavation projects.

"Hitting an underground electrical wire or gas line can be dangerous and costly for a homeowner or business," said Olivia Phillips, senior marketing and public awareness specialist for Gopher State One Call.

"It's amazingly easy to stay safe. All people have to do is click onto our website, www.gopherstateonecall.or

g or call 811. And here's the kicker – it's free."

Phillips said that all homeowners or businesses must contact Gopher State One Call at least three business days before digging. For example, she said, if you plan to dig on a Saturday, ensure that you submit your request prior to 2 p.m. the previous Wednesday. Free of charge, utility company professional locators will mark all public utilities on your property with spray paint and/or flags, keeping you and your family safe.

Failing to have utility lines marked can result in serious consequences, including gas leaks, electrical service disruptions and expensive repairs.

"It's wise to have proper-

ty marked for any and all projects that require digging, including tree planting, deck building or fencing," Phillips said. "We want homeowners to stay safe. It's as simple as that."

It's also the law, she said. Gopher State Once Call was established by the state legislature about 35 years ago after a natural gas explosion occurred when a pipeline was struck during an excavating project. Now, all digging requires advance marking.

"The marking process is also about peace of mind," said Phillips. "Every homeowner or excavator can be confident they're significantly reducing the risk of injury and expense."

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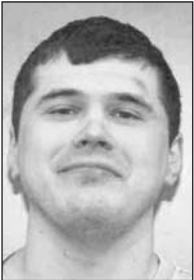
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Newfolden man arrested after chase to TRF woman’s home despite harassment order

A Newfolden man has been charged in Pennington County District Court after he allegedly fled from law enforcement when they attempted to arrest him at his home for a harassment restraining order violation. Kyle Lesley Fowler, 26, allegedly drove 60 to 65 mph down Third Street in Thief River Falls. He was later stopped and arrested within 300 feet of the Thief River Falls home belonging to the family of the woman who has a harassment restraining order filed against him.



Kyle Lesley Fowler

Fowler has been charged with felony fleeing a peace officer in a motor vehicle and misdemeanor violation of a harassment restraining order. He was arrested and transported to the Marshall County Jail in Warren. A warrant has been requested in this case since he

remains incarcerated there. According to the Pennington County complaint, Marshall County Sheriff Jason Boman requested Chief Pennington County Deputy Scott Mekash's assistance in locating and arresting Fowler at about 9:52 a.m. Tuesday, April 16. The former sheriff's office was seeking Fowler for a harassment order violation involving the Thief River Falls woman. A Marshall County deputy had attempted to arrest Fowler at his home; however, Fowler allegedly slammed the door in the deputy's face. He refused to go with the deputy and said something to the effect that the deputy needed to get other law enforcement officers. The deputy left to discuss how to handle the matter and wait for backup. Shortly afterward, Boman learned that Fowler had driven away from the home.

Mekash informed Pennington County deputies and Thief River Falls police officers who began searching for Fowler. The complaint indicated that Mekash "was aware of Fowler from past investigations and the fact that his behavior had been growing increasingly bizarre and unpredictable recently." He also knew that Fowler had allegedly violated the harassment restraining order multiple times. Mekash also knew that Fowler "had been posting various social media videos/posts and that some of the videos/posts contained very disturbing and concerning sexual fantasies and ideologies." Some had been about the woman. About eight minutes after Boman's phone call, a Pennington County deputy located Fowler's vehicle traveling north on Main Avenue in Thief River Falls. At the time, Mekash happened to be near the intersection with Eighth Street and allegedly saw Fowler

driving the vehicle. He attempted to conduct a traffic stop, but Fowler allegedly fled with Mekash and the other deputy in pursuit. Fowler traveled a circuitous route involving Knight Avenue, Third Street, Main Avenue, Second Street, LaBree Avenue, Third Street again, Highway 59 and then Greenwood Street. The complaint indicated that he traveled about 60 to 65 mph on Third Street. While in pursuit, Mekash requested that other law enforcement officers go to the woman's home in the 2100 block of Greenwood St. E. since he was afraid Fowler would attempt to go there. None were able to make it there in time. At some point, the Marshall County Sheriff's Office informed the woman that Fowler may be attempting to drive to her home. Since law enforcement feared Fowler would act violently toward the woman if he got into her home, the officers decided that Mekash would cut off his

car and a Pine to Prairie Drug Task Force officer would then block in Fowler's car. The two of them and the sheriff's investigator then took Fowler into custody at gunpoint. Mekash soon learned that the woman and her mom were home at the time of the incident. The woman told Mekash that she heard sirens and they looked out the window, seeing Fowler outside. Her mom went outside after Fowler had been arrested. He allegedly saw the woman's mother, asking if she were on TikTok. Law enforcement spoke to him, and the mother said she allegedly heard Fowler saying that he could say whatever he wanted since it's freedom of speech. She said they had purchased new exterior cameras and door locks due to Fowler. The complaint indicated that Fowler is prohibited from being within 300 feet of the woman's residence.

TRF man sentenced for assaulting another man

A Thief River Falls man was sentenced Monday, April 15 in Pennington County District Court for assaulting another man to the point he needed reconstructive surgery.

Craig Allen Moore, 35, was sentenced for a felony charge of third degree assault. He was sentenced to 18 months in prison. Moore was ordered to not use or possess firearms, ammunition or explosives for his lifetime unless his civil rights have been restored. He was ordered to supply a DNA sample. Moore was ordered to pay \$210. The right to restitution has been reserved with the state having 30 days to file a certificate of restitution and the defense having 30 days to file an objection.



Craig Allen Moore

The charge stemmed from an April 10, 2023 report of an assault near the intersection of First Street and St. Paul Avenue in Thief River Falls, according to the complaint. The police report and complaint indicated that Moore knocked a 36-year-old Thief River Falls man off of his bicycle at about 3:05 p.m. and punched him three or more times in the face. He accused the man of stealing tools from Moore. The man denied stealing the tools.

An ambulance transported the man to Sanford Medical Center in Thief River Falls. The man suffered a "displaced fracture involving the left lateral orbital floor, a mildly displaced fracture involving the left lateral orbital wall,

and an additional fracture involving the anterior and lateral wall of the left maxillary sinus as well as the left zygomatic arch." The police investigator learned the man would need to undergo reconstructive surgery once the swelling had subsided.

A person had seen a man, later identified as Moore, jump out of a Suburban and physically assault another man. A Pine to Prairie Drug Task Force officer was the first to respond, finding a bloody man with a swollen face. It was apparent he was in a great deal of pain, and he had trouble speaking. However, the man identified Moore as the assailant. The complaint indicated that Moore was on supervised probation at the time for a second degree controlled substance crime in Morrison County. The Thief River Falls field office is supervising him.

Shortly afterward, a deputy located the suspect vehicle. He learned the two occupants had dropped Moore off at his apartment at Parkwood Apartments, 624 Kinney Ave. N. At about 4 p.m., a police sergeant and a police investigator went to Moore's apartment. Upon answering the door, Moore, who appeared nervous and upset, asked if he was in trouble. When told police were investigating an assault, he denied involvement. However, Moore said there were some other

things occurring now in addition to the assault. He said he thought the assault was related to the theft of many items.

Moore was transported to the Law Enforcement Center. Once there, he declined to speak with police. However, Moore continued to talk, speaking about "wrongs done to him in the past" and how he had a bad opinion of the victim. "Moore was mad that law enforcement would take the victim's words over his own. While in the booking room, Moore stated that he hated the victim even more now and stated it 'wasn't over' and that he was 'going to be smarter about it next time.'"

Law enforcement also spoke to the two people who were riding with Moore in the Suburban prior to the assault. Both denied seeing the assault. The driver said the three of them were on their way home from a shopping trip when Moore told her to stop the vehicle. After the woman stopped the vehicle, Moore got out and she could hear him say the other man's name. She said she could hear arguing. Afterward, he got back into the Suburban and they drove home.

Brian Wyman Wilde, 61, Thief River Falls, was sentenced for a felony offense of felon in possession of a firearm. Wilde was sentenced to 60 months in prison stayed for two years and six months. He was ordered to serve supervised probation for two years and six months. Wilde was ordered to not use or possess firearms, ammunition or explosives. He was ordered to provide a DNA

sample. Wilde was also ordered to pay \$210 in fees and fines.

The charge stemmed from an assault Aug. 20, 2020, according to the complaint filed in 2022. A Pennington County resident reported he had been assaulted at his home and the assailant had held a shotgun to his head. The shotgun belonged to the victim. He thought the assailant had a first name other than Brian.

The next day, a deputy and sheriff's investigator searched an area east of the man's home. They found a 12-gauge shotgun matching the description provided by the man. It was located in the back of a dilapidated dump truck box. The investigator also found two loaded shotgun shells on the ground around the residence.

The gun was sent to the Minnesota Bureau of Criminal Apprehension for testing. On June 21, 2021, the BCA lab report indicated that the DNA taken from the shotgun matched an offender in the BCA database – Wilde.

The victim told law enforcement that he never allowed anyone to touch the handle of the gun. Specifically, the complaint referred to the man saying he didn't allow Wilde or two other men, including one with the first name provided by the victim, to handle the gun. He said he had owned the gun for about 20 years and hadn't obtained

the gun from them.

The victim said the assailant had loaded the shotgun with an old shell and grabbed a second shell from the box of shells he had. The assailant thought about shooting the shell but grabbed a better shell.

The man said Wilde had stolen from him in the past, including stealing the man's house keys and entering the man's home without his permission about three or four years ago. He said he kept the shotgun in a safe, but he had moved it to a closet just before the assault.

Wilde told two PTPDTF officers that the man had accused him in the past of stealing from the man. He said he had taken care of the man and his cat in the past, but he hadn't been to the man's home for about one-and-a-half years. Wilde said he remembered the gun shown by a PTPDTF officer and knew he wasn't supposed to possess any guns. He recalled holding several guns owned by the man. Wilde said he never assaulted the man.

Wilde agreed to provide a DNA sample, which the BCA tested. It matched the major male DNA profile found on the grips of the shotgun.

The complaint indicated that Wilde was convicted of a crime of violence in the past – first degree controlled substance crime in 2007.

Neither Wilde nor the other two men were charged with assaulting the man.



Brian Wyman Wilde

Woman charged with leaving baby for two hours in car outside of a bar

Child endangerment – places child at risk of harm: On March 29, the Marshall County Social Services Department received a report of child endangerment. The report was later forwarded to the Pennington County Sheriff's Office. Audriana Marie Nunn, 35, Goodridge, has been charged with child endangerment – places child at risk of harm. The complaint was filed April 16. According to the complaint, Nunn allegedly admitted that she had been at the Goodridge Liquor Store for an hour on March 28, consumed a couple of drinks and left her 3-month-old daughter in her idling car. Three days after the incident, Nunn told the social worker that she was unsure if she checked on the baby while she spent time at the bar. She indicated it was "kind of a fog" for her." A sheriff's deputy reviewed surveillance video, seeing Nunn had been there for about two hours from 9:29 p.m. to 11:42 p.m. The deputy noted it appeared that Nunn had left for three minutes to move her vehicle down the street. She allegedly appeared to con-

sume five mixed drinks and two beers before leaving the bar with a man and driving her vehicle away. The deputy interviewed Nunn on April 9, when she allegedly admitted leaving the baby in the vehicle for more than two hours while she was drinking at the bar. She "agreed that she was intoxicated to the point that she should not have been driving with her infant in the vehicle." Nunn allegedly admitted leaving the baby unsupervised at her Marshall County home two other times in the past when she had left to drink at the bar.

Third degree driving while impaired: On April 18 at about 2:19 a.m., police performed a traffic stop along Edgewood Dr. Kourtney Marie Konickson, 26, Brooks, has been charged with third degree DWI. She was arrested. She failed field sobriety tests and had a preliminary breath test result of 0.20 blood alcohol content.

Third degree refusal to submit to a chemical test, no proof of insurance and unlawful possession of legend drugs: On April 21 at 12:28 a.m.,

police performed a traffic stop along 155th Street Northeast. Adam Mark Swanson, 44, Thief River Falls, has been charged with third degree refusal to submit to a chemical test, no proof of insurance and unlawful possession of legend drugs. He was arrested. Swanson failed field sobriety tests, and a preliminary breath test had a result of 0.00 BAC. He allegedly had an unmarked prescription pill bottle containing two gabapentin pills and four baclofen pills. Both require prescriptions. A search warrant was later granted to obtain a biological sample.

Swearing at the officer. Swanson allegedly refused to comply with providing a blood sample. He was also given the option to provide a urine sample, but he allegedly swore at the officer and refused to comply.

Thief River Falls media receive these reports from law enforcement officials. If these reports appear in online forums other than those owned by Thief River Falls media outlets, the information has been copied.

These reports include names of those charged, arrested or cited with

various crimes and offenses. Depending upon the circumstances of a case, charges can be, and sometimes are, changed or dropped by law enforcement or attorneys even before the case reaches court.

Readers should also realize that under the American system of jurisprudence, those charged with crimes are innocent until proven guilty of those crimes in a court of law.

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THIEF RIVER FALLS
Times

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Meals On Wheels

Fundraiser

Sunday, April 28

9:00–1:00

American Legion

Thief River Falls

Freewill Donation

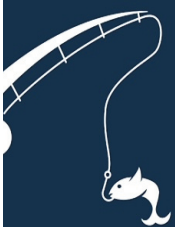
Pancakes, Sausage,
Scrambled Eggs,
Orange Juice,
Coffee



DOOR PRIZES
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2024
FISHING
EXPO
GOODRIDGE
MUNI
MAY 7TH
6-8PM

*Pennington City
Sportmens Club
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*Tom's Tackle
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Fishing Guide Service
**And possibly more!!



Teddy
Roosevelt
to appear
in TRF



Joe Wiegand as
Teddy Roosevelt

Teddy Roosevelt is coming to Thief River Falls. Actually, it's Joe Wiegand, an impersonator of 26th U.S. president.

Wiegand will portray Roosevelt at a benefit for St. John Lutheran School on Tuesday, April 30. The event will start at 6 p.m. at the school, 15671 158th St. N.E., with a supper of Swedish meatballs, garlic mashed potatoes, glazed carrots and assorted desserts. Wiegand will appear at the benefit as a gift from him and the Medora Foundation. He will visit with guests during the meal and begin his performance.

Seating will be limited. Ticket sales end Saturday, April 27 or before that date if seating has already been filled. The cost for the meal and performance is \$20. To purchase a ticket, visit the school or call the school office at 218-681-7753.

Wiegand has portrayed Roosevelt for 22 years and has appeared in all 50 states and internationally. He is a regular attraction at Medora, N.D. Prior to impersonating Roosevelt, he worked in public policy and ran election campaigns.

In 2008, Wiegand and his family traveled across America in celebration of Roosevelt's 150th birthday and the final centennial year of his historic presidency. Performances at the White House and Roosevelt's New York City birthplace highlighted the 50-state adventure.

Wiegand has been featured as Roosevelt in "The Men Who Built America" on the History Channel, served as the model for the newest Roosevelt sculpture at the American Museum of Natural History in New York City, and has a feature role in "National Parks Adventure" an IMAX film about our national parks narrated by Robert Redford.

Today, the Wiegands live in Medora, where Wiegand works for the Theodore Roosevelt Medora Foundation.

Photo of Wiegand appearing with this article courtesy of Mark Glenn Studio.



Cody Walseth displayed Green Mountain Grills at the Home, Sport and Family Show in Thief River Falls. The show was Saturday and Sunday, April 20 and 21, at the Ralph

Engelstad Arena and Huck Olson Memorial Civic Center. The Green Mountain Grills sold by Walseth can be found at welcobq.com or on Facebook.

SMELT FRY

Saturday, April 27th • 2 - 7 p.m.

at
Shorty's Place

Gully, MN

Adults.....\$17 ~ Children 12 and under.....\$10

Smelt, baked potato, coleslaw, beans & dinner roll



Sponsored by
Gully Area
Sportsman's
Club

Children's Stuff

Garage Sale

Sat, May 4th

Over 25 families are selling –
all things related to children!

Children's Clothing
Toys • Equipment • and More

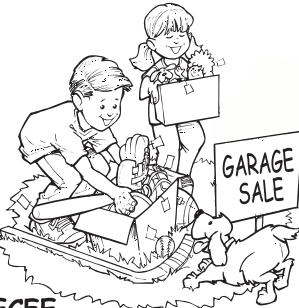
Suggested donation:
\$1.00 per adult

Fundraiser sponsored by the
ECFE Advisory Council

facebook/ThiefRiverFallsECFE

9 am - 12 pm

at Challenger Elementary
Thief River Falls



NATIONAL DAY OF PRAYER

Thursday, May 2, 2024



JOIN US TO PRAY
FOR NEIGHBOR AND
NATION

FLOYD B OLSON PARK

11:30 Lunch
12 noon Prayer
12:30 Lunch

Hosted by the Thief River Falls
Ministerial Association

In case of rain, event will be at the Free Church

Teddy Roosevelt is coming to Thief River Falls!

Actually, it is Joe Wiegand –
the world's premiere Theodore Roosevelt reprisor.

St. John Lutheran School Benefit

Tuesday, April 30

6:00 p.m.

\$20



Mr. Roosevelt will visit guests during the meal and begin his amazing performance as the 26th president of the United States

Call 218-681-7753
or visit the school office to purchase tickets.
Hurry! Purchase by April 27 – Seating is Limited!

St. John Lutheran School • 15671 158th Street NE • Thief River Falls

Supper:
Swedish Meatballs,
garlic mashed potatoes,
glazed carrots, &
assorted desserts

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Kathy Kaupang of Bagley was selling her pies, sauces, and preserves at the Home, Sport and Family Show in Thief River Falls Saturday and Sunday, April 20 and 21 at the Ralph Engelstad Arena in Thief River Falls.

Kaupang said last year she made 668 pies, 350 containers of preserves and 300 containers of sauces. From the left are: Birgit Burroughs, Jenifer Bahr and Kathy Kaupang.



Country Clipper was displaying mowers at the Home, Sport and Family Show in Thief River Falls. Over 170 vendors participated

in the event, which was at the Ralph Engelstad Arena and Huck Olson Memorial Civic Center April 20 and 21.



D&L Auto Glass and More displayed campers and many other products at the Home, Sport and Family Show in Thief River Falls. Over 170 vendors participated

in the event, which was at the Ralph Engelstad Arena and Huck Olson Memorial Civic Center April 20 and 21



Bemidji Marine brought several boats and pontoon boats to the Home, Sport and Family Show in Thief River Falls. Over 170 vendors participated in the event, which was at the Ralph Engelstad Arena and Huck Olson Memorial Civic Center April 20 and 21.



Klasen's Greenhouse visited with customers at the Home, Sport and Family Show in Thief River Falls. Over 170 vendors participated in the event, which was at the Ralph Engelstad Arena and Huck Olson Memorial Civic Center April 20 and 21.



Thief Lake Treasures was one of the vendors at the Home, Sport and Family Show in Thief River Falls. Over 170 vendors participated in the event, which was at the Ralph Engelstad Arena and Huck Olson Memorial Civic Center April 20 and 21.



Mandi Coltom was manning the North Valley Health Center booth at the Home, Sport and Family Show in Thief River Falls. Over 170 vendors participated in the event, which was at the Ralph Engelstad Arena and Huck Olson Memorial Civic Center April 20 and 21.



Dr. Nathan Weiss of True North Chiropractic Center displayed one of his tables and practices at the Home, Sport and Family Show. Over 170 vendors participated in the event, which was at the Ralph Engelstad Arena and Huck Olson Memorial Civic Center April 20 and 21.





Chris Borgen, OD
Eric Tjelle, OD

SPRING SUNGLASS SALE

April 22nd, 2024 - May 3rd, 2024

*30% OFF

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PRESCRIPTION LENSES WITH TINT OR POLARIZATION

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Mon-Thurs 8am - 6pm (closed 12:45-1:45pm for lunch) | Fri 8am - 12 pm



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*Restrictions apply: Offer valid 4/22/2024 - 5/3/2024. No appointment needed. Must be a complete pair of glasses. Offer valid on select frames; Offer not valid in combination with insurance or other promotions; Speak to a member of our optical team for full details.

VOLUNTEERS NEEDED



Thief River
Care Center

Care Center Companions

Resident one to one time -Read, Pray, Visit, Reminisce, Listen
Chaperone - help residents access the community and transportation services
Play- Play music or sing, help set up or carry out group activities, help residents participate by providing extra support, supervision or cueing



New Volunteer Orientation is Scheduled!
Tuesday April 23rd, 2:00pm

Call Lori for details
218-683-8106

Experience, comfort level and preferences are considered when matching volunteer opportunities

NOW YOU CAN

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FOR EVERYONE

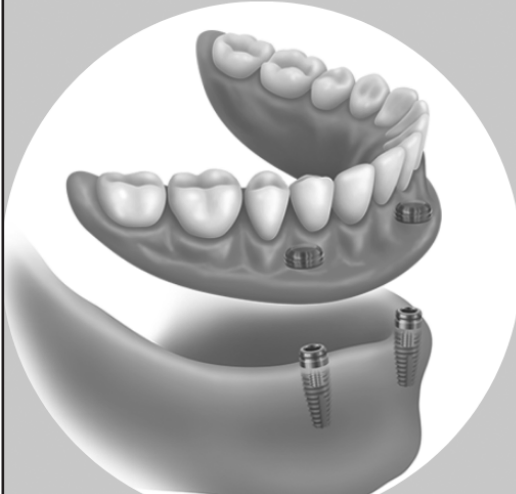
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STAY IN PLACE

MORE
CONFORTABLE

REGAIN YOUR
CONFIDENCE

EAT MORE
VARIETY



Contact Moreno
Dental Today

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Pennington
County
Residents

Saturday
May 4, 2024
8 am - 12 noon

Spring Cleanup Day!

All Pennington county and city residents may
bring their "junk" to Les's Sanitation,
1345 Hwy 32 S., Thief River Falls for disposal
free of charge, excluding the following:

Regular rates apply for specialty waste such as tires, TVs,
fluorescent bulbs and items containing freon or mercury.

For questions or more information, call 681-7312

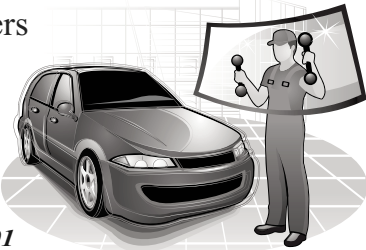
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CHALLENGER ELEMENTARY'S KINDERGARTEN KICKOFF

Monday, April 29, 2024
5:30 – 7:00 p.m.

Call 218-681-2345
for more information



TRF Chapter of the MN Deer Hunters Association

will be having their
Spring Seed Handout
on

Saturday, April 27th
beginning at 9 A.M.
Huck Olson Arena (TRF)
Parking Lot

Corn
Garden Food Plot
Sunflowers
Soybeans

Memberships may be purchased
Any questions, call Jeremy at 218-689-6737



Mark Haugen, representing the American Legion Post 117 Color Guard, presented donations to Lincoln High School juniors Rylan Leake (left) and Josh Mattson. They,

along with Lucas Rantanen (not pictured), will be attending Boys State in June. The donations are to be used for spending money at Boys State.

MindFit, a new documentary mini-series, comes to TRF on Thursday

Twenty percent of all people in North America report struggling with depression, anxiety and/or trauma. Connected with this group are many others—friends and family—who want to help their loved one, but don't know how to go about it.

Coming to Thief River Falls this week is MindFit, a newly released four-part event, developed to address such struggles. MindFit begins Thursday, April 25, 7 p.m. and continues at 7 p.m. for three more sessions - Friday, April 26; Saturday, April 27; and Sunday, April 28 at Open Arms Christian Fellowship, 401 St. Paul Ave. S., Thief River Falls. Admission is free; all are welcome. Refreshments will be served following each session.

MindFit combines a documentary mini-series with group discussion and learning. Each session is designed to guide attendees through real-life stories, practical tips, and expert insight on how to maximize one's mental fitness. Those in attendance will learn from experts about how the brain works and get tips on optimizing key cognitive processes. They will hear the stories of people who have faced their challenges head-on, how they're heal-

ing and moving forward with life, and what advice they have for others or their loved ones who may be struggling right now.

The story of Craig, a fire chief who fell into depression and battled his way back to mental health, and the story of Rachael, a mother who found that anxiety was dominating her life and what made the difference for her, will be among the compelling real-life narratives that will be included.

"Although soldiers are at increased risk of suffering from war wounds, injuries that can leave more than physical scars," said documentary host, Alex Rodriguez, "members of the military aren't the only ones whose lives can be touched by trauma. For those impacted by an accident, abuse, disaster or neglect, the pain is real, and it can strike at any moment. Our desire is to bring hope to those who are struggling by helping them surround themselves with the tools and techniques that bring lasting impact."

Retired physician Tim Rittenour will serve as the local MindFit host, guiding group discussion and providing support. He invites those who may be suffering from trauma or struggling

with depression and/or anxiety to attend. "You can begin to maximize your mental well-being and unlock your full potential at Mind Fit. You'll learn tips to help on your journey—or a friend's," he continued. "Watching someone you love struggle with their mental health can be heartbreaking—and isolating. But it's all too common."

As already indicated, one in five people in North America have reported issues with their mental health. That's why MindFit is being offered in Thief River Falls. By attending this four-part event, participants can come to understand what friends and family are experiencing when they grapple with anxiety, depression, or trauma.

For more information, please call (218) 416-2675 or (218) 681-1776.

Upcycled Pencil Cans class offered

Magnets and Messes. In this class offered through the Community Education Department of School District 564, Thief River Falls, participants are going to make an upcycled pencil holder that is sure to be a favorite. Using recycled cans that have been spray painted, students will make their own. There are so

many possibilities. Assorted fabrics will be available. Supplies will be included. Class size is limited to 15.

The class will be offered on Tuesday, June 11, from 1-2 p.m. The cost is \$30. It will be taught in the Challenger Elementary School 2/3 Activity Room by Pam Anderson. Register at www.trf.reg.eleyo.com.

Kiddie Kamp 1 class offered

The sessions of Kiddie Kamp, offered through the Community Education Department of School District 564, Thief River Falls, will be nature- and play-based. Participants will spend a lot of time outside, learning about the world around them and how different parts of nature are important in their lives. They will have books, songs, games, and projects for kiddos to explore their ideas about these topics. Children must be potty trained to attend.

Week 1 (Trees and Plants): In this session, students will kick off the camp by learning about all

kinds of trees and other plants, both the ones seen in their backyards, and in other places around the world. Kiddos will learn about parts of trees, how they help, and why they are important through hands-on projects and multi-sensory activities.

Week 2 (Bugs and critters): Next, kiddos will get to learn about and explore the bugs and small animals in their environment. They will talk about what bugs do and how they help.

Week 3 (Challenger Prairie): For the last week of Kiddie Kamp, students will take what they have learned to the prairie out-

side the school at Challenger Elementary School. They will explore different areas and look for all the plants, bugs, and critters already discussed.

Class size is limited to 15.

- 3 year olds: June 11, 12, 13, 18, 20, 25, 26, and 27, from 9:30-11:30 a.m.
- 4/5 year olds: June 11, 12, 13, 18, 20, 25, 26, and 27 from 12:30-2:30 p.m.

The cost is \$20, and the class offered at Challenger Elementary School Preschool.

Register at www.trf.reg.eleyo.com.

Turning Back The Times ...

Northern Park Missouri Lutheran Synod holds semi-annual conference in TRF

1924 - One Hundred Years Ago

-A total of 83 marriage licenses were issued in Pennington County in 1923 and only four divorces were obtained.

-A.W. Hanson of Erie has been named chairman of the Pennington County Board.

-Martin Evenson has been elected president of the City Council.

1974 - Fifty Years Ago

-More than 525 snowmobiles and drivers were registered as participants in the "Cat Country Round-Up" held Saturday in Thief River Falls and an additional 200 people were registered as passengers on the machines.

-Vic Kalinoski, Norris Melander, and Dave Voelk have been named new directors of the Thief River Falls Chamber of Commerce with the announcement made at the board of directors' organizational meeting.

-Rev. J.L. Hagemeister has been installed as pastor of the Assemblies of God tabernacle of Thief River Falls.

1984 - Forty Years Ago

-Roger Tunberg has been

named president of the Thief River Falls Chamber of Commerce, succeeding Stan Upham.

-Edgar Hetteen has rejoined Polaris Industries, Inc. of Roseau, a company he started in the late 1940s, as the company spokesman.

-A shippers' association was formed Thursday at a meeting in the Thief River Falls city auditorium.

1994 - Thirty Years Ago

-The New Years baby at Northwest Medical Center in Thief River Falls is Christy Lynn Andersen, daughter of Timothy and Linda Andersen of Karlstad. She was born Jan. 4 at 1:19 a.m.

-Hundreds of members of area rural electric and telephone cooperatives are awaiting the start of satellite television reception from the Hughes Communications HS 601 satellite successfully launched Dec. 17.

-The winner of the Ironman 250 snowmobile race in Thief River Falls last week was Corey Davidson of Holt, driving a Polaris XCR.

2004 - Twenty Years Ago

-County Commissioner Bob Carlson was unani-

Sanford Thief River Falls Infant Bereavement Burial Service

The Sanford Thief River Falls Little Lamb Memorial Infant Bereavement Burial Service will be held at the Greenwood Cemetery Baby Land on Wednesday, May 1 from 12 to 1 p.m.

Pastor Terri Cuppett will provide a service for compassionate support of families who have experienced the loss of a baby through miscarriage or stillbirth. All who have experienced a loss and their supporters are invited to the service.

Appreciation is extended to Halls Floral, Johnson Funeral Home and Pastor Terri Cuppett for support of this service.

For information contact Sanford Thief River Falls OB Department at 218-681-4240.

Honor Flight Benefit to be held in Crookston

Veterans of Foreign Wars Post 1902 and Disabled American Veterans Local 14, both based in Crookston, will hold an Honor Flight Benefit. The pancake breakfast, which is also supported by other organizations, will be held Sunday, May 5, from 8 a.m. to 1 p.m., at the Masonic Lodge, 112 W. Robert St., Crookston. A free will offering will be accepted. All proceeds benefit Honor Flight Grand Forks/Fargo.

The menu will include pancakes, French toast, waffles, sausage and fruit. Gluten-free options are available. Masonic Lodge 141, based in Crookston,



The golf and camping season has begun. Several golf carts were on display at the Home, Sport and Family Show April

20 and 21. The event was held in the Ralph Engelstad Arena and Huck Olson Memorial Civic Center.

Times for Toddlers ...

Teaching children to take care of things

Most parents have a goal of teaching their children to be responsible and to take care of themselves and their possessions. So then the question is how soon can we start working toward this goal.

As soon as children start to imitate their parents, they are able to begin in small ways to work toward this goal. Once again your example will be very important. Young children love to imitate. So if they see you hang your coat up very time you take it off, they will most likely want to hang theirs up. If they see you put magazines and all other reading material on a shelf (or some similar place), they will probably put their books on a shelf with little or no encouragement.

At first you will probably have to do a lot of encouraging and/or reminding. But it will be worth it in the long run. Here are some simple rules that you can teach your young child:

- Put away one toy (or activity) before you take out another.
- Books are for looking at, not writing in.
- Crayons or markers are used on paper, not on tables or walls.

When children have a clear understanding of where their toys or possessions belong, such as a toy shelf, box or closet, it is easier for them to clean up.

Instead of punishing children to put their toys away, watch how children

respond to suggestions that sound like a game, such as:

- How quickly can you put all the markers into the box?
- I'll pick up the cars while you pick up the trucks.

When parents pitch in and help kids clean up, not only does the job get done more quickly, but it teaches youngsters to help parents.

(Contributed by the Early Childhood Family Education Department of School District 564.)

SOMETHING TO TALK ABOUT

Be specific when talking to your young child. The statement, "Pick up your toys" is too vague. A young child may not know what you mean. Also if they have a big "mess," it may be too overwhelming. It's better to say, "Put all the books on the shelf." Then when that is complete, you can assign the next task.

(Contributed by the Early Childhood Family Education Department of School District 564.)

ACTIVITIES

Recycled Collectibles

There are many items that we use and throw away that could be saved for children's projects. The following is a list of items that can be saved for future activities. A box or a bag can serve as a convenient storage place.

Baby food containers, berry baskets, buttons, beans, cardboard, cotton balls, corks, coffee cans, egg cartons, fabric scraps, frost-

ing containers, greeting cards, juice cans, oatmeal boxes, old socks, pie pans, postcards, popsicle sticks, rocks, stamps (from magazine and holiday seals), six-pack holders, scoops from juice mixes, spice jars, spools, tubes from paper rolls, washers, wallpaper scraps, yarn.

These are just a few items that are worth saving and can have many uses. Remember, a clean disposable may be turned into a treasured collectible after your child's special touch has been added.

SCAVENGER HUNT

For next week's Activities Feature, you will need a container with a tight lid, salt, and whipping cream.

(Contributed by Discovery Place Early Learning Center.)

JOKE OF THE WEEK

Q: What do you call a crate full of ducks?

A: A box of quackers!

BOOK OF THE WEEK

There are thousands of books written for young children every year and many are available for you to borrow from a public library or can be purchased from a bookstore or online. Here are a couple of classic children's books that your family might enjoy:

Sanchez, Isidro. **Dragons and Prehistoric Monsters.** Presents instructions for making dragons, a wooly mammoth, prehistoric fish, and other creatures from materials such as plasticine, clay, plaster of paris, and

cardboard.

Micklethwait, Lucy. **I Spy a Lion: Animals in Art.** Here's a menagerie of animals and birds to be found in the world's great works of art...if only you LOOK!

VIDEO VARIETY

In addition to the books that are available for your family, there are also many movies and documentaries that may make you laugh and inspire you as well. Here is one classic choice: **Crazy Crafts: Jungle Animals.** Encourages creativity and language skills in children by first showing a story and then providing instructions on easy-to-make crafts based on the story using normal household items.

WONDERS OF THE WEB

The internet has long been available to supplement your parenting knowledge and skills. This is one web location that your family might enjoy: Thirty-five easy animal crafts for kids. <http://www.notimeforflashcards.com/2012/05/easy-animal-crafts-for-kids.html>

Remember that you can also visit the website of your local public library to find out more about local library services. Libraries in much of northwest Minnesota are listed on the Northwest Regional Library website: <http://www.nwrlib.org/>

(With assistance from the Thief River Falls Public Library.)

Positive Thoughts ...

Feeling so much better after a haircut



by Dan Bartsch

This week's column is something that always happens to me when I forget to do something. And that something that I sometimes forget to do is to call a hairstylist and get a haircut appointment.

You see, when I forget to call for a haircut appointment, my mop top of hair develops a power of its own and changes my name from Daniel to Danielle.

It never fails; I go to do some shopping at either Walmart or Hugo's with my long hair and one of the workers asks, "Can I help you ma'am?" I am not even miss, it's ma'am. So, I casually clear my throat, and say in a baritone voice, "Actually it's sir just so you know." No harm no foul, but it reminds me that I do need a haircut.

When I look in the mirror and I see that my hair is getting a little shaggy, I know I am not sporting a mullet. There is only one person I know of who can sport a mullet, and he goes onstage singing to everyone about his achy breaky heart.

When I was a kid, my mom would sit me down and sheep shear. I mean, she would cut my hair when it got long. My grandpa had a

full set of hair, and I know I got that gene.

When I was a kid, I was always talking and jumping up and down in my seat because the clippers made me itch. So, my mom told me to sit still and say nothing or I wouldn't get a peanut butter sandwich for lunch. She knew my weakness and I would sit still and remain quiet. I still do it today. When I get my haircut by the stylist I remain quiet and give one word answers. I learned my lesson.

I don't know about you, but after I get a haircut, I feel about two to three pounds lighter. When I get out of the chair after a cut, my name also goes back to being Daniel instead of Danielle, and my neck has a lot of less stress on it.

If it were only true that all you had to do to lose weight was to go to a place like Styles by Amy. Instead of asking how much off the top, they could ask how much do you need to lose today? I think about five to seven pounds would be great, so I tell them to give me a real short haircut, and trim my sideburns. There's fat hair there, too.

Well, I hope you have a wonderful week, and remember to tip your stylist when you get a haircut. I always give them extra to make me look normal.

Have a wonderful day, and, as always, God bless.

On the Other Hand ...

How to really learn that language



by Ayden Zinter

On the Other Hand is written by students attending Lincoln High School in Thief River Falls.

Have you ever wanted to learn a language? You may have downloaded a few apps, tried some online courses, or even taken a few classes. Oftentimes these efforts bear little fruit. Children, however, appear to learn languages effortlessly. Children are primed to learn the different phonemes (units of sound) of their native tongue from a young age. However, all hope is not lost if you are an adult. The important thing to keep in mind is that children learn almost entirely through immersion. This process is called language acquisition and happens continuously as we immerse in the language.

The easiest way to immerse ourselves is by watching YouTube videos or TV shows in the language you want to learn. Try to choose media that will be simpler to understand, while still engaging (I recommend Bluey!). Do not ever turn on the English subtitles. This will ruin your ability to immerse yourself in the language as you will only be reading the subtitles instead of trying to understand. You can also listen to podcasts or music in the language while you are doing chores or are driving.

Without subtitles, you might notice that you understand basically nothing. We learn more from immersion when we understand some of what we are hearing, we can understand more by adding more context. We do this by learning more about the language, especially the vocabulary. One way is to look up words you hear in a dictionary. This will require you to pay special attention to the rules behind how to read and write the language. You can use apps like Duolingo or Babbel for learning vocabulary and grammar, but I recommend using Language Transfer because the course gives you a more complete picture of how the language works and how people actually use it. It is important to keep in mind that these tools are not the way you learn the language, they

just make it easier. The way you learn is immersion.

Once you are able to understand a fair bit of the language, you can try reading. Reading is a very powerful form of input. The main benefit to reading is that you can stop and start and take as much time trying to understand as you could need. You can also combine reading with listening if you find audio that matches your reading material. If you can't find audio that goes with what you are reading, make sure to use a tool like forvo.com to find the native pronunciation of any words or phrases you are unsure about. Forvo is great because it crowdsources pronunciations from real people, allowing you to hear how a real native speaker pronounces the words.

Once you understand what people are saying, it doesn't take long to start speaking. Depending on the language, you are learning you can find people in your community to talk to. Otherwise you can use apps like HelloTalk or Tandem for finding conversation partners. If you aren't comfortable talking in the language yet, you can start by talking to yourself throughout your day or into a mirror. The important thing is to remember that no one is going to judge you for making an effort to learn their language.

Now that you understand that, even though you are over the age of 5, all hope is not lost, you can apply this knowledge to finally learn that language. Your experience in the world can make learning easier since you aren't starting from scratch. Remember that learning through immersion is really the only way to learn, but you can make it easier by learning more about the language. Duolingo probably won't make you fluent, but watching Bluey might!

Did You Know?

The number of bachelor's degrees awarded by colleges and universities has increased considerably in the 21st century. According to the National Center for Education Statistics, roughly 1.238 million bachelor's degrees were awarded by colleges and universities in 2000. By 2021, that figure had nearly doubled, reaching 2.066 million. The number of students who earned associate's and master's degrees also grew by considerable margins between 2000 and 2021, with each nearly doubling.

On the Other Hand ...

The road that lies ahead of me



by Brayden Spears

On the Other Hand is written by students attending Lincoln High School in Thief River Falls.

Finally, I did it. After four years of hard work and dedication, I will be accomplishing my life-long goal of graduating high school. It has been a long road that has seen many turns, obstacles, and bumps along the

way. But now that I have worked hard and gotten through it all, I have to ask myself: What's next?

Well, now that my high school career is coming to an end, it is time for me to carry onto the next chapter in my life. This next chapter for me is college. My plan for going to college is to major in business management while also minoring in coaching. Once I had my academic career chosen, all I had to do was see what colleges would want me for my athletic ability.

I have played many sports during my high school career, and I have loved every single one of them, but the one that has stood out the most to me is football.

Football gave me the opportunity to showcase my athletic abilities, many of which were enhanced by three other sports (hockey, soccer, and track). By being able to showcase my abilities on and off the field, many colleges started to notice me.

After a lot of time and a lot of talking with coaches from many different colleges, I came to the conclusion that I will be attending Minnesota State University Moorhead. After getting the news that I would be attending MSUM, my family was overjoyed and extremely excited for me. I had never felt so excited about a decision in my life.

After committing to MSUM to be one of the

kickers for their football team, I knew that I had made it. I tell myself every day, "I am going to be playing Division II football," and it never ceases to amaze me. That one sentence is something that most people will never get to experience. It is absolutely amazing that I will be able to experience it.

That's how the road is set up for now; things might change and happen. The only thing I know is that I am going to be going to a school that I love and playing a sport that I love even more. The thought of meeting new people and playing for a different type of team is truly exciting.

Popular college majors among today's students

College students' choice of majors can set them on a path toward rewarding and lucrative careers. Though a career may not be foremost on the minds of students as they graduate high school and inch closer to the start of college, choice of major merits consideration, even among students who have yet to receive their high school diplomas.

Many college students enroll in school as undeclared, while others may pick a major without realizing what it requires and which career path it might set them on. That might explain why it's so common for college students to switch majors. Though data indicating how many students switch

majors is somewhat dated, one study from the U.S. Department of Education indicated about one in five students changed their majors at least once while pursuing a bachelor's degree. With that in mind, students may want to consider some popular majors as they try to determine which path to take in college. According to the National Center for Education Statistics, more than half of the 2.1 million bachelor's degrees awarded at US colleges and universities in the 2020-21 school year were concentrated in six fields of study. In addition, the NCES reports that the following are the six most popular degrees from that academic year.

1. Business: Almost one in five bachelor's degrees awarded in 2020-21 were in the field of business.
2. Health professions: This field accounted for 13 percent of all bachelor's degrees awarded in 2020-21. Common specializations include health sciences, health care administration, nursing, and sports medicine.
3. Social sciences and history: NCES data indicates nearly one in 10 students majored in a social science in 2020-21. This includes specializations such as history, political science and sociology.
4. Engineering: Demand for engineers is expected to rise in the coming decades, and that should bode well

for the 126,000 students who earned bachelor's degrees in engineering in 2020-21.

5. Biological and biomedical sciences: Bachelor's degrees awarded in biological and biomedical sciences increased by 46 percent between the 2010-11 and 2020-21 school years.
6. Psychology: NCES data indicates degrees in psychology accounted for 6 percent of all bachelor's degrees awarded in 2020-21.

Choice of major is a significant decision for college students. Students are urged to discuss potential majors with their parents as they seek to lay the foundation for their professional futures.

Thomas Huot

Red Lake Falls - Thomas Huot of Red Lake Falls, passed away on Wednesday, April 17, 2024 at Hillcrest Senior Living in Red Lake Falls. Mass of Christian Burial

Julie Paquin, 72

Brooks - Julie Ann Paquin, 72, of Brooks, passed away on April 16, 2024, peacefully at home after a courageous battle with cancer, which she fought valiantly and without complaint.

Julie, the third child and oldest daughter of eight, was born on June 29, 1951, to Stanley Robert ("Bobby") and Phyllis Verona (née Reichenbach) Strom in Crookston. Julie was baptized at Kingo Lutheran Church, Fosston, and confirmed at Asphult Lutheran Church, rural McIntosh.

She grew up on a farm in Hill River Township, where she spent her childhood playing with her siblings and the neighborhood kids. This included doing things that all farm kids do, which consisted of chores (hauling wood was her least favorite), but they also built forts in the woods, made mud pies, went fishing, swimming, and enjoyed numerous family picnics. In her young life, she experienced a great deal of tragedy as she lost her father at the age of 15 as a result of a work accident and her brother, David, just over a year later due to a car-train accident. She then moved with her family to McIntosh and graduated from McIntosh High School in 1969.

Julie met Michael Paquin, and they were married on April 24, 1971, in Kole, Minnesota. They lived in the area for their entire lives, living on a small hobby farm for 50 years. To this union, three children were born: Michelle, Dusty, and Bekki.

Julie was an extremely dedicated, hard, and loyal worker in every job she held. She created life long friendships from her time at Arctic Cat, Moran's Supper Club, as a home health aide, and at DigiKey. However, the work she cherished most was her role as a creator and purveyor of handmade crafts, from delicate baby bonnets to cozy wool mittens. This was her true passion, and her legacy of hard work and creativity will forever inspire those who were fortunate enough to know her.

Julie found joy in the company of others, relishing coffee dates with friends and often making new acquaintances.

for Tom was held at 10:30 a.m. on Tuesday, April 23, 2024 at St. Joseph Catholic Church in Red Lake Falls. Burial will be held at St. Dorothy Catholic Cemetery at a later date. A00003B2024AP24

tances. She immersed herself in numerous hobbies, teaching herself the art of knitting and crocheting from the pages of a book, as well as embroidery and gardening. You could often find her searching for treasures at garage sales, and even the simple act of cleaning brought her contentment. Her adventurous spirit led her to the local casino and extended to her love for travel cherishing the memories made on family trips, most recently her unforgettable journey to Hawaii.

She was a proud member of the Olea American Legion Auxiliary as well as the Funeral Guild at St. Francis Xavier Catholic Church.

Julie was a very proud mother and grandmother, and she enjoyed nothing more than spending time with her children and grandchildren, talking to them on the phone, via FaceTime, or attending their many events whenever possible.

Survivors include her husband of just shy of 53 years, Michael, of Brooks; three children, Michelle (Steve) of Waconia, Dusty (significant other Jen Kline) of Annandale, and Bekki (Tracy) of Queen Creek, AZ; grandchildren, McKenzie Mack and Liam Brandt; significant other's children, Ty (Linnea) Kline and Taylor Kline; furry grandchildren, Minnie, Murphy and Axl.

Also surviving are five siblings, Joel (Connie) Strom of McIntosh, Dean (Gail) of McIntosh, Mary (Mark) Schmidt of Crookston, Beth (Tim) Fortin of Golden Valley, and Terry (Heidi) Strom of Erskine; sister-in-law, Vicki Strom of McIntosh; as well as numerous brothers-in-law, sisters-in-law, nieces, nephews, and cousins.

Julie was preceded in death by her parents; stepfather, Chester Jordet; brothers, Wayne and David; and niece, Natasha Strom.

Visitation will be from 5-7 p.m. on Friday, April 26, 2024, and a Prayer Service at 6:30 p.m. at Johnson Funeral Service in Thief River Falls.

Memorial Service will be at 11a.m. on Saturday, April 27, 2024, at Johnson Funeral Service in Thief River Falls.

Burial will be at a later date at Asphult Cemetery in rural McIntosh.

The family suggests donations to be given to the Asphult Cemetery Association or Trails to Treatments. A00003B2024AP24

Henry Linder, 82

Oklee - Henry Linder, Oklee, 82, passed away on Friday January 5, 2024 at Thief River Care Center, Thief River Falls.

The service to celebrate Henry's life will be on Saturday, April 27, 2024 at Johnson Funeral Service in Oklee, at 11 a.m. and will be

Cleta Ralph, 87

Oklee - Cleta Anna Ralph, of Oklee, passed away on Sunday, April 14, 2024 at Thief River Care Center in Thief River Falls.

Cleta Anna Ralph was born September 5, 1936 in Red Rock, OK, daughter of James Franklin and Mary Margaret (Warren) Raney. She was raised in Oklahoma where she graduated from Billings High School, Class of 1954.

On May 28, 1954, she was united in marriage to Robert Lee Ralph at Ceres Baptist Church in Red Rock, OK. The couple moved to Grafton, Iowa where daughters Debra and Jean and son Gary were born. The family moved to Rushford, where they farmed. In the fall of 1976, they moved to Oklee, where they farmed.

Cleta worked at Third Base in Brooks for several years.

Cleta enjoyed painting, music and decorating cakes. Cleta is survived by her

led by Henry's friend, Ronald E. Skallet. Burial will follow at Salem Cemetery, Oklee, with military honors provided by the Oklee Honor Guard and Minnesota Army National Guard Honor Guard. Condolences may be sent to www.johnsonfuneralservice.com. A00003B2024AP24

daughters, Debra (Jeff) Lansdowne of Elgin, and Jean Healy of Red Lake Falls; daughter-in-law, Sherry Ralph of Thief River Falls; grandchildren, Blair (Alicia) Jameson, James (Jusoon) Lansdowne, Jessica Lansdowne, Allison Healy, Megan (Brennan Theisen) Healy, Joshua (Joni) Kappes, Sydney Ralph; great-grandchildren, Logan Jameson, Elizabeth Jameson, Noelle Lansdowne, McKenna Fradet, Jack Theisen, Jaden Kappes, Jude Kappes; brother, Tom (Dee) Raney of Oklahoma; along with several nieces and nephews.

Cleta is preceded in death by her husband, Robert Ralph; son, Gary Ralph; son-in-law, Alan Healy; siblings, Olive Hellar, James Raney, Mildred Shearer, John Raney, and Guy Raney.

Memorial service for Cleta will be held at 2 p.m. on Saturday, May 4, 2024 at Salem Lutheran Church near Oklee, with Reverend Linda Molitor officiating.

Burial will be held at Clearwater Cemetery, rural Oklee.

Visitation will be held one hour prior to the service at the church. A00003B2024AP24

Sewing Camp Series class being offered

It is going to be the best summer ever at Tonnabells with Thief River Falls Community Education. Sewing camps will be offered all summer long ... all materials provided. These classes are designed with the new or beginner "sewista" in mind.

Sewing Camp 101 Part 1

In this class, students will learn about the sewing machine, sewing safety, learn how to use an iron, practice sewing straight lines, and will sew a travel kleenex case with a pocket for hand sanitizer or chapstick. Class size is limited to four per section.

It will be offered on Tuesday, June 25, from 10:30 a.m.-12 p.m. Tuesday, June 25 from 1-2:30 p.m. Tuesday, June 25; 3-4:30 p.m.

Part 2 In Part 2, students will emphasize more sewing

safety. The project will be a lanyard. Class size is limited to four per section.

It will be offered: Wednesday, June 26, from 10:30 a.m.-12 p.m.

Wednesday, June 26, from 1-2:30 p.m.

Wednesday, June 26, from 3-4:30 p.m.

Part 3

In Part 3, students will build on their lessons from Tuesday and Wednesday and sew a summery mini-runner. Assorted fabrics will be available. Class size is limited to four per section.

The class will be offered: Thursday, June 27, from 10:30 a.m.-12 p.m.

Thursday, June 27, from 1-2:30 p.m.

Thursday, June 27, from 3-4:30 p.m.

The cost is \$25, and it will be at Tonnabells, and taught by Pam Anderson.

Register at www.trf.reg.eleyo.com.

Angela Klemz, 56

Thief River Falls - Angela "Angie" Joy Geddes Klemz, 56, of Thief River Falls, passed away on Monday, April 15, 2024, at Vibra Hospital inside Sanford Medical Center in West Fargo, ND.

A Celebration of Life will be held on Saturday, April 27, 2024, at the St. Hilaire Community Center.

Visitation will begin at 11 a.m. with a service at 11:30 a.m. A00003B2024AP24

Junior Golf being offered

The Junior Golf program offered in Thief River Falls is a great way to learn how to play golf. Student golfers are encouraged to bring clubs each week. There will be some clubs for students to use.

The program includes lessons, range balls, a mini tournament and picnic on June 30.

Class size is limited to 20 students per group. To receive messages via text with schedule changes, text @24jgolf to 81010. Age groups are flexible to help accommodate a child's schedule, but stated ages

preferred.

The program is offered Mondays, Tuesdays, and Thursdays June 10, 11, 13, 17, 18, 20, 24, 25, and 27.

Choose from the following sessions:

- 7-8 year olds: 8-8:45 a.m.
- 9-10 year olds: 8:45-9:30 a.m.
- 11-13 year olds: 9:30-10:15 a.m.

The cost is \$69, and it will be taught at the Thief River Golf Club by Tim Magnusson and Lauren Johnson.

Register at www.trf.reg.eleyo.com.

Summer Strength Training program being offered

A Franklin Middle School Summer Strength Training Program will be available to youngsters this summer through the Community Education Department of School District 564.

The Franklin Middle School strength training, plyometric, agility, flexibility, and speed improvement program is of most importance to student athletes.

Instructors use the H.I.I.T. (High Intensity Interval Training) training program because they feel this program meets the needs of student athletes. It's a total body program that gives student athletes a chance to develop a better physical and psychological body. Students will not be lifting heavy weights or

doing any maxing out on any lift, rather they will be using mostly body weight exercises for the first half hour and for the second half hour we will spend time going over proper technique to prepare them for specific lifts when they get to LHS. Class size is limited to 20 students per session.

It will be offered Tuesdays, Wednesdays, Thursdays June 4-Aug.2 (No class June 19 and July 2-4.)

Students should choose from the following sessions: 8-9 a.m.; 9-10 a.m.; and 10-11 a.m. It costs \$89, and is located in the Franklin Middle School weight room. Register at www.trf.reg.eleyo.com.

Intro to Digital Art camp being offered in TRF

In this camp for students grades 3-8, participants will dive into the captivating world of creativity and technology at the Intro to Digital Art summer camp.

This immersive three-day program combines hands-on learning with engaging digital tools, offering a dynamic journey into digital art. Students will explore the fundamentals of digital drawing and apply what they learn to an exciting real world application.

Through a partnership with No Grit No Pearl, students will be able to get their favorite design printed

on a canvas or T-shirt, which will get shipped to their house after the camp.

Intro to Digital Art is the perfect blend of fun, skill development, and boundless imagination, providing young artists with the tools and confidence to bring their visions to life. Class size is limited to 20.

It will be offered August 19-21, from 1-4 p.m. It costs \$109, will be at Challenger Elementary School and taught by Ryan Swanson. Register at www.trf.reg.eleyo.com.

Intro to Game Design being offered to youth

In this class being offered to students in grades 3-8, trained instructors will teach students how to program their own video games using an engaging program called Kodu. They will create their own world, populate it with characters, and then play the games they create during class.

Students will learn important programming skills while having tons of fun. No prior experience needed. Class size is limited to 20.

The class will be offered July 15-17, from 1-4 p.m. It costs \$89, and will be located at Challenger Elementary School. The instructor will be Ryan Swanson. Register at www.trf.reg.eleyo.com.

T.H.E. BUS ROUTES & SCHEDULES

Tri-Valley Heartland Express

Ride reservations must be scheduled by 3 p.m. the day prior to the trip. Call 800-201-3432.

PENNINGTON COUNTY

Grand Forks: 1st, 3rd, 5th - Tuesday
Thief River Falls: 3rd - Wednesday

RED LAKE COUNTY

Crookston: 1st, 5th - Wednesday
Bemidji: 2nd, 4th - Friday
Thief River Falls: Tuesday and Thursday
Countywide: Monday and Wednesday

POLK COUNTY

Grand Forks: 1st, 3rd, 5th - Monday
Fargo: 2nd, 4th - Monday
Crookston: 1st, 5th - Wednesday
Bemidji: 2nd, 4th - Friday

KITTSOON COUNTY

Countywide: 9 a.m. to 2:30 p.m. - 2nd, 4th - Wednesday
Thief River Falls: 3rd - Wednesday

MARSHALL COUNTY

Countywide: 9 a.m. to 2:30 p.m. - Tuesday
Grand Forks: 1st, 3rd, 5th - Tuesday



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Battle Drones class offered to area youth

Battle Drones, for students in grades 3-8, features an exciting combination of aerial acrobatics with an engineering design challenge that will teach students STEM concepts, teamwork, and how to skillfully fly a drone. In the class being offered through the Community Education Department of School District 564, Thief River Falls, teams of students will build robotic launchers designed to fling projectiles at their opponents' drones.

Students will be guided by experienced camp instructors in how to construct their launchers to maximize projectile speed and accuracy. The camp will culminate in an epic battle where students will need to pilot their drones to safety by dodging opponent projectiles while using their own launchers to take down opponent drones.

Class size is limited to

Rental of the swimming pool is available

Schedule rentals of the Franklin Middle School swimming pool with Molly Halsa by calling 681-8065.

The pool is available for rent on Saturdays and Sundays from 10 a.m.-1 p.m. or 4-6 p.m. (or during the week when not in use). The cost is \$75 per hour.

A trip down memory lane ~ 1984



TOP FINISHERS at the Pepsi Thief River Falls Racquetball Club tournament completed included, front row left to right, Dean Dokkin, Class C winner; Ron LeBlanc, Class B third place; Leo Roberto, Class B winner; and Jim Vigness, Class C third place; back row, left to right, Kurt Klosterman, Class B runner-up; Troy Armstrong, Class A runner-up; Jeff Wiltse, Class A winner; Chris Helle, Class A third place; and Dale Nelson, Class C runner-up.



Cindy Baldwin, astrologer, conducted a class in astrology Saturday, April 20, at the Home, Sport and Family Show. Over 170 vendors participated in the event, which was at the Ralph Engelstad Arena and Huck Olson Memorial Civic Center April 20 and 21.

Shelby Potkin, MD, offering outreach at Sanford Health TRF Eye Center & Optical

Dr. Shelby Potkin, an ophthalmologist, is now offering outreach at the Sanford Health Thief River Falls Eye Center & Optical, 1720 Highway 59 S, in Thief River Falls.

Dr. Potkin administers retina injections while in Thief River Falls on the second Monday of each month. Retina injections treat diabetic retinopathy, macular degeneration (AMD), and retinal vein occlusion, among other conditions.

Dr. Potkin attended medical school at Oakland University William Beaumont

School of Medicine, Rochester, Mich. She later completed her residency in ophthalmology at Tulane University in New Orleans, La.

When asked of her idea of care, she shared, “I believe health care is a team effort. I work with patients to provide individualized treatment plans and empower them to make informed decisions about their health.”

To schedule an appointment with Dr. Potkin or to learn more, call (218) 333-2020.

Register now for U of M Extension Cover Crop Academy

by Liz Stahl, Extension Educator - Crops, Phyllis Bongard, Educational Content Development & Communications Specialist, and Anna Cates, Extension Specialist in Soil Health

Register now to reserve your spot with the University of Minnesota Cover Crop Academy. This new, innovative program is a hybrid, year-long, statewide course designed for those who work with farmers including crop advisors, consultants, educators, agency personnel, agronomists, ag lenders, and personnel at non-profits, soil and water conservation districts (SWCD) and Natural Resources Conservation Service (NRCS) offices.

This unique opportunity will take a deep dive into cover crops and will be tailored to Minnesota cropping systems and conditions. We will address the challenges and opportunities associated with using cover crops in Minnesota and attendees will be able to participate in research trials members develop to help address some of the unknowns around cover crops.

The academy will kick off with in-person meetings at the Research and Outreach Centers (ROC) in Lamberton, Waseca, and Crookston in June 2024 (attend the site nearest to you). You will visit cover crop research plots and learn about what is and is not working in your region. Topics will include developing a cover crop plan, weed management and cover crop termination best practices, soil fertility considerations, avoiding cash crop issues, and getting started with cover crops. Bi-monthly online webinars that dive deep into cover crop topics will follow. The Academy will wrap up in May 2025 with a final in-person session where you will be able to see results from trials you helped develop as an attendee.

All Academy attendees should leave with an expanded knowledge base and

toolkit to help in cover crop implementation along with a peer network of cover crop advisors. CEUs will be applied for, primarily in the soil and water, nutrient management, and pest management categories.

There is only a nominal fee to participate in the UMN Extension Cover Crop Academy, thanks to our program sponsors. For more details and to register, go to <https://z.umn.edu/CCA-cademy>. Register by June 1, 2024, to reserve your spot for one of three locations: Waseca, Crookston, or Lamberton. Registration is limited, and will be filled on a first-come, first-served basis. Note, all attendees are expected to participate in the entire program, and certificates of completion will be awarded at the final session.

This program is brought to you by University of Minnesota Extension, with support from the Minnesota Natural Resources Conservation Service and General Mills.

MCC High School graduation to be held May 18

Marshall County High School in Newfolds will hold its 107th annual commencement ceremony Saturday, May 18 at 2 p.m. in the MCC High School gym.

The 36 graduates include Braxton Anderson, Trinity Audette*, Kaydence Augustine**, Halle Baldwin**, Carsten Benitt, Katie Bevington*, Hannah Bjorgaard**, Isaiah Comstock**, Brinli Davidson*, Luke Fillmore, Rylie Fredrickson**, Layla Grove*, Tessa Hoglo, Brooklyn Holmestad*, Lily Holthusen*, Brooke Jerome**, Beau Johnson, Levi Johnson, Brianna King*, Gavin Klemmetsen, Cade Knutsen*, Morgan Kuznia,



Arctic Cat displayed snowmobiles and four-wheelers at the Home, Sport and Family Show in Thief River Falls. Over 170 vendors participated in the event, which was at the Ralph

Engelstad Arena and Huck Olson Memorial Civic Center April 20 and 21.



Living Life Sparkly sells gluten-free desserts. They were at the Home, Sport and Family Show in Thief River Falls Saturday and Sunday, April 20 and 21. Over 170 vendors partic-

ipated in the event, which was at the Ralph Engelstad Arena and Huck Olson Memorial Civic Center.

Knights begin Tootsie Roll Drive

Knights of Columbus Council #4619 will be at Hugo's and Falls Liquor on Friday, April 26 and Saturday, April 27, starting at 10 a.m., for its Tootsie Roll Drive.

Members of the Knights of Columbus do a great deal to assist people with intellectual disabilities. One of the most popular programs conducted by the council for the benefit of people with intellectual disabilities is when it collects donations outside stores and churches. In appreciation, the donor is often given a tootsie roll. The high visibility of this program has led to the campaign being referred to as the Tootsie Roll Drive.

Last year's donations totaled more than \$3,500 and were distributed to Falls Diverse Abilities Corporation, the Occupational Development Center Prairie Community Services, Special Olympics in Thief River Falls, and the Minnesota State Bowling Tournament for Special Olympics. Over the past 20 years, through the public's donations, the council continues to support these organizations to improve the quality of life for people with intellectual disabilities.

If you would like to make a donation and can't make it to one of these locations, contact Robert Buresh at 218-686-0245 for alternate options.

Facility available to non-profit organizations and service groups free of charge.

WEDNESDAY, APRIL 24 HAPPY HOUR 4-6 p.m. • BINGO 5 p.m.
THURSDAY, APRIL 25 HAPPY HOUR 4-6 p.m. • BINGO 5 p.m. GENTLEMEN'S NIGHT - Happy Hour All Day for Men
FRIDAY, APRIL 26 HAPPY HOUR 4-6 p.m. BINGO 5 p.m. FREE JUKEBOX 8 p.m. - Close
SATURDAY, APRIL 27 BINGO 5 p.m.
SUNDAY, APRIL 28 BINGO 1 p.m.
TUESDAY, APRIL 30 HAPPY HOUR 4-6 p.m. LADIES NIGHT - Happy Hour All Day for Women

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Thank you to the
Visitors & Vendors
for attending the
Home, Sport &
Family Show.
Your support is
greatly appreciated

See You
April 12- 13,
2025!



Help is available for Minnesota
producers facing times of stress

For Minnesota farmers and livestock producers experiencing times of stress due to business and financial challenges, the Minnesota Department of Agriculture (MDA) offers a reminder of free, confidential tools that are available to help.

"From low commodity prices and extreme weather to continued threats like highly pathogenic avian influenza (HPAI), Minnesota's farmers and their families face a wide range of unique stressors that can have ripple effects in all areas of life," said Minnesota Agriculture Commissioner Thom Petersen. "You do not have to navigate times of hardship on your own. I encourage farmers and their families to make use of the MDA's resources designed to support you."

The Minnesota Farm and Rural Helpline is open to anyone who is struggling with stress, anxiety, or depression. Calls are answered 24/7 by trained counselors who can lend a

listening ear or connect you with help for business, financial, or legal problems. Call 833-600-2670 or text "FARMSTRESS" to 989211 to get started.

If you or someone you know is dealing with a crisis caused by either a natural disaster or financial problems, contact one of the MDA's nine Farm Advocates. They know all about agricultural lending practices, mediation, lender negotiation, farm programs, crisis counseling, disaster programs, and to recognize the need for legal and/or social services.

Minnesota also has Ted Matthews and Monica McConkey, experienced, ag-focused mental health providers who offer confidential counseling services at no cost to farm individuals, couples, or families anywhere in the state. Sessions can take place in person, on Zoom, or over the phone, and insurance is not needed. They have helped hundreds of Minnesota farmers and farm family members over the years.

For financial assistance, the Rural Finance Authority (RFA) provides a variety of low-interest loans, including one for disaster relief. The MDA also posts a number of grant opportunities throughout the year, such as the AGRI Livestock Investment Grant, which can help improve, update, and modernize livestock operation infrastructure and equipment.

Specific to dairy farms, Dairy Business Planning Grants cover 50% of your cost to hire a qualified, independent third party to create a business plan for your operation or test for stray voltage. Dairy Profit Teams provide planning and problem-solving services throughout Minnesota.

To learn more about all of the state resources that are available to help in times of stress, visit www.minnesotafarmstress.com, or contact the Minnesota Farm and Rural Helpline at 833-600-2670 or by texting "FARMSTRESS" to 989211.

Fischbach introduces Stop Executive Overreach

This week, Congresswoman Michelle Fischbach (MN-07) introduced H.R. 7983, the Stop Executive Overreach on Trade Agreements Act, which passed through the Ways and Means Committee today with a (25-16) vote.

"The Biden administration has been bypassing congressional authority and as a result they are making flimsy, band-aid agreements that hurt our economic security, our national security, and the taxpayers' wallets," said Fischbach. "My bill returns authority back to Congress where it belongs. It incentivizes domestic producers, strengthens thoughtful trade partnerships, and saves taxpayers \$109 million. I am grateful to my colleagues for supporting this common-sense legislation."

Chairman Jason Smith said, "The Biden administration must not be allowed

to continue sidestepping Congress with fake, ad hoc critical mineral agreements that have no legislative support or enforceability. This legislation stops the executive branch from overstepping and makes clear that the only trade agreements that qualify for the Inflation Reduction Act's domestic sourcing requirement are those approved by Congress. I am thankful to Rep. Fischbach for introducing this legislation."

Background: The Biden administration rushed to pass the Inflation Reduction Act and now House Republicans are having to manage the repercussions. This legislation required critical minerals in electric vehicles be sourced domestically or from a Free Trade Agreement (FTA) partner in order to qualify for its generous electric vehicle tax credit. However, the administration has

found these requirements too constraining and chosen to bypass congressional authority. Instead of making thoughtful, enforceable, and congressionally-ratified trade agreements, they are making short-sighted agreements to cover their short-sighted plan and it is discouraging both domestic development as well as meaningful international partnerships. The Stop Executive Overreach on Trade Agreements Act clearly defines FTA and only allows minerals sourced domestically or by FTA partners to benefit from the tax credit. This will incentivize the mining and processing of critical minerals here at home, open foreign markets to American-made products and U.S. agriculture, and save taxpayers \$109 million.

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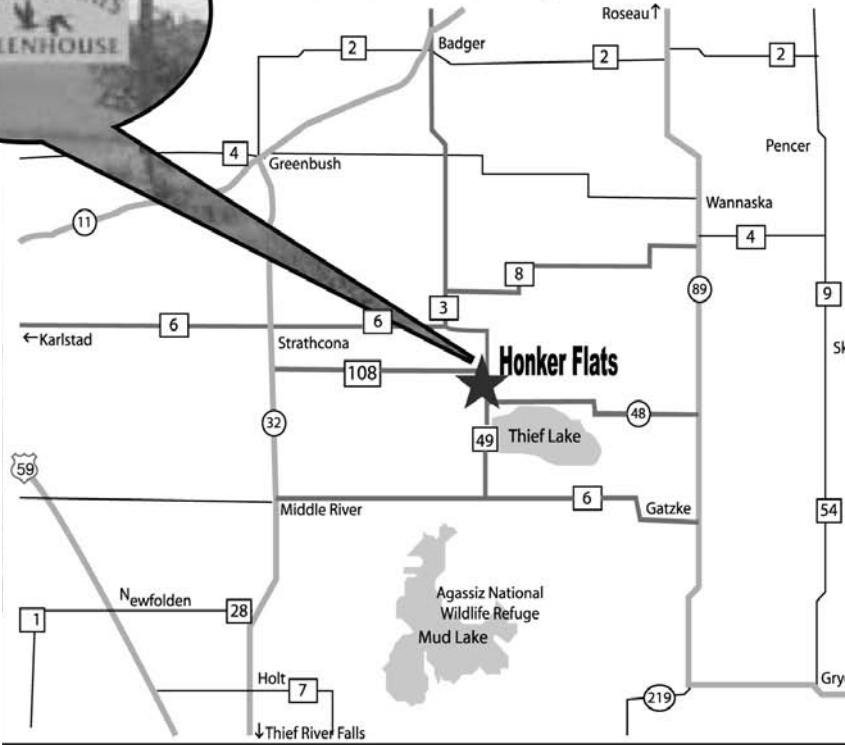


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FROM HIGHWAY 89
11 miles west on Marshall Co. 48

FROM BADGER
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FROM KARLSTAD
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FROM WANNASKA
2 miles south on State Hwy. #89. West on Roseau Co. #8 to Roseau Co. #3, 2 miles south, 2 miles east and 2 miles south on Roseau Co. #3. continue 3/4 mile south on Marshall Co. #49 - Pavement all the way



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Wednesday, April 24, 2024

Administrative Professionals Day

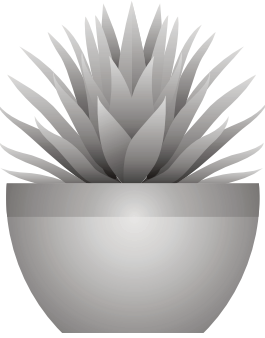
Show administrative professionals they are appreciated



Business owners and bosses and high-level executives may have their names on placards or monogrammed stationery, but the most successful businesses tend to be those in which the entire staff, from the company president to administrative professionals and so on, works together.

Administrative professionals, sometimes referred to as “admins,” handle everything from spreadsheet generation to PowerPoint presentations to preparing schedules. Admins are often the unsung heroes of the workplace, and while they may not receive much fanfare, without the continued efforts of admins, businesses may grind to a halt.

In recognition of the roles they play, administrative professionals have been honored during a special week each April for over 60 years. Once called Secretaries Day during its inception in 1952, the holiday was later expanded and the name changed to incorporate all of the employees who play pivotal administrative rolls in companies big and small.



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A groundbreaking ceremony was held Thursday, April 18 for the future Newfolden impoundment. Representatives of the City of Newfolden, Middle-Snake-Tamarac Rivers Watershed District, Red River Watershed Management

Board, Minnesota Department of Natural Resources, HDR Engineering and Davidson Construction gathered for the ceremony.

Phase II of Newfolden project begins/Continued

(Continued from Page 1) Department of Transportation and Canadian Pacific Kansas City. Phase I of the project, completed in June, included the installation of a railroad bridge in Newfolden. Downstream of the bridge are three box culverts replaced about three years ago by MnDOT. The box culverts were sized with this project in mind. Phase II kicked off Thursday with the ground-

breaking ceremony for the impoundment, which will span about 400 acres and hold about 2,000 acre-feet of water. The impoundment will divert the water from JD 21 and fill several parcels in the impoundment. The water will be discharged back into JD 21 once flooding has subsided downstream. Davidson Construction was awarded the bid, which was about \$6.5 million. The impoundment will

feature exterior and interior ditching, a diversion channel, and a couple large box culverts feeding water into and out of the impoundment. "Full completion of the impoundment is set to be June 15, 2025; however, in 2025, there will be minor construction left to be done," said Maher. "All of the impoundment and structures will be complete in 2024. We will only connect the inlet channel to the impoundment in 2025 to

buy some time for the vegetation to grow on the dikes of the impoundment." The partners are looking forward to the completion of the project. Bill Petersen, president of the MSTR Watershed District Board, noted the teamwork required to accomplish such an achievement. He indicated that one would realize the need for such a project if they had to leave their homes in the middle of the night due to flooding.

City commits \$800,000 to Chief's Coulee project/Continued

(Continued from Page 1) underground utilities from First to Mussey streets. Bids are set to be opened in May. The city also plans a reconstruction project along First Street; however, that project would be federally funded. As part of separate resolutions, the council approved various matters related to the

Pennington County Fair, July 17-21. Those matters included a parade application, a fireworks display permit and temporary on-sale liquor permits. The council met in closed session for about an hour and 15 minutes to discuss a mediator's settlement proposal. The proposal related to a wastewater force main construction project. After reopening

the meeting, the council took no action on the matter. The council reminded the public about the Pennington County Clean Up Day, which will be held Saturday, May 4. It will be held from 8 a.m. to 12 p.m. at Les's Sanitation, 1345 Hwy. 32 S., Thief River Falls. Junk may be brought to that location for disposal for free. Regular

rates apply for specialty waste such as tires, fluorescent bulbs and items containing mercury or freon. Council member Mike Lorenson encouraged the public to notify the Electric Department of inoperable or downed streetlights. If the streetlight has a yellow ribbon, the department already knows about the issue. The Electric Department may be reached at 218-681-5816. When calling, provide the number on the side of the streetlight. The next council meeting is scheduled Tuesday, May 7 at 5:30 p.m. at City Hall.

Governor Walz secures \$16 million for highway safety projects

Gov. Tim Walz announced that Minnesota secured \$16 million in federal funding to improve safety on Highway 11 near Loman and I-94 between Moorhead and Alexandria. The funding comes from President Biden's Infrastructure Investment and Jobs Act. "This funding will help us address critical repair and maintenance needs on our highways and improve safety for all Minnesotans who rely on them," said Governor Walz. "Once again, President Biden's Infrastructure Investment and Jobs Act is delivering for Minnesotans and improving our infrastructure." "Today's announcement is great news for all Minnesotans. The federal funds will assist us in continuing with our goal of finding innovative ways to

improve safety for all Minnesotans," said Minnesota Department of Transportation Commissioner Nancy Dubenberger. "Recognizing the impact climate change has on transportation infrastructure is critical to address current and future resiliency needs." MnDOT will receive \$2.5 million to address two critical slope failures that threaten to close portions of Highway 11 along the Rainy River, which is a critical regional lifeline. Without this project, MnDOT would have needed to close the road to all vehicles, including emergency services, resulting in a 126-mile detour. MnDOT will also receive \$13.7 million to install 24 snow fences along I-94 from Moorhead to Alexandria. This snow fence program is

an innovative adaptation to Minnesota's winter weather, with the snow fences stopping much of the snow from blowing on to the roadway. The project will mitigate the worst snow traps along the I-94 corridor, improving safety, reducing wintertime maintenance needs, and improving reliability of the heavily traveled and economically vital corridor. The grants come from the U.S. Department of Transportation's Promoting Resilient Operations for Transformative, Efficient, and Cost-Saving Transportation (PROTECT) program, which is part of the Infrastructure Investment and Jobs Act passed by the United States Congress and signed into law by President Joe Biden in 2021.

Register for summer swim classes

Get ready for summer by taking swimming classes. Swimming lessons are \$70. Private lessons are \$100 per child. Latchkey and Discovery Place registration is open until May 19 only. **SESSION 1 (June 3-7, 10-14)** Morning session: Levels 1, 2, from 9-9:45 a.m.; Level 2, 3 from 10-10:45 a.m. Level Preschool from 11-11:30 a.m.; Level 1 from 11-11:45 a.m.; Levels 3, 4/5/6 from 12-12:45 p.m. Evening session: Levels 1, 2 from 4:30-5:15 p.m.; Levels 3, 4/5/6 from 5:15-5:45 p.m. **SESSION 2 (June 17-21, 24-28 (no class June 19))** Morning session: Levels Preschool, Parent/Child from 9-9:30 a.m.; Levels 1, 4/5/6 from 10-10:45 a.m.; Levels 3, 4 from 11-11:45 a.m.; Levels 2, 3 from 12-12:45 p.m. Evening session: Levels 1, 2 from 4:30-5:15 p.m.; Levels 3, 4/5/6 from 5:15-5:45 p.m. **SESSION 3 (July 8-12, 15-19)** Morning session: Levels 1, 2 from 9-9:45 a.m.; Levels 3, 4 from 10-10:45 a.m.; Level 1 from 11-11:45 a.m.; Levels 2, 3 from 12-12:45 p.m. Evening session: Levels 1, 2 from 4:30-5:15 p.m.; Levels 3, 4/5/6 from 5:15-5:45 p.m. **SESSION 4 (July 22-26, July 29-Aug. 2)** Morning session: Levels 2, 3 from 9-9:45 a.m.; Level Preschool from 10-10:30 a.m.; Level 3 from 10-10:45 a.m.; Levels 1, 2 from 11-11:45 a.m.; Levels 1, 4/5/6 from 12-12:45 p.m. Evening session: Level Preschool from 4:30-5 p.m.; Level 1 from 4:30-5:15 p.m.; Level 2, 3 from 5:15-6 p.m.

Morning session: Latchkey, Levels 1, 3 from 9-9:45 a.m. \$75; Latchkey, Levels 2, 4 from 10-10:45 a.m. \$75; Levels 3, 4/5/6 from 11-11:45 a.m.; Level 1 from 12-12:45 p.m.; Level Preschool from 12-12:30 p.m. Evening session: Levels 2, 3 from 4:30-5:15 p.m.; Level 1 from 5:15-6 p.m.; Level Preschool from 5:15-5:45 p.m. **SESSION 4 (July 22-26, July 29-Aug. 2)** Morning session: Levels 2, 3 from 9-9:45 a.m.; Level Preschool from 10-10:30 a.m.; Level 3 from 10-10:45 a.m.; Levels 1, 2 from 11-11:45 a.m.; Levels 1, 4/5/6 from 12-12:45 p.m. Evening session: Level Preschool from 4:30-5 p.m.; Level 1 from 4:30-5:15 p.m.; Level 2, 3 from 5:15-6 p.m.

Private swim lessons offered

Private swimming lessons through the Community Education Department of School District 564, Thief River Falls, are available upon request. Select a class/instructor and they will contact you to schedule

Lap Swimming

Lap swimming at the Franklin Middle School swimming pool will be available this summer on Mondays, Wednesdays, and Fridays, from 6-7:30 a.m.; and Mondays through Thursdays from 6 to 7 p.m. The cost for adults is \$5, and children \$4, or a Franklin Pool Pass.

Open Swimming

Open swimming is available at the Franklin Middle School swimming pool this summer Mondays through Thursdays from 1-4 p.m. and 7-9 p.m. It is also available Fridays and Sundays from 1-4 p.m.; and Saturdays from 1-4 p.m. and 6-8 p.m. The cost is \$5 for adults \$4 for children or a Franklin Pool Pass.

the lesson. 10 lessons for 30 minutes each. The instructors are: Christine Bjornstad, Molly Halsas, and Arnie Reilly. The cost is \$100. All classes will be at the Franklin Middle School Swimming Pool.

Community band and jazz band plan for concert

Bands host spring concert April 30 at Northland theater

The Northland Community Band and Northern Jazz will perform a Spring Band Concert on Tuesday, April 30, 2024, inviting the community to enjoy an evening of musical performances starting at 7 p.m. in the Northland Community and Technical College Theater in Thief River Falls. The concert will feature a variety of musical selections showcasing the talents of community instrumentalists. The Northern Jazz will kick off the performance with four distinct pieces. They will begin with a blues-inspired shuffle featuring a saxophone solo titled "Groovin' Hard." The tempo will then slow down for a chorale-like rendition of "America the Beautiful." Next, the band will perform the well-known theme song

from the classic cartoon "Pink Panther." Finally, they will close their set with "Birdland," a jazz rock group Weather Report's original recording. The Northland Community Band is set to perform a range of musical pieces, including "Abbey Road: A Symphonic Portrait," "The Phantom Regiment" and "Fiddle-Fiddle" by Leroy Anderson. They will also play "Lights Out," a piece with a pre-recorded soundscape, as well as the familiar "Flower Duet" from Lakmé. The performance will conclude with "Quad City Stomp." General admission seating for the concert will begin at 6:30 p.m. Admission is \$5, and the concert is free of charge for Northland employees and students. For more information, contact Linda Samuelson, music instructor, at 218-683-8717 or by email at linda.samuelson@northlandcollege.edu.

City supports apartment funding request/Continued

(Continued from Page 1) Council member Jason Aarestad noted that the request should have gone first to the Public Safety/Liquor Committee, but the state needs 30 days in order to grant the request. Mayor Brian Holmer said the Legion should be sent a letter, again reminding it of the state deadlines. Aarestad noted that Legion would have been out of luck had the council not already scheduled this special council meeting for the Edge Housing project. Council member Michele McCraw suggested starting an expediency fee for temporary intoxicating liquor licenses. "We keep talking to the public," said McCraw.

"We keep, you know, pushing to get things in sooner and nothing's changing." City Attorney Delray Sparby advised against an expediency fee, saying it may encourage applicants to turn their applications in closer to the state deadline.



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TRF Softball

Prowlers get two wins at home triangular

Thief River Falls picked up a pair of wins over Detroit Lakes and Bemidji during a frigid afternoon of softball on Thursday, April 18.

The Prowlers defeated the Lakers 17-4 in the opening game, and they ended the afternoon with a 7-4 win over Bemidji. Bemidji defeated Detroit Lakes 18-0 in the middle game of the triangular.

“We still had some errors we need to clean up but we hit the ball well to secure those wins,” said Head Coach Kindra Poissant. “The day was definitely cold, but the girls never complained. They blocked out the cold, didn’t let it get to them mentally and played a few solid games.”

The gametime temperature on Thursday was in the high 30s, with 30 mile-per-hour winds from the northwest. Despite the chilly weather, the Prowlers came out swinging hot bats against the Lakers. The hosts collected 19 hits, including four doubles against Detroit Lakes starter Sydney Borgmann.

The Prowlers plated a pair of runs in the bottom of the first but found themselves trailing 3-2 when they came to bat in the bottom of the second. The Prowlers regained the lead in the bottom of the second and broke the game open with seven runs in the bottom of the third.

Leadoff hitter Sophia Kraemer led the charge in game one, going 4-for-4 with a double, four runs scored, and a pair of runs batted in.

Kora Sorter and Piper Greene collected three hits each. Sorter went 3-for-3, with a walk, two runs and two RBI. Greene also went 3-for-3 with a double, a run and three runs batted in.



Thief River Falls sophomore Braylee Wieneen slides into home ahead of the tag attempt by a Detroit Lakes catcher. Wieneen 2-for-3, batted in a pair of runs and scored two more in the Prowlers’ 17-4 win over the Lakers.

After surrendering three runs in the second, Thief River Falls’ game one starter, Olivia Tougas, settled in and quieted the Lakers’ bats to pick up the win. She allowed four runs (three earned) on four hits and she struck out three batters.

The Prowlers started fast in game two. Kraemer led off the game with a bunt single. She stole second and scored on a bunt single by number two hitter Braylee Wieneen. Wieneen advanced to second on a single up the middle by number three hitter Carlie Rogalla, and moved to third

on a single by Sorter that loaded the bases. Both Wieneen and Rogalla would come around to score on a two-RBI single by Greene that made the score 3-0 in favor of the Prowlers.

The Prowlers added to their lead in the next four innings to go in front 7-0. In the second, Kraemer led off with a single, stole second, advanced to third on a groundout and scored on a single by Rogalla.

Tougas scored the only run of the third inning for the Prowlers. She drew a four-pitch walk to lead off the in-

ning, moved to second on a single by Sophia Tougas, and later scored on an RBI groundout by Wieneen.

After flying out in her first two at-bats, Liza Bjerklie led off the fourth inning with a double. She advanced to third on a single by Sorter and scored on an RBI double by Greene.

Much like the previous four innings, the Prowlers got their leadoff hitter on base again in the fifth inning. For the third time in five innings, it was Kraemer who led off the inning with a hit. Kraemer stole both second

and third during the inning, and came around to score on an RBI groundout by Wieneen.

Thief River Falls’ game two starter Carlie Rogalla kept the bases empty for the most part early on as she scattered four hits over the first four innings. The Lumberjacks scored a run on two hits in both the fifth and sixth innings, and two runs on three hits in the top of the seventh to round-out the

scoring.

“Our pitchers, Carlie Rogalla & Olivia Tougas, have been throwing well for us,” Poissant said. “They had the hardest job that day with the weather causing havoc on their arms, but again-got mentally tough and got the wins.”

Game 1												
DL	1	2	3	4	5	6	7	R	H	E		
TRF	0	3	0	1	0	0	-	4	7	3		
	2	2	7	6	X	X	-	1	7	0	1	

Batting												
Thief River Falls	AB	R	H	RBI	BB	SO						
Sophia Kraemer C	4	4	4	2	0	0						
Braylee Wieneen CF	3	2	2	2	0	0						
Carlie Rogalla 1B	4	2	3	3	0	0						
Liza Bjerklie DP	4	2	0	0	0	0						
Kora Sorter SS	2	2	1	1	2	0						
Piper Greene 3B	4	1	2	1	0	0						
B. Svendsgaard RF	4	1	1	1	0	1						
Olivia Tougas P	3	0	1	1	0	0						
A. Rodriguez LF	3	2	1	1	0	0						
Ellie McDermott	0	1	0	0	0	0						
Totals	31	17	15	9	2	1						

Highlights - 2B: Braylee Wieneen, Liza Bjerklie, Piper Greene, Brooklyn Svendsgaard.

Pitching												
Thief River Falls	IP	H	R	ER	BB	SO						
Olivia Tougas - W	5	7	4	3	0	4						

Game 2												
Bemidji	1	2	3	4	5	6	7	R	H	E		
TRF	3	1	1	1	0	-	-	7	18	0		

Batting												
Thief River Falls	AB	R	H	RBI	BB	SO						
Sophia Kraemer CF	4	3	3	0	1	0						
Braylee Wieneen LF	1	1	0	2	0	0						
Carlie Rogalla P	4	1	1	1	0	1						
Liza Bjerklie C	4	0	1	0	0	0						
Kora Sorter 1B	4	0	4	0	0	0						
Piper Greene 3B	4	0	1	2	0	1						
Olivia Tougass SS	3	1	1	0	1	1						
Sophia Tougas 2B	2	0	1	0	1	1						
Ellie McDermott RF	4	0	0	0	2	2						
Skye Peters	0	1	0	0	0	0						
Totals	35	7	18	7	3	6						

Highlights - 2B: Liza Bjerklie; SB: Kora Sorter 3, Liza Bjerklie.

Pitching												
Thief River Falls	IP	H	R	ER	BB	SO						
Carlie Rogalla	7	11	4	4	1	2						

Track teams compete at Fargo Elite Meet

The Thief River Falls girls track team finished 20th out of 39 teams at the Fargo Elite Meet Saturday at the Terrence Dahl and Donna Beres Track Complex at the North Dakota State University.

Kendra Mehrkens placed fourth in the 100 meter dash and seventh in the 200. The 4x200 team of Kenzie Reynolds, Gwen Wojciechowski, Gwen Waldal and Kendra Mehrkens placed fifth. The 4x400 team of Reynolds, Wojciechowski, Kayla Peterson and Livia Harbott placed seventh; and Kelsey Baltes placed eighth in high jump.

The Thief River Falls boys team was represented by four individuals and two relays. The highest finish on the day was a 17th place effort from Trian Petrescue in the discus. William MacLean and Tyler Brouse finished 18th and 19th, respectively,

in the 400-meter dash, and Griffin Lundeen finished 19th in the pole vault.

The 4x400 relay team of Brouse, Lundeen, Jaxon Tanner and Will MacLean finished 13th and the 4x800 team of Curtis Griffin, Colin MacLean, Lundeen and William MacLean finished 10th.

Team Scores

■ Girls - 1. Central Cass 50; 2. Shanley 48; 3. Brainerd 47.5; 4. Perham 46; 5. Red River 42; 6. St. Mary's 41; 7. Wahpeton 39; 7. Sheyenne 39; 9. Moorhead 36; 10. Oak Grove Lutheran 32; 11. Shiloh Christian 28; 11. Marshall 28; 13. Davies 26; 14. Bagley/Fosston 22; 15. Valley City 19.5; 16. Fargo South 19; 17. Dilworth-Glyndon-Felton 18; 18. West Fargo 15; 18. Kindred 15; 20. Thief River Falls 14; 20. Pelican Rapids 14; 22. Bottineau 13; 23. Border West 11; 24. Carrington 10; 24. Staples-Motley 10; 26. Jamestown 9; 27. Grand Forks Central 8; 27. Hillcrest Lutheran Academy 8; 29. United North Central 7; 30. Richland 4; 30. Park Rapids Area 4; 32. Harvey/Wells County 3; 32. Barnesville 3; 34. Ada-Borup-West 2; 34. Ottertail Central 2; 36.

LaMoure/Litch-Marion 1; 36. Minnewaska Area 1.

■ Boys - 1. Red River 82; 2. Fargo South 73; 3. Moorhead 68.4; 4. Brainerd 56; 5. Sheyenne 54; 6. Grand Forks Central 37; 7. Kindred 35.2; 8. Perham 30; 9. Davies 27; 10. Valley City 22; 10. Shanley 22; 12. Fargo North 20; 13. Oak Grove Lutheran 19; 14. Harvey/Wells County 18; 14. Central Cass 18; 16. Pelican Rapids 17; 16. Dilworth-Glyndon-Felton 17; 18. Northern Cass 16; 19. West Fargo 14; 19. St. Mary's 14; 21. Nevis 13; 22. Marshall 11; 23. Minnewaska Area 10; 24. Bottineau 8; 25. Park Rapids Area 6; 26. Carrington 5; 26. Bagley/Fosston 5; 26. Border West 5; 29. Staples-Motley 4.2; 30. Thompson 4; 31. Richland 3; 32. Wahpeton 2.2; 33. Jamestown 2; 33. LaMoure/Litch-Marion 2; 35. Ottertail Central 1.

Winner/TRF Places-Girls

100 - 1. Elise Wisniewski, Central Cass, 12.01; 4. Kendra Mehrkens 12.63.

200 - 1. Elise Wisniewski, Central Cass, 24.73; 7. Kendra Mehrkens 26.39; 14. Gwen Wojciechowski 27.43.

400 - 1. Jaida Fobb, Wahpeton, 1:00.75.

800 - 1. Audrey Brownell, Staples-Motley, 2:19.34.

1600 - Eva Selensky, St. Mary's 5:04.49; 11. Elora Mossestad 5:38.50.

3200 - 1. Allyson Sample, Marshall, 11:11.26; 15. Elory Mossestad 12:27.33.

100 hurdles - 1. Kate Laqua, Davies, 15.03.

300 hurdles - 1. Kate Laqua, Davies, 45.57.

4x100 - 1. Moorhead A 49.95.

4x200 - 1. Oak Grove Lutheran A 1:46.80; 5. TRF A (Kenzie Reynolds, Gwen Wojciechowski, Avah Waldal, Kendra Mehrkens) 1:49.54.

4x400 - 1. St. Mary's A 4:14.08; 7. TRFA (Ruby Geiser, Kayla Peterson, Elory Mossestad, Kenzie Reynolds) 4:28.74.

4x800 - 1. Brainerd A 9:50.51;

High Jump - 1. Cora Clough, Brainerd, 5'3; 8. Kelsey Baltes, 4'10.

Pole Vault - 1. Gracie Morris, Perham, 11'6.

Long Jump - 1. Sophie Brakke, Red River, 18'7.25.

Triple Jump - 1. Jaden Hackel, Perham, 36'11.5; 13. Avah Waldal 31'7.25.

Shot Put - 1. Scout Woods, Wahpeton, 42'8.75.

Discus - 1. Scout Woods, Wahpeton, 131'4.

Javelin - 1. Alexis Gerving, St. Mary's 121'5.25.

Winner/TRF Places-Boys

100 - Colby Fleck, St. Mary's 11.05.

200 - 1. Austin Zulu, Fargo South, 22.17.

400 - 1. Brandon Stark, Brainerd, 50.86; 18. William MacLean 54.99; 19. Tyler Brouse 56.04.

800 - 1. Curtis Sande, Grand Forks Central, 1:59.98; 22. Griffin Lundeen 2:19.61.

1600 - 1. Bjorn Anderson, Perham, 4:25.94.

3200 - 1. Owen Sondag, Fargo North, 9:29.16;

110 hurdles - 1. Tallen Thorson, Harvey/Wells County, 15:07.

300 hurdles - 1. Trey Knoke, Fargo South, 40.40.

4x100 - 1. Moorhead A 43.56.

4x200 - 1. Fargo South A 1:30.28;

4x400 - 1. Red River A 3:33.41;

13. TRF A (Tyler Brouse, Griffin Lundeen, Jaxon Tanner, William MacLean) 3:54.91;

4x800 - 1. Moorhead A 8:28.78;

10. TRF A (Curtis Griffin, Colin MacLean, Griffin Lundeen, William MacLean) 9:02.81.

High Jump - 1. Ethan Duval, Kindred, 6'2.

Pole Vault - 1. Joe Wilson, Dilworth-Glyndon-Felton 13'6; 19. Griffin Lundeen 9'0.

Long Jump - 1. Kye Schlichting, Sheyenne, 21'11.5.

Triple Jump - 1. Ty Nelson, Brainerd, 45'9.

Shot Put - 1. Riley Sunram, Kindred, 59'1.

Discus - 1. Ethan Thomas, Grand Forks Central, 175'2; 17. Trian Petrescue 113'10.5.

Javelin - 1. Ethan Thomas, Grand Forks Central, 170'11.



Thief River Falls senior Kora Sorter, who filled in for injured Breanna Myers at shortstop, had to battle a strong wind on each throw to first during Thursday's frigid triangular against Detroit Lakes and Bemidji.

Pioneers take three of four from Norse

Northland Community & Technical College took three of four games against MCAC North rival Minnesota North College - Mesabi Range during a four-game series Saturday and Sunday in Virginia, Minn.

The Pioneers took game one 8-2 with a combined strong offensive showing and solid pitching. Six Pioneer batters collected hits in game one, with both Connor Hoyt and Tyler Tamez going 3-for-

4. Hoyt added a double, an RBI and a run scored to his stat line, while Tamez belted a solo home run and an RBI while crossing the plate three times on the day.

Hoyt also picked up the win on the mound. He went six innings and allowed one unearned run on four hits.

The host Norse returned the favor in Saturday's second game with a 7-1 win. Norse pitcher Sam Sigurdson went the distance and held

the Pioneers to just three hits. Cooper Lawrence and Gamaliei Vasquez recorded the only hits for the Pioneers, with Lawrence going 1-for-3 and scoring the team's only run in the fourth inning, and Vasquez going 2-for-3. Odhan Manhas went 0-for-3 at the plate but recorded the only RBI of the game on a ground out to third that scored Lawrence.

The Pioneers got an early stoppage and a complete

game in a 10-0 five-inning win in game three. Isaac Mata allowed two hits and struck out six in a five-inning shutout. Mata, Hoyt and Tamez recorded two hits apiece, with Tamez hitting a pair of doubles, and Hoyt and Mata hitting triples.

The Norse led 5-1 through an inning and a half in game four, but the Pioneers took the lead for good with six runs in the bottom of the second en route to a 9-5 win.

Justin Amesquita allowed five runs in his first two innings of work before settling and finishing his day with three shutout innings to earn the win. He allowed five runs (four earned) on five hits, with two walks and two strikeouts. Amesquita helped his own cause at the plate with a double and an RBI. Mata and Hoyt also hit doubles and led the Pioneers with two RBI each.

The Pioneers improved to

15-13 overall and 5-3 in the conference with the win. They currently sit in third place behind MNC-Itasca and MNC-Hibbing, who are both 8-4 in the conference.

The Pioneers are off until Saturday, April 27 when they travel to Hibbing for a double header at Minnesota North College - Hibbing, before hosting MNC-Hibbing for a double header on Sunday, April 28.

[Continued on page 2]

Pioneers take three of four from Norse/Continued

Game 1											
	1	2	3	4	5	6	7		R	H	E
NCTC	0	3	0	1	1	3	0	-	8	10	5
MR	1	0	0	0	0	1		-	2	6	2

Batting									
	AB	R	H	RBI	BB	SO			
Isaac Mata c	4	1	1	2	0	0			
Connor Hoyt p	4	1	3	1	0	0			
Odhan Manhas ss	3	1	1	0	0	0			
Justin Amesquita rf	3	0	0	0	0	0			
Gamaliel Vasquez 3b	3	0	0	1	0	0			
Jonathan Perez 1b	3	1	1	1	0	0			
Auden Venegas 2b	4	1	1	0	0	0			
Tyler Tamez cf	4	3	3	1	0	0			
Cooper Lawrence lf	3	0	0	1	0	0			
Tom Gust p	0	0	0	0	0	0			
Totals	31	8	10	7	0	1			

Highlights - 2B: Connor Hoyt; HR: Tyler Tamez; Sac: Justin Amesquita; Sac Fly: Cooper Lawrence; SB: Odhan Manhas, Tyler Tamez; E: Odhan Manhas (2), Gamaliel Vasquez (2), Auden Venegas; DP: Odhan Manhas (2), Gamaliel Vasquez, Jonathan Perez (3), Auden Venegas (3).

MNC-Mesabi Range									
	AB	R	H	RBI	BB	SO			
Cameron Pietrusa cf	3	2	2	0	1	0			
Brodie Vining c	4	0	2	0	0	0			
Josh Summers 2b	4	0	1	0	0	0			
Aiden Debner 1b	2	0	0	1	0	0			
Will Bittmann p	4	0	0	0	1				
Isiah Birt 3b	3	0	0	0	0	0			
Luke Keating rf	2	0	0	0	1				
Alex Yrjanson lf	3	0	1	0	0	0			
Elijah Mack ss	3	0	0	0	2				
Landin Heinlen p	0	0	0	0	0	0			
Totals	28	2	6	1	3	4			

Highlights - Sac Fly: Aiden Debner; GIDP: Cameron Pietrusa, Josh Summers, Alex Yrjanson; SB: Josh Summers; E: Isiah Birt, Elijah Mack.

Pitching									
	IP	H	R	ER	BB	SO			
NCTC	6.0	4	1	0	3	3			
Tom Gust	1.0	2	0	1	0	1			
MNC-Mesabi Range	5.2	10	8	5	0	1			
Will Bittmann	1.1	0	0	0	0	0			
Landin Heinlen	1.1	0	0	0	0	0			

Game 2											
	1	2	3	4	5	6	7		R	H	E
NCTC	0	0	0	1	0	0	0	-	1	3	1
MR	0	4	2	0	1	0	X	-	7	10	1

Batting									
	AB	R	H	RBI	BB	SO			
Isaac Mata ss	3	0	0	0	0	0			
Cooper Lawrence rf	3	1	1	0	0	1			
Connor Hoyt cf	3	0	0	0	0	0			
Odhan Manhas 1b	3	0	0	1	0	0			
Gamaliel Vasquez dh	3	0	2	0	0	0			
Jonathan Perez 3b	3	0	0	0	0	0			
Auden Venegas 2b	3	0	0	0	0	1			
Demetrius Oberg c	0	0	0	0	0	0			
Tyler Tamez lf	2	0	0	0	0	0			

Spears, Griffin and Baltes win titles at EGF Indoor meet

Brayden Spears finished first in the 300 hurdles and Curtis Griffin added a championship in the 800 meters to lead the Thief River Falls Boys Track Team to a fourth place finish at the East Grand Forks Indoor meet on Friday, April 19 at the Fritz Pollard Athletic Center on the campus of the University of North Dakota in Grand Forks.

The Prowlers got third place finishes from Tyler Brouse in the 60-meter dash and Colin MacLean in the 800. Will MacLean placed fourth in the 400; Griffin Lundeen placed fifth in pole vault; Lincoln Davis placed sixth in the 1500 and 3000; and Trian Petrescue placed sixth in the shot put.

The Thief River Falls girls track team was led by Kelsey Baltes who recorded her first varsity championship with a win in the high jump.

Also placing for the Prowlers were Elory Mossestad, second in the 1500; Kayla Peterson and fourth in the 800 and long jump; Sera Johnson, 5th in the shot put; Livia Thibert, 6th in the 60 hurdles; and Avah Waldal, 6th in triple jump.

Team Scores									
■ Girls - 1. West Marshall 131.5; 2. Climax-Fisher-Sacred Heart 97; 3. East Grand Forks 95.33; 4. Ada-Borup-West 58; 5. Langdon Area/Edmore/Munich 50.5; 6. Thief River Falls 41; 6. BGMR/Freeze 41; 8. Crookston 23.5; 9. Fertile-Beltrami 21.5; 10. Kittson County Central 21; 11. Goodridge/Grygla-Gatzke 18; 12. Roseau 15.33; 13. Red Lake County 0.33.									
■ Boys - 1. East Grand Forks 139; 2. BGMR/Freeze 82.5; 3. Climax-Fisher-Sacred Heart 65; 4. Thief River Falls 58; 5. Langdon Area/Edmore/Munich 56; 6. Roseau 53; 7. West Marshall 43; 8. Ada-Borup-West 37; 9. Fertile-Beltrami 31.5; 10. Red Lake County 23; 11. Warroad 15; 12. Goodridge/Grygla-Gatzke 6; 13. Crookston 2.									
Winner/TRF Places-Girls									

T-ball being offered in TRF

T-ball includes introductory lessons on performing the skills of: throwing, catching, base running, batting, fielding and the rules of the game. Children participating in the program should bring their own gloves and wear tennis shoes. Games will be scheduled. Parents will also be a part of practicing with their child. To receive messages via text with class updates, text @24sumtball to 81010. Class size is limited to 40 each session.

Tom Gust p	0	0	0	0	0	0
Aidan Powell p	0	0	0	0	0	0
Totals	23	1	3	1	1	2

Highlights - GIDP: Jonathan Perez; E: Aidan Powell; DP: Isaac Mata, Auden Venegas.									
MNC-Mesabi Range									
	AB	R	H	RBI	BB	SO			
Cameron Pietrusa cf	3	1	2	3	1	0			
Brodie Vining 3b	3	1	1	2	0	1			
Josh Summers 2b	3	0	1	1	1	0			
Aiden Debner 1b	2	0	0	0	0	1			
Will Bittmann dh	3	0	0	0	0	0			
Isiah Birt c	4	1	1	0	0	0			
Hunter Twete rf	3	1	2	0	0	0			
Alex Yrjanson lf	2	3	2	0	1	0			
Elijah Mack ss	3	0	1	1	0	0			
Sam Sigurdson p	0	0	0	0	0	0			
Totals	26	7	10	7	3	2			

Highlights - 2B: Cameron Pietrusa, Brodie Vining; RBI: Cameron Pietrusa (3), Brodie Vining (2), Josh Summers, Elijah Mack; Sac Fly: Brodie Vining; SB: Aiden Debner; E: Brodie Vining; DP: Josh Summers, Aiden Debner, Elijah Mack.

Pitching									
	IP	H	R	ER	BB	SO			
Northland	1.2	4	4	4	2	0			
Aidan Powell - L	1.2	4	4	4	2	0			
Tom Gust	2.1	6	3	3	0	1			
Jonathan Perez	2.0	0	0	0	1	1			
MNC-Mesabi Range	7.0	3	1	1	1	2			
Sam Sigurdson - W	7.0	3	1	1	1	2			

Game 3											
	1	2	3	4	5	6	7		R	H	E
MR	0	0	0	0	X	X	-		0	2	2
NCTC	2	2	2	2	X	X	-		10	9	0

Batting									
	AB	R	H	RBI	BB	SO			
MNC-Mesabi Range	2	0	0	0	0	2			
Cameron Pietrusa cf	2	0	0	0	0	2			
Brodie Vining 3b	2	0	0	0	0	0			
Josh Summers 2b	2	0	0	0	0	0			
Aiden Debner 1b	2	0	1	0	0	1			
Will Bittmann rf	2	0	0	0	0	1			
Isiah Birt c	2	0	0	0	0	0			
Hunter Twete p	2	0	1	0	0	1			
Alex Yrjanson lf	1	0	0	0	0	0			
Elijah Mack ss	1	0	0	0	0	1			
Luke Keating p	0	0	0	0	0	0			
Totals	16	0	2	0	0	6			

Highlights - SB: Hunter Twete; CS: Aiden Debner; E: Brodie Vining, Elijah Mack; DP: Josh Summers (2), Aiden Debner (2), Elijah Mack (2).

Northland									
	AB	R	H	RBI	BB	SO			
Isaac Mata p	2	2	2	0	1	0			
Connor Hoyt cf	2	1	2	1	1	0			
Odhan Manhas ss	2	0	0	1	0	0			
Gamaliel Vasquez 3b	2	1	0	0	0	0			
Jonathan Perez 1b	2	0	1	0	0	0			
Justin Amesquita rf	1	3	1	0	2	0			
Tyler Tamez lf	3	2	2	2	0	0			
Demetrius Oberg c	1	0	0	0	2	0			
Auden Venegas 2b	2	0	0	2	0	0			

Totals	18	10	9	7	6	0
Highlights - 2B: Tyler Tamez (2); 3B: Isaac Mata, Connor Hoyt; Sac: Jonathan Perez; Sac Fly: Auden Venegas; GIDP: Gamaliel Vasquez (2); SB: Isaac Mata (2), Justin Amesquita (2), Demetrius Oberg; CS: Demetrius Oberg.						

Pitching									
	IP	H	R	ER	BB	SO			
MNC-Mesabi Range	3.0	6	7	5	4	0			
Hunter Twete - L	1.1	3	3	3	2	0			
Luke Keating	5.0	2	0	0	0	6			
Northland	5.0	2	0	0	0	6			
Isaac Mata - W	5.0	2	0	0	0	6			

Game 2											
	1	2	3	4	5	6	7	R	H	E	
MR	2	3	0	0	0	0	-	5	6	4	
NCTC	1	6	1	0	1	0	X	-	9	11	1

Batting									
	AB	R	H	RBI	BB	SO			
MNC-Mesabi Range	1	1	1	0	0	0			
Cameron Pietrusa cf	1	1	1	0	0	0			
Jaedyn Novy cf	3	0	1	1	0	1			
Brodie Vining p	4	0	0	0	0	0			
Josh Summers 2b	4	0	1	0	0	0			
Aiden Debner 1b	3	1	1	0	0	0			
Will Bittmann rf	3	0	1	1	1				
Isiah Birt 3b	2	0	0	0	1				
Kenny Randt c	2	1	0	0	1				
Alex Yrjanson lf	3	1	0	0	0	0			
Elijah Mack ss	2	1	1	2	1				
Landin Heinlen p	0	0	0	0	0	0			
Totals	27	5	6	5	4	4			

Highlights - 2B: Aiden Debner; 3B: Elijah Mack; GIDP: Brodie Vining; SB: Cameron Pietrusa; E: Josh Summers (2), Elijah Mack, Landin Heinlen.

Northland									
	AB	R	H	RBI	BB	SO			
Isaac Mata c	3	2	2	2	0	0			
Connor Hoyt cf	4	1	2	2	0	0			
Odhan Manhas ss	4	0	0	0	0	0			
Gamaliel Vasquez 3b	0	1	1	1	0				
Jonathan Perez 1b	2	1	1	1	1	0			
Jonathan Campos rf	0	0	0	0	0	0			
Justin Amesquita p	3	0	1	1	1	0			
Tyler Tamez lf	4	1	2	0	0	0			
Auden Venegas 2b	3	2	1	0	1	0			
Cooper Lawrence rf	4	2	1	0	0	1			
Totals	30	9	11	7	4	1			

Highlights - 2B: Connor Hoyt, Gamaliel Vasquez, Justin Amesquit; CS: Isaac Mata, Jonathan Perez; SB: Isaac Mata, Justin Amesquita (2), Auden Venegas; CS: Gamaliel Vasquez; E: Justin Amesquita; DP: Gamaliel Vasquez, Jonathan Perez, Auden Venegas.

Pitching						
MNC-Mesabi Range	IP	H	R	ER	BB	SO
Brodie Vining - L	2.0	8	7	6	1	0
Landin Heinen	4.0	3	2	0	3	1
Northland	IP	H	R	ER	BB	SO
J. Amesquita - W	5.0	5	5	4	2	2
Tyler Tamez	2.0	1	0	0	2	2

2023-24 Thief River Falls

SPORTS SPOTLIGHT



Pictured from left to right are members of the junior varsity girls basketball team: front row - Livia Harbott, Piper Greene, Ellie McDermott, Livia Thibert, Braylee Wiene; middle row - Allison Grosz, Gwen Wojciechowski, Aniyah Fields, Mickaela Renwick, Mackenzie Lee; back row - student manager Lillian Homme, Skyanna Wilcox, Karena Bakken, Kenzie Reynolds, Taylor Berg and Coach Lilly Kerner. (Photo by Thoele Photography)

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DAVID HILL

Editor

e-mail: dhill@trftimes.com

Editorial opinion published under this heading is intended to stimulate thinking and discussion among our readers. Unless specified otherwise, the editorials are written by Editor Dave Hill and do not represent opinion of other staff members. Opinions in items from other publications may not coincide with the editor's own views but are offered for their general interest.

Graduation as a measure

I don't recall having a choice of graduating on time. I remember expressing some independence at about that age, but being told - rather emphatically - the only way I wasn't going to graduate on time, is if I graduated early and with good grades. And, I was told, "Good luck with getting a job and making enough to support yourself." That, and a part-time job, quickly quashed my ego and adolescent brush with independence. My parents did care. They wanted to make sure I had the best education I could get.

The graduation rate has become a topic of discussion and measure for whether teachers and schools are doing their job. Making graduation rates the responsibility of educators has always been a bit alarming to me.

What keeps kids engaged enough to complete their high school education?

In a news release last week from the Minnesota Department of Education, the 2023 graduation rate was 83.3% or 58,293 graduates, which represents a 0.3 percentage point decrease in the four-year graduation rate compared to the class of 2022. According to the same news release, in

2023, 3,874 students from earlier classes also earned their diplomas, graduating five, six or seven years after beginning high school. I guess these statistics were enough to set off some hand-wringing.

Even with this news, the graduation rate for most schools in northwestern Minnesota is 90% or higher. Does that mean our educators and schools are better? Does that mean our parents are better parents? Does that mean our students come from one predominate demographic group (white)? Does that mean different demographic groups value education differently? What does it mean?

The concern I have is that it can mean so many different things that it's not a very good measure or indicator of success.

I'm not saying we shouldn't be discussing it. We should be aware of and discuss why some kids choose not to attend school or complete high school on time. And, to my way of thinking, it also means we need to talk to the kids and parents. Every kid has a unique story. We should be making sure they understand it is not only important for what they need to know and succeed in life, but that it's important for our communities, too.

Starting school

We were talking about preschool and kindergarten the other day. My first introduction to school was kind of a preschool class offered privately to about 15 kids. I recall feeling like I was just taking up space. I was baffled as to why I was there and what was going on.

They didn't introduce kindergarten in our public schools until the year I started first grade. Of course, my younger brother got to go. He got to do a lot of things, including take naps, which I thought was just the coolest.

Today, many public schools have preschools - classes for children ages 3 and up. It's a tremendous advantage

for students and parents.

According to Child Care Services Association, "preschool focuses more on helping children learn how to relate to one another, how to follow a daily schedule, how to perform self-help tasks such as tying on shoes, putting on jackets and sweaters, handwashing and other things that children will need to be able to do in kindergarten."

In any event, Challenger Elementary School's Kindergarten Kickoff is from 5:30 to 7 p.m. on Monday, April 29. Learn how to help your child and the school district. Call 218-681-2345 for more information.

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Taking public notices for schools out of newspapers would hurt the public more than schools

by Sarah Stultz
Managing Editor
Albert Lea Tribune

A significant discussion is taking place at the state Legislature in reaction to the recent announcement that eight community newspapers will close at the end of the month.

Under a proposal in the Senate Education Policy Omnibus bill (SF 3567), school districts would no longer be required to publish their proceedings in newspapers and could instead move them to their own websites.

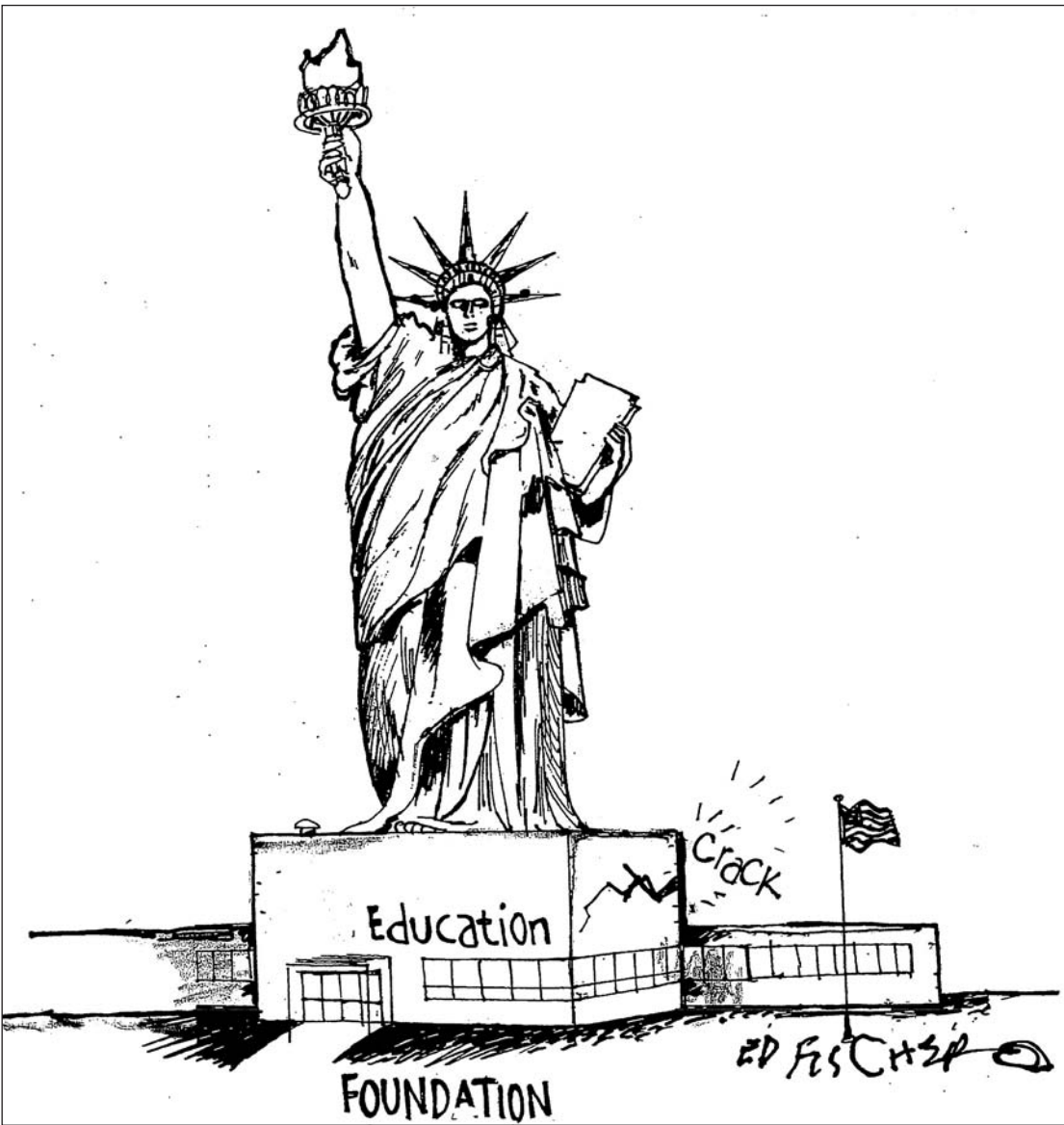
We believe the proposal, which is backed by the Minnesota School Boards Association, is a knee-jerk reaction made too quickly after the announcement about the southwest metro newspapers and does not take into consideration possible solutions.

While there is a possibility some of these newspapers could still be purchased, there is also a law already in place that says if you don't have a legal newspaper in your county, those notices can be placed in a newspaper in an adjoining county. In the case of these newspapers, there is also the possibility of printing notices in the Star Tribune.

We believe that anytime you start messing with public notices and government transparency, it gets the ball rolling, and we have no doubt it could trickle down to other local government public notices as well.

Public notices are essential in not only helping residents make informed decisions but also in holding local governments accountable for decisions made.

Government entities should not be placing their own notices on their websites for transparency's sake, and it's especially important to point out that the reach of these sites is often substantially less than those of newspapers.



In addition to the print edition, the Tribune and all newspapers that print public notices publish them on their websites in front of the paywall so that any person interested in looking through the notices can do so free of charge. People don't have to buy a newspaper and they don't have to have a subscription to view them. And they are archived there forever, so if someone needs to go back and look through several notices, they will be able to find them.

The notices are also uploaded to mnpublicnotice.com, where the public can search for all of the public notices throughout the state.

We urge the Senate Conference Committee members to work with the Minnesota Newspaper Association, which represents the state's newspapers, on a possible solution to this situation.

The Minnesota School Boards Association and MNA collaborated in 2022 to modernize the state's public notice laws, and we believe a solution can be reached in this case as well.

The House version of the bill, with the help of Rep. Peggy Bennett, R-Albert

Lea, has come up with a possible solution that the newspaper association could support that would offer a narrow, time-limited exception to the required newspaper publication requirements for school district legals to address the situation taking place in the metro.

We ask legislators to keep in mind the importance of transparency for the public.

Don't put residents across the entire state in the dark with this decision.

Keeping an eye on all the changes to bills

by Rep. John Burkell

Today (April 19), is our third legislative deadline. This means a committee must act favorably on a finance bill by today in order for it to continue moving forward this legislative session.

I serve on both the environment and agriculture committees in the Minnesota House, and those committees moved both of their omnibus finance bill proposals forward this week. The environment bill is especially troubling.

Numerous Problem Provisions in Omnibus Environment Bill

The provision in this bill formerly known as HF945 is very concerning to water trappers and other sports persons alike. The plan would make it extremely difficult for both trappers and law enforcement to know where the property lines are in many waters, especially since some have multiple owners and the property lines aren't square. Plus, it would likely require permission to trap on large paper company lands, like Potlatch, that are currently open to outdoor activities like hunting and trapping.

While I was very supportive of the provision providing trail funding from the dedicated ATV account, there are a number of unnecessary changes regarding designated and mapped trails.

Currently, the Minnesota Department of Natural Resources can classify DNR forest lands as either closed, limited, or managed regarding the use of off highway vehicles. HF3911 includes troubling language for operation of ATVs on state forest land north of U.S. Highway 2, which would include 26 forests. Of those 26, only 12 are currently classified as Managed; 11 are completely or largely classified as Limited; and the remaining two are classified as Closed. The tools currently exist to manage these lands to restrict off-highway operation in those forests where use is significant to warrant that level of management.

Also disappointing is that the proposal only includes limited provisions for the looming feral hog problem possibly on the horizon in northwestern Minnesota, and it does not include any initiatives for wolf management. In fact, the committee chairman refused to even give a legislative hearing to my wolf hunting bill.

Agriculture Omnibus Bill Moves Forward

The House agriculture

committee finished up its work on Thursday, and I was glad to see a couple of troubling provisions taken out of the final bill.

Last year, the ag bill included a grain indemnity program to help farmers harmed in the event of a grain elevator failure. Farmers are unlikely to ever be fully compensated for delivered grain if an elevator declares bankruptcy before paying for that grain. That's because it will first be used to pay back creditors who have collateral with the elevator. After those creditors are paid, there's often not enough money remaining to make farmers even partially whole. The idea of the indemnity fund is to limit those significant losses by ensuring there are funds available to compensate farmers.

There was an attempt to add a provision in this year's ag bill to divert the interest earned on the grain indemnity funds to debt reduction for farmer's markets that was thankfully amended out of the final product.

Also taken out of the bill was language banning the hatching of birds in schools, which was a provision I highlighted in a previous update. This is not a serious

ag policy, and I was glad to see common sense finally prevail.

Good Broadband Provisions Included in Ag Bill

The broadband portion of the bill (Article 4) allows the Department of Employment and Economic Development (DEED) to transfer up to \$5 million between these three programs: the border-to-border broadband program, low density population broadband program, and the broadband line extension program. This provision also requires DEED to apply for the federal Digital Equity Capacity Grant Funding.

POLICIES

Letters To The Editor: The staff of The Times encourages written responses to editorial comment or letters with original thoughts or ideas of general interest. Letters should be intended for publication in The Times exclusively; letters sent to multiple publications will generally not be accepted. Right is reserved to edit letters for length and clarity and to reject letters deemed to be promotional in nature, promote violence or in poor taste. Letters should not exceed 650 words in length.

If individuals request their letters printed "as is" they will be deemed a paid advertisement and must appear in a box.

Letters Must Be Signed: All letters must be signed and contain an address or phone number of the writer so authenticity can be verified.

Signatures must appear on letters published. The staff believes that there is greater credibility in letters signed in print and will not withhold names of writers from publication.

Responses Invited: Letters critical of individuals or other entities may be shown to those individuals or representatives of those entities in advance of publication with an invitation by newspaper staff for response in the same issue as the original letter.

Corrections: If an error is made in news or advertising publication, the staff encourages readers to call it to our immediate attention by calling 681-4450. We will attempt to correct the error or clarify the misunderstanding in the next issue.

Deadline: The deadline for letters to the editor is 10 a.m. on Mondays.

Immunizations protect children from serious diseases, including measles

Get back on track during National Infant Immunization Week, April 22-29

Childhood immunization rates dropped during the COVID-19 pandemic when many families were unable to keep up with well-child check-ups. Due to this drop in immunizations, health officials have been urging families to get their children back on track. National Infant Immunization Week, April 22-29, is the perfect time to remind families to get children caught up on the vaccines they missed during the pandemic.

In 2019, 69.2% of

Minnesota’s 2-year-olds were up to date for recommended immunizations, but by 2023, that rate had fallen to 63%, according to data from the Minnesota Immunization Information Connection (MIIC) on the Public Health Data Portal. Data from Childhood Immunization Coverage shows vaccination rates are also down throughout the U.S., a troubling trend, particularly as cases of measles, a highly contagious vaccine-preventable disease, have recently occurred in numerous states, including Minnesota.

“Getting babies recommended immunizations by 2 years of age is the best way to protect them,” said

Jessica Hancock-Allen, director of the Infectious Disease Epidemiology, Prevention and Control Division at the Minnesota Department of Health (MDH). “We know families are busy, but we also know they want what’s best for their children, so this is a reminder that it’s never too late to get children caught up on the vaccines they need for protection against serious and potentially life-threatening diseases.”

National Infant Immunization Week highlights the importance of protecting infants from serious diseases by keeping them up to date with their well-child visits and recommended immunizations. Vaccines help reduce the spread of

infectious diseases. Without that protection, children are more likely to get measles, RSV, whooping cough and other diseases prevented by vaccines.

“As adults who care deeply for our children, we understand that we want to set our children up for success in all aspects of life – including their health,” said Dr. Andrea Singh, chair of pediatrics at Park Nicollet and co-lead of Children’s Health Initiative. “Vaccines help our children’s immune systems recognize and fight infectious diseases that have the potential to cause serious bodily harm and even death. We all want to do right by our children and when it comes to their health, getting them fully

vaccinated is a key piece of that puzzle for parents.”

Health officials are encouraging parents to take these action steps during National Infant Immunization Week:

- Check your child’s immunization record to see what vaccines your child has received and what vaccines they may need. Go to Find My Immunization Record to request it from MDH or learn about using the free, secure app called Docket.
- Contact your child’s health care provider to schedule a well-child visit and immunization.
- Find a clinic that offers free or low-cost shots for children if your child does not have health insur-

ance or insurance may not cover all the costs.

Breakfast Foods class being offered

Breakfast is the most important meal of the day. In this class offered through the Community Education Department of School District 564, Thief River Falls, participants will learn why while making delicious breakfast foods. This class is for students ages 10+. Supplies included. Class size is limited to 20.

It will be taught on Thursday, June 6, from 10 a.m.-12 p.m. in FACS, room 136. The cost is \$25. The instructor is Diana Marquart. Register at www.trf.reg.eleyo.com.

Worship With Us



ALMA FREE LUTHERAN CHURCH
Dennis Gray, Pastor
28098 300th Street NW, Argyle
Phone: (218) 874-2101
Web: www.almaafic.org
Sunday sermons recorded on www.facebook.com/almaafic. In case of a need, call Pastor Dennis Gray at 218-874-2101.
Wednesday, April 24: 6:30 p.m. - Confirmation Instruction
Sunday, April 28: 9:30 a.m. - Worship followed by Coffee Fellowship, Sunday School and Adult Bible Study/Discussion; 4 p.m. - Bethania Cemetery Association Annual Meeting with potluck lunch
Monday, April 29: Quilting at 7 p.m.

ABUNDANT LIFE LUTHERAN CHURCH
LeRoy Flickinger, Pastor
1602 Pennington Ave.,
P.O. Box 522, Thief River Falls
Phone: (218) 681-2300
Web: abundantlifetr.com
Sundays: Service at 9:30 a.m.; Coffee & Fellowship at 10:30 a.m.; Sunday School at 10:45 a.m.

BETHLEHEM AND NAZARETH LUTHERAN PARISH – ELCA
202 Marshall Avenue, Holt
Box 39, Newfolden
Bethlehem Office: (218) 874-7115
Nazareth Office: (218) 449-3856
Office Hours: Bethlehem - 10 a.m. to 12 p.m. Wednesdays; Nazareth 10 a.m. to 11:30 a.m. Thursdays.
web: <https://www.bethlehem-nazareth.org>
www.facebook.com/BethlehemNazareth-Lutheran-Churches-194233180617551
YouTube: Bethlehem and Nazareth Lutheran Church
Sunday, April 28: Bethlehem Worship at 9 a.m., Sunday School at 10 a.m., Nazareth Worship at 11 a.m., Sunday School at 9:45 a.m.; 10:30 a.m. - Senior Tea at Nazareth for Graduating Seniors

BLACK RIVER LUTHERAN CHURCH
Frank Ehling, Pastor
Sheila Michaels, Pastor
15952 110th Street SW, Red Lake Falls
Sundays: Worship at 9 a.m.

CALVARY LUTHERAN CHURCH – ELCA
PO Box 8
405 Water Street, St. Hilaire
Phone: (218) 964-5750
Sundays: Worship Services at 10:30 a.m.

CATHOLIC COMMUNITIES OF BLESSED SACRAMENT, ST. EDWARD, ST. JOSEPH
Father George Noel, Pastor
Phone: (218) 289-1735
Email: gnoel@gmail.com
Blessed Sacrament, Greenbush: Saturday Mass at 5 p.m., Sunday Mass at 8 a.m. and live streamed.
St. Joseph, Middle River: Sunday Mass at 9:45 a.m.
St. Edward, Karlstad: Sunday Mass at 11:30 a.m.

EVANGELICAL COVENANT CHURCH
Bryan Dickson, Pastor
1425 Third Street East, Thief River Falls
Phone: (218) 681-4449
Web: www.trfcovchurch.org
www.facebook.com/trfcovchurch
Office E-Mail: office@trfcovchurch.org
Wednesdays: Prayer and Bible Study at 7 p.m.
Sundays: Worship at 10:30 a.m.; Sunday School and Confirmation Class at 9:30 a.m.; Family Night every other Sunday at 5:30 p.m.

CLEARWATER LUTHERAN PARISH MT. OLIVE, NAZARETH, OAK PARK, ST. PETRI
Jeff Merseth, Pastor
Rt. 1, Box 156C, Oklee
Phone: (218) 796-5130
<http://clparish.com>

Services and sermons can be found at: www.facebook.com/clearwaterlutheranparish/
Wednesday, April 24: 5 p.m. Wednesday School; 6:30 p.m. Vespers
Saturday, April 27: 9 a.m. Mt. Olive Divine Service with Communion
Sunday, April 28: 8 a.m. St. Petri Divine Service; 9:45 a.m. Nazareth Divine Service, Confirmation Questioning; 10 a.m. Oak Park Sunday School, Confirmation Questioning, 11 a.m. Oak Park Divine Service with Communion; Spring Circuit Lay Meeting at 3:30 p.m.

COMMUNITY CHURCH INTERNATIONAL
Pastors: Curtis Jacobson, Tom and Jennifer Ramsey
Highway 1 East, Thief River Falls
Phone: (218) 681-2285
Saturdays: Men’s Prayer Breakfast 7:30 a.m.
Sundays: Worship at 10 a.m.; Sunday School at 10 a.m.
Fellowship dinner 2nd Sunday of each month.

CORNERSTONE BAPTIST CHURCH
PO Box 816, Thief River Falls
using the facilities of
Faith Lutheran Brethren Church at
601 Dewey Avenue N, Thief River Falls
www.cornerstonetr.org
facebook.com/cornerstonetr
Sundays: 9 a.m. Worship Service

EPIPHANY STATION
Matty Towse, Lead Pastor
Topanga Brown, Worship Leader
Pete Lee, Sr. Pastor
Web: www.epiphanystation.com
E-Mail: admin@epiphanystation.com
Sundays: Worship at 9:30 a.m. and 11 a.m.

EVANGELICAL FREE CHURCH
Lead Pastor Kevin MacLean,
Associate Pastor Kent Hudson
211 Arnold Ave. N., Thief River Falls
Phone: (218) 681-3855
Web: www.trfeffc.org
Sundays: Sunday School at 9:15 a.m.; Worship Service at 10:30 a.m.
Wednesdays: AWANA at 6:30 p.m.; Youth Group at 6:30 p.m.

FAITH LUTHERAN BRETHERN CHURCH
Tim Carlson, Interim Lay Pastor
601 Dewey Ave. N., Thief River Falls
Sundays: Worship at 10:30 a.m.

FIRST LUTHERAN CHURCH
Kevin Hackney, Pastor
First Lutheran Church
210 Park Ave., Middle River
Gustav Adolph Lutheran Church
Strathcona, MN
Phone: (218) 222-3622

Services and sermons can be found at: <https://www.facebook.com/first-lutheranmr>
Sundays: 1st–3rd *Sundays:* Sunday School at 10 a.m.; Coffee Fellowship at 10:30 a.m.; In-Person Services at 11 a.m.
4th Sunday: Sunday School at 10 a.m.; In-Person Service at 5 p.m.; Potluck at 6 p.m.
Tuesdays: Men’s Bible Study at 6:30 p.m.

FIRST PRESBYTERIAN CHURCH
Red Lake Falls, MN
Sundays: Worship service at 10 a.m., Communion on the third Sunday of each month.

GOODRIDGE AREA LUTHERAN PARISH – ELCA FAITH, EKELUND, BETHANY
P.O. Box 157, Goodridge
Phone: (218) 378-4191
glparish@gvtel.com

Wednesday, April 24: Goodridge Confirmation at 11 a.m.; Bethany ~ TRF, Confirmation 7th and 8th Grade 6 p.m.
Sunday, April 28: 3rd & 4th Grade *Read the Psalms* ~ 8 a.m. Bethany Worship, 9 a.m. Sunday School; 9:30 a.m. Ekelund Worship, 10:30 a.m. Sunday School; 10 a.m. Faith Sunday School, 11 a.m. Worship ~ Last Day of Sunday School at Faith and Ekelund. ~ Faith Carnival after worship services.

HEGLAND LUTHERAN CHURCH
Rural Strandquist
Sundays: 9 a.m. Worship Service

IMMANUEL/EBENEZER/BETH ANY LUTHERAN PARISH – ELCA
Jonathan Dodson, Pastor
P.O. Box 98, Plummer
Phone: (218) 465-4525
1315 6th St. NE, Red Lake Falls, MN 56750
Phone: (218) 283-2589
Sunday, April 28: 9 a.m. Worship at Ebenezer; 10:30 a.m. Worship at Immanuel (Pr Jonathan); 10:30 a.m. Worship at Bethany (SAM Allen)

IMMANUEL LUTHERAN CHURCH – MISSOURI SYNOD
Rev. Chris Rosebrough, Pastor
Radium
Phone: (218) 681-9992 or 745-5604
Sundays: Worship at 1 p.m., Bible Study at 2:15 p.m.

NEWFOLDEN EVANGELICAL FREE CHURCH
Gary Barrett, Pastor
P.O. Box 86, Newfolden
Phone: (218) 874-8785
Web: newfoldenefc.org
E-mail: nefc@wiktet.com

Wednesday, April 24: 6:15 p.m. DETOUR (7–12th); 6:30 p.m. AWANA (K–6th) Awards Night; 6:45 p.m. Adult Bible Study
Saturday, April 27: 7 a.m. Men’s Prayer
Sunday, April 28: 9:15 a.m. Sunday School (3 yr–Adult); 10:30 a.m. Worship Service; 11:45 a.m. Monthly Potluck
Sunday services continue to be live on YouTube - Newfolden Evangelical Free Church channel.

NEXUS CHURCH
Luke Stavos, Pastor
246 Kendall Ave. N., Thief River Falls
Phone: (218) 681-4716
Sundays: Services at 10:30 a.m. at the church and online at www.nexuschurchmn.com/mcs-sages

NEWFOLDEN NEW HOPE LUTHERAN CHURCH – AALC
Ollie Urdahl, Pastor
157 West Iowa Ave., Newfolden
P.O. Box 185, Newfolden
Phone: (218) 523-3932
Sundays: Worship at 9:30 a.m., Sunday School at 10:30 a.m.

OAK RIDGE LUTHERAN CHURCH
Thief River Falls
Phone: (218) 681-1824
Sundays: Worship at 9 a.m.

OPEN ARMS CHRISTIAN FELLOWSHIP
A Ministry of the
Seventh-Day Adventist Church
David Jahn, Pastor
218-416-0178
401 St. Paul Ave. S., Thief River Falls
Church Phone: (218) 681-2790
openarmschristianfellowship@gmail.com
Saturdays: Bible Study at 10:20 a.m., Worship at 11:30 a.m.

OPEN DOOR FELLOWSHIP MINISTRIES
218-686-8837
Middle River Legacy Center
Door 6
Sunday, April 28: Sunday School for All Ages at 9:30 a.m.; Church Service at 10:45 a.m.
Monday, April 29: Women’s Bible Study at 6:30 p.m.

OUR SAVIOUR’S LUTHERAN CHURCH – AFLC
Alex Amiot, Pastor
2075 Hwy. 59 SE, Thief River Falls
Phone: (218) 681-4643
Sundays: KTRF Radio broadcast at 8 a.m.; Worship at 9:30 a.m.; Sunday School at 10:50 a.m.
Tuesdays: Women’s Bible Study at 9 a.m.
Wednesdays: 6:30 p.m. Kids’ Klub, Youth, and Adult Bible Study

REINER LUTHERAN FREE CHURCH – AFLC
Highway 1, 7 miles east of Goodridge
(218) 681-4643
Sundays: Worship at 11:30 a.m.
Watch video sermons any time at oursavioursaflctrf.com or on youtube.com/@oslc. To request sermon manuscripts to be mailed to you, call 681-4643 or email oslc@gvtel.com.

REDEEMER LUTHERAN CHURCH – ELCA
Rev. Stephanie White
1300 Nora Street East, Thief River Falls
Phone: (218) 681-3390
E-mail: redemetr@gvtel.com
Website: redemetr.org
Facebook: Redeemer Lutheran Church!
Office hours: 9 a.m.–2 p.m.

Wednesdays: 6:30 p.m. Worship Service 5:45-6:30 p.m. – BLAST PreK–5th grade and All confirmation
Sundays: Coffee and Fellowship following services; 9:30 a.m. In-person worship service or *Live stream Sunday Service* at redemetrtrf.org, click on our YouTube link. Bulletins also available online.

REDEEMER LUTHERAN CHURCH
Missouri Synod
Pastor: Jeffrey S. Lytle
Plummer, MN
Sundays: Divine Worship 12:30 p.m.

RINDAL LUTHERAN CHURCH, NALC
Rev. Timothy Lundeen, Pastor
23511 110th Ave. NW, Newfolden
Phone: (218) 689-0042 • (218) 378-4499
E-mail: prtim@gvtel.com
Sundays: In-person services at 10:30 a.m.; Sunday School from 9:30 to 10:30 a.m.

SILVERTON LUTHERAN CHURCH
17982 180th St. NE, Thief River Falls
facebook.com/silvertonlutheranchurch
No Worship services until further notice.

RIVER OF LIFE CHURCH
Timothy Self, Pastor
1563 Highway 59 SE (Next to McDonalds)
Thief River Falls
Phone: (218) 681-1469
www.riveroflifetrfmn.org
Sundays: Worship Service at 10 a.m.

SEVENTH-DAY ADVENTIST CHURCH
David Jahn, Pastor
1024 Tindolph Ave. South, Thief River Falls
Phone: (218) 416-0178
Saturdays: Services at 10 a.m.

SILVER CREEK LUTHERAN CHURCH
Pastor Kristin Ostercamp
22379 170th Ave. NE, Thief River Falls
Phone: (218) 681-7079
Sunday, April 28: 11 a.m. Silver Creek Worship/Gideons

ST. JOSEPH’S CATHOLIC CHURCH
Fr. Bob Schreiner, Priest
112 Edward Ave. N., Red Lake Falls
Phone: (218) 253-2685
305 Minnesota Ave., Brooks, MN
Phone: (218) 698-4477
Red Lake Falls: Saturdays at 5:30 p.m., Sundays at 10 a.m.
Brooks: Sundays at 8 a.m.

ST. BERNARD’S CATHOLIC CHURCH
Father Craig Vasek, Pastor
105 Knight Avenue N., Thief River Falls
Phone: (218) 681-3571
www.stbernardscoc.org
Saturdays: Mass at 5 p.m.
Sundays: Mass at 9 a.m.
9 a.m. Sunday Mass is also livestreamed

ST. JOHN LUTHERAN CHURCH
Missouri Synod
Pastor: Thomas L. Puffe
101 Pine Ave. S., Thief River Falls
Phone: (218) 681-4488
Fridays: Bible study at 2 p.m.
Sundays: Worship at 10:45 a.m.

ST. JOHN LUTHERAN CHURCH
Missouri Synod
Pastor: Jeffrey S. Lytle
702 Main Ave. S., Red Lake Falls
Phone: 218-253-2987
Sundays: Sunday School & Bible Study at 9:00 a.m.; Divine Worship at 10:30 a.m.

ST. PAULI LUTHERAN CHURCH ELCA
Kevin Reich, Pulpit Supply
P.O. Box 944, County Road 20 S.
Thief River Falls
Web: <http://historicscpauli.org>
Sundays: 10:30 a.m. Worship Service

THRIVING LIFE CHURCH
Jim Binder, Pastor
22722 350th St. South, Erskine
218-556-1545
www.thrivinglifemn.org
Sundays: Worship service at 10 a.m.

TRINITY LUTHERAN CHURCH – ELCA
Linda Kaushagen, Lay Visitation and Senior Outreach
325 Horace Ave. N., Thief River Falls
Phone: (218) 681-1310
www.trinitylutherantrf.org
Sundays: Worship Service at 9 a.m.; Coffee Fellowship following the service; Sunday School 10 a.m.
Worship Broadcasts: Also broadcasted on Garden Valley Channel 37 at 9 a.m. and Sjoberg’s Channel 3 at 10:30 a.m. Listen at 10:30 a.m. on KTRF Radio.

UNITED LUTHERAN, GATZKE OUR SAVIOR’S, THIEF LAKE
Tim Lundeen, Pastor
(218) 425-7878
Our Savior’s, Thief Lake
Phone: (218) 222-3711
United Lutheran, Gatzke
(218) 459-3351
Sundays: (KTRF 1230) Morning devotional hour at 8 a.m., Worship service at 8:30 a.m.

UNITED METHODIST CHURCH
Rev. Dr. Betty Johnson
116 Horace Ave. N., Thief River Falls
Phone: (218) 681-4388
Web: www.thiefriverumc.org
Email: trfumc@gmail.com
Pastor email: trfumpcaptor@gmail.com
Facebook: Thief River Falls United Methodist Church
Sundays: Worship services at 10 a.m. Service is recorded and posted on Facebook.
Tuesdays: 10 a.m. Video Bible Study; 3 p.m. Bible Study
Thursdays: 10 a.m. Chit Chat

VIKING COVENANT CHURCH
Clark Hjelle, Pastor
P.O. Box 96, 111 Third Ave. W.,
Viking, MN
Cell: (218) 202-1056
Sundays: Worship services at 10 a.m.; Sunday School at 11:15 a.m.
Special events as announced.

VIKING LUTHERAN PARISH ZION LUTHERAN CHURCH
Pulpit Supply: Barb Price, Cindy Ellingson
218-523-4995
P.O. Box 37, Viking
Sundays: Worship at 10:15 a.m.

WESTAKER FREE LUTHERAN CHURCH AFLC
Kevin Hall, Pastor
321 Minnesota Ave. E., Newfolden
Phone: (218) 874-7925
Web: westakerfreelutheran.360uite.com
Facebook: Westaker Free Lutheran Church
Email: westakerflc@wiktet.com
Wednesdays: 6:30 p.m. - Kids’ Club, Youth and Colossians Bible Study
Sundays: Sunday School at 9:15 a.m.; Worship at 10:30 a.m.; Trumpet of Truth at 7 p.m. on KTRF.

ZION LUTHERAN CHURCH – ELCA
Pastor Kristin Ostercamp
505 Main Ave. N., Thief River Falls
Phone: (218) 681-3296
Web: www.ziontrf.org
Worship Broadcasts: 9 a.m. KTRF Radio; 9 a.m. Cable Channel 3; 12 Noon Cable Channel 37
Wednesday, April 24: 5:15 p.m. Confirmation Supper, 6 p.m. Confirmation Class; 6 p.m. God’s Joy Choir; 7 p.m. Senior Choir; 7 p.m. Confirmation Students and Parent Meeting
Thursday, April 25: 9 a.m. SAIL Exercise; 2–4:30 p.m. LSS Respite Care
Friday, April 26: 8 a.m. Men’s Breakfast at Biff’s
Sunday, April 28: 9 a.m. Zion Worship/ Baptism/Gideons; 10 a.m. Sunday School/ Cornerstone; 10 a.m. Coffee Fellowship/ Presentation on Caring Companions/ Foster Grandparents
Monday, April 29: 9 a.m. SAIL Exercise
Tuesday, April 30: 9 a.m. Bible Study

This Church Directory Is Sponsored By The Following Businesses

SENIOR HOUSING
with services

 **Valley**
Assisted Living

Phone: 681-3286
523 Arnold Ave. South
Thief River Falls, MN 56701

BREDESON OFFICE SUPPLY

• SHARP Copiers
• Copier Supplies
• Typewriter Supplies
• Computer Supplies
• Fax Machine Supplies
• Rubber Stamps

• Stamp Supplies
• Office Furniture
• Variety Of Business Forms
• Misc. Unknown Office Supplies

 **BREDESON**
Office Supply

Phone: 681-2741
215 Main Ave. North
Thief River Falls, MN

Searching For The RIGHT Agency? Call Us!!

NORTHERN STATE AGENCY

"Large Enough To Serve You-Small Enough To Care"
681-4042

210 3rd Street East
Thief River Falls, MN



JOHNSON
Funeral Service, Inc.

420 LaBree Ave. N., Thief River Falls, MN 56701
Phone: (218) 681-4331 • Fax: (218) 681-4534
www.johnsonfuneralservice.com

SETHRE'S FOODS

Phone: 218-874-7405

NEWFOLDEN, MN

8 A.M. - 8 P.M. Mon. • 8 A.M. - 6 P.M. Tues. - Sat.



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Your Premier Senior Living Facility Providing Independence and Quality Care

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OAKLAND PARK COMMUNITIES

123 Baken Street
Thief River Falls, MN 56701



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 **CENEX** Where the customer is the company

Thief River Falls
3rd & Atlantic
681-3512
Goodridge – 378-4146

 **mbc**

GROW YOUR BUSINESS



SECURE ONE OF THESE AD SPOTS!

Contact us about advertising on this page. & reach thousands of readers every month.

CALL US TODAY (218) 681-4450

 **INKcredible**
printing by **The Times**
Commercial Printing & Newspaper Publishing

218-681-4450

324 Main Ave N
Thief River Falls

Thief River Falls Times/Northern Watch

Classifieds

218-681-4450

Make One Call and Reach 28,000 Readers Throughout the Region

PLACE YOUR AD

...By Phone 218-681-4450

Monday–Thursday • 8 a.m. – 5 p.m.; Friday • 8 a.m. – 3 p.m.

...By Fax 218-681-4455

Monday–Friday • 24 Hours/7 Days

...By E-mail classified@trftimes.com

24 Hours/7 Days

...By Mail or In Person

P.O. Box 100

324 Main Ave. N.

Thief River Falls, MN 56701

Monday–Thursday • 8 a.m. – 5 p.m.; Friday • 8 a.m. – 3 p.m.

MAIL, FAX & WEB ORDERS:

Include the following information:

• Full name, address and payment

• Date(s) you want the ad to appear

• Name and daytime phone number for any questions or clarifications

AD DEADLINES:

The Times - Monday, 10 A.M.;

Northern Watch - Wednesday, 2 P.M.

Name _____

Address _____

City _____

State _____ Zip Code _____ Phone _____

If you wish to have your name, address and telephone number in the ad, please write it on the numbered line

1	2	3	4	5
6	7	8	9	10
11	12	13	14	15 – \$6.00
16	17	18	19	20
21	22	23	24	25 – \$7.25
26	27	28	29	30
31	32	33	34	35 – \$8.50

Make Check Payable to The Times, P.O. Box 100, Thief River Falls, MN 56701

☐ Check or Money Order Enclosed

☐ Card # _____

Expiration Date _____

PRIVATE PARTY AD RATES:

15 Words \$6.00 Per Publication

\$1.25 ea. additional 10 words

Run 3 Issues 4th One FREE*

☐ The Times

☐ Northern Watch

☐ Both (Times & Watch)

*Cash or Check Only

The Stephen-Argyle Central School District is seeking qualified applicants for the following full-time teaching positions for the 2024-2025 school year.

7-12 Special Education Teacher

Title I Teacher



Interested applicants should submit completed resume, transcript, licensure, and 3 letters of reference to Superintendent Drew Kjono.

Drew Kjono
Stephen-Argyle Central Schools
PO Box 68
Stephen, MN 56757
dkjono@sac.k12.mn.us



Oil Boyz Express Lube is seeking a Full-time LUBE & TIRE TECHNICIAN

Willing to train on the job. Paid vacation upon starting, employee discounts and incentives.

Starting wage \$16–18 per hour plus commission on shop work.

Apply at Oil Boyz Express Lube or call and talk to Corey.

1536 Hwy 59 SE • Thief River Falls • 218-681-4555

Located across the street from L&M Fleet Supply.



PENNINGTON HEALTH SERVICES

DBA Thief River Care Center

Is Hiring For

LPNs – PM & NOC shifts

FT \$5,000 Sign-On • PT \$4,000 Sign-On

Apply online at

www.phs.sfhs.org/employment E/O/E

The following position is available in School District #564, Thief River Falls, Minnesota:

OCCUPATIONAL THERAPIST

Effective: Fall 2024

Requirements: Current Occupational Therapist License through the State of Minnesota

Salary and Benefits: Per negotiated contract (TRFEA - Teacher’s Contract)

Application Deadline: Open until filled

Online Application available on the School District Website: www.trfschools.org > Employment

Providing a community partnership focused on quality learning. Independent School District 564 is an equal opportunity educator and employer.



PENNINGTON HEALTH SERVICES

DBA Thief River Care Center

Is Hiring For

Certified Nursing Assistants

Starting \$20.54 + experience pay

FT \$4,000 Sign-On • PT \$3,000 Sign-On

Must have current CNA Certification

All Shifts • Excellent benefits package!

Apply online at

www.phs.sfhs.org/employment E/O/E

FULL-TIME & PART-TIME COOKS

Evenings and Weekends

Experience preferred but willing to train the right person.

Competitive Pay!



PLEASE APPLY IN PERSON TO AL at 1080 Hwy 32 South Thief River Falls (No phone calls please)





PENNINGTON HEALTH SERVICES

DBA Thief River Care Center

Is Hiring For

FT Charge Nurse

12-hour shifts, every 3rd weekend, every 3rd holiday

\$4,000 Sign-On

Apply online at

www.phs.sfhs.org/employment E/O/E

FULL-TIME CIRCULATION & CUSTOMER SERVICE

person needed in our busy office

Must have computer experience, excellent phone skills and attention to detail.

Responsibilities include maintaining subscriber accounts, postal reports, printing mailing labels, handling customer concerns and other duties as assigned.

Position requires a multi-tasker with willingness to learn.

We offer a competitive wage and a great benefits package in a fun, relaxed environment. NO NIGHTS or WEEKENDS!

Submit resume to:

The Times • 324 Main Ave. North • Thief River Falls, MN 56701 (218) 681-4450 or pseibel@trftimes.com



Northern Woodwork, Inc.

A regional cabinet and woodwork manufacturer

Hiring

MACHINE OPERATOR

• \$17.00 Per Hour

• Full-Time Positions

• Paid Vacation

• Paid Holidays

• Profit Sharing

• 401k Program

• Health Insurance

WILL TRAIN RIGHT TEAM MEMBERS

Apply in person at Northern Woodwork, Inc. 1581 Hwy 59 SE, Thief River Falls, MN



Full-Time Farm Operator/ Mechanic

Gunvalson Farms, Inc. has an open position for a full-time Farm Operator/Mechanic at our wild rice farming operation 10 miles north of Gully, MN. Must be physically fit, have machinery repair experience and be able to competently operate farm machinery. Must be willing to work long hours during the fall harvest season however we have flexible winter hours. Maintaining a healthy work-life balance for the team is very important to us.

We offer competitive pay depending on experience. Benefits include PTO, 401k and Health Insurance.

Call Steven at 218-556-0736

18345 390th Ave SE, Trail, MN 56684

HELP WANTED!!

NOW OPEN... DAY SHIFTS



AT 

GREAT PAY Work 1 Day or 5 You Choose!

• Fun Staff

• Great Hours

• No Weekends!!



Call About Hourly Rate! or Fill Out Application at Cenex Travel Plaza - A&W Hwy 59 S in Thief River Falls

Jon 218-681-7441

FRONT DESK POSITION FOR DENTAL PRACTICE OPENING:

We are looking for an enthusiastic, exceptional patient coordinator to join our family-oriented, state-of-the-art dental practice located in Thief River Falls. They must be an outgoing, personable person that is able to multi-task and handle the pace of our welcome area. Computer skills are important as well as attention to detail. We are a busy office that has been helping our patients for over 40 years and we care about our community. We want somebody that cares about their job, their team members, their patients and their reputation in their community.

As front desk team member, you will be the first person to greet and assist our wonderful patients with their dental needs.

Skills we are looking for include: dental experience a plus, excellent phone skills, great communication skills, detail orientated, able to multi-task, excellent computer skills, able to work well with a team and with patients, excellent customer service.

Hours: Monday – Thursday (NO Fridays or weekends!)

Pay & Benefits: TBD, will elaborate during interview



Send resume to: frontdesk@braydental.com and we will contact you for application pickup.

The Marshall County Highway Department is currently accepting applications for the following FULL-TIME positions:

Mechanic (Warren Shop)

This position is responsible for the management of all maintenance equipment including scheduling all maintenance work, scheduling major repair work with equipment manufacturers, keeping records of equipment operating hours and repair history. DOT Certification preferred, but able to obtain after hire date.

Pay range is \$25.62-\$33.84, depending on experience.

Motor Grader Operator/General Maintenance Worker (Holt Shop)

This position schedules and performs blading, snowplowing, and other minor roadside maintenance functions on route assigned. Responsible for reporting unsafe or insufficient conditions existing on roadways and bridges on assigned route.

Pay range is \$23.69-\$30.91, depending on experience.

Applications and job descriptions are available on the Marshall County Website and at the Highway Department Office, 447 South Main Street, Warren, MN 56762.

A valid Class A Driver’s License is required for each of these positions.

Positions are open until filled.

Marshall County is an Equal Opportunity Employer.

COUNTY SOCIAL WORKER

Roseau County Services is accepting applications for three full-time Social Workers

The positions will provide assessments and case management for a disabilities caseload of varying ages. Caseload will also include managed care coordination, adult protection and other services.

Salary starting from \$29.23 per hour, commensurate with experience.

Applicants are required to have a four-year degree in social work or closely related field.

Applicants must apply online by going to the Department of Human Services Merit System website at: <http://agency.governmentjobs.com/mnmeritsystem/default.cfm>

Select Job: County Agency Social Worker – Roseau County

Applications must be received by the Department of Human Services Minnesota Merit System by 4:30 PM on May 10, 2024.

For questions/information contact: Carrie Rath, Social Service Supervisor, carrie.rath@co.roseau.mn.us, Roseau County Social Services, 208 6th ST SW, Roseau MN 56751 or call (218) 463-2411.

Night Shift Machinist/ Mill Setup Person

40 hr. work week

Must be able to lift 50 lbs. occasionally

Willing to train

This position is full time with major medical Insurance, vacation, 401(k) plan and profit sharing. Salary based on experience. Candidate would be responsible for working from blueprints, specifications and/or instructions to setup and operate mills, including reviewing CNC programs and blueprints, varies speeds and feeds for tooling and operate mills to produce quality parts. Must be able to create and edit simple programs at the control. A 2 year Technical School Degree plus 1-2 years field experience preferred but not required. Must be reliable and a self-starter.



Machinewell, Inc.
Grygla, MN
218-294-6101 (Ask for Jared)
jhaack@machinewell.com

Help Wanted

Concrete Labor Finisher and Operators. Call after 6pm, 218-745-4037, No answer, leave a message P4t35p

HIRING: LABORERS OR FINISHERS
Call Robert at
218-686-9308

Looking for a Summer Job?



is looking for:
GO-KART WORKERS
CUSTOMER SERVICE
in the Clubhouse
MANAGER for day-to-day operations of our campground with go-karts, mini golf and arcade.
Fun & Upbeat Jobs working with a young and energetic crew!


Pick up/Drop off applications at:
Falls Stay-n-Play
17141 Hwy 59 NE
Thief River Falls, MN 56701
Can also mail to this address or send via email to: fallsstaynplay@gmail.com

DRIVER WANTED

Seeking a Delivery driver to transport newspapers to Devils Lake, ND on Mondays and Wednesdays each week. The driver would be reimbursed for time and travel.

Please contact Phil at
218-681-4450
or pseibel@trftimes.com for more information.

For Rent

SUMMERFIELD 55+ Community: One-bedroom plus den and one-bathroom apartment available. Central air, Washer/Dryer, Dishwasher, Microwave, heated parking, Elevator, Community room, heat and water paid. **MULTIFAMILY APARTMENTS** in TRF: One-, Two- And Three-Bedroom Apartments Available. Central Air, Washer/Dryer In Apartment, Heat Paid. Call 218-681-5194. 28tfc

CURRENT OPENINGS: 1-person studio apartments \$500/mo. Pet- and smoke-free, utilities included (excluding cable and internet). **Sunrise Apartments:** 218-86-7321 • sunriseapartments@outlook.com 28tfc

For Rent

SUMMERFIELD PLACE Multi-Family In Newfolden: Two-Bedroom Apartment Available. Very spacious. Includes Heat/Water/Trash. Detached Garage Available. Call 218-681-5194. 28tfc

SEARCHING FOR AN APARTMENT IN STEPHEN, MN ?

Tamarac Apartments Multi-Family
Is accepting applications for immediate occupancy!
NOW Leasing
1 bed-1 bath
& 2 bed-1 bath

Apartments are available and ready to go!
12 month & 6 month leases are available.

Sit back and relax. Your new home awaits with Tamarac Apartments, formerly known as Tamarac 55+.

Call Peter at
218-280-9851
for more information.
Or visit and apply online at:
www.gmmco.org.

 Greater Minnesota Property

Rummage Sales



ESTATE SALE
April 25, 26, 27
9:00 AM
Broadway/Main Street
St. Hilaire
*Household • Furniture
Antiques • Decor
Restaurant Supplies*



BINDERY & PRODUCTION HELP WANTED

Wanted reliable person to assist in pressroom and bindery operations as directed to complete company and customer printing requirements. Duties include working with newspaper mailing, finishing print projects, deliveries and other duties as assigned.
REQUIREMENTS: Ability To Lift 50 Lbs. Repetitively; Willingness to Learn. Must Be 18 Yrs. Or Older. Criminal Background Check, VALID DRIVER'S LICENSE REQUIRED.

STOP IN AND FILL OUT AN APPLICATION AT

 **Thief River Falls Times and Watch**
and Commercial Print Shop
324 Main Avenue North • Thief River Falls, MN
(218) 681-4450 • pseibel@trftimes.com

Rummage Sales

Multi-Party Rummage Sale: 115 Woodland Court, April 25, 4:30pm-7:30pm, April 26, 10am-4pm, April 27, 7am-11am. Adult, infant clothing, exercise equipment, household, 32' lawn aerator, kid's picnic table, slide, books, toys, many misc. items.

Antiques/Collectibles
Top cash for old clocks, radios, signs, toys, coins, fish and duck decoys, anything old or antique. Call Larry, 386-785-3084, Brainerd, MN

TICKET ROLLS! 2,000 Per Roll, Single And Double Rolls. The Times, 324 Main Ave. N., TRF, 681-4450.

ACCOUNT CLERK SR / ACCOUNTS PAYABLE CLERK

- Job Title: Account Clerk Sr / Accounts Payable Clerk
- Location: Thief River Falls
- Work Schedule: Days: Monday-Friday
- Salary Range: \$43,764-\$59,236 Annually

Application Procedure: Please apply online at https://mn.gov/mmb/careers using the following Job ID 75702, as paper applications will not be accepted.
Posting closes: April 26, 2024.

NORTHLAND COMMUNITY & TECHNICAL COLLEGE
Member of the Minnesota State Colleges and Universities.

An Affirmative Action/Equal Opportunity Employer. Women, minorities and individuals with disabilities are encouraged to apply.

Crime Victim Services Advocate

Pennington County is seeking candidates for a **full-time Crime Victim Advocate**. Under the direction of the County Attorney, this position is responsible for providing support, advocacy, crisis intervention, referral information, and assistance to victims of crime.
A degree in social work, sociology, criminology, or criminal justice is preferred but not required. Applicants should have at least 1 year of demonstrated experience related to advocacy and support of victims of crime.
Pennington County offers excellent benefits including health and life insurance, 12 paid holidays, vacation and sick leave, and a pension retirement plan. This non-union position features a starting pay of \$22.00/hour.
Applications and a complete job description are available in the Pennington County Auditor-Treasurer's Office, 101 Main Avenue North, Thief River Falls, MN 56701, on our website at: http://co.pennington.mn.us, or can be emailed upon request.
Applications along with resumes and supportive documents can be mailed to the address above or may be emailed to: kwerickson@co.pennington.mn.us.
Application deadline: April 30, 2024 at 4:30 p.m.
Pennington County is an Equal Opportunity Employer.

Want to Buy

John Deere Grain Drill 455 With Grass Seeder. Also, 36-ft. Coil Packer. 218-991-2575 P4t34f

Machinery

1935 WC Allis, Starts, Runs & Drives, Good Tin; **Complete 4 cylinder motor clutch & transmission.** Call 218-280-2491 P4t36p

Vehicles/Accessories

2000 Pontiac Bonneville SSEI SUPERCHARGED, 3.8 V6, \$600, Call 218-689-6964 P4t33p

Teller Positions Open

- Part-time or Full-time options available
- Flexible hours between 8am-6pm
- Full-time Benefit Package includes: Competitive Salary, Health & Dental Insurance, Life & LTD Insurance, 401k with Profit Sharing, PTO Accrual starting at 15 days per year

For more information contact Francesca at
218-681-4020 or email employment@nsbtrf.com


Member FDIC of Thief River Falls EEO

NOW HIRING

For All Full-Time, Part-Time & Overnight Positions At All 3 Locations

Flexible Schedules & Competitive Pay



Main 220 Main Ave. S. Thief River Falls (218) 681-8888	Square 1st & Pennington Thief River Falls (218) 681-4552	Petro Hwy. 1 & 59 N. Thief River Falls (218) 681-3546
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McIntosh Senior Living
"Dedicated to Quality Care"

Full-time Registered Nurse

McIntosh Senior Living (MSL) is currently accepting applications for a Full-time Registered Nurse to work the med cart and RN Charge shifts.
Responsibilities: capable of doing admissions, discharges, resident assessments, weekly skin charting, obtaining Dr's orders and assessing resident conditions. The RN will need to provide direct directions and supervision to the direct care staff. Also requires good communication and documentation skills and positive interaction with residents, families and co-workers.
MSL offers Free single health insurance, family health insurance, HSA (facility contributes \$1,500 yearly) Sign on bonus, PTO, 401k, dental, vision, life and short-term disability, holiday pay, retention/incentive bonus, competitive wages and scholarship program/loan payments. Credit is given for experience.
Interested people should send resume to McIntosh Senior Living 600 Riverside Ave NE, McIntosh, MN 56556, attention Tricia Brua, Director of Nursing or call 218-563-2715.

Summer positions

Need some extra cash this summer?

DigiKey is currently seeking candidates for a seasonal summer warehouse opportunity.

DigiKey offers a pay rate starting at \$16.00 per hour for these temporary positions.

Two schedule options are available:
5:00 AM – 1:30 PM (Monday-Friday)
1:30 PM – 10:00 PM (Monday-Friday)



DigiKey

Find your opportunity today!
digikeycareers.com



digikeycareers.com | 218.681.7930 | careers.us@digikey.com
*The relocation bonus applies to newly-hired, full-time employees who are relocating to Thief River Falls, MN, from outside of a 45-mile radius. ©2024 DigiKey. DigiKey is an Equal Opportunity Employer. All qualified applicants will receive consideration for employment without regard to race, color, religion, sex, sexual orientation, gender identity, national origin, disability, or status as a protected veteran.



DAVIDSON CONSTRUCTION, INC & AGASSIZ ASPHALT, LLC
IS LOOKING FOR THE FOLLOWING POSITIONS:

- **SIDE DUMP-END DUMP-TRUCK DRIVER - (CDL REQUIRED) (WILL TRAIN)**
- **REDI MIX TRUCK DRIVER - (CDL REQUIRED) AT ST. HILAIRE & HOLT PLANT**
- **EQUIPMENT OPERATORS - DOZER & TRACKHOE**
- **PIPELAYER / LABORER**
- **HEAVY EQUIPMENT DIESEL MECHANIC**
- **GPS TECHNICIAN**

OFFERING COMPETITIVE WAGE, INCLUDING HEALTH INS. AND RETIRMENT PLAN
SEASONAL FROM APPROX MAY 1 TO NOV 1

TO REQUEST AN APPLICATION, CALL 218-449-4865, EMAIL: pdavconst@wikel.com – OR –
DOWNLOAD AN APPLICATION ON OUR WEBSITE:
www.davidsonconstruction.com

WE ARE AN EQUAL OPPORTUNITY EMPLOYER



Spring Wheat For Sale
2024 Wheat Varieties

AP Murdock
*Excellent Yield Potential
with Medium Early Maturity*

Sy Ingmar
Very High Protein and High Yield

Sy Valda
The Yield Warrior

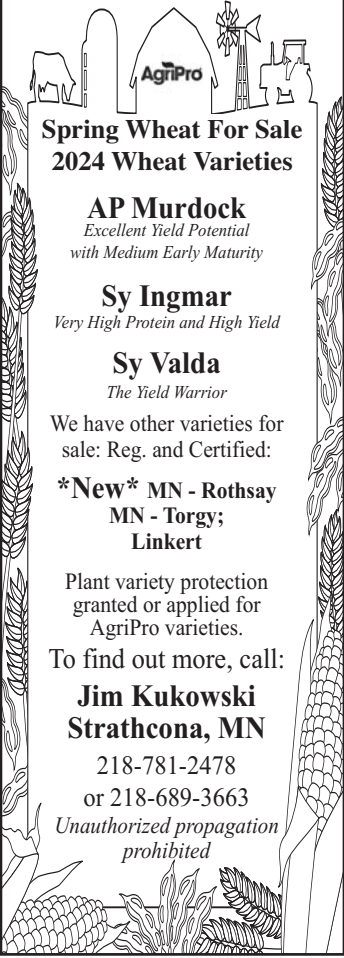
We have other varieties for sale: Reg. and Certified:

***New* MN - Rothsay MN - Torgy; Linkert**

Plant variety protection granted or applied for AgriPro varieties.

To find out more, call:

Jim Kukowski
Strathcona, MN
218-781-2478
or 218-689-3663
Unauthorized propagation prohibited



Hay, Feed & Seed

Certified MN Variety wheat seed and Rothsay (new), Torgy and Linkert. **Call 218-686-9517** 3P12134p

LEGAL NOTICES

April 17, 24, 2024
NOTICE OF NON-LIEN SALE
The contents of storage shed 31, including a child's easy chair, several framed pictures, a crib mattress, two free-standing fans, household goods, numerous totes, children's books, trunks, and many other miscellaneous items to be sold in one lot, will be sold by TRF Mini Storage, Inc. at a non-lien public auction on Saturday, April 27, 2024, at 1:00 PM at TRF Mini Storage, Inc. located at 608 Greenwood Street West in Thief River Falls, Minnesota.

April 17, 24, May 1, 2024
PENNINGTON COUNTY, MN CALL FOR BIDS GRADING AND EROSION CONTROL
NOTICE TO CONTRACTORS-
Electronic bids for CP 57-24-09, CP 57-24-08, CP 57-24-07 will be accepted by Pennington County through Pennington County's online bid system (eGram/Bid Vault) until 1:00 P.M. on Wednesday, May 15, 2024, at which time they will be publicly opened and read at the Pennington County Highway Department, 250 125th Avenue NE, Thief River Falls, Minnesota 56701 for the contract listed below:
COUNTY PROJECT NO. 57-24-09, 57-24-08, 57-24-07
CONTRACT NO. 2402
LOCATION: On CSAH 17, 3.15 miles

South of CSAH 3 to 3.19 miles South of CSAH 3.
On CSAH 3, 0.55 miles East of Trunk Highway 32 to 0.63 miles of Trunk Highway 32.
On County Road 52, 7.93 miles West of Trunk Highway 32 to 8.02 miles West of Trunk Highway 32.
TYPE OF WORK: Grading and Erosion Control
LENGTH: Varies
The major items of work are approximately:
SALVAGE RANDOM RIPRAP 75 Cu. Yd.
EXCAVATION- COMMON 1046 Cu. Yd.
RANDOM RIPRAP CLASS IV 77 Cu. Yd.
INSTALL RANDOM RIPRAP 67 Cu. Yd.
ROLLED EROSION PREVENTION CATEGORY 80A 2080 Sq. Yd.
To submit an electronic bid, Plans and Proposals can be obtained from the Pennington County eGram Website at: <http://oneoffice.co.pennington.mn.us/oneoffice/bidding/contract?contract=50>
ONLY REGISTERED PLANHOLDERS WILL BE ALLOWED TO BID ON THE PROJECT.
To become a registered plan holder, you must create an account at: connex.mn.uccs.com
Electronic bids must be accompanied by a corporate surety bond payable to the Pennington County Treasurer in an amount of not less than five percent (5%) of the total bid.
The Pennington County Board of Commissioners reserves the right to reject any or all bids and to waive any irregularities and award the contract in the best interest of Pennington County.
Jennifer Herzberg
Pennington County Auditor

cessor by merger to Wells Fargo Home Mortgage, Inc.
RESIDENTIAL SERVICER: Wells Fargo Bank, N.A.
TAX PARCEL IDENTIFICATION NUMBER: 2501214450
TRANSACTION AGENT'S MORTGAGE IDENTIFICATION NUMBER: None
THAT no action or proceeding has been instituted at law to recover the debt then remaining secured by such mortgage, or any part thereof, or, if the action or proceeding has been instituted, that the same has been discontinued, or that an execution upon the judgment rendered therein has been returned unsatisfied, in whole or in part.
PURSUANT, to the power of sale contained in said mortgage, the above described property will be sold by the Sheriff of said county as follows:
DATE AND TIME OF SALE: May 28, 2024 at 10:00 AM.
PLACE OF SALE: Pennington County Sheriff's Office, County Law Enforcement Center Lobby, 102 West First Street, Thief River Falls, MN 56701.
to pay the debt then secured by said mortgage and taxes, if any actually paid by the mortgagee, on the premises and the costs and disbursements allowed by law. The time allowed by law for redemption by said mortgagor(s), their personal representatives or assigns is twelve (12) months from the date of sale.
TIME AND DATE TO VACATE PROPERTY: Unless said mortgage is reinstated or the property redeemed, or unless the time for redemption is reduced by judicial order, you must vacate the premises by 11:59 p.m. on May 28, 2025.
THE TIME ALLOWED BY LAW FOR REDEMPTION BY THE MORTGAGOR, THE MORTGAGOR'S PERSONAL REPRESENTATIVES OR ASSIGNS, MAY BE REDUCED TO FIVE WEEKS IF A JUDICIAL ORDER IS ENTERED UNDER MINNESOTA STATUTES, SECTION 582.032, DETERMINING, AMONG OTHER THINGS, THAT THE MORTGAGED PREMISES ARE IMPROVED WITH A RESIDENTIAL DWELLING OF LESS THAN FIVE UNITS, ARE NOT PROPERTY USED IN AGRICULTURAL PRODUCTION, AND ARE ABANDONED.
MORTGAGOR(S) RELEASED FROM FINANCIAL OBLIGATION ON MORTGAGE: None
Dated: March 27, 2024
WELLS FARGO BANK, N.A. Mortgagee

the Decedent's Will dated September 13, 2023 for the appointment of Dawn L. Williamson, whose address is 15636 US Hwy 59 NE, Thief River Falls, MN 56701, as personal representative of the Decedent's estate in a supervised administration.
Any objections to the petition must be raised at the hearing or filed with the Court prior to the hearing. If the petition is proper and no objections are filed or raised, the personal representative will be appointed with the full power to administer the Decedent's estate, including the power to collect all assets; pay all legal debts, claims, taxes, and expenses; sell real and personal property; and do all necessary acts for the Decedent's estate.
Notice is further given that, subject to Minn. Stat. § 524.3-801, all creditors having claims against the Decedent's estate are required to present the claims to the personal representative or to the Court within four (4) months after the date of this notice or the claims will be barred.
BY THE COURT
Dated: 4/16/2024 /s/ Tamara Yon
Judge of District Court
Dated: 4/16/2024 /s/ Kathy Narlock
Court Administrator

April 24, May 1, 8, 2024
00020
ADVERTISEMENT FOR BIDS
2024 CITY FUNDED STREET & UTILITY IMPROVEMENTS
Thief River Falls, Minnesota
Separate sealed BIDS for the furnishing of all labor, materials, and equipment for the 2024 City Funded Street & Utility Improvements project will be received by the City of Thief River Falls until the hour of 10:00 a.m. C.D.S.T., Wednesday, May 15th, 2024, in the City Council Chambers, City Hall, 405 Third Street East - Thief River Falls, Minnesota, at which time they will be publicly opened and read aloud.
The proposed work includes, but is not limited to the following major quantities:
27 Tree Clearing & Grubbing
7 Each Remove Manhole or Catch Basin
26 Each Remove Curb Stop & Box
935 L.F. Remove Watermain
767 L.F. Remove Water Service
Pipe
100 L.F. Remove Sewer Pipe (Storm)
1,357 L.F. Remove Sewer Pipe (Sanitary)
810 L.F. Remove Sanitary Service Pipe
1,963 L.F. Remove Curb & Gutter
768 L.F. Sawing Bituminous Pavement (Full Depth)
8,851 S.F. Remove Concrete Walk
290 S.Y. Remove Concrete Driveway Pavement
4,415 C.Y. Common Excavation
3,129 S.Y. Bituminous Pavement Reclamation (Full Depth)
498 Ton Type SP 9.5 Wearing Course Mixture (2.B)
498 Ton Type SP 9.5 Non Wearing Course Mixture (2.B)
138 L.F. 12" RC Pipe
1 L.S. Sanitary Sewer Bypass / Temporary Service
6 Each Connect to Existing Sanitary Sewer
32 Each Connect to Existing Sanitary Sewer Service
23 Each 8" x 4" PVC Wye
9 Each 12" x 4" PVC Wye
924 L.F. 8" PVC Pipe Sewer
416 L.F. 12" PVC Pipe Sewer
810 L.F. 4" PVC Sanitary Service Pipe
1,350 L.F. Clean and Video Tape Pipe Sewer
3 Each Hydrant
1 Each Connect to Existing Watermain
26 Each Connect to Existing Water Service
9 Each 6" Gate Valve & Box w/Adaptor
26 Each 1" Curb Stop & Box w/Stainless Steel Rod
946 L.F. 6" PVC C-900 Watermain
780 L.F. 1" Type K Copper Pipe
9 Each Casting Assembly (Catch Basin & Sanitary)
66 L.F. Construct Drainage Structure, Design Precast
8,411 S.F. 4" Concrete Walk - Reinforced
1,932 L.F. Concrete Curb & Gutter, Design B618
54 S.F. Truncated Domes
1 L.S. Traffic Control
1 L.S. Erosion Control
Supervisor
11 Each Storm Drain Inlet
Protection
82 C.Y. Boulevard Topsoil Borrow (CV)
0.5 Acre Turf Establishment
Complete digital project bidding documents are available at www.questcdn.com by inputting Quest project #9086521 on the website's Project Search page.
Please contact QuestCDN.com at 952-233-1632 or info@questcdn.com for assistance in free membership registration, downloading, and working with this digital project information.
You may download the digital plan documents electronically for \$30. Neither the Owner nor the Engineer will have sets of bidding documents available for purchase.
Bids received from Bidders who are not recorded by the city as having received the Bidding Documents will not be opened.
Each Bid will be accompanied by a Bid Bond in an amount equal to Five (5%) percent of the total amount of the bid made payable without condition to the Owner, as a guarantee that the Bidder, if awarded the Contract, will promptly execute the Agreement in accordance with the Bid and the other Contract Documents.
The successful Bidder will be required to furnish a Performance Bond and a Payment Bond guaranteeing Bidders faithful performance and the payment of all bills and obligations arising from the performance of the Contract.
The City of Thief River Falls reserves the right to waive any irregularities / informalities and to reject any or all Bids as they may deem in the best interest of the City.
The City will retain the Bid security from the two lowest Bidders for a period of forty-five (45) days after the date fixed for opening Bids.
All Bids must be in accordance with the Bidding Documents on file with:
1. City Public Works Department
2. Widseth Smith Nolting & Assoc., Inc.
405 Third Street East
Consulting City Engineer
Thief River Falls, MN 56701
216 South Main Street
Telephone: (218) 861 - 8506
Crookston, MN 56716
Telephone: (218) 281 - 6522
Dated this 17th day of April 2024.
Angie Philipp
City Administrator

COUNTY PROJECT – BIDS CLOSE
Tuesday, May 28th, 2024
RED LAKE COUNTY
RED LAKE FALLS, MN 56750

NOTICE TO CONTRACTORS – Bids will be received until 10:00 AM, Tuesday, May 28th, 2024, by Kelsey Gervais, County Auditor, at the Auditor's Office in the Red Lake County Court House, 124 Langevin Ave, Red Lake Falls, MN 56750, for the construction of the project listed below. Bids will be opened publicly by Taylor Amiot, County Engineer, or a designated representative, on behalf of the Red Lake County Board of Commissioners.

S.A.P. 063-651-003
Bituminous Mill, Bituminous Surfacing, Subgrade Excavation, and Shoulder Base Aggregate.

The Major quantities of work include TYPE SP 9.5 WEARING COURSE MIXTURE (2.B) - TON 525; TYPE SP 9.5 BITUMINOUS MIX FOR TIGHT BLADE LEVELING (2.B) – TON 375; REMOVE BITUMINOUS PAVEMENT – SQ.YD. 248; EXCAVATION SUBGRADE – CU.YD. 182

Information and Bidding Documents for the Project can be accessed free of charge at the Red Lake County website <https://www.co.red-lake.mn.us/>. To proceed, you must navigate to the highway department page and look for "Projects in Bidding". Hard copy purchase is not required to bid as prime. Plans and Proposals may also be procured by purchase from the Red Lake County Highway Department, 204 7th Street Southeast, Red Lake Falls, MN 56750.

Complete Plans, Bid Proposals and Specifications:
Counter Price: \$50.00 (includes tax)
Mailed: \$58.00 (includes tax)

Bids must be accompanied by a cashier's check or bidder's bond made payable to the Red Lake County Treasurer in the amount of at least 5% of the total bid.

The Red Lake County Board of Commissioners reserves the right to accept any bid or reject any or all bids, waive irregularities, and award the contract in the best interest of Red Lake County.

Kelsey Gervais – Red Lake County Auditor

April 3, 10, 17, 24, May 1, 8, 2024
NOTICE OF MORTGAGE FORECLOSURE SALE
THE RIGHT TO VERIFICATION OF THE DEBT AND IDENTITY OF THE ORIGINAL CREDITOR WITHIN THE TIME PROVIDED BY LAW IS NOT AFFECTED BY THIS ACTION.
NOTICE IS HEREBY GIVEN: That default has occurred in the conditions of the following described mortgage:
DATE OF MORTGAGE: June 20, 2000
ORIGINAL PRINCIPAL AMOUNT OF MORTGAGE: \$41,259.00
MORTGAGOR(S): Andrew N. Dally, a single person
MORTGAGEE: Wells Fargo Home Mortgage, Inc. n/k/a Wells Fargo Bank, N.A. successor by merger to Wells Fargo Home Mortgage, Inc.
DATE AND PLACE OF FILING: Recorded on June 22, 2000 as Document Number 160163 in the Office of the County Recorder of Pennington County, Minnesota.
ASSIGNMENTS OF MORTGAGE: Assigned to: None.
LEGAL DESCRIPTION OF PROPERTY: Lots Seventeen (17) and Eighteen (18), Block Fifteen (15), Knox's Addition to Red Lake Rapids, now a part of the City of Thief River Falls, according to the official plat thereof on record, Pennington County, Minnesota.
STREET ADDRESS OF PROPERTY: 414 CROCKER AVE S, THIEF RIVER FALLS, MN 56701
COUNTY IN WHICH PROPERTY IS LOCATED: Pennington County, Minnesota.
THE AMOUNT CLAIMED TO BE DUE ON THE MORTGAGE ON THE DATE OF THE NOTICE: \$20,155.75
TRANSACTION AGENT: None
NAME OF MORTGAGE ORIGINATOR: Wells Fargo Home Mortgage, Inc. n/k/a Wells Fargo Bank, N.A. suc-

By: /s/ **"N. Kibongni Fondungallah, Esq."**
Samuel R. Coleman, Esq.
Sung Woo Hong, Esq.
Attorneys for Mortgagee
25 Dale Street North
St. Paul, MN 55102
(651) 209-9760
(22-0776-FC01)
THIS IS A COMMUNICATION FROM A DEBT COLLECTOR.
April 24, May 1, 2024
STATE OF MINNESOTA
COUNTY OF PENNINGTON
DISTRICT COURT
NINTH JUDICIAL DISTRICT
PROBATE DIVISION
Court File No.: 57-PR-24-248
In Re Estate of
Judith Ann Bruggeman,
Decedent.
ORDER AND NOTICE OF HEARING ON PETITION FOR APPOINTMENT OF PERSONAL REPRESENTATIVE IN SUPERVISED ADMINISTRATION AND NOTICE TO CREDITORS.
It is Ordered and Notice is given that on May 16, 2024 at 8:30 a.m., a hearing will be held in this Court at , Minnesota and via Zoom, on a petition for the formal probate of an instrument purporting to be

April 24, May 1, 8, 2024
STATE OF MINNESOTA
COUNTY OF PENNINGTON
NINTH JUDICIAL DISTRICT
DISTRICT COURT
PROBATE DIVISION
Court File No.: 57-PR-24-254
In Re Estate of
Dean Harold Hanson,
Decedent.
NOTICE OF AND ORDER FOR HEARING ON PETITION FOR FORMAL ADJUDICATION OF TESTACY, DETERMINATION OF HEIRS, FORMAL APPOINTMENT OF PERSONAL REP. AND NOTICE TO CREDITORS
It is Ordered and Notice is given that on May 16, 2024 at 9:00 a.m., a hearing will be held via virtual meeting.
A petition was filed for the adjudication of intestacy and determination of Decedent's heirs, and for the appointment of Dale J. Hanson, whose address is PO Box 161, Goodridge, MN 56725, as personal representative of Decedent's estate in a supervised administration.
Any objections to the petition must be raised at the hearing or filed with the Court prior to the hearing. If the petition is proper and no objections are filed or raised, the personal representative will be appointed with the full power to administer the Decedent's estate, including the power to collect all assets; to pay all legal debts, claims, taxes, and expenses; to sell real and personal property; and to do all necessary acts for the Decedent's estate.
Notice is further given that, subject to Minn. Stat. § 524.3-801, all creditors having claims against the Decedent's estate are required to present the claims to the personal representative or to the Court within four (4) months after the date of this notice or the claims will be barred.
BY THE COURT
Dated: 4/17/2024 /s/ Tamara Yon
Judge of District Court
Court Administrator
Delray Sparby, #0183398
Ihle Sparby & Haase PA
Attorney for Petitioner
312 North Main Ave., PO Box 574
Thief River Falls, MN 56701
(218) 681-7373

VIKING TOWNSHIP SEEKING AGGREGATE MATERIAL/ DELIVERY PRICE QUOTES

The Viking Township board is seeking price quotes for delivery and placement of resurfacing aggregate to be placed on township roads as directed by township officials. Original work shall be performed from June 1, 2024 to August 30, 2024 with additional work as authorized by the Township board.

Material must conform to 2018 Minnesota Standard Specifications for Class 5

All quotes must include a gradation from a State certified inspector. A current certificate of insurance is also required.

Quotes due by May 14, 2024

Send quotes to:
Viking Township
PO Box 33
Viking, MN 56760

The Township has the right to refuse any or all quotes

RoxAnne Moen - Clerk

COUNTY PROJECT – BIDS CLOSE
Tuesday, May 28th, 2024
RED LAKE COUNTY
RED LAKE FALLS, MN 56750

NOTICE TO CONTRACTORS – Bids will be received until 10:00 AM, Tuesday, May 28th, 2024, by Kelsey Gervais, County Auditor, at the Auditor's Office in the Red Lake County Court House, 124 Langevin Ave, Red Lake Falls, MN 56750, for the construction of the project listed below. Bids will be opened publicly by Taylor Amiot, County Engineer, or a designated representative, on behalf of the Red Lake County Board of Commissioners.

S.A.P. 063-605-011
Grading, Bituminous Surfacing, Bituminous Mill & Overlay.

The Major quantities of work include TYPE SP 9.5 WEARING COURSE MIXTURE (2.C) - TON 10,332; REMOVE PAVEMENT SQ. YD. 24,992 – COMMON EXCAVATION - CU.YD. 35,404; AGGREGATE BASE (CV) CLASS 5 – CU. YD. 14,479; CONSTRUCT DRAINAGE STRUCTURE DESIGN SD-72 – L.F. 7.7; CONSTRUCT MH OR CB RISER – L.F. 16.1; 44" SPAN RC PIPE-ARCH SEWER CLASS IVA – L.F.430; DIRECT BURIED LIGHTING CABLE 4/C AWG – L.F. 3,428; HYDRAULIC BONDED FIBER MATRIX – POUND 58,450.

Information and Bidding Documents for the Project can be accessed free of charge at the Red Lake County website <https://www.co.red-lake.mn.us/>. To proceed, you must navigate to the highway department page and look for "Projects in Bidding". Hard copy purchase is not required to bid as prime. Plans and Proposals may also be procured by purchase from the Red Lake County Highway Department, 204 7th Street Southeast, Red Lake Falls, MN 56750.

Complete Plans, Bid Proposals and Specifications:
Counter Price: \$50.00 (includes tax)
Mailed: \$58.00 (includes tax)

Bids must be accompanied by a cashier's check or bidder's bond made payable to the Red Lake County Treasurer in the amount of at least 5% of the total bid.

The Red Lake County Board of Commissioners reserves the right to accept any bid or reject any or all bids, waive irregularities, and award the contract in the best interest of Red Lake County.

Kelsey Gervais – Red Lake County Auditor

TRUCKS	
2022 Chevy Crew Cab High Country LTD Maroon, 19k	\$50,000
2023 Chevy Crew Cab LT Black, 19k	\$46,000
2020 Chevy 2500 HD Crew Cab LT White 67k	\$43,000
2020 GMC Sierra Crew Cab SLE 1500 Elevation Red, 24k.....	\$42,500
2021 Chevy Trail Boss LT 6.2L, Dark Ash, 62k	\$42,500
2021 Chevy Crew Cab Trail Boss Black, 47k.....	\$42,000
2020 Chevy Crew Cab RST White, 38k.....	\$41,000
2021 Chevy Crew Cab LT Silver, 36k	\$39,500
2020 Chevy Crew Cab LT Black, 49k	\$38,000
2018 Ram 1500 Crew Cab Night Red, 72k	\$31,000
2015 Chevy Crew Cab High Country Green, 165k	\$20,000
2011 Chevy Crew Cab LT White Diamond, 103k	\$15,500
CARS	
2015 Ford Taurus AWD Limited Gray, 165k	\$10,000
SUVS / VANS	
2023 Chevy Tahoe Z71 Maroon, 28k.....	\$65,000
2019 Chevy Tahoe Premier 6.2 Blue, 78k.....	\$43,000
2021 Buick Enclave Essence Satin Steel, 28k	\$35,000
2022 Chevy Traverse AWD LT Silver, 42k	\$34,000
2021 Buick Enclave Essence Silver, 33k	\$34,000
2021 Chevy Traverse AWD LT Satin Steel, 34k	\$33,500
2021 Chevy Traverse AWD LT Gray, 35k	\$33,500
2020 Dodge Durango AWD Citadel White, 58k	\$31,500
2021 Chevy Blazer AWD 2LT Silver, 29k	\$29,500
2020 GMC Acadia AWD SLE Black, 52k	\$26,500
2021 Chevy Equinox AWD Premier Redline Edition White, 40k	\$26,000
2019 Chevy Equinox AWD Premier Pepperdust, 25k	\$25,000
2021 Chevy Equinox AWD LT Gray, 33k	\$24,000
2015 GMC Yukon SLT Black, 189k	\$17,000
2012 Chevy Suburban LTZ Mocha, 159k	\$16,000
2018 GMC Terrain AWD SLT Maroon, 119k	\$15,500

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April 24, 2024
NOTICE OF MORTGAGE FORECLOSURE SALE
NOTICE IS HEREBY GIVEN that default has occurred in the conditions of the following described mortgage:
DATE OF MORTGAGE: September 28, 2018
ORIGINAL PRINCIPAL AMOUNT OF MORTGAGE: \$127,555.00
MORTGAGOR(S): Keith T Woodruff A Single Person
MORTGAGEE: Mortgage Electronic Registration Systems, Inc., as mortgagee, as nominee for CMG Mortgage, Inc., dba CMG Financial, its successors and assigns
DATE AND PLACE OF RECORDING:
Recorded: October 1, 2018 Pennington County Recorder
Document Number: 213670
ASSIGNMENTS OF MORTGAGE:
And assigned to: Lakeview Loan Servicing, LLC
Dated: June 9, 2021
Recorded: June 9, 2021 Pennington County Recorder
Document Number: 220477
Transaction Agent: Mortgage Electronic Registration Systems, Inc.
Transaction Agent Mortgage Identification Number: 100072450000828960
Lender/Broker/Mortgage Originator: CMG Mortgage, Inc., dba CMG Financial Residential Mortgage Servicer: Nationstar Mortgage LLC
COUNTY IN WHICH PROPERTY IS LOCATED: Pennington
Property Address: 18755 130th Ave NE, Thief River Falls, MN 56701
Tax Parcel ID Number: 1102005400
LEGAL DESCRIPTION OF PROPERTY: That part of the East Half of the Northeast Quarter (E1/2NE1/4), Section Twenty (20), Township One Hundred Fifty-four (154) North of Range Forty-three (43) West of the Fifth Principal Meridian, described as follows:
Commencing at the southeast corner of the NE1/4NE1/4 of said Section 20; thence in a southerly direction along the East line of said NE1/4 a distance of 165 feet to the point of beginning; thence in a westerly direction a distance of 785 feet; thence in a northerly direction a distance of 325 feet; thence in a southeasterly direction to a point on the east line of said E1/2NE1/4 which lies 275 feet North of the point of beginning; thence in a southerly direction along the East line of said NE1/4 to the point of beginning.
AMOUNT DUE AND CLAIMED TO BE DUE AS OF DATE OF NOTICE: \$137,601.08
THAT all pre-foreclosure requirements have been complied with; that no action or proceeding has been instituted at law or otherwise to recover the debt secured by said mortgage, or any part thereof; that this is registered property; PURSUANT to the power of sale contained in said mortgage, the above-described property will be sold by the Sheriff of said county as follows:
DATE AND TIME OF SALE: April 30, 2024 at 10:00 AM
PLACE OF SALE: County Sheriff's office, County Law Enforcement Center Lobby, 102 West First St., Thief River Falls, Minnesota
to pay the debt secured by said mortgage and taxes, if any, on said premises and the costs and disbursements, including attorney fees allowed by law, subject to redemption within six (6) months from the date of sale said by the mortgagor(s), their personal representatives or assigns.
If the Mortgage is not reinstated under Minn. Stat. §580.30 or the property is not redeemed under Minn. Stat. §580.23, the Mortgagor must vacate the property on or before 11:59 p.m. on October 30, 2024, or the next business day if October 30, 2024 falls on a Saturday, Sunday or legal holiday.
Mortgagor(s) released from financial obligation: NONE
THIS COMMUNICATION IS FROM A DEBT COLLECTOR ATTEMPTING TO COLLECT A DEBT. ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.
THE RIGHT TO VERIFICATION OF THE DEBT AND IDENTITY OF THE ORIGINAL CREDITOR WITHIN THE TIME PROVIDED BY LAW IS NOT AFFECTED BY THIS ACTION.
THE TIME ALLOWED BY LAW FOR REDEMPTION BY THE MORTGAGOR, THE MORTGAGOR'S PERSONAL REPRESENTATIVES OR ASSIGNS, MAY BE REDUCED TO FIVE WEEKS IF A JUDICIAL ORDER IS ENTERED UNDER MINNESOTA STATUTES, SECTION 582.032, DETERMINING, AMONG OTHER THINGS, THAT THE MORTGAGED PREMISES ARE IMPROVED WITH A RESIDENTIAL DWELLING OF LESS THAN FIVE UNITS, ARE NOT PROPERTY USED IN AGRICULTURAL PRODUCTION, AND ARE ABANDONED.
DATED: March 6, 2024
MORTGAGEE: Lakeview Loan Servicing, LLC
Wilford, Geske & Cook, P.A.
Attorneys for Mortgagee
7616 Currell Boulevard, Suite 200
Woodbury, MN 55125
(651) 209-3300
File Number: 054367-F1
NOTICE OF POSTPONEMENT OF MORTGAGE FORECLOSURE SALE
The above referenced sale scheduled for April 30, 2024 at 10:00 AM has been postponed to June 4, 2024 at 10:00 AM in the Pennington County Sheriff's office, County Law Enforcement Center

Lobby, 102 West First St., Thief River Falls, Minnesota in said County and State.
DATED: April 2, 2024
MORTGAGEE: Lakeview Loan Servicing, LLC

Wilford, Geske & Cook, P.A.
Attorneys for Mortgagee
7616 Currell Boulevard, Suite 200
Woodbury, MN 55125
(651) 209-3300

Senior Meals

Heritage Center Thief River Falls
On site meals are served at 11:45 a.m. Meals must be ordered at least one day in advance by calling 218-681-2793.
Suggested donation for over 60 is \$6.00. Under 60 will pay \$9.50. No one over 60 will be denied a meal for inability to donate. Menu is subject to change upon availability of product.
All meals are served with milk and bread.

Monday: Honey glazed chicken, rice, country vegetable blend, fresh fruit, dinner roll/margarine
Tuesday: Beef and bean burrito, buttered corn, sliced peaches, frosted banana cake
Wednesday: Chicken and wild rice soup, mixed vegetables, dinner roll/margarine, diced pears, vanilla pudding parfait
Thursday: Roasted turkey and gravy, mashed potatoes, peas and carrots, dinner roll/margarine, fruit crisp
Friday: Spaghetti with meat sauce, California blend vegetables, breadsticks, fresh fruit

LSS Senior Meals

Viking and Holt
Senior meals are served every weekday. To make a Viking or Holt meal reservation or to receive a menu, please call 218-874-7137. Viking meals available as home delivery only.

Meals on Wheels

Thief River Falls
Meals on Wheels will deliver meals Monday through Friday, including holidays. For more information, call 218-681-6861. Low fat milk served with all meals.
Monday: Beef Stroganoff, egg noodles, wheat bread/margarine, fruit, dessert
Tuesday: Spinach lasagna, California blend vegetables, garlic bread or breadstick, fruit, chocolate chip cookie
Wednesday: unavailable
Thursday: unavailable
Friday: unavailable

Discovery Place

Milk is served with all meals.
Breakfast
Monday: Kix, whole wheat toast, apple juice
Tuesday: Rice Krispies, whole wheat toast, grape juice
Wednesday: Oatmeal, whole wheat toast, orange juice
Thursday: Crispix, whole wheat toast, apple juice
Friday: Pancakes, syrup, orange juice

Lunch
Monday: Chicken noodle soup, crackers, bologna sandwich, Mandarin oranges
Tuesday: Whole wheat cheese pizza, corn, peaches
Wednesday: Macaroni and cheese with ham, bread/butter, green beans, pears
Thursday: Hot dog on a bun, beans, chips, applesauce
Friday: Chili, crackers, cheese sandwich, pineapple

Challenger Elementary Thief River Falls

Weekly menus are posted on social media. See school website for daily updates. *Preferred meal is not always available. Menu subject to change.*
Breakfast
Menu unavailable
Lunch
Milk choices available daily. Garden Bar with a rainbow of colors available with all meals daily. Fruit options change daily.
Monday: Mini corn dogs, sidewinder fries
Tuesday: Chicken filet on a bun, baked beans
Wednesday: Super nachos with taco meat, nacho cheese, taco fixings, salsa
Thursday: Brunch for Lunch: Maple mini pancakes with syrup, hashbrown patty, yogurt (strawberry banana, vanilla, or peach), fruit bar
Friday: French bread pizza with marinara, sliced carrots

Franklin Middle School Thief River Falls

Weekly menus are posted on social media. See school website for daily updates. *Preferred meal is not always available. Menu subject to change.*
Breakfast
Menu unavailable
Lunch Options
WEEKLY ALTERNATE OPTIONS:
Monday: Hamburger patty on a bun, chicken patty on a bun, stuffed crust cheese pizza, turkey sub sandwich, Uncrustable (PB&J sandwich) **Tuesday:** Cheeseburger on a bun, corn dog, orange chicken with rice and stir fry veggies, Big Daddy 4 meat pizza, parmesan chicken Caesar wrap, Uncrustable **Wednesday:** Chicken patty on a bun, BBQ rib patty on a bun, chicken nuggets, premium cheese pizza slice, ham sub sandwich, Uncrustable **Thursday:** Hamburger on a bun, teriyaki dippers with rice and stir fry veggies, The Max pepperoni pizza, Uncrustable **Friday:** Spicy chicken patty on a bun, unbreaded chicken patty on a bun, French bread pizza, Uncrustable

Marshall County Central School Newfolden

All breakfasts and lunches served with juice, low fat/fat-free milk and fruit. All bread products served are whole grains. An alternative of cereal is available every breakfast.
Breakfast
Monday: Sausage and egg breakfast sandwich
Tuesday: Yogurt parfait with berries and granola
Wednesday: Muffin (chocolate chip, blueberry, or apple cinnamon), cheese stick
Thursday: French toast, sausage links, yogurt cup
Friday: Cinnamon roll, hard cooked egg
Lunch
Monday: Italian meatballs with spaghetti sauce on a hoagie bun, corn, Caesar salad
Tuesday: General Tso chicken, fried rice, stir fry vegetables, fortune cookie
Wednesday: Turkey tidbits in gravy, mashed potatoes, green beans, dinner roll
Thursday: Chicken Alfredo with penne pasta, steamed broccoli, garlic toast
Friday: Hot dog on a bun, macaroni and cheese, mixed vegetables

Lincoln High School Thief River Falls

Weekly menus are posted on social media. See school website for daily updates. *Preferred meal is not always available. Menu subject to change.*
Breakfast
Menu unavailable
Lunch
WEEKLY ALTERNATE OPTIONS:

Monday: Hamburger patty on a bun, chicken patty on a bun, stuffed crust cheese pizza, turkey sub sandwich, Uncrustable (PB&J sandwich) **Tuesday:** Cheeseburger on a bun, corn dog, orange chicken with rice and stir fry veggies, Big Daddy 4 meat pizza, parmesan chicken Caesar wrap, Uncrustable **Wednesday:** Chicken patty on a bun, BBQ rib patty on a bun, chicken nuggets, premium cheese pizza slice, ham sub sandwich, Uncrustable **Thursday:** Hamburger on a bun, teriyaki dippers with rice and stir fry veggies, The Max pepperoni pizza, Uncrustable **Friday:** Spicy chicken patty on a bun, unbreaded chicken patty on a bun, French bread pizza, Uncrustable

Lunch
Monday: Sloppy Joe on a bun, tator tots, baked beans
Tuesday: Teriyaki dippers, brown rice, stir fry vegetables, biscuit
Wednesday: Chicken strips, mashed potatoes, chicken gravy, diced carrots, dinner roll
Thursday: Orange chicken, fried rice, stir fry vegetables
Friday: Super nachos with taco meat or walking tacos with taco meat and Doritos or Philly steak and soft shell taco

Goodridge Schools Goodridge

All breakfasts are served with 1%, skim milk and juice. Fruit bar offered daily. All lunches are served with 1%, skim and chocolate skim milk. Salad bar offered daily. *Menus are subject to change.*
Menu unavailable

Marshall County Central School Newfolden

All breakfasts and lunches served with juice, low fat/fat-free milk and fruit. All bread products served are whole grains. An alternative of cereal is available every breakfast.
Breakfast
Monday: Sausage and egg breakfast sandwich
Tuesday: Yogurt parfait with berries and granola
Wednesday: Muffin (chocolate chip, blueberry, or apple cinnamon), cheese stick
Thursday: French toast, sausage links, yogurt cup
Friday: Cinnamon roll, hard cooked egg
Lunch
Monday: BBQ on a bun, baked beans, cheddar Sunchips
Tuesday: Soft shell chicken tacos with cheese, lettuce, tomatoes, and onions, black beans
Wednesday: Chicken nuggets, mashed potatoes, carrots, dinner roll
Thursday: Chicken Alfredo, rotini pasta, peas, garlic breadstick
Friday: Hot ham and cheese sandwich, Goldfish crackers, potato smiles

Viking Elementary School

All breakfasts and lunches

served with juice, low fat/fat free milk, and fruit. All bread products served are whole grains. An alternative of cereal is available at every breakfast.
Menu is subject to change.
Breakfast
Monday: Cereal, toast
Tuesday: Muffins
Wednesday: PopTart
Thursday: Bagel
Friday: Cereal, toast

Lunch
Monday: Chicken nuggets, hashbrowns
Tuesday: Cheese quesadilla, corn
Wednesday: Soft shell tacos, green beans
Thursday: Pancakes, sausage
Friday: Hamburgers, French fries

Red Lake County Central Elementary School Plummer

Milk and fruit are served with all meals. Bread, cereal and juice are served with breakfast.
Breakfast
Monday: PopTart
Tuesday: Muffins, cheese stick
Wednesday: French toast sticks
Thursday: Cereal, yogurt
Friday: Donuts

Lunch
Monday: Meatballs, mashed potatoes, gravy, dinner roll, carrots
Tuesday: Chicken patty on a bun, tri-tator, green beans
Wednesday: Chicken and rice hotdish, garlic toast, vegetable
Thursday: Turkey and ham sandwich, cheese, chips, vegetable
Friday: Pizza, salad, vegetable

Red Lake County Central High School

Milk and fruit are served with all meals. Bread, cereal and juice are served with breakfast.
Breakfast
Monday: Waffle with syrup
Tuesday: Breakfast pizza
Wednesday: Bagel bites
Thursday: Pancake on a stick with syrup
Friday: Cinnamon roll
Lunch
Monday: Quesadilla, lettuce salad, vegetable
Tuesday: BBQ, baked beans, potato salad, chips
Wednesday: Chef salad, breadsticks, cottage cheese, fresh vegetables
Thursday: Chicken strips, scalloped/au gratin potatoes,

vegetable, fortune cookie
Friday: Cold sub sandwiches, vegetable, chips

Lafayette High School Red Lake Falls

All meals are served with fruit and milk. All breakfasts are served with fruit and juice. All lunches are served with fresh vegetables and fruit choice. *Menu subject to change upon availability of product.*
Breakfast

Monday: Cereal, toast with butter, peanut butter and jelly
Tuesday: Sausage, egg and cheese croissant
Wednesday: Pancake wrap
Thursday: Mini donut, hard-boiled egg
Friday: Cereal, toast
Lunch
Monday: Pepperoni French bread pizza, corn
Tuesday: Crispy chicken wrap, fresh vegetables
Wednesday: Chicken filet on a bun, baked chips
Thursday: Popcorn shrimp, hashbrown patty, breadstick
Friday: Corn dog, baked beans

St. Bernard's Thief River Falls

Milk and fruit are served with all meals. Juice is served with breakfast. *Menu subject to change.*
Breakfast

Monday: Cereal choice, toast
Tuesday: Cereal choice, toast
Wednesday: Cereal choice, muffins
Thursday: Waffles, sausage, cheese stick
Friday: Cinnamon roll or cereal

Lunch
Monday: Hamburgers, chips, celery/carrots, Mandarin oranges
Tuesday: Macaroni hotdish, green beans, bread, pears
Wednesday: Turkey, mashed potatoes, gravy, peas, pineapple
Thursday: Pulled pork sandwich, lettuce, baked beans, grapes
Friday: Chicken strips, tator tots, fresh veggies, bananas

St. John Lutheran School Thief River Falls

Lunch
Monday: Italian meatballs on a bun with spaghetti sauce, corn, Caesar salad
Tuesday: General Tso chicken, fried rice, stir fry vegetables, fortune cookie
Wednesday: unavailable
Thursday: unavailable
Friday: unavailable

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(1) Terms and conditions apply, call for details. Courtesy of named DISH Authorized Retailer.

\$300 PrePaid Mastercard Make the Switch from DTV Gift Card Offer ends: 4/10/2024. Requires offer code DTV2023. Offer requires: 1) continuing active DISH service; 2) completion of the first 31 days of DISH service; 3) payment of first DISH bill; 4) submission of a recent DirectTV satellite bill for the same name or address; and 5) online redemption after validation. Call for full details.

Answers to last week's puzzles

1					3	4	8
			5		4		
				3			2
							5
3			4			8	7
	2						9
1							3
2	9		7				
			6	5		9	
					2		
			8				

Level: Intermediate

6	7	2	5	3	9	4	8	1
8	1	3	4	7	6	5	9	2
9	5	4	2	8	1	6	7	3
7	8	9	6	1	2	3	5	4
5	3	1	7	9	4	8	2	6
2	4	6	3	5	8	7	1	9
3	9	8	1	6	5	2	4	7
4	6	5	9	2	7	1	3	8
1	2	7	8	4	3	9	6	5

Sudoku puzzles are formatted as a 9x9 grid, broken down into nine 3x3 boxes. To solve a sudoku, the numbers 1 through 9 must fill each row, column and box. Each number can appear only once in each row, column and box. You can figure out the order in which the numbers will appear by using the numeric clues already provided in the boxes. The more numbers you name, the easier it gets to solve the puzzle!

1	2	3	4		5	6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
20					21		22				23			
				24		25					26			
27	28	29			30				31			32	33	34
35					36				37			38		
39							40				41			
42						43					44			
45						46					47			48
					49						50			
52	53	54					55				56		57	58
														59
60							61				62			
64							65						66	
67							68						69	

CLUES ACROSS

1. Excessively theatrical actors

5. Footwear

10. A way to disfigure

14. Exchange rate

15. Hawaiian wreaths

16. North-central Indian city

17. Bungle

18. Extremely angry

19. A short note of what's owed

20. Criminal organization

22. Mimic

23. Try to grab

24. U.S.-born individuals

27. Some are covert

30. Order of the British Empire

31. Don't know when yet

32. Payment (abbr.)

35. Winged angelic being

37. Variety of Chinese

38. A way to be anxious

39. Famed wrestler Hulk

40. Partner to cheese
41. Slang for sergeant

42. Canadian flyers

43. Actress Ryan

44. Highly unpleasant vapor

45. Body part

46. Halfway

47. Cool!

48. Consume

49. Salts

52. Upper bract of a floret of grass

55. Housepet

56. Cavalry-sword

60. Symbol of a nation

61. Frocks

63. Used to carry food

64. Portuguese folk song

65. Sharp mountain ridge

66. Ireland

67. Where golfers begin

68. Greek mythological sorceress

69. Fluid suspensions

CLUES DOWN

1. "Mad Men" leading man

2. Water (Spanish)

3. Annoy

4. Bulgarian capital

5. Japanese title

6. Capital of Zimbabwe

7. Giraffe

8. A mixture of substances

9. Midway between south and southeast

10. Staffs

11. Turkish title

12. Type of acid

13. Thin, flat strip of wood

21. Russian river

23. Ribonucleic acid

25. Partner to flow

26. Airborne (abbr.)

27. Earthy pigment

28. Genus of earless seals

29. "Key to the Highway" bluesman

32. By or in itself
33. Hot fluid below the earth's surface

34. Partner to trick

36. British Air Aces

37. Ammunition

38. Supervises flying

40. Health care for the aged

41. Flanks

43. Millimeters

44. Where wrestlers perform

46. Not around

47. Flightless bird

49. Bell-shaped flowers of the lily family

50. Expressed concern for

51. Satisfies

52. Flew off!

53. Wings

54. Load a ship

57. Vigor

58. British title

59. Whiskeys

61. ___ Adams: founding father

62. Body of water

National
VOLUNTEER WEEK

April 21–27, 2024



The 2024 National Volunteer Week theme is “Celebrate Service,” giving us an opportunity to shine a light on the people and causes that inspire us to serve.

With Heartfelt Thanks

Advance Thief River
218-280-1755

www.advancethiefriver.com

“With sincere thanks to the many volunteers who contribute to making the Thief River Falls area a great place to live, work, raise a family, or start a business”

TRF Area Food Shelf
218-681-4708

“Thanks to our volunteers this past year for all of your help & support. A special thank you to long-time volunteer Keith Swanson.”



American Legion Post #117
218-681-1341

“Thanks To All Our Volunteers – Auxiliary, 40 & 8, Color Guard And Sons Of The American Legion & Post Members.”

Challenger Elementary Parents, Teachers, Students In Partnership And School District #564 Volunteer Program
218-681-2345

“Thank you for planting the seeds of success for our children, staff and school!”

City of Thief River Falls
218-681-2943

“Hats off to the volunteers who serve our city so well as members of committees and commissions!”

DigiKey Cares Community Outreach Program
218-681-8000

“Thank you to the many DigiKey team members who have volunteered their time and resources to this outreach program.”

Falls Delivered Meals
218-681-6861

“Thank you volunteer drivers, we couldn’t do it without you!”

Hospice of The Red River Valley
800-237-4629
www.hrrv.org

“Volunteers are a very special part of the Hospice team, and provide critical support for our work, while changing lives and truly making a difference in their communities. Thank you!”

Heritage Community Center
218-681-2793

“Our volunteers are the heart of our organization!”

NCTC Foundation
218-683-8616

“The mission of the Northland Community & Technical College Foundation is to support the college by providing Opportunities for contributors to invest in and enhance the educational experience of Northland’s students.”

Oakland Park Communities

“Volunteer and make a difference today, tomorrow and always. Be the reason someone smiles today. To volunteer, contact Adina Castillon, Oakland Park Communities, 218-681-1675”

Pennington County
218-683-7000

“Pennington County Volunteers – providing the service money can’t buy!”

Pennington County 4-H
218-683-7030

“Where volunteers are helping young people grow.”

Pennington County Fair Association
July 17–21, 2024

<http://www.penningtoncountyfair.org/>

“Thanks for your helping hands.”

Pennington County Salvation Army
218-341-0257

“Thank you to all the amazing volunteers that help with Salvation Army projects!”

Sanford TRF Auxiliary, Sanford Medical Center Volunteers
218-683-4405

“Feel like a million for that is what our volunteers at Sanford Medical Center are worth. Thanks for a job well done.”

St. Bernard’s Catholic Community
218-681-3571
www.stbernardscc.org

“Thank you for sharing of your time, talent and treasure with the parish family of St. Bernard’s.”

St. Bernard’s Catholic School
218-681-1539

“We wish to express our deep gratitude to all our many volunteers. You have made a difference in our lives!”

Thief River Falls Aerie No. 2368 Fraternal Order of Eagles and Auxiliary
218-681-2406

“People helping people”

Thief River Falls Amateur Hockey Association
813-810-6105
leifspears@gmail.com

“Making goals happen since 1972, thanks to volunteers like you.”

Thief River Care Center
218-683-8106

“Those who can, do. Those who can do more - volunteer.”

~ Author Unknown

“Help One Another: There’s no time like the present and no present like the time.” ~ James Durst
Volunteer opportunities in our Care Center Companions Program. Please call to come have fun with us.

Thief River Falls Education Foundation
“Promoting EXCELLENCE in EDUCATION! It’s ALL for the KIDS!”

Thief River Falls Lions Club
find us on Facebook

“We Serve.” New members welcome - We meet Wednesdays at Noon every week at the American Legion Club

TRF Kiwanis Club/Key Club
218-689-8173
www.trfkiwanisgroup.com

“Kids Need Kiwanis - Serving the Children of the World”
“Volunteers service our Community and we are proud sponsors of the LHS Key Club” Dave Odette - President

TRF Rotary Club
www.trfrotary.org and on Facebook
Thief River Falls Rotary Club

“Service above self.”
Supporting our community, focusing on children and education.”

Violence Intervention Project
218-681-5557 or 1-800-660-6667
“Volunteers are an important part of our mission, their volunteerism helps serve our clients better. Thank You to our volunteers.”
Carmen Zuniga - Executive Director